

Treynor Community School

"COMMITTED TO EXCELLENCE"

NEWSLETTER



March, 2019

"District Details" ... a few notes from Superintendent Howell

NIGHT OF THE ARTS

On Monday, March 11 from 6:30—8 :00 p.m., Junior Treynor Women and Treynor Elementary School will host a Night of the Arts event. Each Kindergarten through Fifth Grade student will have their art featured in the event and grade levels are planning to share their musical talents.

Visitors are also invited to an ice cream social in the cafeteria where you can create your own work-of-art ice cream sundae.

We hope that you are able to join us for this special event to celebrate our kids and their talents.



Night of the Arts
March 11
6:30—8:00

Special points of interest:

- ✓ National School Breakfast Week March 4-8..
- ✓ Pops Concert is scheduled for March 12th with a meal and music.
- ✓ Kindergarten Roundup is coming on April 18th.
- ✓ Parent-Teacher Conferences are March 26 & 28..
- ✓ Attend Elementary Night of the Arts on March 11th!
- ✓ Information regarding the last day of school will be coming soon.



"MUSIC IN THE MOVIES"

The annual Pops Concert, Dinner and Auctions will be held on Tuesday, March 12. This event will be held in the West Gym and begins with dinner at 5:30 p.m. The menu is lasagna, breadstick, vegetable, beverage and dessert—all for only \$8.00.

Small group performances will begin at 6:00 p.m. with the jazz bands, jazz choir, concert band and concert choir to follow.

Silent auction items include zoo passes, a handmade quilt, movie passes, local show tickets, and much more!



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TRANSFER IN IOWA WEBSITE FOR STUDENTS

Iowa's Regent universities offer the Transfer in Iowa website to assist students to navigate the college transfer process and plan for their academic future.

Each year, thousands of students, including high school students taking college-level courses, transfer from Iowa's community colleges to state public universities. This is a big step, so the website was designed to provide information to answer the question—How will my credits transfer?

Students will discover how their community college courses transfer to the Regents by following links on the website. They can also learn about individual program articulation agreements between various institutions.

In addition to using this online resource, students should discuss their plans with both community college and university advisors. The website provides contact information for transfer advisors at each institution.

School districts should encourage the use of Transfer in Iowa by all students interested in attending college, as well as academic counselors.

NATIONAL SCHOOL BREAKFAST WEEK

March 4—8 is National School Breakfast Week.

Studies show that students with good nutrition and eat breakfast have:

- ◆ Higher test scores
- ◆ Better attendance
- ◆ Improved concentration
- ◆ Fewer discipline referrals
- ◆ Greater overall achievement



Make sure your child gets up in time to have a nutritious breakfast either at home or at school. Tip: if they're having trouble waking up early enough, move their bedtime back.

COMMIT TO BE FIT!



Get the whole family involved! Try and plan one activity a week that doesn't feel like exercise, but gets everyone moving.

Think a family bike ride, a weekly hour-long walk, a visit to the trampoline park, bowling.

Be active together!

FROM THE ELEMENTARY PRINCIPAL'S DESK



March will be a busy month for Treynor students and staff. Our annual Night of the Arts event Monday, March 11th, is sure to bring out most of our families. Our students, Miss Weis, and Mr. Stinman are eager to showcase all the talent we have in our building.

Parent-Teacher Conferences are also nearing. This is a great opportunity to meet with your child's teacher and discuss their progress both socially and academically. I have attached a link below that you may find helpful as you prepare for the upcoming conference:

<https://www.parenttoolkit.com/advice-tips/parent-teacher-conference-checklist>

As always, please feel free to contact me at the school at any time. Go Treynor Basketball!!

