

Treynor Community School District

EXCELLENCE IS EXPECTED & EXCELLENCE IS ACHIEVED



Newsletter

CHANGES IN WEATHER



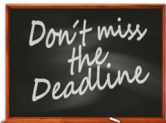
As the weather begins to change, school cancellations and early dismissals can occur at anytime. If severe weather causes school to be cancelled prior to the start of the day, we will try to have information to the media by 6:30 a.m. In addition to our school website, the media outlets that will carry our announcements this year are: **KMA, WOWT, KMTV and KETV.**

If weather or unforeseen circumstances should occur during the day and school is dismissed early, **PLEASE HAVE A PLAN IN PLACE WITH YOUR CHILD.** When early dismissals occur during the day, we usually have limited time to get information out and many parents aren't aware that an early out has taken place. The elementary has forms for each parent to keep updated outlining your family's specific plan to deal with this type of situation. Parents of middle school and high school students need to discuss with their child what plan of action they will take in the event of an early dismissal during the school day.

Our student information database, JMC, will be used for all school notifications (voice, email, text). Please check your contact information to ensure it is up-to-date so you will receive these messages for school closings, late starts or early dismissals. Use the JMC Parent Access portal to check your contact information and make any additions or corrections as needed and to indicate how you want to receive notifications.



OPEN ENROLLMENT FOR 2022-2023



Parents/Guardians considering the use of the open enrollment option to enroll their child/children in another public school district in the state of Iowa should be aware of the following dates:

March 1, 2022: the last date for regular open enrollment requests for the 2022-2023 school year, except for "good cause" reasons or Kindergarten applications.

Kindergarten applications must be filed on or before September 1 of the school year in which open enrollment is requested. (September 1, 2022 for the 2022-2023 school year)

For further details, contact the school Superintendent's Office at 712-487-3414.

JOB OPENINGS AT TREYNOR COMMUNITY SCHOOL DISTRICT

Support Staff Positions:

- Full-Time Custodian (MS/HS Building)
- Full-Time Cook/Food Service (MS/HS Building)
- Paraeducator (Elem Building)
- Car/Van Driver
- Substitute Nurse
- Part-Time Custodian (MS/HS Building)



If interested please contact Dr. Mark Hopkins at mhopkins@treynorcardinals.org or 712-487-3414.

MEAL PROGRAM NOTICE



Treynor Community School District is participating in the United States Department of Agriculture (USDA) Seamless Summer Option (SSO) for the entirety of the 2021-22 school year. This means that our school provides *no-cost* meals to all students. This program provides additional support and flexibility for our district to continue serving meals to children while maintaining safety measures and managing the impacts of the COVID-19 pandemic.

Included in the impacts of the COVID-19 pandemic are nationwide supply chain and product availability shortages. Disruptions are due to a lack of availability of raw ingredients and labor to produce, unload, and transfer food products. Some food and/or beverage products normally provided to students may not be available or arrive as scheduled. Due to unforeseen circumstances, last-minute menu changes and product substitutions may occur. Be assured meals will remain balanced, healthy, and plentiful. We ask for patience and understanding as we do our best to meet the needs of your children.

CURTAINS SCHOOL EDITION IS A HIT

It's the brassy, bright, and promising year of 1959. Boston's Colonial Theatre is host to the opening night performance of a new musical. When the leading lady mysteriously dies on stage the entire cast & crew are suspects. Enter a local detective, who just happens to be a musical theatre fan! Packed with glorious tunes and a witty, charming script filled with delightful characters, CURTAINS School Edition is a hilarious journey for both performers and the audience. Treynor High School students, under the direction of Mrs. Jill Davis, Mr. Jeff Schoening and Ms. Katie Weis, should be highly commended for providing the best entertainment in this production on Saturday, November 6, 2021.



JOI CLUB COOKIE BAKING



Treynor High School Junior Optimist Club held their annual cookie baking event yesterday in the high school kitchen. Twenty-two of the 54 members were able to help bake and wrap over 1,000 sugar cookies that will be sent to armed forces overseas. They were under the direction of past Food Director, Jnelle Keysor and adult supervisor, Shelly Bailey. This is an annual project for the Junior Optimists and one they particularly enjoy.

Their cookies are a part of a much larger project called Iowa Cookie Crumbs that is run by Abbie Crawford and Deann Over out of Council Bluffs. The cookie effort here utilizes bakers and groups in Iowa and Nebraska to send these tokens of appreciation to our soldiers, airmen, and sailors around the world.



