

Treynor Community School

"COMMITTED TO EXCELLENCE"



NEWSLETTER

December, 2015

"District Details" . . . a few notes from Superintendent Elwood

School Lunch Price to Increase .05 Cents

Each fall a consultant from the Department of Education Nutrition & Health Services office completes a paper-work audit of our local food service department. After our review this year, they concluded we need to charge more for school lunch. As we compare student lunch prices with area schools each year, Treynor continues to provide the best value, in our region, for purchasing a student lunch. Our current lunch prices for 2015-16 are: \$2.00 (K-5) and \$2.15 (6-12). Whereas, the average lunch prices among Western Iowa Conference schools are \$2.24 (K-5) and \$2.44 (6-12).



Treynor Community School District is on Facebook and Twitter!

The DE has stated we must adjust our student lunch prices to meet a Weighted Average Lunch Price of \$2.13 per meal. Our current weighted average is \$2.08 / lunch ($2.00+2.15/2=2.08$).

Therefore, the Board approved an increase of \$.05 per lunch beginning January 1, 2016. Our new lunch prices, effective when we return from Christmas break, will be: \$2.05 (K-5) and \$2.20 (6-12), yielding the state required weighted average of \$2.13 / lunch ($2.05+2.20/2=2.13$).

Special points of interest:

- ✓ Treynor Community School District increases its' presence in social media.
- ✓ Check us out on Facebook & Twitter.
- ✓ Beginning in January, student lunch prices will increase .05.
- ✓ Have a plan in place in the event of an early dismissal or no school.
- ✓ Hy-Vee receipts are being collected through December 31st.

Social Media

The Treynor Community School District strives each year to make a focused effort to increase our presence in the area of social media. Studies indicate that in order to connect with our consumers (students, parents, and community) we need to improve our ability to communicate in "real time" with those interested in school topics.

In this day of social media use, we recognize that many people get their news updates from a variety of sources. Therefore, to better connect with our consumers, the Treynor CSD has created a Facebook page and Twitter account. Please search for us on Facebook at <http://www.facebook.com/treynor.csd> and on Twitter at <http://www.twitter.com/treynorcsd>. You can also visit our [Social Media Links page](#) on the school website under the District/Social Media tab. This page includes about 25 social media links for the school district, some academic and athletic sites that you may enjoy following.

Inside this issue:

| | |
|----------------------|------|
| School Closings | 2 |
| Cash Back | 2 |
| JH Hex Fees | 2 |
| Elementary | 3 |
| Middle School | 4 |
| High School | 5 |
| Holiday Concerts | 5 |
| Activities Director | 6 |
| Speech News | 7 |
| Fin. Literacy Update | 8 |
| Calendars | 9-10 |
| Menus | 11 |
| Christmas Vacation | 12 |

CASH FOR STUDENTS



The "Cash for Students" program has begun. Hy-Vee cash register receipts dated from September 1 through December 31, 2015 will be collected in the Elementary, Middle School and High School offices. Hy-Vee gives back \$1.00 for every \$200 spent in any of the fourteen Omaha and Council Bluffs locations up to a maximum of \$2,000. Over 403,000 in much needed funds has been donated to area schools as a result of this program.

All of our proceeds go to the Athletic Booster Club. Remember to save your receipts and turn them in to any of the school offices!

CAUTION: Changes in weather arriving soon...

As the weather begins to change, school cancellations and early dismissals can occur at anytime. If severe weather causes school to be cancelled prior to the start of the day, we will try to have information to the media by 6:30 a.m. In addition to our school website, the media outlets that will carry our announcements this year are: **KMA, WOWT, KMTV and KETV.**



If weather or unforeseen circumstances (loss of power or water) should occur during the day and school is dismissed early, **PLEASE HAVE A PLAN IN PLACE WITH YOUR CHILD.** When early dismissals occur during the day, we usually have limited time to get information out and many parents aren't aware that an early out has taken place. Also, we have over 800 students in the district and only a couple of phone lines in each building. Don't assume that your child will be able to call you if a decision is made to dismiss school during the regular day. Have a plan in place! The elementary has forms for each parent to keep updated outlining your family's specific plan to deal with this type of situation. Parents of middle school and high school students need to discuss with their child what plan of action they will take in the event of an early dismissal during the school day. Proper planning now will provide assurance to you and your child that all will be okay should we ever have an unforeseen early dismissal.

