

# Treynor Community School

"COMMITTED TO EXCELLENCE"



# NEWSLETTER

October, 2016

## *"District Details" ... a few notes from Superintendent Elwood*

### Treynor Community School's Website.....

Are you looking for information or activities taking place in "Cardinal Country"? If so, one of your first stops should be the Treynor Community School's website. Our school website is your electronic link to a variety of information taking place within the school district. You can access the daily announcements, student handbooks, weekly activities, counseling center information, the school year calendar and activities calendar, your student's grades, lunch account balances, school board meeting details, district testing data, teacher web pages, social media links, and much more. If you haven't taken time to explore the Treynor Community School's website, please check it out soon. The website can be found at [www.treynorschools.org](http://www.treynorschools.org). Add this site to your bookmarks list and check back weekly.



Check out the school's website for all the news and activities!

### Special points of interest:

- ✓ Use Treynor Community School's website to access all school news, information and activities.
- ✓ School board members for 16-17.
- ✓ School Improvement Advisory Committee meeting scheduled for October 5th.
- ✓ All Homecoming information is available on the school website.
- ✓ Go Cardinals!

### School Board Update...

Iowa public schools are recognized as among the best in the country. One foundation for that quality is the passion and commitment of community leaders serving on public school boards. These locally elected community volunteers personify the value Iowans place on excellence in education.

A special school board election was held on September 20th to fill the remaining three years of a vacant seat. Congratulations to Heidi Guttau-Fox on her election to the school board. When you get a chance, please thank your local school board members for the time and effort they contribute each year. The Treynor school board members for 2016-17 are: Gary Funkhouser, Amy Graber, Heidi Guttau-Fox, Sally Myers and Erica Schnepel.

School board meetings will be held on the second Monday of each month beginning at 6:30 p.m. Meetings are held at the middle/high school and are open to the public. Courtesy agendas are posted on the website for Treynor Schools ([www.treynorschools.org](http://www.treynorschools.org)) and in the Gazette newspaper. The official agenda for each meeting is posted in the Superintendent's Office.

### School Improvement Advisory Committee...

Each year the School Improvement Advisory Committee (SIAC) meets to review district data and provide feedback for establishing annual goals. The annual meeting will be held on Wednesday, October 5th at 6:00 p.m. in the high school commons. The meeting is open to the public and typically lasts about two hours, but feel free to attend as your schedule permits.

### Inside this issue:

|                    |     |
|--------------------|-----|
| Cash for Students  | 2   |
| Job Opening        | 2   |
| Elementary         | 3   |
| Middle School      | 4   |
| High School        | 5   |
| Yearbook Senior Ad | 6   |
| JOI Club           | 7   |
| School Musical     | 7   |
| HoCo Supper        | 7   |
| Calendars          | 8-9 |
| Menus              | 10  |

## “District Details” continued....

Information from the SIAC meeting will be posted on the Treynor School’s website for anyone interested in viewing the data ([www.treynorschools.org](http://www.treynorschools.org)). After accessing the school website, click on the “District” tab and then click on the “Data” tab.

As always, thank you for supporting the Treynor students, staff and programs!

Go Cardinals!

Mr. Elwood

## CASH FOR STUDENTS PROGRAM



The “Cash for Students” program has begun. Hy-Vee cash register receipts dated from September 1 through December 31, 2016 will be collected in the Elementary, Middle School and High School offices. Hy-Vee gives back \$1.00 for every \$200 spent in any of the fourteen Omaha and Council Bluffs locations up to a maximum of \$2,000. Over \$403,000 in much needed funds has been donated to area schools as a result of this program.

All of our proceeds go to the Treynor Booster Club. Remember to save your receipts and turn them in to any of the school offices!

## JOB OPENING—HEALTH OFFICE STAFF

Treynor Community School is currently seeking applicants for the position of Part-Time School Nurse. Due to district growth, we are expanding our health office staff. This is a part-time, four hours a day, position. Qualifications include being a Registered Nurse with a valid Iowa license and CPR certification. The position will begin as soon as possible. We will work with potential candidates to establish an agreed upon start date.

