

Treynor Community School

"COMMITTED TO EXCELLENCE"

NEWSLETTER



February, 2019

"District Details" ... a few notes from Superintendent Howell

Iowa School Performance Profiles



The Iowa Department of Education released this week new online reports showing how public schools performed in a new accountability system that meets the Every Student Succeeds Act (ESSA), a federal education law that replaced the No Child Left Behind Act.

Every Student Succeeds Act (ESSA) news and reports.

Special points of interest:

- ✓ Check out the Iowa School Performance Profiles.
- ✓ Treynor Elementary rates high in the WIC.
- ✓ Large group speech is sending twelve groups to state contest.
- ✓ Open Enrollment deadline is approaching!
- ✓ Check out happenings in Treynor classrooms.
- ✓ Annual Booster Bash is in April..
- ✓ Don't forget your Valentine!

Dr. Ryan Wise, Director of the Iowa Department of Education shared, "I'm thankful that the Every Student Succeeds Act puts ownership of school accountability back where it belongs: with states and local school districts. We've gone from a federal accountability system that was prescriptive and punitive under No Child Left Behind to a homegrown system that focuses on helping schools find solutions that work for them."

The new reports, called [the Iowa School Performance Profiles](#), include each school's scores on a set of accountability measures. The reports display scores based on a school's overall performance, as well as the performance of sub-groups of students, such as children from low-income backgrounds.

The accountability measures include a unique indicator of school climate based on student surveys of engagement, safety and overall learning environment called Conditions for Learning. The other measures are: student participation on state assessments, academic achievement, student academic growth, graduation rate, and progress in achieving English language proficiency. A post-secondary readiness measure will be added in 2019. "We have a great opportunity through ESSA to take Iowa's accountability focus beyond test scores and proficiency to look at school performance more holistically," Wise said.

The new accountability system emphasizes student growth as measured by results on state assessments from year to year. This approach was based on feedback from Iowans who wanted a change from a previous federal accountability system that emphasized proficiency.

"While proficiency matters, schools also deserve credit for making significant progress with students," Wise said.

The new reports specify schools that have been identified for additional support and improvement based on their performance. Treynor has NOT been identified as one of these buildings/districts but others in our conference have been identified. ESSA requires these identifications to ensure students have the same opportunities for success that exist for students in other schools. Of Iowa's 1,302 public schools:

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DISTRICT DETAILS CONTINUED

- Thirty-four are identified for Comprehensive Support and Improvement. Schools receive this designation either because their overall scores fall within the lowest 5 percent of Iowa schools receiving federal Title I funding, or because they are high schools with a graduation rate below 67.1 percent.
- 307 are identified for Targeted Support and Improvement. Schools receive this designation if one or more student subgroup score is as low as the lowest 5 percent of schools in the state.

Identified schools will receive support from the state and area education agencies and will develop improvement plans with input from local stakeholders. Schools also will have an opportunity to put resources toward a cohesive improvement effort. Again, Treynor has not been identified as one of the comprehensive or targeted schools. Schools that are no longer performing within the lowest 5 percent of Iowa schools after three years will shed the Comprehensive or Targeted designations.

This is a welcome change from the federal system under No Child Left Behind. This new system gives local schools/districts useful information about where and with what groups improvements are needed to increase the success of our students for their future. The curriculum, administrative, and leadership teams will be reviewing this information to guide our work with staff and students.

To access the Iowa School Performance Profiles, visit www.iaschoolperformance.gov. Below, please see a summary of the scores in the schools in our WIC conference. We can celebrate our accomplishments and using the information along with other in-house information continue to make any needed changes to assure our students are successful.