Our student information database, JMC, will be used for all school notifications (voice, email, text). Please check your contact information to ensure it is up-to-date so you will receive these messages for school closings, late starts or early dismissals. Use the JMC Parent Access portal to check your contact information and make any additions or corrections as needed and to indicate how you want to receive notifications.

JUNIOR HIGH HEX 1 FEES NOW DUE



Junior high students who completed Mr. Schuler's Hex 1 class have fees that are now due. A list is posted in the Middle School Commons or contact either the Middle School or Superintendent's Office. Students can make payment in either office.

FROM THE ELEMENTARY PRINCIPAL'S DESK



As the days have turned cold and continue to fly by, our students continue to perform well both in and outside the classroom. I have enjoyed getting to know the students and am learning more and more about them every day. I continue to be amazed by the level of respect students show to each other and to adults in the building. It is truly heartwarming. I feel blessed to be part of a school community with such great children.

Our students had a great month and were able to be involved in a multitude of activities. Included were Pottawattamie County Conservation Programs, student deposits in Cardinal Branch Bank, 4th Grade Animoto Presentations, TS Bank's Ben Franklin Financial Literacy visit, 5th Grade Veteran's Day Music Program, Cards for Success Drawings, and the 5-R Class of the Month Pizza Party. December will provide more of the same, plus 5th Grade Band Concert, 4th Grade Music Concert and classroom parties.

December also ushers in the arrival of winter and the change in seasons so many of us dread. Please remind your children to dress warmly and make sure they are equipped with mittens, stocking caps, and boots on those treacherous days. Also, students are not allowed in the building until after 8:05 a.m., so please make an effort to see they are not here too early. FYI...our rule for indoor recess is 10 degrees or below when you factor in the wind chill.

Finally, a healthy school-community partnership is a common aspect of many successful schools. This past month we have enjoyed tremendous support from our families and community. Parent-Teacher conferences, field trips, classroom celebrations—the level of involvement has been inspiring. Thank you!

As always, please contact me if you have any questions, comments or concerns on happenings here at the elementary school!

Jillian Kay
Principal
Treynor Elementary

UPCOMING ELEMENTARY EVENTS

| | |
|---------------|---|
| December 2 | 1:00 p.m. Early Dismissal—Teacher Inservice |
| December 7 | 5th Grade Band Concert @ 7:00 p.m., High School Auditorium |
| December 10 | 4th Grade Music Program @ 7:00 p.m., High School Auditorium |
| December 14 | School Board Meeting @ 6:00 p.m. |
| December 16 | 1:00 p.m. Early Dismissal—Teacher Inservice |
| December 18 | Classroom Holiday Parties @ 2:00 p.m. |
| December 22 | 1:00 p.m. Early Dismissal |
| December 23 - | |
| January 3 | No School—Christmas Vacation |
| January 4 | School Resumes |



NOTES FROM THE MIDDLE SCHOOL PRINCIPAL MRS. BERENS



- Dec. 2** Teacher Inservice—1:00 Dismissal
Dec. 18 & 21 Semester Tests
Dec. 23-Jan. 3 Christmas Vacation
Jan. 4 School Resumes



The month of November is going by very quickly and Christmas vacation is just around the corner. Over the past couple of weeks, middle school students in efforts with our "Random Acts of Cardinal Kindness" decided to help those less fortunate by providing Thanksgiving meals. Students brought in donations to their Cardinal Pride teacher for gift cards that will be used by families to purchase a turkey and then all students brought in various items that will go along with that meal, including green beans, sweet potatoes, corn, cranberry sauce, stuffing, potatoes, gravy/muffin/cake mix, and jar of iced tea. Seven meals will be donated to the local food pantry and five meals will go to the Open Door Mission.

Middle School students participate in "Random Acts of Kindness"!