Ms. Kay, Principal
Treynor Elementary School

UPCOMING ELEMENTARY EVENTS

- March 1 No School—Girls State Basketball Tournament
- March 11 Night of the Arts 6:30—8:00 p.m.
- March 13 Early Dismissal @ 1:00 p.m.—Teacher Inservice
- March 15 K-2 Dance Party 3:30—5:30 p.m.
- March 21 Second Grade Music Concert 7:00 p.m.
- March 22 Early Dismissal @ 1:00 p.m.—End of Third Quarter
- March 26 Early Dismissal @ 2:00 p.m.
Parent Teacher Conferences 4:00—8:00 p.m.
- March 27 Early Dismissal @ 1:00 p.m.—Teacher Inservice
- March 28 Early Dismissal @ 2:00 p.m.
Parent Teacher Conferences 4:00—8:00 p.m.
- March 29 No School



OPEN ENROLLMENT DEADLINE

Parents/guardians considering the use of the open enrollment option to enroll their child/children in another public school district in the state of Iowa should be aware of the following dates:

March 1, 2019: the last date for regular open enrollment requests for the 2019-2020 school year, except for "good cause" reasons or kindergarten applications.

Kindergarten applications must be filed on or before September 1 of the school year in which open enrollment is requested. (September 1, 2019 for the 2019-2020 school year).

For further details, contact the school Superintendent's office at 712-487-3414.

THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL.....

MR. McNEAL



The month of February was a very productive month for the students and staff at the High School. We continue to excel in a wide range of extracurricular activities. Here is a list of those activities.

Dalton Clark, Corey Coleman, Brennon Mauer and Brock Fox advanced to the District Wrestling meet in Underwood with Brennon Mauer advancing to the State Tournament in Des Moines.

The girls basketball team finished as WIC Champions with a record of 24—1. They ended the regular season ranked #3 in Class 2A and have qualified for the State Tournament. They defeated North Linn in the quarterfinal game and are scheduled to play Central Decatur at 11:45 a.m. on Friday, March 1 at Wells Fargo Arena in Des Moines.

The boys' basketball team finished as WIC Champions with a record of 20—3 and lost to Des Moines Christian in the sub-state game. Congratulations on an outstanding season.

The High School Jazz Band finished first at the SWIBA District Festival which qualifies them for the Iowa Jazz Championships for the 28th consecutive year. Sarah Gann was also named Outstanding Soloist for Class 2A.

Twenty-eight students were inducted to National Honor Society on February 21. These students are Ben Bose, Tori Castle, Craig Chapman, Ryan Danker, Cainan Davidson, Kaylee Dyke, Emma Ehmke, Kennedy Elwood, Jacob Fisher, Delaney Hansen, Jacob Hrasky, Hayley Manzer, Luke Mieska, Elizabeth Nowlin, Rachael Phelps, Hailee Poland, Juliette Pote, Carter Radcliff, Caitlin Reed, Blake Sadr, Sophie Showalter, Evan Smith, Mandy Stogdill, Derrick Thompson, Stella Umphreys, Devin Vorthmann, Delaney Waterman, and Claire Yochum.

Upcoming Events

Feb. 25—March 2	Girls State Basketball Tournament in Des Moines
March 4—March 8	Boys State Basketball Tournament in Des Moines
March 9	State Individual Speech contest at Nevada High School
March 12	Pops Concert in the West Gym at 5:30 p.m.
March 13	1:00 Early Dismissal for Teacher Professional Development
March 14	Reiver Jazz Choir Festival
March 18	WIC Band Festival at Logan-Magnolia
March 20	NHS Blood Drive (8:00 a.m.—2:00 p.m. in the East Gym)
March 22	1:00 Early Dismissal—End of the Third Quarter WIC Weightlifting Championships at Missouri Valley
March 26	Vocal Jazz Championships at West Des Moines Valley 2:00 Early Dismissal for Parent-Teacher Conferences 4:00—8:00
March 27	1:00 Early Dismissal for Teacher Professional Development
March 28	2:00 Early Dismissal for Parent-Teacher Conferences 4:00—8:00
March 29	No School

SENIOR PARENTS—YEARBOOK INFO NEEDED

Senior parents—please remind your senior student to submit a senior and baby photo to yearbook@treynorcardinals.org in jpeg or png format by March 29. Please make sure to order Senior Recognition Ads and Yearbooks as soon as possible at JostensYearbooks.com.



Also remember, you can place your order on the Yearbook Page of the Treynor Schools website, or complete an order on Jostens.com.

WELLNESS AUDIT

The Bureau of Nutrition and Health Services came to school in January for our state review. The following is their report of our Wellness Team:
The Wellness Policy was last updated 6-19-17 and the Assessment was completed in December, 2018. Both are made available to the public via the website, handbook and newsletters. The website is laid out nicely which allows people to find the policy easily. Meetings are held regularly and are very structured with good notes taken. As always, if you have any questions concerning our Wellness Policy, contact any committee member.

