

Treynor Community School

"COMMITTED TO EXCELLENCE"

NEWSLETTER



April, 2016

"District Details" ... a few notes from Superintendent Elwood

Treynor CSD Property Tax Rate to Decrease for 6th Consecutive Year

This will be the sixth year in a row the school district has been able to reduce our property tax rate. The rate has fallen from \$15.93 to \$13.46—a **total decrease of \$2.47**.

The Treynor Community School's Board of Education reviewed the projected 2016-17 school budget at their March meeting. The levy rate paid during the 2015-16 school year is \$13.58. The new rate for 2016-17 is projected to decline to \$13.46. Therefore, the school's portion of your property taxes will be reduced by .12 cents.



Tax rate decreases for sixth straight year!

Special points of interest:

- ✓ The 2016-2017 school calendar is included in this newsletter and also posted on the website.
- ✓ Note the highlights and a few changes from previous years.
- ✓ Check out the article regarding the last day of school and make-up days.
- ✓ School's portion of the property tax rate to decline again this year!
- ✓ Last day of school is projected to be May 31!

2015-16 School Calendar

The school calendar for 2016-17 was approved at the March school board meeting. A copy of the calendar can be viewed on the school website under the "calendar" tab. Here are a few "highlights" within next year's calendar:

- Registration will be held on Monday, August 1 in the HS commons.
- School will begin on Wednesday, August 24 w/ a 1:00 p.m. dismissal on the first day.
- No School on Wednesday, November 23, prior to Thanksgiving break.
- The first semester will end on January 13, but semester tests will be given prior to Christmas break [as was done this year].
- Graduation is scheduled for May 21.
- The projected last day of school is Thursday, June 1.
- For students and staff, three extra days are included in the calendar for snow days, unforeseen cancellations, state tournament days, etc. If we don't use all the built in days, school could dismiss prior to June 1.

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Snow Day Update.....

At this time, we have missed 4 full days of school and encountered 1 late start. The school calendar includes three days built in for weather, state tournament days, etc... for students. At this point in time, students will need to make up 1 day plus any additional days that may be missed. Keep your fingers crossed for good weather! *If no additional days are missed*, the last day of school for students is projected to be May 31.

"District Details" ...a few notes from Superintendent Elwood

Treynor faculty and staff are scheduled to make up all days missed. Currently, the last day of work for faculty and staff is projected to be June 3. *A notice will be sent out mid-April with the final plan.*

As always, thanks for your continued support of our students, staff and programs.

Go Cardinals!

Mr. Elwood

OPTIMIST YOUTH APPRECIATION PROGRAM

The Optimists are sponsoring a "Youth Appreciation Program" to be held on Sunday, April 17th at 3:00 p.m. at Zion Congregational Church. Twenty students in grades 7-12 will be recognized. These students were selected by a vote of the teachers.

SCHOOL SUPPLY KITS



Parents of students in grades K-8—during the month of April, please be watching for forms to order school supply kits from Junior Treynor Women. These kits will contain all the supplies needed for the 2016-17 school year for your child's specific grade. The kits will be available for pickup before school starts in August. New this year will be the option of ordering online. Check out the order form for all the details. Thank you for supporting Junior Treynor Women and enabling them to sponsor their many community projects.



THANK YOU FROM THE MUSIC BOOSTERS



A big thank you from the Music Boosters to everyone who donated time, money and items for all the music activities throughout this school year.

Thanks to all of you, we had a great season!



FROM THE ELEMENTARY PRINCIPAL'S DESK



March came in like a lamb and definitely went out like a lion, and our students are certainly starting to get some spring fever. The kids had a great month and purchased books from our Scholastic Book Fair, took part in the 5th Annual Elementary Night of the Arts, and our 4th graders presented some amazing biographies.

April will prove to be just as busy with Iowa Assessments in grades 3 through 5, 1st, 2nd and 3rd grade have upcoming music concerts, and our spring FAST testing will begin. We will also host the annual Kindergarten Roundup on April 29th.