The Treynor Junior Optimist Club meets on the first Wednesday of each month to conduct official business. The planned projects for this year include helping with the community Trunk or Treat in October, Cookie Baking in November as well as helping with the upcoming Community Christmas event by JTW, Tie Blankets and Toy Drive in December, Senior Bingo in January, "Souper Bowl" Food Drive in February, Food Service with New Visions in March, Tree Mulching/Planting in April and Teacher/Nurse Appreciation in May. This year's club is led by President Rachel Kinsella, Vice President Payton Chapman, Treasurer Norah Beekhuizen and Secretary Memphis Dunsdon.

SAFETY PROTOCOLS

New school safety procedures have been implemented in the school district this year. School safety has always been a priority for Treynor CSD and the updated procedures will help us continue to put the physical safety of your students as a priority.

The Standard Response Protocol (SRP) was developed by a non-profit organization and has quickly become the most comprehensive, research based, school safety plan in use in the United States. The plan is very comprehensive, yet simplistic in nature, which makes it very easy to implement at all ages and grade levels.

All teachers, support staff, and other primary personnel have been trained in the SRP procedures along with most students. The remaining students will be trained in the next two weeks. The attached flyer gives an overview of SRP and is specifically designed for parents. Please take some time to review the information and talk it over with your child.



The district will practice all five aspects of the SRP throughout the school year. As we work to provide students with a great educational experience we want their continued physical safety to be a part of that experience.



STANDARD RESPONSE PROTOCOL

INFORMATION FOR PARENTS AND GUARDIANS

Our school has adopted The "I Love U Guys" Foundation's Standard Response Protocol (SRP). Students and staff will be training, practicing, and drilling the protocol.

COMMON LANGUAGE

The Standard Response Protocol (SRP) is based on an all-hazards approach as opposed to individual scenarios. Like the Incident Command System (ICS), SRP utilizes clear common language while allowing for flexibility in protocol.

The premise is simple - there are five specific actions that can be performed during an incident. When communicating these, the action is labeled with a "Term of Art" and is then followed by a "Directive." Execution of the action is performed by active participants, including students, staff, teachers and first responders. The SRP is based on the following actions: Hold, Secure, Lockdown, Evacuate, and Shelter.

HOLD

"In Your Classroom or Area"

Students are trained to:

- Clear the hallways and remain in their area or room until the "All Clear" is announced
- Do business as usual

Adults and staff are trained to:

- Close and lock the door
- Account for students and adults
- Do business as usual



SECURE

"Get Inside. Lock outside doors"

Students are trained to:

- Return to inside of building
- Do business as usual

Adults and staff are trained to:

- Bring everyone indoors
- Lock the outside doors
- Increase situational awareness
- Account for students and adults
- Do business as usual



LOCKDOWN

"Locks, Lights, Out of Sight"

Students are trained to:

- Move away from sight
- Maintain silence
- Do not open the door

Adults and staff are trained to:

- Recover students from hallway if possible
- Lock the classroom door
- Turn out the lights
- Move away from sight
- Maintain silence
- Do not open the door
- Prepare to evade or defend



EVACUATE

"To a Location"

Students are trained to:

- Leave stuff behind if required to
- If possible, bring their phone
- Follow instructions

Adults and staff are trained to:

- Bring roll sheet and Go Bag (unless instructed not to bring anything with them, dependent on reason for evacuation.)
- Lead students to Evacuation location
- Account for students and adults
- Report injuries or problems using Red Card/Green Card method.



SHELTER

"State Hazard and Safety Strategy"

Hazards might include:

- Tornado
- Hazmat
- Earthquake
- Tsunami

Safety Strategies might include:

- Evacuate to shelter area
- Seal the room
- Drop, cover and hold
- Get to high ground

Students are trained in:

- Appropriate Hazards and Safety Strategies

Adults and staff are trained in:

- Appropriate Hazards and Safety Strategies
- Accounting for students and adults
- Report injuries or problems using Red Card/Green Card method.





STANDARD RESPONSE PROTOCOL

PARENT GUIDANCE

In the event of a live incident, parents may have questions about their role.

SECURE

“Get Inside. Lock outside doors”



Secure is called when there is something dangerous outside of the building. Students and staff are brought into the building and the outside doors will be locked. The school might display the Building is Secured poster on entry doors or nearby windows. Inside, it will be business as usual.