For more details and application procedures, check out our website at [www.treynorschools.org](http://www.treynorschools.org).

Call the Superintendent’s office at 712-487-3414 with any questions. This position will remain open until filled. EOE/AA.

## HOMECOMING LUNCH AVAILABLE

A meal deal for \$5.00 will be served in the Zion Congregational Church parking lot on Main Street from 11:30 a.m. to 1:30 p.m. on Homecoming, September 30. The meal includes sloppy joes, chips, cookie and a drink. All funds raised will go toward mission projects.



# FROM THE ELEMENTARY PRINCIPAL'S DESK



As I pull into the drive in front of the school every morning, I think to myself how incredibly lucky I am to be able to work with such amazing students. One of the characteristics that separates Treynor students from others is how respectful and kind they are to everyone in the building. It makes me proud to be part of something this special. It is clear that the words "Treynor Pride" are something that our students feel and spread throughout the building and their community.

So far, students have been busy with all the different activities going on at the school which includes: Cards for Success drawings, TS Bank/Cardinal Branch opening, preparing for Homecoming, Girl/Boy Scouts, Class of the Month Pizza Parties and numerous other activities. We are looking forward to offering our first Accelerated Reader Cardinal Cart, Fall Harvest parties, and our upcoming 3rd Grade field trip this October.

Just a quick reminder regarding Elementary Drive and parking along the fire lane. If you are going into the building for ANY length of time before 8:30 a.m. or after 3:00 p.m., please pull into a parking stall or park your vehicle down towards the east end of the building. Also, please pull over to the side of Elementary Drive when dropping off and picking up students. Remember, Elementary Drive is ONE WAY between 8:00—9:00 a.m. and 3:00—4:00 p.m. Thanks for your assistance in these matters and for helping us keep kids safe.

Feel free to stop in and say hello anytime or if you have concerns, please call or email me at 712-487-3422 or [jkay@treynorcardinals.org](mailto:jkay@treynorcardinals.org). Thanks for all of your support!

Mrs. Jillian Kay  
Treynor Elementary Principal

# UPCOMING ELEMENTARY EVENTS

- October 7 No School—Teacher Inservice Day
- October 11 School Board Meeting, 6:30 p.m.
- October 13 Picture Retakes
- October 21 3rd Grade Field Trip to Botna Bend
- October 25 Boy Scout Recruiting Event
- October 28 Early Dismissal at 1:00 p.m. for Teacher Inservice
- Fall Harvest Parties
- October 31 2nd Quarter Begins



# NOTES FROM THE MIDDLE SCHOOL PRINCIPAL .... MRS. BERENS



September 30  
October 7  
October 28

Homecoming Festivities  
No School—Teacher Inservice  
Early Dismiss @ 1:00—End of  
1st Quarter



We are off to a busy, but great start this school year in the middle school! Earlier this month, our students selected two boys and two girls from each grade level to be student council members. These students have already met once in planning for the school year's activities. They have been making posters for homecoming week in our building (Sept. 26—Sept. 30) and also plan to organize the games/movie event for all Middle School students from 3:00—5:00 on Homecoming, Friday, September 30. The student council members also plan for Red Ribbon Week, fundraising activities during half-time of basketball games, and a couple of fun activities later in the year. Those students selected for student council are as follows: Sadie Schaaf, Clara Teigland, Gunner Larsen, Tyler Reelfs, Josie Davidson, Keelea Navara, Owen Mieska, Adley Drake, Alli Brokman, Anna Halverson, Devin Vorthmann and Caden Waffle.

Homecoming activities on September 30th!

Something that we have continued on with from this past year is our Card Pride Time at the end of each day. We will be incorporating such things as: silent sustained reading, grade/organization checks between teacher and students, giving affirmations to others, watch/discuss student CNN, time for struggling students to get help from a particular teacher, and Olweus (anti-bullying program) discussions. We found real value in this time last year and expect it to be just as important this year.

