

### Trey nor High School Boys Track and Field Records

100 Meter Dash	Bryan Murray	10.76	2005
200 Meter Dash	Todd Mundt	22.29	1995
400 Meter Dash	Todd Mundt	49.10	1995
800 Meter Run	Jerome Howe	1:57.5	1968
1600 Meter Run	Jerome Howe	4:11.0	1968
3200 Meter Run	Jerry Jorgenson	9:41.96	2019
100 Meter High Hurdles	Jason Woods	14.10	1994
400 Meter Low Hurdles	Brett Daley	53.17	2016
Shot Put	Nick Andersen	53'4"	1995
Discus	T.J. Quick	164'1 ½"	1996
Long Jump	Brett Daley	21' 11 ½"	2017
High Jump	Jack Tiarks	6'7.5"	2019
4x100 Meter Relay	J. Lammert, N. Strohbahn A. Frain, J. Frain	43.36	2004
4x200 Meter Relay	J. Lammert, N. Strohbahn S. Maguire, J. Frain	1:30.35	2004
4x400 Meter Relay	E. Hempel, J. Lammert K. Strohbahn, A. Frain	3:24.94	2005
4x800 Meter Relay	B. Pike, K. Rath D. Vorthmann, R. Tiarks	8:03.1	1980
Sprint Medley Relay	W. Halverson, N. Boese C. Reed, B. Daley	1:36.04	2017
Distance Medley Relay	M. Avis, J. Chambers J. Howe, F. Maguire	3:36.60	1968
Shuttle Hurdle Relay (30 in)	A. Keiner, B. Murray T. Chambers, B. Andersen	56.78	2002
(33 in)	J. Tiarks, K. Christensen S. Schaaf, J. Fisher	1:00.12	2018

(36 in)

J. Tiarks, W. James  
S. Schaaf, J. Fisher

59.76

2019