

Treynor Community School

"COMMITTED TO EXCELLENCE"



NEWSLETTER

November, 2018

"District Details" ... a few notes from the Superintendent

Happy November! What a fall it has been – so many great things happening in our district, in the classroom and on the court and field. The football team experienced its first play-off game in several years. We had four runners in the state cross country event in Fort Dodge. Our volleyball team is gearing up for state – just one more win to get us there. The marching band (largest band in the history of Treynor with 78 musicians) continued to outdo themselves and made us all proud of their accomplishments. I must confess, I do miss seeing the cross country team running those early morning hours. I wish that I had that energy and commitment!



District student enrollment is up again this year!

Special points of interest:

- ✓ Treynor will serve 835.48 students in grades K-12 this school year.
- ✓ Treynor's enrollment increased by 23.10 students.
- ✓ Get your tickets for "Legally Blonde", Nov. 2 & 3rd.
- ✓ Be prepared for inclement weather!
- ✓ Students participated in many activities for Red Ribbon Week!
- ✓ Plan to attend the Veterans Day Program.

October 1 is an important date in every school in Iowa; it's the day we determine our certified enrollment, which determines the state funding we receive. While it takes the entire month to verify the data, it continues to look good for Treynor! We are serving 835.48 students (814.51 students last year), including 273.4 open enrollment students and 562.3 Treynor resident students. Last year, we were "up" 4.07 students and this year we are "up" 23.10 students – all Treynor resident students, a great sign of growth in our community. We continue to celebrate teaching the most students in the conference!

Certified Enrollment Trend

	2018	2017	2016
Resident	562.3	539.2	545.2
Enrolled In	273.4	275.2	265.2
Enrolled Out	65	65	40
Tuitioned Out	3	5	2
Up 23.10 !!!!!!!	836.48	814.51	810.44

November will be busy for all of us. The musical will be a spectacular opportunity to see our kids – 55 of them - perform *Legally Blonde*, based on Amanda Brown's novel of the same name. Our teachers continue with their professional learning in their PLC's (professional learning communities). Winter sports are taking shape with the boys middle school basketball teams already underway and the wrestling and basketball teams are ready to get started! We are also working on securing bonds for the new facilities project! And the list goes on and on!

In the meantime, we continue to focus on learning in each of our classrooms!

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SNOW REMOVAL BIDDING



Treynor Community School District is currently accepting bids for snow removal and sanding services for the 2018-2019 school year. This includes the high school and elementary drives and parking lots.

If interested in submitting a bid, please contact Lou Howell, Interim Superintendent, at 712-487-3414 for details.

Bids must be received by Thursday, November 8, 2018 for consideration.

CAUTION: Changes in weather arriving soon...

As the weather begins to change, school cancellations and early dismissals can occur at anytime. If severe weather causes school to be cancelled prior to the start of the day, we will try to have information to the media by 6:30 a.m. In addition to our school website, the media outlets that will carry our announcements this year are: **KMA, WOWT, KMTV and KETV.**



If weather or unforeseen circumstances (loss of power or water) should occur during the day and school is dismissed early, **PLEASE HAVE A PLAN IN PLACE WITH YOUR CHILD.** When early dismissals occur during the day, we usually have limited time to get information out and many parents aren't aware that an early out has taken place. Also, we have over 800 students in the district and only a couple of phone lines in each building. Don't assume that your child will be able to call you if a decision is made to dismiss school during the regular day. Have a plan in place! The elementary has forms for each parent to keep updated outlining your family's specific plan to deal with this type of situation. Parents of middle school and high school students need to discuss with their child what plan of action they will take in the event of an early dismissal during the school day. Proper planning now will provide assurance to you and your child that all will be okay should we ever have an unforeseen early dismissal.

Our student information database, JMC, will be used for all school notifications (voice, email, text). Please check your contact information to ensure it is up-to-date so you will receive these messages for school closings, late starts or early dismissals. Use the JMC Parent Access portal to check your contact information and make any additions or corrections as needed and to indicate how you want to receive notifications.