Becky Thompson, the district's TAG teacher, will be working with our middle school teachers and students throughout the year. She has already started meeting with students interested in "Battle of the Books". This is a fun opportunity for seventh and eighth graders to experience a variety of books, test their knowledge and understanding of what they've read and compete with other readers from area schools in Southwest Iowa. Teams of students read books from a list of 20 award winning titles and then "battle" over questions pertaining to each book. In April, the top 20 area teams will compete in the Ultimate Battle for the victor's title. We feel that this will be a great way to promote reading, but also an outlet for those students who already love to read.

In closing, we are looking forward to homecoming week and an all around great year. Please know that if you ever have any concerns or questions, please feel free to call or stop by my office. Thanks for all of your support!

Mrs. Berens  
Middle School Principal



# THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL.....

## MR. McNEAL

The 2016-2017 school year has gotten off to a great start. It's hard to believe that we are already about halfway through the first nine weeks.

The fall athletic seasons are well underway with the volleyball team rated #10 in Class 2A, and Jerry Jorgenson rated #4 individually in Cross Country for Class 1A.

Marching Band has been entertaining and continues to work hard in preparation for their upcoming competitions.

Student Council members and Class Representatives were recently elected. Those students are listed below:

|                        | <u>Seniors</u>                | <u>Juniors</u>                   | <u>Sophomores</u>             | <u>Freshmen</u>             |
|------------------------|-------------------------------|----------------------------------|-------------------------------|-----------------------------|
| <b>President</b>       | Bailey Anderson               | Mitchell Griffin                 | Kyle Christensen              | Clarissa Weitzel            |
| <b>Vice-President</b>  | Sierra Maguire                | Sienna Black                     | Reagan Darrah                 | Nico Valdiviezo             |
| <b>Secretary</b>       | Aly Anderson                  | Kaylee Finnegan                  | Adrienne Suglia               | Brock Fox                   |
| <b>Treasurer</b>       | Cameron Graber                | Klara Ticer                      | Maddie Shipley                | Jack Stogdill               |
| <b>Student Council</b> | Anna Teigland<br>Cole Weitzel | Payton Livengood<br>Gabe Carolus | Noel James<br>Jerry Jorgensen | Will Halverson<br>D.J. Kuhn |

**Student Body President:** Bailey Anderson

**Student Body Vice-President:** Sierra Maguire

On September 12, Bank Iowa announced the results of the Bank Iowa Traveling Challenge Cup for the 2015-2016 school year. Treynor High School placed 6th in Class 2A in the state of Iowa.

The Bank Iowa Traveling Challenge Cup was introduced in 2007 and is a statewide competition designed to recognize Iowa high school students for academic excellence and outstanding achievement during state competitions. Points are assigned for every activity in which a school reaches a state competition, advances in a state competition, receives Division I ratings and earns academic recognition from either the IHSA, IGHSAU, IHSSA and IHSMA. Standings are determined based on the best combined score.

Lastly, it's my pleasure to announce that Anna Reelfs has been named a Commended Student in the 2017 National Merit Scholarship Program. Commended Students placed among the top 5% of more than 1.6 million students who entered the 2017 competition by taking the 2015 Preliminary SAT/National Merit Scholarship Qualifying Test.

I'm very much looking forward to a successful and eventful school year. Please don't hesitate to give me a call (712) 487-3804 or send me an email, [gmcneal@treynorcardinals.org](mailto:gmcneal@treynorcardinals.org), if you have any questions or concerns.

Gary McNeal  
High School Principal



## SENIOR ADS FOR 16-17 YEARBOOK

Parents and Supporters of the Class of 2017

Yearbook ads are a great way to celebrate student success and milestones and to reflect on the person your student has become. Show your pride and support your school at the same time. Visit [www.jostensadservice.com](http://www.jostensadservice.com) to order and create your recognition ad.

The last day to order and design ads is March 3, 2017.