SHOULD PARENTS COME TO THE SCHOOL DURING A SECURE EVENT?

Probably not. Every effort is made to conduct classes as normal during a secure event. Additionally, parents may be asked to stay outside during a Secure event.

WHAT IF PARENTS NEED TO PICK UP THEIR STUDENT?

Depending on the situation, it may not be safe to release the student. As the situation evolves, Secure might change to a Monitored Entry and/or Controlled Release.



WILL PARENTS BE NOTIFIED WHEN A SCHOOL GOES INTO SECURE?

When a secure event is brief or the hazard is non-violent, like a wild animal on the playground, there may not be a need to notify parents while the Secure is in place.

With longer or more dangerous events, the school should notify parents that the school has increased their security.

LOCKDOWN

“Locks, Lights, Out of Sight”



A Lockdown is called when there is something dangerous inside of the building. Students and staff are trained to enter or remain in a room that can be locked, and maintain silence.

A Lockdown is only initiated when there is an active threat inside or very close to the building.

SHOULD PARENTS COME TO THE SCHOOL DURING A LOCKDOWN?

The natural inclination for parents is to go to the school during a Lockdown. Understandable, but perhaps problematic. If there is a threat inside the building, law enforcement will be responding. It is unlikely that parents will be granted access to the building or even the campus. If parents are already in the school, they will be instructed to Lockdown as well.

SHOULD PARENTS TEXT THEIR STUDENTS?

The school recognizes the importance of communication between parents and students during a Lockdown event. Parents should be aware though, during the initial period of a Lockdown, it may not be safe for students to text their parents. As the situation resolves, students may be asked to update their parents on a regular basis.

In some cases, students may be evacuated and transported off-site for a student-parent reunification.

WHAT ABOUT UNANNOUNCED DRILLS?

The school may conduct unannounced drills, however it is highly discouraged to conduct one without announcing that it as a drill. That's called an unannounced drill and can cause undue concern and stress.

Parents should recognize that the school will always inform students that it is a drill during the initial announcement.

It's important to differentiate between a **drill** and an exercise. A drill is used to create the “Muscle Memory” associated with a practiced action. There is no simulation of an event; this is simply performing the action. An exercise simulates an actual event to test the capacity of personnel and equipment.

CAN PARENTS OBSERVE OR PARTICIPATE IN THE DRILLS?

The school welcomes parents who wish to observe or participate in drills.



PREVENTING YOUTH SUICIDE: TIPS FOR PARENTS AND EDUCATORS

Suicide is preventable. Youth who are contemplating suicide frequently give warning signs. Do not be afraid to ask about suicidal thoughts. Never take warning signs lightly or promise to keep them secret.

RISK FACTORS

- Hopelessness
- Nonsuicidal self-injury (e.g., cutting)
- Mental illness and substance abuse
- History of suicidal thinking and behavior
- Prior suicide among peers or family members
- Interpersonal conflict, family stress/dysfunction
- Presence of a firearm in the home

WARNING SIGNS

- Suicidal threats in the form of direct (e.g., “I want to die”) and indirect (e.g., “I wish I could go to sleep and not wake up”) statements
- Suicide notes, plans, online postings
- Making final arrangements
- Preoccupation with death
- Giving away prized possessions
- Talking about death
- Sudden unexplained happiness
- Increased risk taking
- Heavy drug/alcohol use

If you or someone you know is suicidal, get help immediately via 911, the National Suicide Prevention Lifeline at 1-800-273-TALK, or the Crisis Text Line (text “HOME” to 741741).



WHAT TO DO

- Remain calm and nonjudgmental; listen.
- Ask directly about suicide (e.g., “Are you thinking about suicide?”).
- Avoid being accusatory (e.g., don’t say, “You aren’t going to do anything stupid are you?”).
- Reassure them that there is help; they will not feel like this forever.
- Provide constant supervision. Do not leave the youth alone.
- Remove means for self-harm, especially firearms.
- Get help! Never agree to keep suicidal thoughts a secret. Tell an appropriate caregiving adult.
- School staff should take the student to a school-employed mental health professional.



REMINDERS FOR PARENTS

- Continue to take threats seriously. Follow-through is important even after the child calms down or informs the parent they “didn’t mean it.”
- Access school supports. Parents can give the school psychologist permission to contact the referral agency, provide referral information, and follow up on the visit.
- Maintain communication with school. After an intervention, the school will also provide follow-up supports. Your communication will be crucial to ensuring that the school is the safest, most comfortable place possible for your child.