VETERAN'S DAY ASSEMBLY



All community members are invited and encouraged to join the middle and high school students for a Veteran's Day assembly on Monday, November 12 in the high school (west) gymnasium at 11:00 a.m.

DISHWASHER POSITION OPEN—NUTRITION

Treynor's Nutrition Program is in need of a dishwasher from 10:30 a.m.—1:45 p.m. Please contact Carol Leaders at 712-487-3414 if interested. Application forms are on the school website, www.treynorschools.org.

FROM THE ELEMENTARY PRINCIPAL'S DESK



It's hard to believe that we have already completed a quarter of the school year and are already into November! Your children continue to do such a terrific job and come to school well prepared thanks to your outstanding guidance. Our students experienced many noteworthy educational experiences this past month that included our school-wide Red Ribbon Drug Prevention activities, First Grade Rose Theater trip, Kindergarten fire truck rides, Fifth Grade "pumpkin drop", and of course our Fall Harvest parties.

November will bring many additional opportunities for students. These include the Fifth Grade Veteran's Day music concert, TS Cardinal Branch deposit days, and the kickoff to the holiday season. We will break for Thanksgiving from November 21st through the 23rd.

Finally, we are in the midst of parent-teacher conferences this week. We look forward to seeing everyone at our meetings; expecting to achieve **100% face-to-face conferences**. Please help us meet our goal. This participation and the level of communication we have established, allows us to stay well-informed and give our students the best possible chance at success. Thanks for staying involved with your children's education, for your contribution of time volunteering in the building and for keeping your expectations high!

Please feel free to stop in and say hello or share your concerns anytime. You may also call or email those thoughts. [712-487-3422 or jkay@treynorcardinals.org]

Jill Kay
Treyner Elementary School

UPCOMING ELEMENTARY EVENTS

- November 1 2:00 Early Dismissal
 Parent Teacher Conferences 4:00—8:00 p.m.
- November 2 No School
- November 6 5th Grade Music Program @ 7:00 in Auditorium
- November 7 1:00 Early Dismissal—Teacher Development Day
- November 21-23 No School—Thanksgiving Vacation
- November 28 Progress Reports sent home
 1:00 Early Dismissal—Teacher Development Day



NOTES FROM THE MIDDLE SCHOOL PRINCIPAL MRS. BERENS



- Oct. 29** **Begin 2nd Quarter**
- Oct. 29/Nov. 1** **Parent-Teacher Conferences**
Early Dismissals @ 2:00
- Nov. 2** **No School**
- Nov. 12** **Veteran’s Day Assembly, 11:00**
- Nov. 7** **Early Dismissal @ 1:00 for**
Teacher Inservice
- Nov. 21-25** **Thanksgiving Vacation**



October—
National Anti-
Drug Awareness
Month!

This year is off to a very fast start. I can’t believe that we are finishing up the first quarter and that November is just around the corner. Our students have not only been very busy academically, but they have also spent time participating in various other educational activities.

As you may or may not know, October is National Anti-Drug Awareness Month. In conjunction with anti-drug awareness, each year our student council members organize for “Red Ribbon Week,” which this year was from October 22 – October 26. During this week, our students and staff dress up in various ways to bring more attention to the fight against drugs. We also invited Mike Mittan, a drug enforcement agent, to come out to Treynor and speak with our middle school students about vaping, juuling and e-cigarettes. I sent out information to parents of middle school students and you can read more about this topic and what was sent to parents on [this link](#).

Something else that we did with all students in grades six through twelve on October 3 was to practice our intruder drill, which we now follow the procedure known as the A.L.I.C.E. plan. A.L.I.C.E. is an acronym for Alert, Lockdown, Inform, Counter, and Evacuate. It is very important that our student’s listen to their teacher. The teacher makes informed decisions on what they all should do based on the information that is being shared over the intercom. We stress the importance of taking the drills seriously and teachers also discuss the scenario’s again after the drill has been run and talk through anything that the teacher feels is pertinent. The district plans to do at least two of these drills per year.

Coming up on November 6, TS Bank will have their assembly called “America’s Promise” for all students in both the middle school and high school. Matt Adams, an illusionist, will be here to perform and will leave our students with an important message. I’ll let you know more about this event in next month’s article.

