

Treynor Community School

"COMMITTED TO EXCELLENCE"



NEWSLETTER

November, 2014

"District Details" ... a few notes from Superintendent Elwood

District Enrollment Continues to Grow....

Enrollment in the Treynor Community School District increased by 7 students for the 2014-15 school year. The Certified Enrollment report was compiled and submitted to the Iowa Department of Education during the month of October. For the current school year we will serve 775 students in grades K - 12.

Treynor has had an enrollment growth trend for many years. During a span of the last 18 years, we have been fortunate to experience an increase in enrollment 16 of those years. We continue to have a large number of students elect to open enroll into Treynor to participate in the outstanding academic and extracurricular programs that we offer. This year, 250 students, about 32% of the district's enrollment, have elected to attend school at Treynor through the open enrollment option.



Growth trend continues at Treynor—an increase of 7 students for this school year!

Special points of interest:

- ✓ Treynor will serve 775 students in grades K-12 this school year.
- ✓ Treynor's enrollment increased by 7 students.
- ✓ Get your tickets for "Krazy Kamp", Nov. 7 & 8th.
- ✓ Be prepared for inclement weather!
- ✓ Students participated in many activities for Red Ribbon Week!
- ✓ Plan to attend the Veterans Day Program.

K= 57 1= 54 2= 55 3= 65 4= 71 5= 67
 6= 68 7= 62 8= 61
 9= 53 10= 64 11= 51 12= 47

K-5	=	369
6-8	=	191
9-12	=	215
K-12	=	775

As always, THANK YOU for supporting the Treynor students and staff!

Go Cardinals!

Mr. Elwood
Superintendent

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MUSICAL—NOVEMBER 7 & 8



Treynor High School will present "Krazy Kamp" on November 7 at 7:30 p.m. and November 8 at 3:30 and 7:30 p.m. Reserve your tickets beginning October 30th by calling Natalie at the elementary office, 712-487-3422. Ticket prices are \$8 for adults and \$5 for students. More information is available on page six of this newsletter.

CASH FOR STUDENTS



The "Cash for Students" program has begun. Hy-Vee cash register receipts dated from September 1 through December 31, 2014 will be collected in the Elementary, Middle School and High School offices. Hy-Vee gives back \$1.00 for every \$200 spent in any of the fourteen Omaha and Council Bluffs locations up to a maximum of \$2,000. Over 403,000 in much needed funds has been donated to area schools as a result of this program.

All of our proceeds go to the Athletic Booster Club. Remember to save your receipts and turn them in to any of the school offices!

CAUTION: Changes in weather arriving soon...

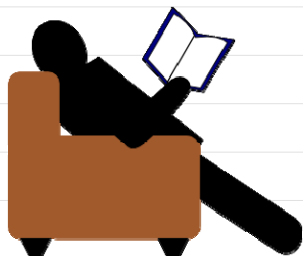
As the weather begins to change, school cancellations and early dismissals can occur at anytime. If severe weather causes school to be cancelled prior to the start of the day, we will try to have information to the media by 6:30 a.m. In addition to our school website, the media outlets that will carry our announcements this year are: **KMA, WOWT, KMTV and KETV.**



If weather or unforeseen circumstances (loss of power or water) should occur during the day and school is dismissed early, **PLEASE HAVE A PLAN IN PLACE WITH YOUR CHILD.** When early dismissals occur during the day, we usually have limited time to get information out and many parents aren't aware that an early out has taken place. Also, we have over 750 students in the district and only a couple of phone lines in each building. Don't assume that your child will be able to call you if a decision is made to dismiss school during the regular day. Have a plan in place! The elementary has forms for each parent to keep updated outlining your family's specific plan to deal with this type of situation. Parents of middle school and high school students need to discuss with their child what plan of action they will take in the event of an early dismissal during the school day. Proper planning now will provide assurance to you and your child that all will be okay should we ever have an unforeseen early dismissal.