During the month of December, middle school students have been challenged to complete random acts of kindness. They can complete these acts individually or as small groups. They have been asked to document their acts by taking a photo of themselves completing the task(s) and then they will send those pictures to their Cardinal Pride teacher so all acts can be displayed in our middle school commons. Please talk to your kids about the importance of doing for others and how it will not only bring joy to others, but also the joy that it brings to the one doing the act. Let's all get on board with spreading kindness to others in a world that is so full of hurt and despair!

On a final note, please mark your calendars for the upcoming concerts. The 5th grade band/6th grade band and chorus Christmas Concert is scheduled for Monday, December 7th at 7:00 p.m. in the auditorium. The following Monday, December 14th, will be the 7th & 8th grade band and chorus Christmas Concert set to start at 6:30 p.m.

Happy Holidays!

Mrs. Berens
Middle School Principal

Happy Holidays



THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL..... MR. McNEAL

As the month of November has passed and the cold days of winter begin, our students continue to excel. The musical, "Princess Whatsername", was very well done and I congratulate everyone who was part of the performance on and off stage.



The Veteran's Day program was well attended. I give many thanks to the veterans, high school choir and the speech students for their parts in a successful tribute to all veterans.

Many high school students have volunteered for several activities over the past month.

- November 2—6 the National Honor Society collected a little over 100 pounds of candy left over from Halloween and shipped it to former Treynor students in the military and to Operation Gratitude which will give the candy to members of the military stationed overseas.
- November 5, members of the Junior Optimist Club baked and shipped about 50 dozen cookies to "Treat our Troops". This organization will then distribute the cookies to members of the military serving overseas.
- November 14, 14 members of the National Honor Society visited the Lydia House to socialize and play games with the children who reside there.
- November 17, students from 8 schools competed on 23 teams during Special Olympic competitions hosted at Treynor MS/HS. Approximately 25 student volunteers helped with this event.

The first semester tests will be held on Friday, December 18th and Monday, December 21st. We will run a bell schedule where 4 of the 8 classes meet for a longer period. Class periods 1st through 4th will test on Friday, December 18th and 5th through 8th will test on Monday, December 21st. Any student who knows they will not be at school on the 2nd day of testing are strongly encouraged to take those tests prior to that time.

On Tuesday, December 22nd, we will have a competition between Card Pride classes in a variety of activities. Each student will be entered into an event with individual and team scores kept. This team building event will recognize the top three individuals in each event as well as the top three Card Pride teams upon completion of the events.

When we return to school on Monday, January 4th, we will be back to regular classes and all grades will still be part of the second 9 weeks (1st semester) until that grading period ends on Friday, January 15th.

We wish you a very joyous holiday season and encourage you to attend the high school Winter Concert and winter sports events as they begin their seasons.

HOLIDAY MUSIC CONCERTS



Fifth and sixth grade band students will be in concert on Monday, December 7th at 7:00 p.m. in the high school auditorium. Following their concert, sixth grade students will entertain parents, family and friends, also in the high school auditorium.

The 4th grade vocal concert will be held on Thursday, December 10th at 7:00 in the high school auditorium.

On Monday, December 14th, the junior high choir and concert band will have their concert at 6:30 p.m. in the high school auditorium. There will be a short break and the high school will present their concert at 8:00 p.m.

FROM MR. NAVARA, ACTIVITIES DIRECTOR



Fall activities are now completed and the winter activities have begun, with Cardinal activities being successful. Here is a wrap-up of the fall activities:

In cross country, the girls team qualified for state competition and finished 12th in Class 1A. The boys cross country team was limited to its' number of only three runners, however was able to land an individual runner to the state meet. Jerry Jorgenson finished 11th overall in Class 1A at the meet. Both the girls and boys squads earned the Distinguished Academic Achievement Award from the IGHSAU/IHSAA for dedication to academics. The award is given to teams which earn a cumulative 3.25 GPA or above in the classroom.

Football increased its' participation numbers with seventeen being from the senior class. With their leadership and skills, they lead the Cardinals to a 5-4 record to finish their season. Many players earned All-District honors: Trey Castle, Nolan Chapman, Matt Deitchler, Mike Deitchler, Sam Gregory, Jason Hiebner, Nate Hill, John Reber and Jayedon Thiel. Along with the football cheer team, the Cardinal football team earned the Distinguished Academic Achievement Award from the IHSAA for dedication to academics.