District	Elementary	Middle School	High Schools	Comment
Treynor	66.81	60.65	60.86	Kudos to Treynor Elem: Highest score among all elem listed.
AHSTW	56.35	60.96	60.96	
Audubon	54.06	60.80	60.80	
Griswold	64.01	53.82 & 60.57	53.82	
IKM-Manning	54.61	54.61	54.10	
Logan-Magnolia	62.45	66.5	66.50	
Missouri Valley	55.09	51.43	52.01	Targeted Elem & MS
Riverside	56.28	56.28	56.88	
Tri-Center	52.09	58.78	63.82	Targeted Elem & MS
Underwood	61.9	54.82	57.28	Targeted MS

For more information on the Every Student Succeeds Act in Iowa, visit the Iowa Department of Education's [website](#).

NOTE: The Iowa School Performance Profiles are different from the Iowa School Report Card, developed in 2015 to meet a state legislative requirement. In 2019, the Iowa Department of Education will work to update data in the Iowa School Report Card and then merge the site with the Iowa School Performance Profiles. The goal is to ensure the state has one report card that meets both state and federal requirements.

FROM THE ELEMENTARY PRINCIPAL'S DESK



The start of the new year is a new beginning and an opportunity at the elementary to renew our commitment that together, we will educate every student, everyone, every day!

January has been a busy month trying to get into the swing of things after the holiday break. Students just began taking mid-year FAST assessments to allow teachers to continue using data to ensure we are doing our best for our students. This is our state and district's mid-year check to see and ensure the growth of all of our students. Treynor is a very special place and we strive to do our absolute best every day!

As we approach the anticipated cold temperatures of winter, please make sure that coats, hats, and mittens/gloves are sent with your child every day. It would be helpful if these items could be labeled with your child's name on them. Our "Lost and Found" section continues to grow and labeling clothing would help a great deal in returning items to the proper children.

Lastly when you are picking up and dropping off your child, please make sure to pull up to the curb and watch closely for students that may be crossing in the parking lot. The new transportation facility that the District is building will help make arrival and dismissal much safer for students. Thank you for a wonderful 2018 and allowing us to work with your children.

Ms. Kay, Principal (jkay@treynorcardinals.org)

UPCOMING ELEMENTARY EVENTS

- February 13 Progress Reports sent home
1:00 Early Dismissal—Teacher Inservice
- February 14 Classroom Valentine's Day parties
- February 27 1:00 Early Dismissal—Teacher Inservice



BREAKFAST LOGIC!



Breakfast is a good thing! When students need to take achievement tests, schools strongly urge them to eat breakfast first on testing days. Why? Because we know that when students eat breakfast, they perform better and are better able to concentrate. Yet, on "normal" days, many students fail to eat breakfast; they're too busy, too tired, or just don't know what to eat.

Let's help students to perform better every day, by making sure they eat a healthy breakfast at home or at school.

OPEN ENROLLMENT DEADLINE

Parents/guardians considering the use of the open enrollment option to enroll their child/children in another public school district in the state of Iowa should be aware of the following dates:

March 1, 2019: the last date for regular open enrollment requests for the 2019-2020 school year, except for "good cause" reasons or kindergarten applications.

Kindergarten applications must be filed on or before September 1 of the school year in which open enrollment is requested. (September 1, 2019 for the 2019-2020 school year).

For further details, contact the school Superintendent's office at 712-487-3414.

NOTES FROM THE MIDDLE SCHOOL PRINCIPAL..... MRS. BERENS



February 13	Progress Reports Due 1:00 Early Dismissal for Teacher Inservice
February 22	Middle School Red Hot Dance 7:00—9:00 p.m. MS Commons
February 27	1:00 Early Dismissal for Teacher Inservice



Middle School students encouraged to be “Kids of Character”!

As we all know, it is never too early to begin teaching children how to be caring, confident, self-aware and respectful of those around them. Parents are a child’s first teacher in teaching character lessons and those of us in the educational environment know exactly how important this job is and how much it pays off for all of us by the time these kids get to our building. Below are five tips *LaPetite Academy* shares with parents on how to raise “Kids of Character”.