Our student information database, JMC, will be used for all school notifications (voice, email, text). Please check your contact information to ensure it is up-to-date so you will receive these messages for school closings, late starts or early dismissals. Use the JMC Parent Access portal to check your contact information and make any additions or corrections as needed and to indicate how you want to receive notifications.

COMFY SEATING NEEDED FOR THE LIBRARY



Students who want to read in the library can choose between the hard chairs at the tables and the hard floor. Everyone knows that a good book is better with comfy seating. If anybody out there has gently-used chairs or couches that need a new home, the library would be happy to adopt them!

FROM THE ELEMENTARY PRINCIPAL'S DESK



It's hard to believe that we have already completed a quarter of the school year and are already into November! Your children continue to do such a terrific job and come to school well prepared thanks to your outstanding guidance. Our students experienced many noteworthy educational experiences this past month that included Elementary Art Attack meetings, Lunch with Mr. Larsen, 3rd Grade trip to Botna Bend, 2nd Grade to Arbor Farms, Kindergarten Doughnuts for Dads and fire truck rides, Fall Harvest Party, 5-R Class of the Month Pizza Party, Pottawattamie County Conservation programs, Red Ribbon Week, Accelerated Reader Cardinal Cart, Scholastic Book Fair, and Parent-Teacher Conferences.

November will bring many additional opportunities besides the ones mentioned above that include the 5th Grade Veteran's Day Music Concert, 4th Grade Math Field Trip and 3rd Grade Cognitive Aptitude testing. Don't forget that progress reports will be sent home on November 20th and we will dismiss at 1:00 p.m. on November 13th for teacher professional development.

Please continue to monitor the changing weather and make sure your children are dressed appropriately. This is the time of year when the temperature can change 30-40 degrees in the matter of a day or two. Finally, we appreciate the wonderful attendance at parent-teacher conferences again this year. This participation and the level of communication we have established, allows us to stay well-informed and give our students the best possible chance at success. Thanks for staying involved with your children's education, for your contribution of time volunteering in the building and for keeping your expectations high!

Please feel free to stop in and say hello or share your concerns anytime. You may also call or email those thoughts. [712-487-3422 or tlarsen@treynorcardinals.org]

Mr. Larsen
Treynor Elementary School

UPCOMING ELEMENTARY EVENTS

- November 4 Cardinal Branch Bank 9:00—11:00 a.m.
- November 5 1:00 p.m. Early Dismissal for Teacher Inservice
- November 10 5th Grade Music Program @ 7:00 in Auditorium
School Board Meeting @ 6:30 p.m.
- November 11-13 3rd Grade Cognitive Aptitude Testing
- November 17-20 K-3 Ready, Set, Know Program Week
- November 19 1:00 p.m. Early Dismissal for Teacher Inservice
Progress Reports Sent Home
- November 26-28 No School—Thanksgiving Vacation



JUNIOR OPTIMIST CLUB SAYS "THANK YOU"



Treynor's Junior Optimist Club would like to thank the students and patrons of our school district for their outstanding support of the Winter Clothes Drive for the Open Door Mission. Many men, women and children will benefit this winter from your generous donations. Thank you, Treynor!

NOTES FROM THE MIDDLE SCHOOL PRINCIPAL MRS. BERENS



- Nov. 5 **Early Dismissal @ 1:00**
Teacher Inservice
- Nov. 11 **Veteran’s Day Assembly, 10:30**
- Nov. 19 **Progress Reports**
Early Dismissal @ 1:00
Teacher Inservice
- Nov. 26-30 **Thanksgiving Vacation**



October—
National Anti-Bullying & Anti-Drug Awareness Month!

This year is off to a very fast start. I can’t believe that we finished the first quarter and November is just around the corner. Our students have not only been very busy academically, but they have also spent a great deal of time this past month participating in various other valuable activities.

As you may or may not know, October is National Anti-Bullying Awareness Month and National Anti-Drug Awareness Month. In conjunction with anti-bullying awareness, our students and staff were asked to wear blue earlier this month to show support for “Stomp Out Bullying Day”. Then, on October 17, our students listened to Dan Clark’s presentation on anti-drug awareness. Dan talked to the students about the effects of drug usage, showed before and after photos of those on drugs, shared a video about the effects of drugs on the human brain, talked to the students about some of the things that he has seen while working for the Drug Enforcement Agency, and ended his presentation by answering questions. Dan was very informative and our students and staff appreciated his time and all of the information he had to share.