As always, if you have any questions or concerns, please feel free to call or stop by my office. Thanks for all of your support!

Mrs. Berens
Middle School Principal



THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL.....

MR. McNEAL

It's hard to believe that we just completed the 1st 9 weeks of the school year. We are very proud of the accomplishments of our fall extracurricular activities.

Congratulations to the High School Marching Band for placing 2nd in the Class 2A Parade competition at the Southwest Iowa Band Jamboree in Clarinda on Saturday – September 29. The following week at the Loess Hills Festival in Glenwood, they placed 1st in the Class 2A division as well as having the Outstanding Horn Line. They finished their season with the State Marching Band competition held at Treynor on Saturday - October 13 where they received a Superior rating (I), which is their 28th consecutive Superior rating. Congratulations to all involved for a very successful fall.



As I write this article the Football team is 8 – 1, the Class 1A District 9 Champions and have qualified for the Class 1A playoffs. The Volleyball team finished 2nd in the conference and were the WIC Tournament Champions. They are presently rated #8 in Class 2A with a record of 32 – 7 and play St. Albert on Tuesday – October 29 at Lewis Central High School to qualify for the State Tournament.

Good luck to Volleyball and Football teams as they continue their journey to possible State Championships.

The boys' cross country team were WIC Champions with Jerry Jorgenson placing 1st for the 3rd consecutive year, Derrick Thompson was 3rd and Ryan Konz was 10th. The girls' cross country team finished 4th with Tori Castle finishing 5th.

At the State Cross Country Qualifying meet in Panora on Thursday – October 18, the girls placed 6th and the boys 5th. Advancing to the state meet are Jerry Jorgenson 1st, Derrick Thompson 4th, Tori Castle 2nd and Noel James 7th. Good luck to them at the state competition.

On Thursday – October 4 the Junior Optimists baked 1000 cookies which will be sent to troops overseas through the Iowa Cookie Crumbs Organization.

In closing, I would like to invite everyone to the Veteran's Day Program which will be at 11:00 on Monday – November 12 in the West gym.

Upcoming Events

Oct 29 / Nov 1	2:00 Early Dismissal / Parent-Teacher Conferences
Nov 2	No School
Nov 2 – 3	Musical: "Legally Blonde" Friday: 7:30 Saturday: 2:30 and 7:30 (Auditorium)
Nov 6	TS Promise Assembly
Nov 7	1:00 Early Dismissal / 1:30 Professional Development
Nov 12	11:00 Veteran's Day Program (West Gym)

Gary McNeal
High School Principal



TREYNOR HIGH SCHOOL

Proudly Presents



A fabulously fun award-winning musical based on the adored movie, *Legally Blonde The Musical*, follows the transformation of Elle Woods as she tackles stereotypes and scandal in pursuit of her dreams.

Elle Woods appears to have it all. Her life is turned upside down when her boyfriend, Warner, dumps her so he can attend Harvard Law. Determined to get him back, Elle ingeniously charms her way into the prestigious law school. While there, she struggles with peers, professors and her ex-boyfriend. With the support of some new friends, though, Elle quickly realizes her potential and sets out to prove herself to the world.

Come enjoy this production on Friday, November 2 at 7:30 p.m. or on Saturday, November 3 at 2:30 p.m. or 7:30 p.m.

We prefer you reserve your tickets, but occasionally there are tickets available at the door. To reserve tickets, call Natalie at the elementary office, 712-487-3422. Tickets are \$10 for adults and \$5 for students. Preschool children who require a seat will pay the student price. Preschool children who sit on a lap are free. The ticket office opens at 6:45, 45 minutes prior to the show time. Seating begins at 7:00, 30 minutes before the opening curtain. The best seats in the house will be available on Saturday afternoon if your schedule permits.

FIFTH GRADE BOUNCING TO THE BEAT



Under the direction of Michael Stinman, Elementary Music Teacher, fifth graders will be "Bouncing to the Beat" at the basketball game on Thursday, December 20.

Plan to come and watch this unique performance!