We look forward to the warm days that April will provide and the activities that our students will take part in. As we begin to wind down the school year, please let me know if you ever have questions or concerns about your children's education. Feel free to call, email or just stop in and say hello anytime. [712-487-3422 or jkay@treynorcardinals.org]

Thanks for all of your educational support and for making Treynor Elementary a wonderful place for everyone.

Mrs. Kay, Principal
Treyner Elementary School



UPCOMING ELEMENTARY EVENTS

- April 7 1st and 2nd Grade Music Concert @ 7:00 p.m. in West Gym
- April 8 Bank Teller Recognition Ceremony
- April 11 School Board Meeting @ 6:30 p.m.
Iowa Assessments for grades 3—5
- April 18 Spring FAST testing begins
- April 20 1:00 Early Dismissal—Teacher Inservice
- April 21 3rd Grade Music Concert @ 7:00 in Auditorium
- April 27 Progress Reports sent home
- April 29 Kindergarten Roundup



KINDERGARTEN ROUNDUP



If you have a student who will be in kindergarten next fall, please plan to attend Kindergarten Roundup on Friday, April 29th. If you don't have a child currently in school, please call the elementary office to make sure that your child is on our list. An informational letter was sent out in mid-March. If you have any questions, please contact Natalie or Mrs. Kay at 712-487-3422.



NOTES FROM THE MIDDLE SCHOOL PRINCIPAL MRS. BERENS



April 11-13	Iowa Assessments
April 20	1:00 Early Dismissal—Teacher Inservice
April 27	Progress Reports



Fourth quarter is here—don't let the school work slide!

In a few short weeks, students will be taking their annual spring tests. Starting on Monday, April 11, our middle school students will be taking the Iowa Assessments. The students will test at the beginning of each day on Monday/Tuesday/Wednesday of that week. The results have been used several ways including the following:

- √ Helps the school determine any subject areas or concepts that may need more teaching emphasis.
- √ Scores for schools throughout Iowa are posted on the Department of Education's website and families moving into the area compare school's test scores when deciding which school to enroll their children.
- √ A student's individual scores help determine if he/she is making appropriate academic progress or may need additional academic support.
- √ Taking the tests prepares students to take other standardized tests, including college entrance exams such as the ACT.
- √ Test results help determine if the school has met Annual Yearly Progress goals set by the state.

Please try to make sure that your child is getting plenty of rest and eating a nutritious breakfast before heading off to school each day so they are at their best for testing.

As always, please let me know if you ever have questions or concerns. Thank you for all of your educational support!

Mrs. Berens
Middle School Principal

PARENTS OF CURRENT 5TH GRADERS



Current fifth grade students will visit the middle school building on Friday, April 29th. Students will come over to hear about their schedule for next year, then they will buddy up with a 6th grader to tour the building and eat lunch. The student/parent orientation will be in August, more details to come this summer!

THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL.....

MR. McNEAL

The second semester seems to be flying by and we are now entering the last nine weeks of the school year. As the temperatures continue to warm up and we enter the spring seasons, I want to congratulate many students on their accomplishments over the last month.



Megan Lutz, Zach Schechinger, Madelyn Deitchler, Alex Larsen, Taci Beam, Andrew Jones, Emily Sutherland, Jett Keller, Taren Vacanti and Rachel Mejstrik participated in the WIC Honor Band Festival on March 21 at Tri-Center High School.

The Speech team had three individuals receive the honor of performing at All State Speech Festival in Cedar Falls on April 4 at UNI. These students are Taren Vacanti, Morgan Showalter and McKayla Olsen.

Thirteen students were inducted to National Honor Society on March 15. These students are Gabe Carolus, Luke Clausen, Madelyn Deitchler, Kaylee Finnegan, Kamryn Gillespie, Caleb Larsen, Payton Livengood, Klara Ticer, Clare Travis, Kendrick Umphreys, Madison Weber and Seth Young.