In conjunction with anti-drug awareness, “Red Ribbon Week” this year is October 27—October 31. The Middle School will have a competition between classes with the winning group having the highest participation percentage each day of the week. Our Middle School Student Council determined the dress up days and made posters advertising how to dress up each day. The various days dress attire will consist of the following: **Monday**—“Hats Off to Being Drug Free” (wear a hat); **Tuesday**—I “Mustache” You Not to do Drugs! (wear a mustache); **Wednesday**—“Stomp Out Drugs” (wear mismatch socks, shoes or boots); **Thursday**—“Salute Me—I’m Drug Free” (wear camouflage); **Friday**—“Team Up Against Drugs” (wear favorite team jersey).

We will sum up the month and “Red Ribbon Week” with an assembly by Gina Giaffaglione on Friday, October 31. Gina is an independent paraplegic who travels around speaking to others in hopes of inspiring her audiences to make the right decisions and push through life’s obstacles. If you would like to view her webpage, this can be seen at www.perfectlyimperfectgina.com.

As always, if you have any questions or concerns, please feel free to call or stop by my office. Thanks for all of your support!

Mrs. Berens
Middle School Principal



THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL..... MR. NAVARA

A spectacular start to the first semester was had by the high school. Having the first quarter under our belt, we are excited to announce some statistics regarding high school grades. Ms. Laughlin, school counselor, calculated that 96% of our 6-12 students passed all of their 1st quarter courses. Another way to look at it, 390 of 408 students passed all 1st quarter classes. That is spectacular work. To break it down even further, the high school, grades 9-12, had 95% of its' students passing all of their 1st quarter courses. Excellent job!



To further tip our caps and toot our horns, the fall athletic teams were given the honor of academic achievement from the Iowa High School Athletic Association and the Iowa Girls High School Athletic Union. Our 2014 boys cross country team and the football cheer squad earned Distinguished Academic Achievement honors and the 2014 football team earned Excellence Academic Achievement honors from the IHSAA. Our 2014 girls cross country team and the volleyball team earned Distinguished Academic Achievement honors from the IGHSAU. In order to receive a Distinguished Academic Achievement from the IHSAA and IGHSAU, the entire varsity team had to have a combined GPA of 3.25 and above. In order to receive the Excellence Academic Achievement, the entire varsity team had to have a combined GPA of 3.00—3.24. We are very proud of all of our students and staff at Treynor High School.

In closing, I would like to extend an invitation to our Veteran's Day assembly. We will be having the assembly on Tuesday, November 11 at 10:30 a.m. in the high school (west) gymnasium. All community members are invited and encouraged to attend.

JUNIOR CLASS FRUIT SALES



The Treynor Junior Class will be selling fruit, meat and cheese as a fundraiser for Prom. If you are interested in ordering, please contact a junior student to place an order. The students will be taking orders from now until Nov. 15th. The fruit will be delivered around the middle of December. Thank you for supporting the Junior Class!