JOI CLUB WINTER CLOTHING DRIVE



Junior Optimists will be collecting winter clothing items during the month of December. As families update their winter clothing needs, we hope items no longer needed can be saved for the clothing drive coming in December. All donations collected will be taken to Open Door Mission before Christmas.

Please watch for more details in the next newsletter.

COMMIT TO BE FIT!

How is your media diet?

Media and digital devices are an integral part of our world. The benefits of these devices can be great. But, research has shown that face-to-face time with family and friends plays an even more important role in promoting children's learning and healthy development. Don't let the face-to-face time get lost behind a stream of media and technology.



Things to consider:

- Actively engage in exploring the digital world with your child.
- Designate media-free times together, such as dinner or driving.
- Choose to be physically active during TV commercials such as doing leg lifts, knee bends or jumping jacks.
- Charge phones overnight in a specified area outside of the bedroom.
- Choose high-quality programming and watch it together so you can discuss it.
- Make sure media does not replace adequate sleep, physical activity and other behaviors essential to good health.
- Abstain from media for an hour before bedtime (the blue light can interfere with sleep).
- Make a proactive plan regarding media use. Check out this amazing website established by the American Academy of Pediatrics: www.healthychildren.org/mediauseplan

SCHOOL BREAKFAST—A HEALTHY CHOICE!



For parents with busy schedules, it can be hard to make sure that kids are eating a healthy breakfast before they go to school in the morning.

Sometimes children aren't hungry right after waking up, and it's hard to find food they like to eat that is also healthy. Also, some kids refuse breakfast at home but are hungry when they arrive at school. Fortunately, we have a great breakfast program for all students, and it's available at school every day.

If morning meals are difficult for your family, let the School Breakfast Program help you out!

ON TO COLLEGE TEST PREP

Free ACT Test Prep offered to Treynor students

For the last five years Treynor High School has offered the “On to College Test Prep” program (formerly known as John Baylor Test Prep) to high school students at no charge. On average our students see a two-point gain on the ACT from the first to the second test taken after completing the “On to College Test Prep” program immediately preceding the second test. We have had some students increase their score, 4, 6, even 8 points!

What is “On to College Test Prep”?

The “On to College Test Prep” program is an online curriculum which allows the students to complete the 12 - 40 minute sessions or 24 - 20 minute sessions when it is convenient for them. Some may choose to do it during their Card Pride time, while others may do it during their Study Hall or at home in the evening. Each student who signs up to do the test prep will receive their own account to log into and a red folder. In the red folder they will have paper copies of the curriculum binder, English passages, and a practice test. They will use the information in the folder during each online session. In each session John Baylor walks students through test taking tips and sample problems. He reviews grammar rules and math & science concepts. He shows students how to work math problems and shows why certain answers are better options. He uses a fast pace approach to help students get used to the pace they will need to successfully complete each of the subtests on the ACT.

Who should do the “On to College Test Prep”?

All Juniors who intend on attending a 4-year post-secondary institution after high school should have taken the ACT by the end of their Junior year. Seniors who intend on going to a 4-year post-secondary institution should take it again if they want to improve their chances at admission or increase scholarships. If students intend on taking the ACT at least twice, they should do the test prep prior to their second time testing. If a student only plans on taking the test once, they should take the test prep prior to that test.

When should students do “On to College Test Prep”?

Students should get signed up for the test prep at least four weeks prior to their test date. Students can sign up for a refresher course two weeks prior to a test date only if they have completed the entire test prep sessions prior to a previous test date.

How can students get signed up for “On to College Test Prep”?

Students sign up by emailing Ms. Laughlin that they want to do the “On to College Test Prep” program and which date they plan on taking the test. She will create an account for each student and get students set up to do the course. Reminders are put in the school announcements prior to each test date to have students sign up for the program by emailing Ms. Laughlin.

When are future ACT test dates?

December 8, February 9, April 13, June 8 and July 13



JTW—HUMAN TRAFFICKING PRESENTATION

SOUTHWEST IOWA COALITION ON HUMAN TRAFFICKING

Junior Treynor Women and the Treynor Optimists invite you to an educational presentation about Human Trafficking, how it is happening here in our community and what we can do about it.