Cardinal volleyball remained ranked in the state of Iowa for the majority of the season and ended the season with a record of 26-9. The volleyball team earned the Distinguished Academic Achievement Award from the IGHSAU for dedication to academics.

Continuing with success, the Treynor Cardinal Marching Band earned its' 25th Division I rating in a row in state competition and won honors at many fall competitions. The musical was a success with all of us finally figuring out who Princess Whatsername really is. Great job cast and crew.

In the middle school, the Cardinals carried on the success of fall. Cross country runners ran personal bests, volleyball and football notched more victories, and the marching band earned honors at the Clarinda Band Festival.

Looking forward to Cardinal basketball and wrestling during the winter season. Roll Cards!



COACHES VS. CANCER NIGHT

The Treynor Cardinals Coaches versus Cancer night will be held on Friday, February 5, 2016 during the girls/boys basketball games to benefit the American Cancer Society, the official sponsor of more birthdays. This event will raise funds to help support the society's efforts to help people in the Midwest stay well, get well, find cures and fight back.

More details to come over the next month.

If any questions or donations for the silent auction, please contact Cameron Gruber at camerongruber@treynorcardinals.org or Amy Gruber at amygruber.rfl@gmail.com.

THS Speech Team

This is sure to be an amazing Speech Season!

Check out the dates and information below to be sure you don't miss seeing our students Speech performances this season!



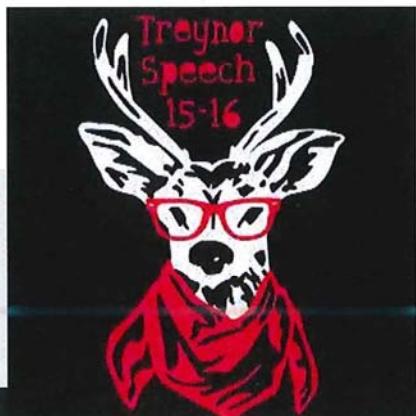
Notes from the coach, Lori Burton

Treynor High School will have **83** students performing in 22 pieces at **District Large Group Contest this year!** That is up from 70 students just one year ago.

Large Group Contest Dates:
District Contest – January 23rd
State Contest – February 6th
LG All State Festival – Feb 20th

Speech Night! February 23rd in the THS Auditorium/Commons

Individual Events Contest Dates:
District Contest – February 27th
State Contest – March 12th
IE All State Festival – April 4th



Kicking Off the Season!

I am thrilled (and maybe a little overwhelmed) to announce that we will be taking 83 students to district large group contest this year! On top of that, over 20 of those students will be performing in not one, but two different categories. We have not only new students joining Speech for the first time this year, but we are taking on some categories we've not done for several years. Students came in this year eager to get started with ideas for scripts, films, themes and everything in between. Our informational meetings for varsity and freshman teams in mid October filled my classroom and from there we maneuvered schedules and were able to start practice the following week. Thankfully I have two fearless assistant coaches who meet with students two nights a week. Travis Graham, with the help of a few veteran Improv students, coaches over 30 students for Group Improvisational Acting. Julie Showalter who joined the team last year has been writing scripts and coaching both Musical Theater and Choral Reading groups. We are all very excited to see where this season takes us. Please mark your calendars for Speech Night on February 23rd where a selection of both Large Group and Individual Speech performances will be shared with parents, students and community members in the THS Auditorium.

Anyone interested in ordering a Speech T-Shirt or Sweatshirt please email, Lori Burton at lburton@treynorcardinals.org all orders are due January 1st. The design to the left is the front design, the back has Senior Speech kids' signatures

FINANCIAL LITERACY UPDATE



Seven Ways to Save on Entertainment



Most people enjoy getting out and about with their family. However, depending on the size of the family, the cost of entertainment can exceed the budget. Fortunately there are countless ways to save on entertainment without breaking the bank. Consider these seven ways to save:

Save on movies - If your family loves movies, instead of going in the evening when ticket prices are high, change up your schedule and go to the matinee. Better yet, check out your local **Redbox** location where you can rent a popular movie for as little as \$1.50 per day. Want to save even more? Explore the hundreds of free movies available for rent through your local library.