Prices are as follows:

|           |       |
|-----------|-------|
| Full Page | \$200 |
| 1/2 Page  | \$100 |
| 1/4 Page  | \$ 50 |
| 1/8 Page  | \$ 25 |

Tips for creating your best ad:

- Photos will look better and fit better if your photo is the same direction as the picture box (horizontal vs. vertical orientation)
- Use clear, high resolution photos. If your photo is blurry, it will be blurry in the ad.
- Create the ad around your student and write a personal message that will be meaningful.
- Use the cropping tools on the website to crop out unnecessary background and focus on your student.

Questions? Call Jostens at (800) 358-0800 or email Mrs. Coughlin at [ecoughlin@treynorcardinals.org](mailto:ecoughlin@treynorcardinals.org).

# THIS YEARBOOK

## BREAKFAST-GIVE YOUR CHILD A HEALTHY START

Give your child a healthy start!

Mornings can be rushed, but it is important to make time for breakfast. Children can benefit from the School Breakfast Program! Studies show that school breakfast can raise test scores while improving classroom attentiveness and behavior. Make sure your kids start the school day with a healthy meal!



## JOI CLUB



JOI stands for Junior Optimist International, which is a change in the name of the organization from previously being called Junior Optimist Octagon International. The national office is in St. Louis.

Seventeen members of the Junior Optimist International Service Club have already assisted the Treynor Optimist Club with their can kennel sorting project on September 21st and will assist again on October 5th. The club will be baking 900 cookies for the troops on October 6th with assistance from Jnelle Keysor.

Our current membership drive will end September 30th. Last year the club had fifty members and it appears membership will be just as strong this year. Currently, the members are considering the “Keep Kids Alive—Drive 25” project (a reminder that the speed limit in most of the residential area of Treynor is 25 mph). The club is in the process of acquiring JOI T-shirts from one of our members who is able to provide a specially designed shirt. The cost will be \$10.

Officers of the club are: Zach Mass—President, Vice President—Mitchell Griffin, Secretary—Alex Lowe, and Treasurer—Cole Weitzel. The club meets during Card Pride on the second and fourth Thursdays of each month.

## HOMECOMING SUPPER

The Junior Class is sponsoring a supper before the football game on Homecoming. The meal will be served in the high school commons from 4:30—6:00 p.m. Adult and children’s meals will be:

|       |      |  |
|-------|------|--|
| Adult | \$10 | Pulled Pork Sandwich, Baked Beans, Chips, Dessert, Drink |
| Child | \$5  | Hot Dog, Chips, Dessert & Drink                          |



## “THE ADDAMS FAMILY” COMES TO TREYNOR



**Come see our THS talent shine in The Addams Family musical in November!**

THE ADDAMS FAMILY features an original story, and it’s every father’s nightmare. Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family—a man her parents have never met. And if that weren’t upsetting enough, Wednesday confides in her father and begs him not to tell her mother. Now, Gomez Addams must do something he’s never done before—keep a secret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday’s “normal” boyfriend and his parents.

**Plan to attend this year’s musical production on Friday, November 4th at 7:30 p.m., and again on Saturday, November 5th at 2:30 p.m. and 7:30 p.m.**

We prefer you reserve your tickets, but occasionally there are tickets available at the door. **To reserve tickets, beginning October 14th, call Natalie between 9-11:00 a.m. or 1-3:00 p.m. at the elementary school, 712-487-3422.** Tickets are \$10.00 for adults and \$5.00 for students. Preschool children who require a seat will pay the student price. Preschool children who sit on a lap are free. The ticket office opens at 6:45 p.m., 45 minutes prior to the show time. Seating begins in the auditorium at 7:00 p.m., 30 minutes before the opening curtain. The best seats in the house will be available on Saturday afternoon if your schedule permits.