Please join us on Wednesday, November 14th for Human Trafficking—A Presentation on What We Need to Know to Protect Our Kids at Silos Restaurant in Treynor. Pizza will be provided. Feel free to have your child attend with you. This program is recommended for middle school-aged kids and older. Dinner starts at 5:30 with the presentation to begin at 6:00 p.m.

Area experts include Carrie Potter and Jill Ferguson with the Southwest Iowa Coalition on Human Trafficking. Please RSVP on the Human Trafficking event on Facebook or at jtwomen14@gmail.com.



WINTER BASEBALL CAMPS

REGISTER NOW!



U.S. Baseball Academy's Spring Training is a unique concept that provides young players an opportunity to take their game to the next level. USBA camps are designed to develop skills in all facets of the game with an emphasis on teaching proper fundamentals and techniques. Sessions are available in hitting, pitching, fielding, and catching.

- ★ **Sessions for grades 1 through 12** include six hours of instruction in one skill for as low as \$139. Add a second skill for \$109 and a third skill for just \$69!
- ★ **A national baseball program with a local touch** operated by Bob Mantell, Head Coach, Treynor HS, and his staff.
- ★ **With a low player to coach ratio**, each player gets plenty of individual attention in a small-group atmosphere.

COMING TO
TREYNOR HS

WEEK 1: SUNDAY, JANUARY 13
WEEK 2: SUNDAY, JANUARY 20
WEEK 3: SUNDAY, JANUARY 27
WEEK 4: SUNDAY, FEBRUARY 3

MAKE NEXT SEASON, YOUR BEST SEASON

For a complete description of our program and session times, call us now at 866-622-4487 or visit www.USBBaseballAcademy.com

HIGH IMPACT STRATEGY—MULTIPLE EXPOSURES

Multiple Exposures provide students with multiple opportunities to encounter, engage with, and elaborate on new knowledge and skills. Research demonstrates deep learning develops over time via multiple, spaced interactions with new knowledge and concepts. This may require spacing practice over several days, and using different activities to vary the interactions learners have with new knowledge.

Key elements:

- Students have time to practice what they have learned.
- Timely feedback provides opportunities for immediate correction and improvement.

MS/HS example

Elementary example

Our district has chosen the Charlotte Danielson's Framework for Teaching to use as our instructional framework. The Framework for Teaching is a research-based set of components of instruction, aligned to the IN-TASC standards, and grounded in a constructivist view of learning and teaching. The complex activity of teaching is divided into 22 components (and 76 smaller elements) clustered into four domains of teaching responsibility. The ISEA used the work of Danielson to create A Framework For Understanding the Iowa Teaching Standards and Criteria.

What Does Danielson Say About Multiple Exposures?

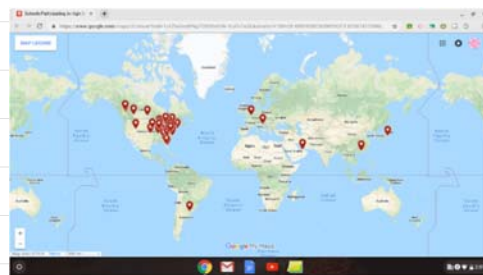
Domain 1

1c: "Instructional outcomes should reflect a balance among different types of learning."

Domain 3

3C: "Student engagement consists of several distinct, though related, elements, such as activities and assignments, grouping of students, materials and resources, and structure and pacing."

Mrs. Beck's 7th grade reading class is participating in the [Global Read Aloud](#) program. Check out all the connections that are out there for our students.



Students in Mrs. Flaten's class working on monochromatic self portraits.