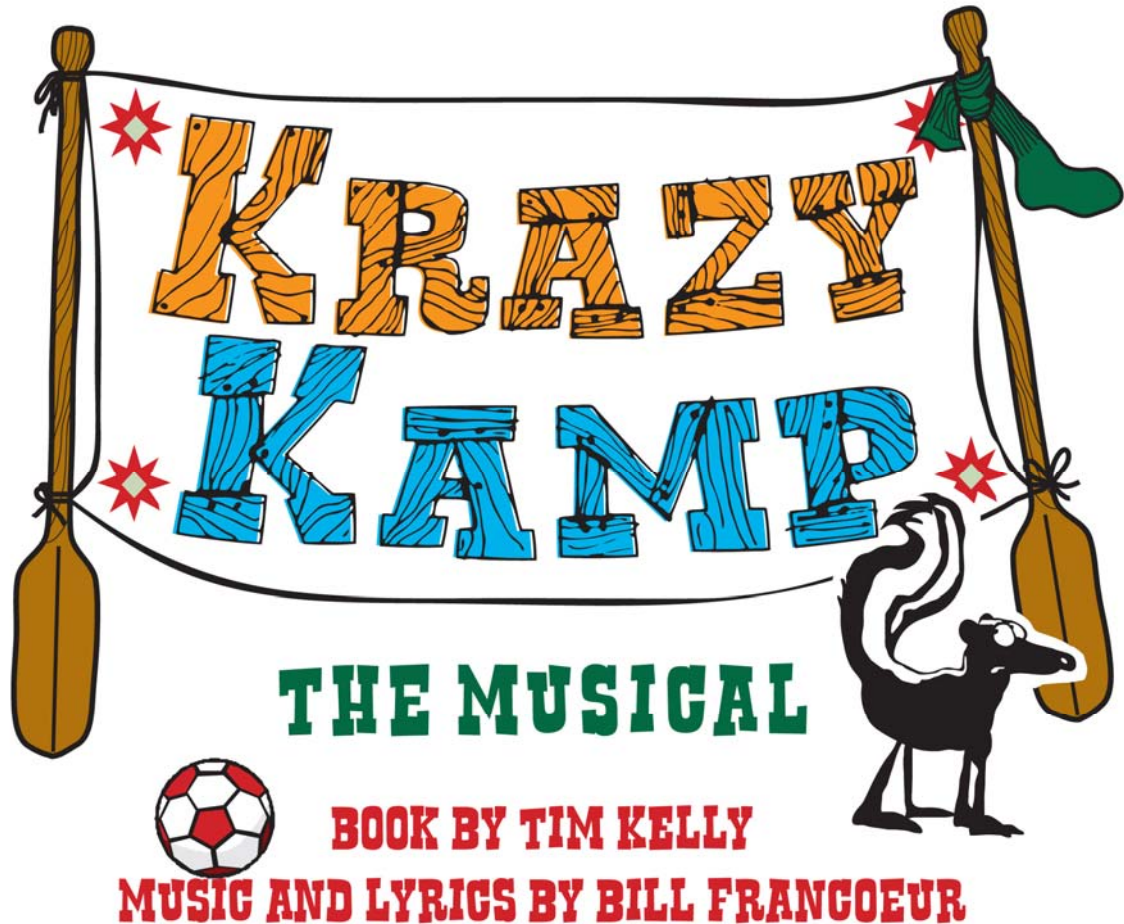
VETERAN'S DAY ASSEMBLY

All community members are invited and encouraged to join the middle and high school students for a Veteran's Day assembly on Tuesday, November 11 in the high school (west) gymnasium at 10:30 a.m.



TREYNOR HIGH SCHOOL

Proudly Presents



This year Treynor High School's musical is "Krazy Kamp". Adam Apple, the wheeler dealer director of Camp John Smith is in trouble. He and his sidekick, Willard, are destined for "a real job" unless they get their camp in shape. But the rambunctious "gentlemen of John Smith" need a place to stay until things get put back together. Adam finally convinces Eve Hunnicutt, the manager of the girls' fashionable Camp Pocahontas, to give the boys a home. When serene Pocahontas comes in contact with wild John Smith, this entertaining farce bursts with hilarity. Of course, no one is to know the boys are staying, including the camp's owner, Mrs. Thistlemist.

Keeping any calm, however, is beyond reality when a parade of hilarious characters in addition to the John Smith boys wander into camp: Elmer Crumb, from the carnival with his associate, Cleopatra Nile, who is never without her snakes, Clams Marinara, the notorious hood (who has a wild tune written about him!), the flashily-dressed Dixie, who carries a dinky pistol in a violin case, and the Mo Sisters, three ladies(?) making a celebrity visit to Camp Pocahontas. Toss in a poison ivy victim who resembles a walking mummy... that's just for starters! Problems stack on top of each other until once charming Camp Pocahontas is declared unfit for habitation by the state inspector.