1. **Volunteer with your child.** By making community service a regular part of your child’s life, you reinforce the importance of giving to others/sharing and help him or her develop a greater awareness of the world and the diversity of people in it. Volunteer outings together also provide great opportunities to spend quality time together as a family. At LaPetite , kids are asked to join with parents in two annual fundraising events per year for the Make-A-Wish Foundation. The events are not only fun family activities, but also raise considerable money for a worthy cause.
2. **Treat others as you’d like your child to treat them.** You are your child’s first and most influential teacher and they are always watching you. “Modeling” your own kind and caring behavior towards friends and relatives is an effective way to teach your children how to be good to others. Show what being a good friend is about and tell your children how to treat people with kindness and respect.
3. **Be your child’s problem “helper” versus problem solver.** Guide and support your children as they work through conflicts or struggles, but avoid doing for them what they have the skills to accomplish on their own. Rather than anticipating and dissolving potential struggles for your child before they happen, become a partner and join his/her efforts to work through them together.
4. **Encourage your child to be truthful, but focus on correcting behavior versus pressuring them into “confessing”.** Children often stretch the truth or make up stories to avoid getting in trouble after misbehaving. By rationally focusing on a behavior problem rather than showing disappointment about your child’s cover-up/lie, you send a direct message that he or she shouldn’t fear being disciplined and thus telling a story is not necessary.
5. **Engage and involve your child in everyday tasks.** Asking for their help makes children feel useful and important. By regularly involving your child in age-appropriate jobs with you, you’re helping him/her develop a sense of responsibility and familiarity working with others.

Middle School “Red Hot Dance”

The dance is on Friday, February 22nd from 7-9:00 p.m. in the Middle School Commons area. The cost is \$3 per person. Snacks will be available for \$1.00. Students are to dress semi-formal, which simply means “NO JEANS”. Please do NOT feel like you need to go out and buy new clothes. (Ex: Boys wear khakis/nice shirt and Girls: slacks/dress/skirt/shirt are all fine). This dance is sponsored by the Middle School Student Council. We hope that everyone will attend!

THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL.....

MR. MCNEAL

As the month of January has passed and the cold days of winter are here, our students continue to excel. Our extracurricular activities are having excellent seasons. The Speech team performed at the District Large Group Speech contest on Saturday, January 19 in Clarinda. Twelve of the thirteen events received Division I ratings which qualify them for the State competition at West Des Moines Valley High School on Saturday, February 2. Great job and good luck at the State competition!



Division I Ratings/State Qualifiers

One Act Play

Callie Copperstone
 Emma Ehmke
 Allison Green
 Jacob Keay
 Jacob Lang
 Alex Lowe
 Andi Piittmann
 Jordynne Piittmann
 Tyler Pollock
 Sophie Showalter
 Delaney Waterman
 Claire Yochum

Reader's Theatre

Reagan Darrah
 Evyn Eblen
 Allison Green
 Delaney Hansen
 Gracie Hansen
 Anna Halverson

Ensemble Acting

Isabelle Kudron
 Duncan Clark
 Jordan Finnegan

Group Improv

Luca Vacanti
 Molly Griffin
 Delaney Waterman
 Clarissa Weitzel

TV News

Norah Beekhuizen
 Memphis Dunsdon
 Rachel Kinsella
 Keelea Navara
 Alora Nowlin
 Elizabeth Nowlin
 Davin Rucker
 Keely Smith
 Ashlyn Vorthmann

Short Film

Elizabeth Nowlin
 Tyler Pollock
 William Thompson
 Clarissa Weitzel

Ensemble Acting

Craig Chapman
 Sara Hudgell
 Alex Lowe

Ensemble Acting

Caitlyn VanRiper
 Lizzy Kline
 Hannah McIntyre
 Adrienne Suglia

Group Improv

Jonas Keay
 Ty Kline
 Mia Nichols
 Payton Chapman

Short Film

Norah Beekhuizen
 Payton Chapman
 Memphis Dunsdon
 Elsie Hrasky
 Rachel Kinsella
 Mia Nichols
 Elizabeth Nowlin
 Davin Rucker
 Keely Smith
 Lily Tiarks
 Ashlyn Vorthmann

Group Mime

Elsie Hrasky
 Makenzie Emmart
 Keelea Navara

Musical Theatre

Sara Hudgell
 Isabelle Kudron
 Sophie Showalter

Group Improv

Broc Livengood
 Brendan Mass
 Duncan Clark
 Jordan Finnegan

The Junior Optimist Club held its annual "Souper Bowl" Food Drive on Sunday, January 27 with all proceeds going to the Treynor Food Pantry.