NATIONAL ASSOCIATION OF
School Psychologists

For additional guidance, visit
www.nasponline.org/safety-and-crisis.

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ELEMENTARY NEWS

Principal—Ms. Kay

It's hard to believe that it is already December and the holiday season is upon us. It is a busy time of year here at the elementary as students' days are packed with learning and exploring new ideas and concepts, sharpening critical thinking skills, engaging in social and emotional activities and participating in lots of smile and giggle worthy events. To view pictures and learn more about elementary happenings, please follow our Treynor Elementary facebook page.

As the new year approaches we have a few reminders for parents;

- Drop off is between 8:00-8:20am each morning (please no early arrivals)
- Breakfast is served from 8:00-8:15am (no serving after 8:15am)
- Coats, hats and mittens are required for winter outdoor recess
- School updates are listed on the District Announcement email every Friday

On behalf of myself and my entire staff, we wish you and your family a Merry Christmas and a Happy New Year!

Pictures of our recent hoop shoot winners are below!



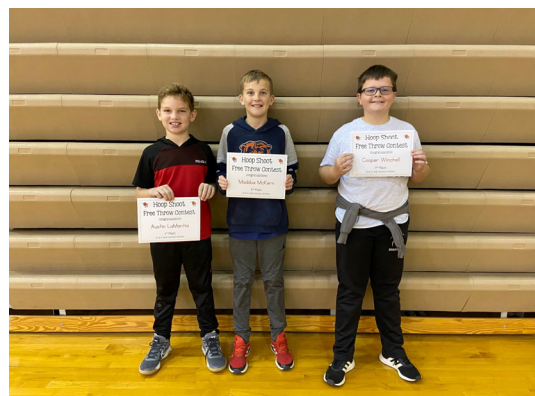
**8/9 year old girls division: 1st place: Kambrie Paulsen
2nd place tie: Baylee Schnepel & Kendall Stortenbecker**



**8/9 year old boys division: 1st place: Jace Bass
2nd place: Andy LaMantia & Hudson Arrowsmith**



**10/11 year old girls division: 1st place: Tenley Hemmingsen
2nd place: Elise Knispel, 3rd place: Delaney Miller**



10/11 year old boys division: 1st place: Austin LaMantia, 2nd place: Maddux McKern, 3rd place: Cooper Winchell

NOTES FROM THE MIDDLE SCHOOL BUILDING

Principal—Mrs. Berens



As we transition from Fall to Winter, our teachers and students continue to do great work! The district feels it is important to give back to our community and one way to do this is through providing various volunteer opportunities throughout the school year. During the month of November, the middle school students and staff collected items for our "Random Act of Cardinal Kindness - Thanksgiving Meal." The Card Pride groups were asked to bring in corn, green beans, soup, french fried onions, sweet potatoes, jello, stuffing, au gratin potatoes, fruit, roasting pans, cake or brownie mix, and iced tea as well as money to be used for a gift card to purchase a ham. We provided fourteen meals to families in need within our community.

This year, our district adopted a highly rated math curriculum called *Illustrative Mathematics*. The middle school is implementing this along with a new math intervention program called SOAR, which aligns nicely with Illustrative Math. Both focus on explicit teaching and making the content explicit. This is done in a variety of ways such as giving clear, repeated, and public acknowledgement of key ideas, especially those made by students. Students are asked many times to verbalize their thinking and are encouraged to do this out loud with their partner or group. Providing immediate feedback, using and connecting representations with visuals, and reflecting during the lesson are all important parts of the teaching and learning process.

This year we also wanted to start emphasizing the importance of students choosing excellence. We have so many students that do this day in and day out and felt that it was important to let them know that they are being noticed. We are doing this in two different ways this year. One, when teachers see or hear students making great choices they will recognize them with a "choosing excellence" ticket. Two tickets from each grade are drawn weekly during Card Pride. These students get to come to the principal's office to spin the wheel for a prize. Types of prizes were selected by our student council members at the beginning of the year.

The teachers are also recognizing two students per grade each month who exemplify positive character traits on a regular basis. These students get to spin the wheel for a prize, but also are recognized in a few other ways. Their picture is taken and sent out through social media, plus they are asked to provide pictures and information to me. These pictures, along with the other information, are hung up in the middle school commons area display case for that month. Below are a couple of pictures recently taken for both.