Host a potluck party - Like to entertain but don't like the expense? Reach out to your friends and host a potluck dinner. When everyone chips in and brings a dish, it can make a party extremely affordable - and fun! Plus, with the extra hands, it makes the clean-

up in the kitchen a snap.

Cut the cost of a cultural event - Enjoy live theater but can't afford pricey tickets? Instead of buying expensive tickets to a Broadway production that's coming to town, check out what's playing at your area high schools and colleges. The cost of these tickets can be considerably less. That makes it easier on the wallet to take your whole family. And don't forget local community theater productions. Another option for parents who love theater is to volunteer. Most theaters and cultural arts centers use volunteers to take tickets and seat patrons. Once the volunteers are done, they get the chance to enjoy the performance for free.

Get outdoors! - Although it's fun to see a baseball game, visit a museum or attend a concert, consider getting outside to enjoy nature at a fraction of the cost. Take your family camping in a nearby state park. Or, if you can't take the extended time for an overnight trip, pack a picnic and take your fishing pole to enjoy a lazy, yet fun afternoon with your family at a nearby lake.

Save on dining - There are ways to dine "strategically" to save your family money. Consider restaurants that offer early dining specials before 6 p.m. or explore restaurants run by culinary schools. If you have a few favorite restaurants, sign up for their email lists so you'll be alerted to any discount offers or dining specials. Other ways to save include using coupons, sharing an entrée and sticking with water as your beverage. Finally, consider ordering carry-out so you won't be tempted to spend extra on drinks or dessert.

Team up for babysitting - If you're eager for an evening out with your spouse but not crazy about having to pay a babysitter, team up with neighbors or nearby friends to share babysitting responsibilities. If you offer to watch their kids one evening, they'll hopefully be open to watching yours. Everybody wins, including the kids who love hanging out for an extra evening with their friends!

Find some freebies - There are an amazing number of free entertainment opportunities out there for those who seek them out. Whether it's your local zoo or art museum offering a Free Visitor Day, your employer providing free (or discounted) tickets to a local sporting event, or a free community concert in the park, there are often dozens of free entertainment options for those in the know. To uncover the many options in your community, search the web or call your local Convention & Visitors Bureau.

Congratulations to the following Treynor Elementary students for being selected as their classroom winner in the Council for Economic Education poster contest. Each student will receive a \$5 deposit in their Cardinal Branch savings account.

Goods & Services: 1st grade - Bryce Lewis, Brooke Liddick, Ella Avis

Specialization: 2nd grade - Lilly Yochum, Claire Keiner, Delaney Jorgenson

Opportunity Cost: 3rd grade - Morgan Brown, Monica Osborn, Andyn White, Cali Bach

Productive Resources: 4th grade - Ava Konz, Maili McKern, Brooke Atteberry

Marketplace: 5th grade - Whitley Tiarks, Andrew Saar, Daniel Gregory

December 2015



Merry Christmas!



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|---|---|---|
| | | 1 Wrestling Here @ 5:00 JV & Var G & B BB @ Tri-Center 6:00/7:30 | 2 1:00 Early Dismissal Teacher Inservice Progress Reports | 3 Elem. Field Trip to Orpheum Theater JH Boys BB Griswold Here 4:15 | 4 9th B BB @ AHSTW 4:30 G & B JV/Var BB @ AHSTW 6:00/7:30 | 5 Treynor Wrestling Tourney 10:00 |
| 6 Youth Wrestling Tournament @ 9:00 | 7 JH Boys BB @ AHST 4:15 5/6 Band & 6th Grade Vocal Concert @ 7:00 in Auditorium | 8 JH Boys BB @ Shen 4:00 9th B BB Underwood Here 4:30 G & B JV/Var BB Underwood Here 6:00/7:30 | 9 9th Boys BB @ AHSTW 4:30 | 10 JH Boys BB Audubon Here 4:15 4th Grade Concert @ 7:00 in Auditorium | 11 G & B JV/Var BB Lo-Ma Here 6:00/7:30 | 12 SWIBA HS Honor Band @ Atlantic Wrestling Tournament @ Lenox 10:00 |
| 13 | 14 JH Christmas Concert @ 6:30 HS Christmas Concert @ 8:00 School Board Meeting @ 6:00 | 15 Wrestling Here 6:00 G & B JV/Var BB @ Missouri Valley 6:00/7:30 | 16 1:00 Early Dismissal Teacher Inservice | 17 G & B JV/V BB Audubon Here 6:00/7:30 | 18 Semester Tests Elem. Classroom Parties @ 2:00 p.m. WIC Wrestling Here 5:00 | 19 WIC Wrestling Here 9:00 |
| 20 | 21 Semester Tests | 22 1:00 Early Dismissal | 23 Christmas Vacation | 24 Christmas Vacation | 25 | 26 |
| 27 | 28 Christmas Vacation | 29 Christmas Vacation | 30 Christmas Vacation | 31 Christmas Vacation | | |

