



Lil' Cardinal Volleyball Camp



When?

- July 31st- August 4th
- 1:00-3:00 PM

Who?

- 3rd-6th grade

Where? Treynor High School

What will you learn?

Fundamental skills of volleyball!

- Passing drills
- Setting skills
- Hitting technique
- Competitive drills
- Game competition on the last day!

Price? \$25 (Includes a t-shirt)

Mail form/money back to Coach Crouse by July 14th to guarantee a t-shirt!

Mail to: PO Box 447 Treynor, Iowa 51575

(Cut off the bottom part to return)

Name: _____ Grade: _____

(Grade for the 2023-2024 school year)

Parent Name: _____ Phone Number: _____

T-Shirt Size (Circle One):

YS YM YL YXL Small Medium Large XL XXL