November 2018



Happy Thanksgiving!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 2:00 EARLY DISMISSAL PARENT- TEACHER CONF. 4:00—8:00 MS Dance 8-10	2 NO SCHOOL Musical 7:30 pm Football Playoff	3 Musical 2:30 pm & 7:30 p.m.
4	5 Girls BB Prac- tice Begins 4:15 JH Boys BB IKM-M Here	6 4:008th Boys BB @ Glenwood 4:15 7th Boys BB Glenwood Here State Volleyball 7:00 5th Grade Concert in Audi- torium	7 1:00 EARLY DISMISSAL TEACHER INSERVICE State Volley- ball	8 State Volleyball	9 SWIBA JH Festival @ Lewis Central State Volleyball	10 Football Playoff
11	12 Boys BB & Wrestling Prac- tices Begin 4:15 JH Boys BB @ T-C School Board	13 Special Olympics Unified Day	14	15 OPUS Honor Choir in Ames 4:15 JH B BB Riverside Here State Football G BB Jamboree @ Harlan 6:30	16 All State Festival in Ames State Football	17 All State Festival in Ames with 7:00 Concert
18	19 4:15 JH Boys BB @ Under- wood	20 3:45 7th Grade B BB @ Kirn 4:15 8th Grade B BB Kirn Here	21 NO SCHOOL THANKS- GIVING VACATION	22 	23 NO SCHOOL THANKS- GIVING VACATION	24
25	26 4:15 JH B BB AHSTW Here G BB JV/Var Harlan Here 6:00/7:30	27 Wrestling @ Woodbine G & B BB JV/V @ AHSTW 6:00/7:30 9th 4:30	28 1:00 EARLY DISMISSAL TEACHER INSERVICE Progress Rpts.	29 4:15 JH B BB @ Audubon GJV & 9th B BB @ ISD 6:00/7:15	30 9th BB 4:30 T-C Here 6:00/7:30 G & B JV/V BB Tri- Center Here	

December 2018



Merry Christmas!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Treynor Wrestling Tourney 9:00
2	3 JH B BB Missouri Valley Here 4:15	4 Wrestling Here 5:30 BB @ Underwood 4:30 9th Boys 6:00 GV/BJV 7:30 BV/GJV	5	6 JH B BB @ Lo-Ma 4:00 4th Grade Vocal Concert 7:00 in Aud.	7 JH B BB Fremont-Mills Here 4:15	8 SWI HS Honor Band @ Atlantic Wrestling @ Lenox 10:00 B JV/V BB Heelan Here 2/3:30
9	10 JV Wrestling @ T.J. 5:30 5/6 Band & 6th Grade Vocal Concert 7:00 in Auditorium School Bd Mtg	11 Wrestling @ Glenwood 5:30 G & B V/JV BB @ Audubon 6:00/7:30	12 1:00 p.m. EARLY DISMISSAL TEACHER INSERVICE	13 3rd Grade Vocal Concert 7:00 in Auditorium	14 WIC Wrestling @ AHSTW 5:00 BB IKM-M Here 9th Girls 4:30 GV & B JV 6:00 BV & G JV 7:30	15 WIC Wrestling @ AHSTW 9:00
16	17 JV Wrestling @ Shen 5:00 JH Concert @ 6:30 HS Concert @ 8:00 in Aud.	18 B 9th BB @ T.J. 4:00 G & B JV/Var BB Lo-Ma Here 6/7:30	19	20 JH B BB @ Sidney 4:00 BB Mo Valley Here 9th Boys 4:30 VG/JVB 6:00 VB/JVG 7:30	21 1:00 p.m. EARLY DISMISSAL	22
23	24 Christmas Vacation	25 	26 Christmas Vacation	27 Christmas Vacation	28 Christmas Vacation	29