January 2016



Happy New Year!



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|-----|--|---|---|
| | | | | | 1 | 2 G & B JV/Var BB Red Oak Here 3:00/4:30 |
| 3 | 4 School Resumes | 5 9th Boys BB Griswold Here 4:30 G/B JV/Var BB Griswold Here 6:00/7:30 | 6 | 7 9th Boys BB @ SW Valley 6:00 Wrestling Conestoga-Here @ 7:00 | 8 9th G BB @ IKM-M 4:30 G & B Var BB @ IKM-M 6:00/7:30 | 9 JV Wrestling @ Lo-Ma |
| 10 | 11 Wrestling Here @ 5:30 9th Boys BB @ F-M 6:00 School Board Meeting @ 6:30 | 12 Wrestling @ Mo Valley G & B V BB @ Riverside 6:00/7:30 | 13 | 14 WIC Band/Jazz Choir Contest @ IWCC JH Girls BB @ Sidney 4:15 | 15 2:00 Dismissal; Quarter Ends 9th Boys BB @ AHSTW 4:30 Wrestling @ TJ 5:00 G & B JV/V BB AHSTW Here 6/7:30 | 16 Bluffs Jazz Festival @ CB A.L. JV Wrestling @ Thomas Jefferson 8:00 G & B V BB @ Clarinda 4:30/6:00 |
| 17 | 18 NO SCHOOL TEACHER INSERVICE HS Honor Band @ Atlantic 9th G & B BB TJ Here 4:00/5:30 | 19 9th B BB @ Underwood 4:30 G & B JV/V BB @ Underwood 6:00/7:30 | 20 | 21 SWI Honor Choir @ IWCC JH Girls BB Underwood Here 4:15; Wrestling Here 6:00 | 22 JH Girls BB @ Kirn 4:00 JV Wrestling @ Glenwood 5:00 G & B Var BB @ Lo-Ma 6:00/7:30 | 23 District Large Group Speech |
| 24 | 25 JV/V Wrestling @ East Union ; JH G BB Mo Valley Here 4:15 9th B BB @ Glenwood 6:30 G JV/Var BB @ Atlantic 6/7:30 | 26 G & B JV/Var BB Missouri Valley Here 6:00/7:30 | 27 | 28 JH Wrestling Griswold Here 4:15; JH Girls BB @ Lo-Ma 4:15 Wrestling Here 5:30 | 29 G & B JV/Var BB @ Audubon 6:00/7:30 | 30 District Jazz Band Festival @ L.C. Wrestling @ East Mills 10:00 |