Come enjoy a fun, humorous production at Treynor High School on Friday, November 7th at 7:30 p.m. and Saturday, November 8th at 3:30 p.m. or 7:30 p.m.!

We prefer you reserve your tickets, but occasionally there are tickets available at the door. To reserve tickets, beginning October 30th call Natalie between 9-11:00 a.m. or 1-3:00 p.m. at the elementary school, 712-487-3422. Tickets are \$8.00 for adults and \$5.00 for students. Preschool children who require a seat will pay the student price. Preschool children who sit on a lap are free. The ticket office opens at 6:45, 45 minutes prior to the show time. Seating begins at 7:00, 30 minutes before the opening curtain. The best seats in the house will be available on Saturday afternoon if your schedule permits.

FINANCIAL LITERACY UPDATE



Determine Your Net Worth



For many families and individuals, creating a retirement savings plan is difficult. According to a survey completed in February during America Saves Week, only about one-third of Americans say they're making "good" or "excellent" progress in saving for their future. The problem for many is they don't know where they currently stand financially, so it is difficult to envision what they will need for the long-term.

Getting started on a long-term plan is much easier when you have a place to start, like knowing your net worth.

Determining your net worth isn't as difficult as it might sound

Your net worth is simply the difference between your assets (what you own) and your liabilities (what you owe). With a little addition and subtraction, you can determine where you stand right now.

Start by making a list of both categories. Your assets include things such as guaranteed income, the money you have in your personal bank accounts, the value of your retirement savings accounts, the equity in your home and other real estate, any vehicles or other personal items and any other investments you

own.

If you're not sure of the current value of your home, check with a real estate agent or an online resource, such as Realestate.com or Zillow.com. Be sure to get an appraisal of items like antiques, jewelry and artwork to make sure you have the correct value attached; both for the sake of your net worth estimation and in the event you would ever need to know their replacement value in case they are damaged or stolen.

Next, write down all your liabilities. These are things like your mortgage, any outstanding loans, credit card debts and personal financial obligations. Once you total both columns and subtract your liabilities from your assets, you will have a snapshot picture of your net worth.

Assessing your balance sheet

Armed with this information, you can better determine how much of a cushion you have against unexpected financial situations and you should be able to identify any weaknesses in your saving or investment strategy, especially if you are nearing retirement age. Plus, you can decide how you might use some of the assets which make up your net worth to help carry you through retirement. Do you need to reduce or eliminate some of your liabilities? Do you need to earn more money to help pay off your debt faster?

Keep in mind that these figures are fluid

It is important to remember that your net worth can fluctuate over your lifetime depending on market and real estate conditions, changes in your employment and whether you increase or decrease your debt. In order to keep a realistic perspective of your net worth, you should recalculate it periodically. This way, if it looks like your nest egg is dipping below a level that feels comfortable to you, you can make any necessary changes in your spending, saving and investing patterns.

JUNIOR TREYNOR WOMEN SPONSOR EVENT

SPONSORED BY:



Treynor Community Christmas

SUNDAY, NOVEMBER 30TH 5-7PM

AT THE TREYNOR COMMUNITY CENTER

DINNER BY THE PANCAKE MAN

FREE SANTA VISIT FOR KIDS!

FAMILY ACTIVITIES:

COOKIE DECORATING, CRAFTS & GAMES

\$5 BUCKETS FOR THE COOKIE WALK

CARDINAL TREE FOR HELPING FAMILIES AT CHRISTMAS

Help Us Light the Town!

**PLEASE TURN ON YOUR CHRISTMAS LIGHTS ON THIS NIGHT
TO HELP SHARE THE HOLIDAY SPIRIT ALL OVER TOWN!**



November 2014



Happy Thanksgiving!




Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 State Cross Country State Dance Solo Competition @ Newton
2	3 Football Playoffs	4 Special Olympics Unified Day	5 Early Dismissal @ 1:00 Inservice Regional Volleyball Tournament 7:00 @ Denison	6	7 High School Musical @ 7:30 Football Playoffs <div style="border: 1px dashed red; padding: 2px; display: inline-block;"> "KRAZY CAMP" </div>	8 High School Musical @ 3:30 & 7:30
9	10 5th Grade Vocal Concert in Auditorium 7:00 Girls BB Practice Begins JH Boys BB Mo Valley Here 4:15	11 Vet. Day Assembly 10:30 JH 7th Boys BB @ Glenwood JH 8th Boys BB Glenwood Here 4:00 State Volleyball	12 State Volleyball 3rd Grade Cognitive Aptitude Testing	13 JH Boys BB @ Lo-Ma 4:15 State Volleyball	14 SWIBA JH Festival @ Lewis Central State Volleyball	15 Football Playoffs
16	17 Boys BB and Wrestling Practices Begin JH Boys BB IKM-Manning Here @ 4:15 K-3 Ready, Set	18 Speech @ IKM-Manning 3:30; Financial Aid Meeting @ 7:00 in Auditorium Know _____	19 1:00 Early Dismissal— Teacher Inservice Progress Reports Sent Home	20 All State Festival @ Ames JH Boys BB @ Underwood 4:15 G BB Jamboree @ Audubon	21 All State Festival @ Ames Cardinal Madness in West Gym State Football	22 All State Festival @ Ames
23	24 JH Boys BB @ Tri-Center 4:15	25	26 No School Thanksgiving Vacation	27 	28 No School Thanksgiving Vacation	29

December 2014



Merry Christmas!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 JH Boys BB Riverside Here 4:15 9th G & B BB @ ISD 6:00/7:30	2 Wrestling Here 6:00 JV & Var Boys BB @ A.L. 6:00/7:30	3	4 JH Boys BB Griswold Here 4:15 State Dance Team Compe- tition	5 G & B JV/Var BB @ Missouri Valley 6:00/7:30	6 Treynor Wrestling Tourney 10:00
7	8 JH Boys BB AHST Here 4:15 5/6 Band & 6th Grade Vocal Concert @ 7:00 in Auditorium	9 JH Boys BB Shen Here 4:00 G & B JV/Var BB Tri-Center Here 6:00/7:30	10 1:00 Early Dismissal Teacher Inservice	11 JH Boys BB @ Audubon 4:15 4th Grade Con- cert @ 7:00 in Auditorium	12 G & B JV/Var BB Audubon Here 6:00/7:30	13 Wrestling Tour- nament @ West Central Valley
14	15 JH Christmas Concert 6:30 HS Christmas Concert 8:00 Both in Audi- torium	16 JH Boys BB Underwood Here 4:15; Wrestling Here 6:00; G & B JV/Var BB @ Riverside 6:00/7:30	17	18 G & B JV/Var BB AHST Here 6:00/7:30	19 2:00 Dis- missal; Elem. Parties @ 12:30; 2nd Quarter Ends; Wrestling @ Mo Valley 5:00; 9th B, G & B JV/Var BB @ Griswold 4:30/6:00/7:30	20 Wrestling Tour- nament @ Missouri Valley 10:00
21	22 Teacher Inservice (Optional) Christmas Vacation	23 Christmas Vacation	24 Christmas Vacation	25 	26 Christmas Vacation	27
28	29 Christmas Vacation	30 Christmas Vacation	31 Christmas Vacation			