Congratulations to the Jazz Choir and Jazz Band on their performances at the WIC Jazz Festival on January 16. The Jazz Choir and the Jazz Band both placed 1st. The Jazz Ensemble outstanding soloists were Tyler Christensen (alto sax) and Payton Chapman (trumpet). The Jazz Band outstanding soloists were Wynn Keller (bass) and Sarah Gann (flute).

HIGH SCHOOL CONTINUED

As I write this article, the athletic teams are competing well with the girls basketball team rated 3rd in Class 2A with a record of 15—1 and the boys' basketball team rated 5th in Class 2A with a record of 14—1. I encourage everyone to support the extracurricular activities as they finish up their seasons and compete in their postseason tournaments.

On Tuesday, January 15, the National Honor Society hosted a Coaches vs. Cancer event during the girls and boys basketball games. Cancer survivors were honored and over \$1,000 was raised for the American Cancer Society.

Gary McNeal, High School Principal

UPCOMING EVENTS:

Sat.—Feb. 2	State Large Group Speech @ West Des Moines Valley High School Sectional Wrestling @ Riverside High School
Mon.—Feb. 4	State Jazz Choir Contest @ Lewis Central High School
Sat.—Feb. 9	District Wrestling @ Underwood High School
Mon.—Feb. 11	District Boys Basketball , opponent, site and time to be determined
Tues.—Feb. 12	Regional Girls Basketball, Here @ 7:00, Treynor vs. winner of Underwood and St. Albert
Thurs.—Feb. 14	Winter Concert in auditorium @ 8:00 State Wrestling in Des Moines
Fri.—Feb. 15	State Wrestling in Des Moines
Sat.—Feb. 16	All State Large Group Speech in Ames State Wrestling in Des Moines
Sat.—Feb. 23	District Individual Speech Contest @ West Des Moines Valley High School

COMMIT TO BE FIT!

According to the CDC, one of the most common chronic diseases of childhood in the U.S. are cavities. Problems, including learning, speaking, eating and playing, can be caused when cavities are not treated. Thankfully, cavities can be prevented. Here are some tips you and your family can use to keep those pesky cavities away:

- ◇ Brush your teeth at least twice a day
- ◇ Use a toothpaste with fluoride
- ◇ Drink plenty of water, preferably fluoridated water
- ◇ Visit a dentist regularly
- ◇ Chew sugar-free ADA certified gum
- ◇ Floss daily
- ◇ Ask your dentist about sealants and fluoride varnish



INDUSTRIAL TECH FEES



Fees for Industrial Tech classes in Hex 1 and Hex 2 have been posted in the Middle School Commons and are also under "Fees" in our student database, JMC. Payment can be made to any school office or payment can also be made online using the same process as adding money to a lunch account. If you have any questions, please call any school office. These fees will be due before students check out at the end of the school year.

WHAT'S HAPPENING IN TREYNOR CLASSROOMS?

ELEMENTARY CELEBRATIONS

Mrs. Nelson and Mrs. Petry are integrating technology into the classroom through co-teaching. Students are using new content knowledge to create an infographic.

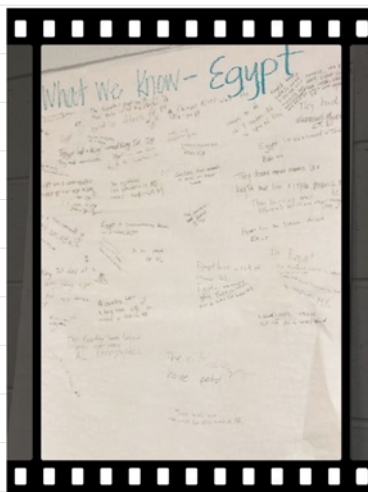


Students in Mrs. Mrsny's 5th Grade Science class trying to determine if the mystery object in the bag is magnetic.