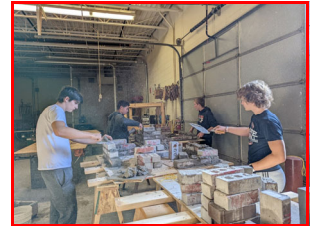
FROM THE DESK OF THE HIGH SCHOOL PRINCIPAL—Mr. Hedger

Excellence is Expected, Excellence is Achieved



As the 2021 calendar year draws to a close, I would like to share with you some of the great things that are happening in high school. Students are busy learning skills and gaining knowledge that will help them be successful in any path they choose to follow. The Career and Technical students are busy making delicious desserts, learning how to lay bricks, and participating in mock interviews, as well as learning many other college and career readiness skills. Throughout the semester several high school students have participated in job shadows as part of their careers class.

In other classes students are busy learning how the cell body works, creating skeletal models, giving persuasive speeches, writing essays, and demonstrating **excellence** in numerous other subject areas. Additionally, high school students are busy with extracurricular activities. The fall Musical, *Curtains*, was a fantastic production. A program to honor our Veterans was held in the new auditorium. Treynor Vanguard, the high school marching band, earned several honors and awards, and put on a great show again this year.



Our athletic programs have all had great success so far this year, while several of our athletes have signed letters of intent to play at the next level. It is a great time to be a Treynor Cardinal! Most importantly though, our students continue to represent themselves and the district with great pride. This December each Card Pride group adopted a child for Christmas in support of the New Visions Homeless Services. The JOI club also made and distributed 20 tie blankets to give to local homeless shelters.



This semester, like so many before, Treynor students have been given the opportunity to excel in the classroom and many other areas, and like so many semesters in the past those students have demonstrated excellence each and every day! We are thankful for the teachers and staff members who work diligently to provide great opportunities for our students. We are also grateful for you, the parents and community, who generously support the work that we do at the high school.



EDUCATION IN ACTION

Treynor Community School District

December 2021

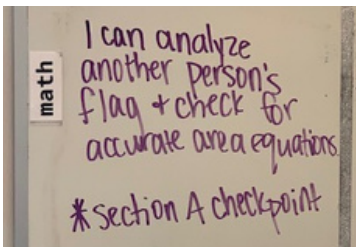


SMILES AND HEARTS

Human Biology students dissected pig and sheep hearts and learned how to measure blood pressure with a little help from Mrs. Young.

PASS THE LOVE OF LEARNING ON!

Anatomy and Physiology students were excited to share all they have learned about the skeletal system with elementary students.



HIGH YIELD TEACHING STRATEGIES

5th-graders in Mrs. Saar's math class are using what they know about area to provide feedback to peers. Learning targets and peer feedback encourage students to reflect on their own learning.



KEEP CALM AND READ

4th-graders in Mrs. Wetzel's class enjoy reading for their book clubs.

PROFESSIONAL LEARNING

Mrs. White and Mrs. Konz led professional development for our 6-12 teachers on lesson structure and pacing. Our Professional Learning Teams (PLT) meet twice a month to collaborate on a common goal established through the Iowa Instructional Framework.



"PHYSICAL EDUCATION MAKES EVERY CHILD STRONGER AND EVERY LIFE LONGER."

Elementary students LOVE to play noodle and freeze tag!



TREYNOR COMMUNITY SCHOOLS FUND

Treynor Community School District serves a rural area of 100 square miles with a growing student body of more than 800 with grades K-12, and a staff of over 100 providing services to students. Coined, “Where excellence is expected and excellence is achieved,” the school’s academic, athletic and music pride soars high.

With a growing district, community members desire each student continue to succeed, thus the Treynor Community Schools Fund was created in partnership with the TS Community Foundation (TSCF). The Fund will help with academic based needs in the school along with special classroom grants.

Treynor Community School District promotes innovation and hands-on learning in the classroom, and supports teachers with creative ideas to improve teaching and education. Donations to the fund help students with outside classroom experiences as well as provide teachers with necessary supplies and tools including:

- classroom supplies;
- tech-based needs such as tablets, microphones, etc.;
- outside classroom academic experiences; and
- new student programming.

About TSCF

TSCF’s mission is creating rural impact through charitable giving and community projects. Founded in 1999, TSCF is a 501(c)(3) organization committed to developing long-term prosperity in the local communities, and a charitable process which gives donors more financial flexibility. In 2019 TS Community Foundation became an affiliate of Pottawattamie County Community Foundation, and as partners will continue efforts to spur growth and prosperity in southwest Iowa.