TREYNOR COMMUNITY SCHOOL
December, 2015 Breakfast & Lunch Menus



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| | 1 Juice or Fruit WG French Toast Sticks w/syrup | 2 Juice or Fruit Choice of Cereal Granola Bar | 3 Juice or Fruit Breakfast Bagel K-5 Biscuits/Gravy 6-12 | 4 Juice or Fruit Choice of Cereal WG Toast |
| | BBQ Pork on Bun 6-12 Sloppy Joe K-5 Potato Wedges Peaches Brownie (4-12 Salad Bar) | Super Nachos WG Chips Bean Salsa 6-12 Corn Pears (6-12 Salad Bar) | Grilled Chicken on Bun Potato Puffs Green Beans Banana (6-12 Salad Bar) | Stir Fry 6-12 Popcorn Chicken K-5 Rice Green Beans Pineapple (No 2nd Choice) |
| 7 | 7 Juice or Fruit (1/2 c. required) Choice of Cereal NutriGrain Bar | 8 Juice or Fruit WG Pancake w/ syrup Sausage Links | 9 Juice or Fruit Choice of Cereal Poptart | 10 Juice or Fruit WG Breakfast Pizza |
| Chicken Patty on Bun Potato Rounds Vegetable Salad Peaches (6-12 Salad Bar) | Meatball Sub Corn Fresh Veggies Pineapple/Mandarins Graham Cookie (4-12 Salad Bar) | Chicken Noodle Soup Grilled Cheese Peas Carrots/Celery Applesauce (6-12 Salad Bar) | Chicken Nuggets Oven Fries Fresh Broccoli Steamed Carrots Kiwi (6-12 Salad Bar) | Fiesta Pizza K-5 Fresh Veggies Pudding Pears (No 2nd Choice) |
| 14 | 14 Juice or Fruit (1/2 c. required) Choice of Cereal Breakfast Bar | 15 Juice or Fruit WG Pancake Stick | 16 Juice or Fruit Choice of Cereal Granola Bar | 17 Juice or Fruit Eggs WG Bagel K-5 WG Toast 6-12 |
| Mr. Ribb Triangle Potatoes Green Beans Fresh Veggies Pears (6-12 Salad Bar) | Chicken Wrap Savory Rice Green Pepper Strips Peaches Royal Brownie (4-12 Salad Bar) | Pasta & Sauce K-5 Pasta Bar 6-12 Garlic Toast Green Beans Applesauce (6-12 Salad Bar) | Walking Taco WG Chips/Salsa Refried Beans Apple Wedges (6-12 Salad Bar) | Hot Dog Baked Beans WG Chips Chilled Fruit (No 2nd Choice) |
| 21 | 21 Juice or Fruit (1/2 c. required) Choice of Cereal Poptart | 22 Juice or Fruit French Toast Sticks w/Syrup | 23 NO SCHOOL | 24 NO SCHOOL |
| Pizza 6-12 Pizza Sticks K-5 Tossed Salad/Romaine Cheese Stick Mandarin Oranges (No Salad Bar) | Hamburger Chips Lettuce/Tomato Fruit Jello Cake (No Salad Bar) | NO SCHOOL | NO SCHOOL | Merry Christmas  |
| | | | | (We reserve the right to make changes or substitutions as necessary.) |

Elementary: \$1.25 Breakfast—\$2.00 Lunch; Extra Milk: \$0.50

MS-HS: \$1.25 Breakfast—\$2.15 Lunch; Extra Milk: \$0.50

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice. It is the policy of Treynor Community School not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, or religion in its' programs, activities or employment practices as required by the Iowa Code Section 216.7 and 216.9. If you have questions or grievances related to compliance with this policy by Treynor Community School, please contact the Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St., Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website; <http://www.state.ia.us/government/crc/index.html>.

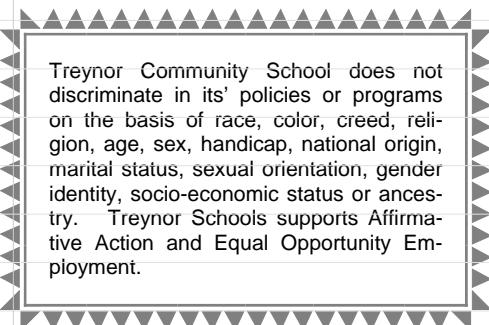


PO Box 369
Treynor, IA 51575
Phone: 712-487-3414
Fax: 712-487-3332



POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED



CHRISTMAS VACATION



School will be dismissed on Tuesday, December 22nd at 1:00 p.m. School will resume on Monday, January 4, 2016.

From the administrators, teachers and staff, a very Merry Christmas and a Happy New Year to you and yours!

Merry Christmas