# October 2016



*Happy Halloween!*



| Sun       | Mon  | Tue   | Wed  | Thu  | Fri  | Sat   |
|-----------|--|---|--|--|--|---|
|           |  |   |  |  | <b>30</b><br><b>HOMECOMING</b><br>1:00 Pep Rally<br>2:00 Parade<br>3:00 Carnival & NFL Combine<br>7:00 FB Game | <b>1</b><br>Marching Band Contest @ Clarinda<br>Homecoming Dance in MS Commons<br>8:00-11:00        |
| <b>2</b>  | <b>3</b><br>JV FB Tri-Center Here 6:00                                       | <b>4</b><br>JH FB Lo-Ma Here 4:15<br>VB @ Riverside<br>JH 4:15<br>JV & 9th 6:00<br>Varsity 7:00 | <b>5</b>   | <b>6</b><br>CC @ Atlantic 4:30<br>VB MV Here<br>JH 4:15<br>9th 6:00<br>JV 6:00<br>Varsity 7:00 | <b>7</b><br><b>TEACHER INSERVICE</b><br><b>NO SCHOOL</b><br>Football @ Tri-Center 7:00                         | <b>8</b><br>Marching Band Contest @ Glenwood<br>JV Volleyball @ Abraham Lincoln<br>9th VB @ Red Oak |
| <b>9</b>  | <b>10</b><br>WIC Volleyball<br>WIC CC @ Mo Valley 4:00<br>JV FB @ IKM-M 6:00 | <b>11</b><br>WIC Volleyball @ Griswold<br>JH FB @ Riverside 4:15                                | <b>12</b>  | <b>13</b><br>WIC Volleyball @ Griswold   | <b>14</b><br>Football @ IKM-M 7:00   | <b>15</b><br>State Marching Band Contest Here<br>Volleyball @ Winterset 9:00                        |
| <b>16</b> | <b>17</b>  | <b>18</b><br>Regional Volleyball  | <b>19</b><br><b>1:00 EARLY DISMISSAL</b><br><b>TEACHER INSERVICE</b> | <b>20</b><br>Cross Country State Qualifying Meet @ Panorama (Panora) 4:00                      | <b>21</b><br>Football OA-BCIG Here 7:00  | <b>22</b><br>All State Auditions @ Atlantic   |
| <b>23</b> | <b>24</b><br>Regional Volleyball   | <b>25</b>   | <b>26</b>  | <b>27</b><br>Regional Volleyball   | <b>28</b><br>End of 1st Quarter<br><b>1:00 EARLY DISMISSAL</b><br>Football Playoff                             | <b>29</b><br>JH Honor Band @ Clarinda<br>State Cross Country @ Fort Dodge                           |



# November 2016



*Happy Thanksgiving!*



| Sun       | Mon  | Tue  | Wed  | Thu   | Fri  | Sat                                     |
|-----------|--|--|--|---|--|---|
|           | <b>31</b><br>2nd Quarter Begins<br> | <b>1</b><br>2:00 EARLY DISMISSAL PARENT-TEACHER CONF. 4:00—8:00<br>Regional VB                   | <b>2</b>   | <b>3</b><br>2:00 EARLY DISMISSAL PARENT-TEACHER CONF. 4:00—8:00                                   | <b>4</b> NO SCHOOL<br>Musical 7:30 pm<br>Football Playoff<br> | <b>5</b><br>Musical 3:30 pm & 7:30 p.m. |
| <b>6</b>  | <b>7</b><br>Girls BB Practice Begins<br>JH Boys BB Mo Valley Here 4:15   | <b>8</b><br>8th Boys BB @ Glenwood 4:15<br>7th Boys BB Glenwood Here 4:15<br>State Volleyball    | <b>9</b><br>State Volleyball   | <b>10</b><br>JH Boys BB @ Lo-Ma 4:15<br>State Volleyball  | <b>11</b><br>SWIBA JH Festival @ Lewis Central<br>State Volleyball   | <b>12</b><br>Football Playoff           |
| <b>13</b> | <b>14</b><br>Boys BB & Wrestling Practices Begin<br>JH Boys BB IKM-M Here 4:15                                       | <b>15</b><br>WIC Speech Workshop @ Audubon<br>Financial Aid Meeting 7:00                         | <b>16</b><br>1:00 EARLY DISMISSAL TEACHER IN-SERVICE                   | <b>17</b><br>All State Festival in Ames<br>JH Boys BB Underwood Here 4:15                         | <b>18</b><br>All State Festival in Ames<br>State Football  | <b>19</b><br>All State Festival in Ames |
| <b>20</b> | <b>21</b><br>JH Boys BB @ Tri-Center 4:15  | <b>22</b>  | <b>23</b> NO SCHOOL<br>THANKSGIVING VACATION                           | <b>24</b><br> | <b>25</b> NO SCHOOL<br>THANKSGIVING VACATION   | <b>26</b>                               |
| <b>27</b> | <b>28</b><br>JH Boys BB Riverside Here 4:15<br>G BB JV/Var Harlan Here 6:00/7:30                                     | <b>29</b><br>Wrestling Here 5:30<br>G BB JV/V @ Red Oak 4:30/6:00; B BB JV/V @ Red Oak 6:00/7:30 | <b>30</b><br>1:00 EARLY DISMISSAL TEACHER IN-SERVICE<br>Progress Rpts. |   |  |   |