We will work with you to maximize your charitable gifts, which can include but are not limited to the following: cash gifts, financial investments, bequests, gifts of grain, stocks and securities, livestock, real estate, and vehicles. For questions regarding the Treynor Community Schools Fund, please contact 712.256.7007, ext. 10 or info@ourpccf.org.






TREYNOR COMMUNITY SCHOOL

December 2021
Breakfast & Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(We reserve the right to make changes or substitutions as necessary.)		1 Juice or Fruit WG Cereal Breakfast Bar Biscuit & Gravy 6-12	2 Juice or Fruit Eggs & Cheese WG Toast	3 Juice or Fruit WG Cereal WG Banana Bread
Fresh Vegetable Bar Monday-Friday		Pasta & Meatballs Mixed Vegetables Spinach Garden Salad Garlic Bread Pears 4-12 Salad Bar	Beef Taco Black Beans & Rice Lettuce, Tomato, Cheese Potato Coins Fruit 4-12 Salad	Pizza K-5 School Made Pizza 6-12 Corn Peaches Brownie No Salad Bar
6 Juice or Fruit WG Cereal WG Breakfast Bar	7 Juice or Fruit Grab-N-Go	8 Juice or Fruit Biscuits & Gravy	9 Juice or Fruit Breakfast Pizza	10 Juice or Fruit WG Cereal Donut
Chicken Wrap Savory Rice Steamed Carrots Pears 6-12 Salad Bar	Quesadilla Tater Tots Peaches WG Cookie 4-12 Salad Bar	BBQ Pulled Pork Peas Cheesy Potatoes Applesauce Dinner Roll 4-12 Salad Bar	Deli Sub Sandwich Broccoli & Hummus Chips Pasta Salad 6-12 Fresh Fruit 4-12 Salad Bar	Chicken Strips Potato Pineapple/Oranges WG Bread 6-12 No Salad Bar
13 Juice or Fruit WG Cereal WG Breakfast Bar	14 Juice or Fruit WG Mini Cinni Banana	15 Juice or Fruit WG Cereal Breakfast Bar Biscuit & Gravy 6-12	16 Juice or Fruit Egg, Sausage, Cheese, Biscuit	17 Juice or Fruit WG Cereal WG Toast
Mac & Cheese Corn Dog Mixed Vegetable Applesauce 6-12 Salad bar	Hamburger/Bun Oven Fries Peaches Pudding 4-12 Salad Bar	Sloppy Joe Chips Sweet Potato Fries 6-12 Corn Applesauce 4-12 Salad Bar	Nachos Refried Beans Lettuce, Tomato, Cheese Green Beans Pears 4-12 Salad Bar	Stir Fry Seasoned Rice Vegetables Pineapple/Oranges No Salad Bar
20 Juice or Fruit WG Cereal Breakfast Bar	21 Juice or Fruit French Toast Sausage	22 Juice or Fruit WG Cereal Breakfast Bar	23 No School	24 No School
Pizza Corn Pineapple Bug Bites 9-12 NO Salad Bar	Taquitos Cheese Sauce Refried Beans Potato Coins Pears NO Salad Bar	Chicken Shapes Vegetables Fruit Cookie NO Salad Bar	No School	
27 No School	28 No School	29 No School	30 No School	31 No School

Extra Milk \$.050

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit and or vegetables (required) choice available each day.
Treyner Community School is an equal opportunity provider.