KINDERGARTEN ROUNDUP



If you have a student who will be in Kindergarten next fall, please plan to attend Kindergarten Roundup on Thursday, April 18th. If you don't have a child currently in school, please call the elementary office to make sure that your upcoming child is on our list. An informational letter will be sent out the end of March. Please let us know if you are planning to send your child to Kindergarten and do not receive a letter. If you have questions, please contact Ms. Kay, Elementary Principal, 712-487-3422.

PARENT-TEACHER CONFERENCES

Parent-Teacher Conferences will be held on Tuesday, March 26 and Thursday, March 28. Conferences will be held from 4:00—8:00 p.m. In order to prepare for conferences, school will be dismissed at 2:00 p.m. on both days. This is a great opportunity to meet with your child's teachers. The following is a link for elementary parents that may be helpful as you prepare for conferences. <https://www.parenttoolkit.com/advice-tips/parent-teacher-conference-checklist>. If you have any questions about times/dates, please contact Natalie at the elementary school office at 487-3422, Darla at the middle school, 712-487-3181, or Danette at the high school, 712-487-3804.



SPRING—EASTER BREAK



There will be no school on Friday, April 19 and Monday, April 22 for Easter/Spring break.



The Pops Concert, Dinner & Auctions

When: Tuesday, March 12, 2019, 6 p.m.

Where: Treynor High School Main Gym

Dinner: 5:30 p.m. Lasagne, Breadstick, vegetable, beverage & dessert

Cost: \$8

Auctions: 4 Zoo passes, Prairie Crossing wine, 1/4 Beef, a handmade quilt, movie passes, local show tickets, and more!

Local Critic Reviews

Mr. S. raves “This will be an epic event!”

Mrs. D. exclaims “The anticipation is real!”

preschool



...a fun place to
play and learn!

St. Paul Lutheran Preschool

12 ½ Park Street
Trey nor, Iowa

www.treynorpreschool.com

Register now for the 2019-2020 School Year!

Available class sessions

- Monday, Wednesday, Friday morning 8:30-11:15 (4- & 5-yr.-olds)
- Monday, Wednesday, Friday afternoon 12:15-3:00 (4- & 5-yr. olds)
- Monday through Friday 8:30-11:15 (4- & 5-yr.-olds)
- Tuesday, Thursday morning 8:30-11:15 (3- & 4-yr.-olds)

All Day Preschool Available

Extended Preschool for enrolled preschoolers

7 a.m. to 8:30 a.m. & 11:15 a.m. to 5:45 p.m.

Financial Assistance Available

Visit the Preschool Facility—call for an appointment

Behind St. Paul Lutheran Church
12 ½ Park Street; Trey nor, Iowa

Get in touch with us by:

Email: preschool05@frontiernet.net

Phone: (712) 487-3960



March 2019

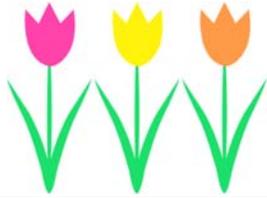


Happy St. Patrick's Day!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Girls State Basketball in Des Moines	2 Girls State Basketball in Des Moines
3	4 Boys State Basketball in Des Moines	5 Boys State Basketball in Des Moines	6 Boys State Basketball in Des Moines	7 Boys State Basketball in Des Moines	8 Boys State Basketball in Des Moines	9 Individual State Speech @ Nevada
10	11 G & B Golf & Boys Soccer Practices Begin Elem. Night of Arts 6:30-8:00 Board Meeting	12 Pops Concert 5:30 p.m.	13 1:00 Early Dismissal Teacher Inservice Quiz Bowl @ LoMa 1:00	14 Reiver Jazz Choir Festival @ IWCC	15 Boys Track @ Buena Vista University	16 Ultimate Vocal Jazz Fest @ Un- derwood
17 	18 JH Honor Choir & WIC HS Inst. Fest @ LoMa Girls Soccer Practice Begins	19 Girls Track @ NE Wesleyan Boys Track @ ISU	20 Blood Drive in East Gym 8:00—2:00	21 2nd Grade Concert in Auditorium 7:00	22 1:00 Early Dismissal End of 3rd Quarter WIC Weight- lifting @ MV	23 G & B Track @ Boys Town
24	25 All State Indi- vidual Speech in Cedar Falls Begin 4th Quarter	26 2:00 Dismissal 4-8 Conferences Jazz Choir Cham- pionships @ W DM Valley Boys Track @ Audubon 4:30	27 1:00 Early Dismissal Teacher Inservice	28 2:00 Dismissal 4-8 Conferences Girls Track @ Audubon 4:30 JV/V B Soccer @ Harlan 5/6:30	29 NO SCHOOL	30 State Solo/Ensemble Contest