**TREYNOR COMMUNITY SCHOOL**  
October, 2016 Breakfast & Lunch Menus



| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|---|--|---|--|
| <b>3</b> Juice or Fruit (1/2 c.)<br>WG Cereal<br>Breakfast Bar   | <b>4</b> Juice or Fruit<br>WG French Toast<br>Sticks  | <b>5</b> Juice or Fruit<br>WG Cereal<br>Breakfast Bar  | <b>6</b> Juice or Fruit<br>Egg & Sausage<br>WG Toast  | <b>7</b> <b>NO SCHOOL</b>  |
| Chicken Sandwich<br>Green Beans<br>Fresh Veggies<br>Pineapple<br><br>(6-12 Salad Bar)                                    | Hot Ham & Cheese<br>WG Chips<br>Peas<br>Cake<br>Fresh Fruit<br>(4-12 Salad Bar)                           | Chicken & Noodles K-5<br>Beef & Noodles 6-12<br>Mashed Potatoes<br>Corn<br>Applesauce<br>(4-12 Salad Bar)  | Chicken Chunks<br>Mixed Vegetables<br>Garden Salad 6-12<br>Carrots with Hummus<br>Peaches<br>(4-12 Salad Bar)             | <b>NO SCHOOL</b>   |
| <b>10</b> Juice or Fruit (1/2 c.)<br>WG Cereal<br>Breakfast Bar  | <b>11</b> Juice or Fruit<br>WG Pancake on a<br>Stick<br>Syrup   | <b>12</b> Juice or Fruit<br>WG Cereal K-5<br>Breakfast Bar K-5<br>Biscuits/Gravy 6-12                      | <b>13</b> Juice or Fruit<br>Breakfast Pizza   | <b>14</b> Juice or Fruit<br>WG Cereal<br>WG Toast  |
| Breakfast Pizza<br>Triangle Potatoes<br>Fresh Veggies<br>Orange Smiles<br><br>(6-12 Salad Bar)                           | Meatball Sub<br>Corn<br>Broccoli/Carrots<br>Pears<br>Cake<br>(4-12 Salad Bar)                             | Hamburger on Bun<br>Oven Fries<br>Tomatoes, Lettuce<br>Pineapple<br><br>(4-12 Salad Bar)                   | WG Corn Dog<br>Mac & Cheese<br>Peas<br>Applesauce<br><br>(4-12 Salad Bar)   | Chicken Shapes<br>Green Beans<br>Garden Salad 6-12<br>WG Bread<br>Peaches<br>(No 2nd Choice)     |
| <b>17</b> Juice or Fruit<br>(1/2 c. required)<br>WG Cereal<br>Breakfast Bar  | <b>18</b> Juice or Fruit<br>WG Pancakes<br>Sausage  | <b>19</b> Juice or Fruit<br>WG Cereal<br>WG Donut  | <b>20</b> Juice or Fruit<br>Egg Omelet<br>WG Toast  | <b>21</b> Juice or Fruit<br>WG Cereal<br>Bagel   |
| Mr. Ribb on Bun<br>Potato Puffs<br>Carrots<br>Pineapple<br><br>(6-12 Salad Bar)  | Sloppy Joe on Bun<br>Oven Fries<br>Spinach Salad 6-12<br>Fresh Veggies K-5<br>Peaches<br>(4-12 Salad Bar) | Walking Taco<br>Refried Beans<br>Peas<br>Fresh Fruit<br><br>(4-12 Salad Bar)                               | Grilled Chicken on Bun<br>Green Beans<br>Fresh Broccoli<br>Sweet Potato Fries 6-12<br>Pears & Pudding<br>(4-12 Salad Bar) | Pizza K-5<br>School Made Pizza 6-12<br>Corn<br>Garden Salad 6-12<br>Pineapple<br>(No 2nd Choice) |
| <b>24</b> Juice or Fruit<br>(1/2 c. required)<br>WG Cereal<br>Breakfast Bar  | <b>25</b> Juice or Fruit<br>WG French Toast<br>Sticks   | <b>26</b> Juice or Fruit<br>WG Cereal<br>Breakfast Bar   | <b>27</b> Juice or Fruit<br>Breakfast Pizza   | <b>28</b> Juice or Fruit<br>WG Cereal<br>WG Toast  |
| Chicken Wrap<br>Savory Rice<br>Steamed Carrots<br>Pepper Strips<br>Fresh Apples<br><br>(6-12 Salad Bar)                  | Pork Fritter on Bun<br>Potato Wedges<br>Coleslaw 9-12<br>Peaches<br>Brownie<br>(4-12 Salad Bar)           | Pasta & Sauce K-5<br>Pasta Bar 6-12<br>WG Garlic Toast<br>Green Beans<br>Pineapple<br><br>(4-12 Salad Bar) | Chicken Fried Steak<br>Mashed Potatoes/Gravy<br>Peas<br>WG Bun<br>Applesauce<br><br>(4-12 Salad Bar)                      | Hot Dog on Bun<br>Corn<br>WG Chips<br>Garden Salad 6-12<br>Peaches<br><br>(No 2nd Choice)        |
| <b>31</b> Juice or fruit<br>WG Cereal<br>Breakfast Bar   |   |  |   |  |
| <b>Spooktacular</b><br>Chicken Nuggets<br>Spider Web fries<br>Frog Eye Salad 9-12<br>Monster Cookies<br>(6-12 Salad Bar) |   |  |   | (We reserve the right to make changes or substitutions as necessary.)                            |