TREYNOR COMMUNITY SCHOOL
November, 2018 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(We reserve the right to make changes or substitutions as necessary.)			1 Juice or Fruit Egg Mini Cinni	2 NO SCHOOL
			Mr. Ribb Roasted Broccoli Garden Salad Cherry Crisp (4-12 Salad Bar)	NO SCHOOL
5 Juice or Fruit (1/2 c.) WG Cereal Granola Bar	6 Juice or Fruit WG Pancake Stick	7 Juice or Fruit Biscuits & Gravy	8 Juice or Fruit Egg Omelet WG Toast	9 Juice or Fruit WG Cereal Breakfast Bar
Pork Fritter on Bun Potato Wedges Cole Slaw 6-12 Carrots K-5 Pears (6-12 Salad Bar)	Sloppy Joe on Bun Oven Fries Broccoli & Carrots Fresh Fruit (4-12 Salad Bar)	Chicken Wrap Savory Rice Peppers & Onions 9-12 Steamed Carrots Peaches WG Royal Brownie (4-12 Salad Bar)	Walking Taco Bean Salsa Lettuce, Tomato, Cheese Peas Applesauce (4-12 Salad Bar)	Popcorn Chicken Mashed Potatoes/Gravy Corn Fresh Veggies Pineapple/Oranges WG Bun (No Salad Bar)
12 Juice or Fruit (1/2 c.) WG Cereal Poptart	13 Fruit or Juice French Toast Sticks	14 Fruit or Juice WG Cereal Breakfast Bar K-5 Grab-n-Go 6-12	15 Fruit or Juice Eggs, Sausage WG Toast	16 Fruit or Juice WG Cereal Long John
French Toast Sticks Sausage Links Carrots & Broccoli Yogurt 9-12 Warm Apples (6-12 Salad Bar)	Hamburger on Bun Oven Fries Fresh Vegetables Peaches WG Cookie (4-12 Salad Bar)	Chicken Noodle K-5 Chili 6-12 Crackers Celery & Carrots Applesauce Cinnamon Roll (4-12 Salad Bar)	Cheesy Garlic Bread Corn Spinach Salad Pears (4-12 Salad Bar)	Turkey Dinner Mashed Potatoes Green Beans Dressing WG Dinner Roll Dessert (No Salad Bar)
19 Fruit or Juice (1/2 c.) WG Cereal Nutrition Grain Bar	20 Fruit or Juice Pancakes Sausage	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL
Stuffed Crust Pizza Seasoned Peas Applesauce Cookie (No Salad Bar)	Deli Sub Oven Fries Lettuce Tomato Onion Peaches (No Salad Bar)			
26 Fruit or Juice (1/2 c.) WG Cereal Poptart	27 Fruit or Juice WG Mini Strawberry Bagel Sausage	28 Fruit or Juice WG Cereal Breakfast Bar K-5 Biscuits/Gravy 6-12	29 Fruit or Juice Breakfast Pizza	30 Fruit or Juice WG Cereal WG Toast
Pizza Sticks K-5 Fiestada 6-12 Mixed Vegetables String Cheese 9-12 Carrots & Broccoli Pineapple/Oranges (6-12 Salad Bar)	Hot Dog on Bun Roasted Broccoli Oven Fries Relish Tray Pears (4-12 Salad Bar)	Super Nachos Fiesta Beans Corn Applesauce (4-12 Salad Bar)	Chicken Parmesan Marinara Sauce Green Beans Garden Spinach Salad Bread Stick Peaches (4-12 Salad Bar)	Chicken Strips Sweet Potato Fries Peas WG Bread 9-12 Bug Bites 9-12 Pineapple (No Salad Bar)

Elementary: \$1.35 Breakfast—\$2.35 Lunch; Extra Milk \$0.50

MS-HS: \$1.35 Breakfast—\$2.50 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice. Treynor Community School is an equal opportunity provider.



**Trey nor Community
School**

PO Box 369
Trey nor, IA 51575
Phone: 712-487-3414
Fax: 712-487-3332



POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED

It is the policy of the Trey nor Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact the principals who serve as the equity coordinators:
Jill Kay, Elementary Principal, #2 Elementary Dr., 712-487-3422, jkay@treynorcardinals.org
Jenny Berens, MS Principal, 102 E. Main St., 712-487-3181, jberens@treynorcardinals.org
Gary McNeal, HS Principal, 102 E. Main St., 712-487-3804, gmcneal@treynorcardinals.org

SCHOOL'S OUT—HOLIDAY VACATION DAYS



There will be no school on Wednesday, Thursday and Friday, November 21, 22 & 23 for Thanksgiving.

School will be dismissed at 1:00 p.m. on Friday, December 21 for Christmas vacation.

School will resume again after the holidays on Thursday, January 3, 2019.