TREYNOR COMMUNITY SCHOOL

November, 2014 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Juice or Fruit (1/2 c. required) Choice of Cereal Poptart	4 Juice or Fruit WG French Toast Sticks w/Syrup	5 Juice or Fruit Choice of Cereal Granola Bar	6 Juice or Fruit WG Breakfast Square	7 Juice or Fruit Choice of Cereal Toast
Corn Dog Mac & Cheese Peas Fresh Broccoli Pears (6-12 Salad Bar)	Hamburger on Bun Whole Grain Chips Applesauce Cookie (6-12 No Salad Bar)	Chili Soup (6-12) Alphabet Soup (K-5) Celery/Carrots Crackers Chilled Fruit Cinnamon Roll (4-12 Salad Bar)	Super Nachos Whole Grain Chips/ Salsa Green Beans Cucumber Slices Peaches (4-12 Salad Bar)	Grilled Chicken on Bun (6-12) Breaded Chicken /Bun (K-5) French Fries Corn Pineapple (No Salad Bar)
10 Juice or Fruit (1/2 cup required) Choice of Cereal Granola Bar	11 Juice or Fruit WG Breakfast Bagel	12 Juice or Fruit Choice of Cereal Toast	13 Juice or Fruit WG Pancake Stick Syrup	14 Juice or Fruit Choice of Cereal Poptart
Hot Ham & Cheese/Bun Potato Wedges Cookie Peaches (6-12 Salad Bar)	Chicken Fried Steak Mashed Potatoes/Gravy Steamed Corn Wheat Roll Fruit (4-12 Salad Bar)	Chicken Tetrizzini Green Beans Garlic Bread Pears (4-12 Salad Bar)	Taco Burger on Bun Dk. Green Lettuce Refried Beans Whole Grain Chips Pineapple/Oranges (4-12 Salad Bar)	Chicken Nuggets Mashed Potatoes/Gravy Fresh Broccoli Whole Wheat Bread Applesauce (No 2nd Choice)
17 Juice or Fruit (1/2 c. required) Choice of Cereal 1/2 Long John K-5 Long John & Fruit 6-12	18 Juice or Fruit Sausage Links Eggs WG Toast	19 Juice or Fruit Choice of Cereal Granola Bar	20 Juice or Fruit Egg Patty & 1/2 Bagel K-5 Omelet & WG Bagel 6-12	21 Juice or Fruit Choice of Cereal WG Poptart
Pizza Slice Tossed Salad String Cheese Fruit (6-12 Salad Bar)	Baked Chick. Drumstick Steamed Corn Oatmeal Roll Applesauce (4-12 Salad Bar)	Mr. Ribb on Bun Tri Taters Peas & Carrots Kiwi (4-12 Salad Bar)	Roast Turkey Mashed Potatoes/Gravy Green Beans Dinner Roll Pumpkin Pie (No Salad Bar)	Hot Dog on Bun French Fries Apple Wedges Cookie (No 2nd Choice)
24 Juice or Fruit (1/2 c. required) Choice of Cereal Granola Bar	25 Juice or Fruit WG Breakfast Square	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
Chicken on Bun Tri Taters Krispie Bar Pears (No Salad Bar)	Fiestada Tossed Salad w/Spinach Green Beans Peaches (No Salad Bar)	NO SCHOOL		
	(We reserve the right to make changes or substitutions as necessary.)			

Elementary: \$1.20 Breakfast—\$1.95 Lunch; Extra Milk \$0.50

MS-HS: \$1.20 Breakfast—\$2.10 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice. It is the policy of Treynor Community School not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, or religion in its' programs, activities or employment practices as required by the Iowa Code Section 216.7 and 216.9. If you have questions or grievances related to compliance with this policy by Treynor Community School, please contact the Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St., Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website; <http://www.state.ia.us/government/crc/index.html>.



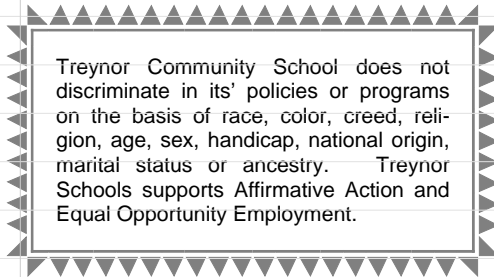
**Trey nor Community
School**

PO Box 369
Trey nor, IA 51575
Phone: 712-487-3414
Fax: 712-487-3332



POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED



SCHOOL'S OUT—HOLIDAY VACATION DAYS



There will be no school on Wednesday, Thursday and Friday,
November 26, 27 & 28 for Thanksgiving.

School will be dismissed at 2:00 p.m. on Friday,
December 19 for Christmas vacation.

School will resume again after the holidays on Monday,
January 5, 2015.

