

**THE WESTERN IOWA CONFERENCE**  
**HS BOYS' TRACK RECORDS**

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME (FAT)</u>	<u>YEAR</u>	
Shot Put	Andrew Bonnet	Underwood	53' 3 ½"	2011	
Discus	Steven Winchell	Treynor	163' 3"	2001	
High Jump	Josh Guttau	Treynor	6' 6"	1994/1995	
Long Jump	Jay Wheeldon	Missouri Valley	22' 4"	2004	
Sprint Medley Relay	Collin Brink Lane Ausdemore Jake Wohlers Marcus Mumm	Tri-Center	1:38.42	2017	
3200m Run	Bill Blay	Griswold	9:44.03	1993	
4 x 800m Relay	Blake Patten Thomas Conn Jalen Humphrey Isaiah Humphrey	Underwood	8:20.82	2017	
Shuttle Hurdle Relay (36" Hurdles)	Jack Tiarks Wyatt James Sid Schaff Jake Fisher	Treynor	1:02.86	2019	
100m Dash	Jake Allen	Treynor	11.02	2004	
Dist Medley Relay	Dion Coffey Jake Wohlers Marcus Mumm Nick Schnitker	Tri-Center	3:43.12	2015	
400m Dash	Jared Graham	Tri-Center	49.53	2002	
4 x 200m Relay	Drake Partridge Jake Martin Korbin Martin Gage Clay	AHSTW	1:32.31	2018	
110m High Hurdles	Jason Woods	Treynor	15.00	1994	
800m Run	Rick McKean	Missouri Valley	2:00.44	1977	
200m Dash	Jared Graham	Tri-Center	22.30	2001	
400 Low Hurdies	Jason Woods	Treynor	54.31	1994	
1600m Run	Rick McKean	Missouri Valley	4:23.84	1977	
4 x 100m Relay	Drake Partridge Jake Martin Korbin Martin Gage Clay	AHSTW	44.57	2018	
4 x 400m Relay	Jacob Lammert Eric Hempel Derek Floerchinger Steven Maguire	Treynor	3:29.67	2004	
Shuttle Hurdle Relay (30" Hurdles)	Tyler Freese Nick Pedersen Adam McKee Austin Konsor	Tyler Freese Keegan Konsor Jesse Jensen Nick Pedersen	Underwood	59.91	2014
		Underwood		2016	

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**HIGH SCHOOL GIRLS' TRACK RECORDS**

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME (FAT)</u>	<u>YEAR</u>
Shot Put	Amy Fox	Treynor	42' 1"	1987
Discus	Karen Jennings	Tri-Center	132' 2"	1989
High Jump	Steph Goetsch	AHST	5' 8"	1998
Long Jump	Meredith Kosmacek	Tri-Center	17' 7 ½"	2004
Sprint Medley Relay	Reagan Harter Chloe Gregory Sarah Fremstad Noel James	Treynor	1:54.49	2017
3000m Run	Payton Pogge	Tri-Center	10:45.32	2019
4 x 800m Relay	Emily Baatz Alex Larsen Nikki Paulson Michelle Mumm	Tri-Center	10:06.26	2013
Shuttle Hurdle Relay	Lacey Vokt Brittni Obermeier Emily Subbert Olivia Nelson	Audubon	1:08.27	2010
100m Dash	Meredith Kosmacek	Tri-Center	12.20	2004
Dist. Medley Relay	Danielle Adams Mallory Messinger Nicole Huttman Ashley Adams	AHST	4:20.83	2003
400m Dash	Karley Larsen	Underwood	58.69	2018
4 x 200m Relay	Courtney Kardell Shaila Bird Taylor Baggett Johnni Schueman	AHST	1:50.58	2012
100m Hurdles	Chaley Rath	Treynor	15.73	2013
800m Run	Anne Mueksch	Missouri Valley	2:23.64	1978
200m Dash	Meredith Kosmacek	Tri-Center	25.24	2004
400m Low Hurdles	Lauren Moore	Griswold	1:05.04	2011
1500m Run	Rebekah Topham	Griswold	4:55.18	2015
4 x 100m Relay	Laura Nanninga Meredith Kosmacek Missy Barrier Amy Nanninga	Tri-Center	51.19	2002
4 x 400m Relay	Jodi Best Jordan Rowland Alyse Eddy Sara Best	Audubon	4:11.15	2004