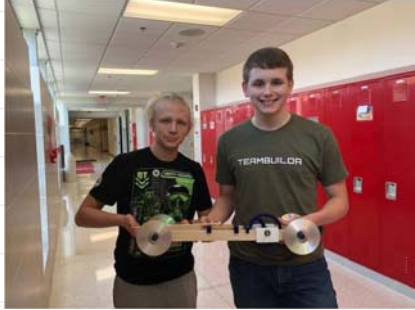
MIDDLE SCHOOL CELEBRATIONS

Sixth graders in Reading class use poster paper to record prior knowledge. John Hattie's research tells us that using a strategy for students to integrate prior knowledge with new learning has a .93 effect size. #highimpactgteaching



HIGH SCHOOL CELEBRATIONS

Students in Physics created a car using only the energy stored in the spring of a mousetrap to move their vehicles. Students used their knowledge of motion, forces, energy, friction and mechanical advantage to design their vehicles. They also spent some time discussing the engineering design process.



<https://vimeo.com/311992153>

SAVE THE DATE!! ANNUAL BOOSTER BASH!!!

The second annual Treynor Athletic Booster Bash is scheduled for Saturday, April 6 at 6:00 p.m. Watch for more information coming soon. Reservations can be made starting February 15th.

Don't miss out! Tables will go fast! We sold out last year for this exciting event. Plan to come and have fun while supporting the athletic programs.



Happy
Valentines
Day

A decorative graphic for Valentine's Day. The text 'Happy Valentines Day' is written in a colorful, bubbly font. The word 'Happy' is in pink and blue, 'Valentines' is in blue and green, and 'Day' is in yellow and pink. There are several red hearts scattered around the text, and a large, colorful heart-shaped swirl at the bottom right.



Happy Valentine's Day!

The cheerleaders would like to help you encourage someone this Valentine's Day. They will be selling Carnations that can be delivered to anyone working or attending Treynor Schools
Please return **one completed form for each person** you would like to send a flower to.
Return completed forms and payment to school by Friday, February 8th.

The cost is \$3.00 for each carnation

Feel free to duplicate this form.

First & Last Name of the person receiving the flower(s): _____

Number of carnations _____ x 3.00 = _____
_____ Grade/Teacher/Card Pride

Mark one message you would like to send with the flower(s):

_____ I love you! From _____

_____ We love you! From _____

_____ Happy Valentines Day! From _____



(Due to state guidelines we are no longer able to sell candy bars)



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A Night with your Knight

BROUGHT TO YOU BY THE THS DANCE TEAM

SATURDAY, FEBRUARY 16TH, 2019
7:00-9:00PM

TREYNOR HIGH SCHOOL WEST GYM

PLEASE RSVP TO
MVORTHMANN@TREYNORCARDINALS.ORG
BY FEBRUARY 11, 2019
\$20 PER PRINCESS AND HER KNIGHT
PAYABLE AT THE DOOR





TREYNOR CLASS SHIRTS

The Junior class is selling class t-shirts as a prom fundraiser. There will be separate designs for the elementary, middle school and for each grade in High School.