TREYNOR COMMUNITY SCHOOL

January 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 No School	4 No School	5 Juice or Fruit WG Cereal Breakfast Bar	6 Fruit or Juice Grab-N-GO K-5 Tornados 6-12	7 Juice or Fruit WG Cereal Long John
Fresh Vegetable Bar Monday—Friday		Chicken Nuggets Potato Wedges Peaches No Salad Bar	Cheese Bites Marinara Sauce Green Beans Pears No Salad Bar	Fiestada Corn Pineapple /Oranges No Salad Bar
10 Juice or Fruit WG Cereal Breakfast Bar	11 Juice or Fruit WG Pancake Stick	12 Juice or Fruit WG Cereal Breakfast Bar Biscuit & Gravy 6-12	13 Juice or Fruit Omelet Toast/Breakfast Bar	14 Fruit or Juice WG Cereal Breakfast Bar
Chicken Wrap Savory Rice Steamed Carrots Applesauce 6-12 Salad Bar	Nachos Lettuce, Tomato, Cheese Potato Rounds Pineapple 6-12 Salad Bar	Hamburger /Bun Oven Fries Fresh Fruit Cake 6-12 Salad Bar	Chicken Alfredo Green beans Breadstick Fruit 6-12 Salad Bar	Chicken Nuggets Broccoli & Cheese Peaches No Salad Bar
17 No School	18 Fruit or Juice WG Pancakes Sausage	19 Fruit or Juice Biscuits & Gravy	20 Fruit or Juice Eggs, Sausage, Cheese, Biscuit	21 Juice or Fruit WG Cereal Toast
	Mac & Cheese Corn Dog Mixed Vegetables Applesauce 4-12 Salad Bar	Beef Taco Refried Beans Lettuce, Tomato, Cheese Potato Coins Peaches 4-12 Salad Bar	Sloppy Joe Baked Beans Chips Pears WG Cookie 4-12 Salad Bar	Pizza Mixed Vegetable Spinach Salad Pears No Salad Bar
24 Juice or Fruit WG Cereal Breakfast Bar	25 Fruit or Juice Breakfast Power Bites	26 Fruit or Juice WG Cereal Breakfast Bar Biscuit & Gravy 6-12	27 Fruit or Juice Breakfast Pizza	28 Fruit or Juice WG Cereal Breakfast Bar
Popcorn Chicken Mashed Potatoes/Gravy Corn Peaches WG Bread (6-12) 6-12 Salad Bar	Taquitos Cheese sauce Green Beans Pears 4-12 Salad Bar	Chicken Strips Roasted Broccoli Fresh Fruit WG Bread 6-12 4-12 Salad Bar	Mr Ribb /Bun Cheesy Potatoes Peas Applesauce 4-12 Salad Bar	Stir Fry Seasoned Rice Vegetables Pineapple/Oranges No Salad Bar
31 Juice or Fruit WG Cereal Breakfast Bar				
Chicken Fried steak Mashed Potatoes/Gravy Peas & Carrots Pears 6-12 Salad Bar	(We reserve the right to make changes or substitu- tions as necessary.)			

December 2021



Merry Christmas!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 2:00 Dismissal	2 4:30 B JH BB vs AHSTW: HOME 5:00 Wrestling @ Denison 5:30 JV Boys BB @ Bishop Heelan 7:30 V Boys BB @ Bishop Heelan	3 6:00 Girls V BB/Boys JV @ Mo Valley 7:30 Boys V BB/Girls JV @ Mo Valley	4 10:00 Wrestling: HOME
5	6 4:30 Boys JH BB: HOME 5:30 JV Wrestling @ AL 7:00 5th Grade Music Concert	7 4:30 Boys JH BB : HOME 5:00 Wrestling @ Shen 6:00 Girls V BB/Boys JV @ Audubon	8 2:00 Dismissal	9 4:30 B JH BB vs Audu- bon: HOME 6:00 Girls JV BB @ LC	10 6:00 Girls V BB @ Lo-Ma 6:00 Wrestling @ Colfax-Mingo 7:30 Boys V BB @ Lo-Ma	11 SWIBA HS Honor Band 9:00 Wrestling @ Colfax-Mingo 3:00 Girls JV BB vs Red Oak: HOME 4:30 Girls V BB vs Red Oak: HOME
12	13 7:00 6th Grade Music Concert: HS Theater	14 4:15 JH BB @ Riverside 5:30 Wrestling @ Creston 6:00 Girls V BB/Boys JV BB @ TC 7:30 Boys V BB/Girls JV BB @ TC	15 2:00 Dismissal	16 4:15 JH B BB @ TC 5:00 Girls JV BB @ Duch- esne 6:30 Girls V BB @ Duchesne 7:00 4th Grade Music Concert	17 6:00 Girls V BB/ Boys JV BB vs IKM-M: HOME 7:30 Boys V BB vs IKM-M/ Girls JV BB: HOME	18 10:00 Wrestling WIC Tourney @ Mo Valley
19	20 5:00 JV Wrestling @ Shen 6:30 7th/8th Con- cert 8:00 HS Christ- mas Concert	21 6:00 Girls V BB/Boys JV BB vs Riverside: HOME 7:30 Boys V BB/Girls JV BB vs Riverside: HOME	22 2:00 Dismissal End of Semester	23 Christmas Break	24 Christmas Eve	
26	27 Christmas Break	28 Christmas Break	29 Christmas Break	30 Christmas Break	31 New Year's Eve	1