April 2019



Happy Easter!
Happy Spring!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Boys Track Here 4:30	2 Iowa Jazz Champ @Ames G/B JH Track @ Underwood 4:00 G Golf @ Glen- wood 4:30 G/B Soccer T-C Here 5/6:30	3	4 G Track @ Harlan 4:30 B Track @ Mo Valley 4:30 B JV/V Soccer Conestoga Here 5/7:00	5 B Track @ Cla- rinda G & B Golf Here 4:00	6 State Solo & Ensemble Con- test Girls Soccer @ Thomas Jefferson 8:30 a.m.
7 Iowa Assessments →	8 JH Track Here 4:00 G & B Golf @ Lo-Ma 4:00 School Board Meeting 6:30	9 G Track @ Lewis Central G JV/V Soccer WCV Here 5:00/6:30 JH B Track @ Atlantic 4:00 B Track @ Harlan 4:30	10 1:00 p.m. Early Dismissal Teacher Inservice	11 B Track @ AL G Track @ TC G JH Track @ Atlantic 4:15 G JV/V Soccer A.L. Here 4:30/6:00 B JV/V Soccer @ Nod. Valley 5/6:30 1st Grade Concert	12 G/B Golf Here Audubon 4:00 B Track @ Un- derwood 4:30 G & B V Soccer Underwood Here 5:00/6:30	13 B JV Soccer @ Glenwood 9:00 Prom Meal 6-7:00 Dance 7-10:00
14	15 G/B Golf @Underwood 4:00 G Track Here 4:30 G JV/V Soccer @ Atlantic	16 B Track @ Lewis Central Blood Drive in East Gym 8:00—2:00	17	18 Kind. Roundup JH Track @ Audubon 4:00 B Track @ Waukee 4:30 G Track @ Underwood 4:00	19 Easter Vacation	20
21 Easter 	22 Easter Vacation G & B Golf T-C Here 4:00 B Track @ Glen- wood 4:30 JH Track @ Shen 4:00 G & B JV Soccer @ Glenwood 4:30/6:00	23 G & B Track @ Audubon 4:30 ; B V/JV Soccer Clarin- da Academy Here 5:00	24 1:00 p.m. Early Dismissal Teacher Inservice Progress Reports	25 Drake Relays G/B Soccer Panora- ma Here 5:00/6:30 JH Track @ Red Oak 4:15 G Track @ Wood- bine 5:00 5/6 Band & 6 Vocal Concert 7:00	26 Drake Relays G/B Golf M V Here 4:00 G & B Soccer Lo-Ma Here 5:00/6:30	27 Drake Relays MS Large Group Band @ Red Oak G Soccer @ Den- ison-Schlesweig
28	29 G & B Golf @Riverside 4:00 Baseball Practice Begins	30 G/B Track @ Riverside 4:00 B JV/V Soc- cer @ A.L. 5:30/7:00				