Make checks payable to: **Trey Nor High School**

Payment Due with Order...Please turn orders into any of the school offices

Due: **Friday, February 15th by 3:30pm**

Any questions: Email Marilyn Abbott at mabbott@treynorcardinals.org



Elementary Short Sleeve: \$12

(Black shirt with red design)

Adult: _____ S Youth: _____ S
 Adult: _____ M Youth: _____ M
 Adult: _____ L Youth: _____ L
 Adult: _____ XL Adult: _____ 2XL **Total: \$ _____**

(2XL is \$2 extra)

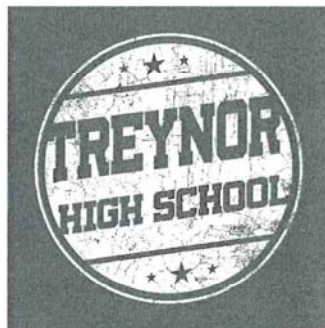


Middle School Short Sleeve \$12

(White shirt with red design)

Adult: _____ S Youth: _____ S
 Adult: _____ M Youth: _____ M
 Adult: _____ L Youth: _____ L
 Adult: _____ XL Adult: _____ 2XL **Total: \$ _____**

(2XL is \$2 extra)



High School Short Sleeve: \$12

(Grey shirt w/white design & specific year on the back
....make sure to check the correct year!)

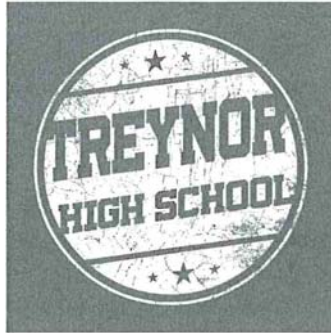
Class of 2019 Adult: _____ S
 Adult: _____ M
 Adult: _____ L
 Adult: _____ XL
 Adult: _____ 2XL (\$2 extra)
 Adult: _____ 3XL (\$3 extra)

Total: \$ _____



(back design)

Order continued on next page



High School Short Sleeve: \$12

(Grey shirt with white design and specific year on the back
....make sure to check the correct year)

Class of 2020

Adult: _____S
Adult: _____M
Adult: _____L
Adult: _____XL
Adult: _____2XL (\$2 extra)
Adult: _____3XL (\$3 extra)

Total: \$ _____



Class of 2021

Adult: _____S
Adult: _____M
Adult: _____L
Adult: _____XL
Adult: _____2XL (\$2 extra)
Adult: _____3XL (\$3 extra)

Total: \$ _____

Class of 2022

Adult: _____S
Adult: _____M
Adult: _____L
Adult: _____XL
Adult: _____2XL (\$2 extra)
Adult: _____3XL (\$3 extra)

Total: \$ _____

NO BACK DESIGN

Adult: _____S
Adult: _____M
Adult: _____L
Adult: _____XL
Adult: _____2XL (\$2 extra)
Adult: _____3XL (\$3 extra)

Total: \$ _____

Total # of items: _____ **Total \$ Enclosed** _____ (checks to Treynor High School)

Building to be delivered to: _____ **Student to be delivered to:** _____

Homeroom/Card Pride Teacher: _____

February 2019



Happy Valentine's Day!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9th B BB @ Mo Valley 4:30 JV/V G & B BB @ Mo Valley 6:00/7:30	2 State Large Group Speech @ WDM Valley Sect. Wrestling @ Riverside 12:00 B 9th, JV, V BB Grand View Here 1:00/2:30/4:00
3	4 State Jazz Choir JH G BB AHSTW Here 4:15 JH Wrestling @ Audubon 4:15	5 JV/V G & B BB @ Riverside 6:00/7:30	6	7 JH Girls BB Audubon Here 4:15 JH Wrestling @ Riverside 4:15	8 JHG BB Creston 7th—Here 8th—There 9th B BB @ Atlantic 4:30 JV/Var Boys BB @ Atlantic 6:00/7:30	9 District Wrestling @ Underwood 12:00 Girls Regional Basketball 7:00
10	11 JH G BB @ Mo Valley 4:15 JH Wrestling @ Riverside 4:15 B District BB HS Track Practice Begins Board Mtg. 6:30	12 JH Girls BB Lo-Ma Here 4:15 Girls Regional BB	13 1:00 EARLY DISMISSAL Progress Reports Sent Home	14 HS Winter Concert 8:00 State Wrestling in Des Moines Boys District Basketball	15 State Wrestling in Des Moines Girls Regional Basketball	16 Large Group All State Speech @ Ames State Wrestling in Des Moines
17	18 District Jazz @ Glenwood Girls Regional Basketball Final	19 Boys District Basketball MS Solo/Small & Large Group Clinic @ CB Wilson MS 2:00—8:00	20	21 NHS Induction Ceremony 6:30	22	23 District Individual Speech @ WDM Valley Boys Sub-State Basketball
24	25 Girls State Basketball in Des Moines	26 Girls State Basketball in Des Moines	27 1:00 EARLY DISMISSAL Girls State Basketball in Des Moines	28 Girls State Basketball in Des Moines		