Elementary: \$1.25 Breakfast—\$2.15 Lunch; Extra Milk \$0.50

MS-HS: \$1.25 Breakfast—\$2.30 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice. Treynor Community School is an equal opportunity provider.



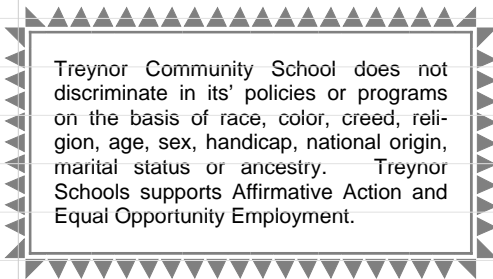
**Trey nor Community  
School**

PO Box 369  
Trey nor, IA 51575  
Phone: 712-487-3414  
Fax: 712-487-3332



**POSTAL CUSTOMER**

**ADDRESS SERVICE REQUESTED**



**MARK YOUR CALENDAR!**

- Sept. 30 Meal Deal lunch from 11:30—1:30 in Zion Church parking lot  
Early Dismissal at 1:00 p.m. for Homecoming  
1:00 Pep Rally  
2:00 Parade  
3:00 Carnival—NFL Combine—6-8th grade Movie & Games  
4:30—6:00 Homecoming Supper in HS Commons  
7:00 Football game vs. Guthrie Center/Adair Casey
- Oct. 7 Teacher Inservice—No School
- Oct. 19 Early Dismissal at 1:00—Teacher Inservice
- Oct. 28 Early Dismissal at 1:00 p.m. for End of 1st Quarter