January 2022



Happy New Year!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Happy New Year!
2	3 Christmas Break	4 Teacher Inservice	5 2:00 Dismissal	6 7:00 Wrestling @ Conestoga	7 State Debate 6:00 Girls V BB/Boys JV BB vs Underwood: HOME 7:30 Boys V BB/Girls JV BB vs Underwood: HOME	8 State Debate 9:00 JV Wrestling @ Lo-Ma 10:00 V Wrestling @ TC 3:00 Boys JV BB vs Grandview Christian @ Bible College - Ankeny 4:30 Boys V BB @ Bible College-Ankeny
9	10	11 5:00 Wrestling @ Bishop Heelan	12 2:00 Dismissal	13 4:30 Girls JHBB vs F-M: HOME	14 6:00 Girls V BB/Boys JV BB vs Mo Valley: HOME 7:30 Boys V BB/Girls JV BB vs Mo Valley: HOME	15 9:00 JV Wrestling @ TJ 10:00 Varsity Wrestling @ Creston
16	17 SWIBA HS Honor Band 3:00 JV Wrestling @ LC 4:30 Girls JH BB vs Mo Valley: HOME	18 Wrestling Quad @ Underwood 6:00 Girls V BB/Boys JV BB vs Audubon: HOME 7:30 Boys V BB/Girls JV BB vs Audubon: HOME	19 9:00 WIC Jazz Band -Treyner Theater 2:00 Dismissal	20 4:15 JH Wrestling @ Riverside 4:30 Girls JH BB vs Lo-MA: HOME	21 5:00 JV Wrestling @ Glenwood 6:00 Girls V BB/Boys JV vs Lo-Ma BB: HOME 7:30 Boys V BB/Girls JV BB vs Lo-Ma: HOME	22 District Large Group Speech
23	24 4:00 Girls JH BB @ Sidney 4:30 JH Wrestling: HOME 4:30 JV Wrestling @ Harlan	25 State Jazz Band 6:00 Girls V BB/Boys JV BB vs TC: HOME 7:30 Boys V BB/Girls JV BB vs TC: HOME	26 2:00 Dismissal	27 4:15 Girls JH BB @ AHSTW 4:15 JH Wrestling @ Lo-Ma 5:00 Wrestling Varsity Quad: HOME	28 4:30 Girls JV BB @ IKM-M 6:00 Girls V BB @ IKM-M 7:30 Boys V BB @ IKM-M	29 10:00 Varsity Wrestling @ East Mills
30	31 4:15 Girls JH BB & JH Wrestling @ Underwood					



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ADDRESS SERVICE REQUESTED

It is the policy of the Trey nor Community School District not to discriminate on the basis of race, color, national origin, religion, sex, disability, age (for employment), sexual orientation, gender identity, creed, marital status (for programs), or socio-economic status (for programs) in its educational program and its employment practices, pursuant to Title IX of the Education Amendments of 1972, Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act, and other applicable state and federal laws. This prohibition on discrimination applies to admission and employment.

The District has adopted grievance procedures for resolving formal and informal Title IX sex discrimination and sexual harassment complaints and other discrimination complaints.

Inquiries regarding Title IX or the District's policy against sex discrimination may be referred to the District's Title IX Coordinator: Jenny Berens at 102 East Main, 712-487-3181, jberens@treynorcardinals.org. Title IX inquiries may also be referred to the U.S. Department of Education (attn. Assistant Secretary, Office for Civil Rights; 400 Maryland Avenue Southwest, Washington, DC 20202; 800-421-3481; OCR@ed.gov).

Inquiries regarding other forms of discrimination may be referred to one of the District's Equity Coordinators:

Jill Kay, Elementary Principal, #2 Elementary Drive, 712-487-3422, jkay@treynorcardinals.org

Jenny Berens, Middle School Principal, 102 East Main, 712-487-3181, jberens@treynorcardinals.org

Jacob Hedger, High School Principal, 102 East Main, 712-487-3804, jhedger@treynorcardinals.org



CHRISTMAS BREAK



School will be dismissed on Wednesday, December 22nd at 2:00 P.M. and will resume on Wednesday, January 5th.

Wishing you and yours a very Merry Christmas and a Happy New Year, from all of us at Trey nor Schools!