March 2019



Happy St. Patrick's Day!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Girls State Basketball in Des Moines	2 Girls State Basketball in Des Moines
3	4 Boys State Basketball in Des Moines	5 Boys State Basketball in Des Moines	6 Boys State Basketball in Des Moines	7 Boys State Basketball in Des Moines	8 Boys State Basketball in Des Moines	9 Individual State Speech @ Nevada
10	11 G & B Golf & Boys Soccer Practices Begin Board Meeting 6:30	12 Pops Concert 5:30 p.m.	13 1:00 Early Dismissal Teacher Inservice Quiz Bowl @ LoMa 1:00	14 Reiver Jazz Choir Festival @ IWCC	15 Boys Track @ Buena Vista University	16
17 	18 JH Honor Choir & WIC HS Inst. Fest @ LoMa Girls Soccer Practice Begins	19 Girls Track @ NE Wesleyan Boys Track @ ISU	20 Blood Drive in East Gym 8:00—2:00	21 2nd Grade Concert in Auditorium 7:00	22 1:00 Early Dismissal End of 3rd Quarter	23 G & B Track @ Boys Town
24	25 All State Individual Speech in Cedar Falls Begin 4th Quarter	26 2:00 Dismissal 4-8 Conferences Jazz Choir Championships @ W DM Valley Boys Track @ Audubon 4:30	27 1:00 Early Dismissal Teacher Inservice	28 2:00 Dismissal 4-8 Conferences Girls Track @ Audubon 4:30 JV/V B Soccer @ Harlan 5/6:30	29 NO SCHOOL	30 State Solo/Ensemble Contest