TREYNOR COMMUNITY SCHOOL
March, 2019 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	(We reserve the right to make changes or substitutions as necessary.)			1 Fruit or Juice WG Cereal Mini Cinni
Fresh Vegetable Bar Monday—Friday				Pizza Crunchers Pizza Corn Garden Spinach Salad Fruit (No Salad Bar)
4 Juice or Fruit (1/2 c.) WG Cereal Breakfast Bar	5 Juice or Fruit French Toast Sticks	6 Juice or Fruit WG Cereal K-12 Breakfast Bar K-5 Blueberry Twisted Stix 6-12	7 Juice or Fruit Omelet WG Toast	8 Juice or Fruit WG Cereal Long John
Chicken Shapes Sweet Potato Fries Green Beans Peaches (6-12 Salad Bar)	Hot Dog on Bun Baked Beans WG Chips Pears Cake (4-12 Salad Bar)	Chicken Noodle Soup Grilled Cheese Peas Celery/Carrots Applesauce (4-12 Salad Bar)	Mr. Ribb K-5 BBQ Pork 6-12 Cheesy Potatoes Green Beans Pineapple (4-12 Salad Bar)	Nachos Corn Triangle Potato Spinach Salad Applesauce (No Salad Bar)
11 Juice or Fruit WG Cereal Breakfast Bar or Banana Bread	12 Fruit or Juice WG Strawberry Bagel Sausage	13 Fruit or Juice Biscuits & Gravy	14 Fruit or Juice Eggs, Sausage WG Toast	15 Fruit or Juice WG Cereal Banana Bread
Chicken Fried Steak Mashed Potatoes/Gravy California Blend Veg. Peaches WG Bread (6-12 Salad Bar)	Walking Taco Black Bean Salsa Lettuce, Tomato, Cheese Corn Applesauce (4-12 Salad Bar)	Chicken Wrap Savory Rice Peppers & Onions 9-12 Steamed Carrots Fresh Fruit (4-12 Salad Bar)	Ham & Cheese Sand. Peas WG Chips Pineapple/Oranges Apple Crisp (4-12 Salad Bar)	Cheese Pizza Green Beans Garden Salad Pears WG Cookie (No Salad Bar)
18 Juice or Fruit WG Cereal Breakfast Bar	19 Fruit or Juice WG Pancakes Sausage	20 Fruit or Juice WG Cereal K-5 Breakfast Bar K-5 Grab-n-Go 6-12	21 Fruit or Juice Breakfast Pizza	22 Fruit or Juice WG Cereal WG Toast
Chicken Nuggets Oven Roasted Potatoes Corn Peaches (6-12 Salad Bar)	Hamburger on Bun Oven Fries Broccoli & Cheese Orange Smiles (4-12 Salad Bar)	Chicken Noodle Soup Chili Crackers Celery & Carrots Applesauce Cinnamon Roll (4-12 Salad Bar)	Pork Fritter on Bun Tater Tots Mixed Vegetables Cole Slaw 6-12 Pears (4-12 Salad Bar)	Pasta & Meatballs Green Beans Garlic Bread Spinach Salad Fruit (No Salad Bar)
25 Fruit or Juice WG Cereal Breakfast Bar	26 Fruit or Juice Pancake Stick	27 Fruit or Juice WG Cereal K-5 Breakfast Bar K-5 Biscuits/Gravy 6-12	28 Fruit or Juice Egg, Sausage & Cheese Biscuit	29 NO SCHOOL
Pizza Sticks Fiestada Mixed Vegetables Pineapple/Oranges WG Cookie (6-12 Salad Bar)	Beef Tacos Fiesta Beans Potato Coins Lettuce, Tomato, Cheese Pears (4-12 Salad Bar)	Chicken Strips Carrots Potato Wedges Fruit WG Bread 9-12 (4-12 Salad Bar)	Chicken Parmesan Marinara Sauce Green Beans Garden Spinach Salad Garlic Bread Peaches (4-12 Salad Bar)	NO SCHOOL



**Trey nor Community
School**

PO Box 369
Trey nor, IA 51575
Phone: 712-487-3414
Fax: 712-487-3332



POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED

It is the policy of the Trey nor Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the principals, who serve as the equity coordinators:

- Jill Kay, Elementary Principal, #2 Elementary Drive, 712-487-3422, jkay@treynorcardinals.org
- Jenny Berens, Middle School Principal, 102 E. Main, 712-487-3181, jberens@treynorcardinals.org
- Gary McNeal, High School Principal, 102 E. Main, 712-487-3804, gmcneal@treynorcardinals.org

POPS CONCERT—MARCH 12



The annual Pops Concert will be held on Tuesday, March 12. Dinner begins at 5:30 p.m. with music starting at 6:00 p.m. This year's theme is "Music in the Movies".

Come and enjoy a great dinner and fantastic music by our middle and high school students.