TREYNOR COMMUNITY SCHOOL
February, 2019 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Fruit or Juice WG Cereal Mini Strawberry Bagel
Fresh Vegetable Bar Monday—Friday				Stir Fry Seasoned Rice Vegetables Pineapple/Oranges (No Salad Bar)
4 Juice or Fruit (1/2 c.) WG Cereal Breakfast Bar	5 Juice or Fruit Pancake Sausage Links	6 Juice or Fruit WG Cereal WG Banana Bread	7 Juice or Fruit Breakfast Pizza	8 Juice or Fruit WG Cereal Toast
Pork Fritter on Bun Tater Tots Cole Slaw 9-12 Pears (6-12 Salad Bar)	Sloppy Joe on Bun Oven Fries Mixed Vegetables Peaches Pudding (4-12 Salad Bar)	Chicken Wrap Savory Rice Peppers & Onions 9-12 Steamed Carrots Fresh Fruit (4-12 Salad Bar)	Walking Taco Black Bean Salsa Peas Lettuce, Tomato, Cheese Applesauce (4-12 Salad Bar)	Popcorn Chicken Mashed Potatoes/Gravy Corn Spinach Salad WG Bread 6-12 Pears (No Salad Bar)
11 Juice or Fruit WG Cereal Breakfast Bar	12 Fruit or Juice Pancake Sticks	13 Fruit or Juice Biscuits & Gravy	14 Fruit or Juice Mini Cinni Sausage Links	15 Fruit or Juice WG Cereal Long John
French Toast Sticks Sausage Links Yogurt 9-12 Warm Apples (6-12 Salad Bar)	Hamburger on Bun Oven Fries Lettuce, Tomato, Onion Green Beans Pears (4-12 Salad Bar)	Chicken & Noodles Mashed Potatoes Peas Applesauce WG Bread 6-12 (4-12 Salad Bar)	Heart Shaped Nuggets Sweet Potato Fries Peaches WG Cookie  (4-12 Salad Bar)	Hot Dog on Bun Baked Beans Mozzarella Sticks 9-12 Pineapple (No Salad Bar)
18 Juice or Fruit WG Cereal Breakfast Bar	19 Fruit or Juice WG French Toast Sticks	20 Fruit or Juice WG Cereal K-5 Breakfast Bar K-5 Grab-n-Go 6-12	21 Fruit or Juice Egg Sausage Toast	22 Fruit or Juice WG Cereal Mini Strawberry Bagel
Pizza Sticks K-5 Fiestada 6-12 Mixed Vegetables String Cheese 9-12 Pineapple/Oranges (6-12 Salad Bar)	Super Nachos Black Bean Salsa Corn Pears (4-12 Salad Bar)	Deli Sub Sandwich Broccoli & Cheese WG Chips Lettuce, Tomato Applesauce (4-12 Salad Bar)	Pasta & Meatballs Green Beans Garlic Bread Spinach Salad Fruit (4-12 Salad Bar)	Chicken Drummies Triangle Potatoes Peas WG Bread 9-12 Pineapple (No Salad Bar)
25 Fruit or Juice WG Cereal Breakfast Bar	26 Fruit or Juice Pancakes Sausage Links	27 Fruit or Juice WG Cereal K-5 Breakfast Bar K-5 Biscuits/Gravy 6-12	28 Fruit or Juice Omelet WG Toast	
Mac & Cheese Corn Dog Mixed Vegetables Applesauce (6-12 Salad Bar)	Fried Chick. Drumstick Mashed Potatoes/Gravy Peas Peaches WG Bread (4-12 Salad Bar)	Chicken Sandwich Tater Tots Broccoli Slaw 6-12 Lettuce, Tomato Cherry Crisp (4-12 Salad Bar)	Beef Tacos Bean Salsa Potato Coins Lettuce, Tomato, Cheese Pears (4-12 Salad Bar)	(We reserve the right to make changes or substitu- tions as necessary.)

Elementary: \$1.35 Breakfast—\$2.35 Lunch; Extra Milk \$0.50

MS-HS: \$1.35 Breakfast—\$2.50 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice. Treynor Community School is an equal opportunity provider.



Trey nor Community School

PO Box 369
Trey nor, IA 51575
Phone: 712-487-3414
Fax: 712-487-3332



POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED

It is the policy of the Trey nor Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socio-economic status (for programs) in its educational practices. There is a grievance procedure for processing complaints of discrimination. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact the principals, who serve as the equity coordinators:

Jill Kay, Elementary Principal, #2 Elementary Dr., Trey nor, IA 51575 712-487-3422, jkay@treynorcardinals.org
Jenny Berens, Middle School Principal, 102 E. Main St., Trey nor, IA 51575 712-487-3181, jberens@treynorcardinals.org
Gary McNeal, High School Principal, 102 E. Main St., Trey nor, IA 51575 712-487-3804, gmcneal@treynorcardinals.org

CABIN FEVER? CHECK OUT OUR FINE ARTS!



If you are feeling the winter blues, get out of the house and catch a concert! The High School Winter Concert will be held on Thursday, February 14th at 8:00 p.m. in the auditorium.

Second grade will present their vocal concert on Thursday, March 21 at 7:00 in the west gym.

The Pops Concert is scheduled for Tuesday, March 12th beginning at 5:30 p.m. in the west gym. This will include a meal along with small groups, jazz choir and jazz band.

PARENTS—CHECK LUNCH BALANCES!

Low lunch balance notices are given to students and also emailed to parents. Please make sure your email address in our database is correct in order for you to receive these notices. Students need to maintain a positive balance in their lunch account. If at any time you would like to complete a free and reduced price lunch application, contact the Superintendent's office. If you have any questions regarding your student's lunch account, please contact any of the school offices.