We had two teams participate in the WIC Quiz Bowl at Logan-Magnolia High School on March 16. The students who participated were Cameron Graber, Zach Mass, Megan Lutz, Mitchell Griffin, Brendan Mass, Allison Green and Alora Nowlin.

Congratulations to Zach Mass for being selected to be a "Guest Clerk" for Representative David Sieck in Des Moines on March 24. He got a chance to personally see how the legislature functions.

Parent-teacher conferences were held on March 22 and 24, and it was great to see so many parents attend.

As the spring athletic seasons begin, I wish them all good luck in their competitions.

Good luck to the Jazz Band at the Iowa Jazz Championships in Des Moines on April 5.

We will be taking the Iowa Assessments on Monday—April 11 through Wednesday—April 13. It is important for our students to be rested in order for them to do their best on the tests. Also please try not to schedule any appointments during the mornings on those days. We will be testing from 8:20—9:40.

Prom will be held on Saturday, April 23 at the Livestock Exchange Building in Omaha. Here is a schedule of events:

3:00—4:30	Parade of Stars
4:30—5:15	Travel to Livestock Exchange Building for dinner
5:15—6:00	Formal pictures taken by Gillespie Photography
6:00—7:00	Dinner
7:00—10:00	Dance
10:00—10:45	Travel to Post-Prom at the school
10:45—11:15	Change to casual clothes
11:15—5:00	Post-prom activities



SPRING MUSIC CONCERTS



April 7	First & Second Grade Concert @ 7:00 in the West Gym
April 21	Third Grade Concert @ 7:00 in the Auditorium
April 28	Fifth & Sixth Grade Band & Sixth Grade Vocal Concert @ 7:00 in the Auditorium
May 5	High School Fine Arts Night @ 7:30 in the Auditorium/MS Commons
May 10	Junior High Concert @ 7:00 in the Auditorium
May 17	Kindergarten Concert @ 7:00 in the West Gym

SPRING & SUMMER PASSES

Activity passes for spring (including track and soccer) and activity passes for summer (including softball and baseball) are available. These are separate passes which will admit one person to sixteen home contests for track/soccer or softball/baseball. Tournament games are not included. The passes reflect a significant 40% savings from paying admission at the gate. Adult passes are \$48 and student passes are \$29.

Passes can be purchased in the Superintendent's Office.



ST. PAUL LUTHERAN CHURCH GARAGE SALE



St. Paul Lutheran Church is having their annual garage sale on Friday, April 1st, 7:00 a.m. to 6:00 p.m. and Saturday, April 2nd, 7:00 a.m. to noon at the Vorthmann's shed at 31112 Highway 6 again this year! Food will be available for purchase while you shop. The proceeds will go toward our high school youth mission trip to Northern Cheyenne Reservation this July.

Please consider that you can donate to our sale, and items can be dropped off starting the afternoon of Sunday, March 27th through Wednesday, March 30th. Please contact Denise Wilson at 402-680-8172 if you have any questions or have items you would like to donate, but will need them picked up. Thank you for your support of our youth and their mission to serve others!

OPTIMIST "EAT FOR KIDS" BREAKFAST

Treynor Optimists will be hosting a fundraiser biscuits & gravy breakfast on Sunday, April 3, 2016. Breakfast will be served from 8:00 a.m. to 12:00 in the Treynor Middle School commons. Eggs, cinnamon rolls, fruit, juice and coffee will be served along with biscuits and gravy. All proceeds will go to support youth and youth activities in the Treynor community.

Treynor Optimists sponsor several scholarships for graduating seniors and also make the Can Kennel available to local organizations for fundraising—just to name two ways they support area youth.





presents

**SUMMER SPORTSMETRICS™
INJURY PREVENTION &
PERFORMANCE TRAINING**

Did you know that every year 1 in 100 high school female athletes will suffer a serious knee injury?

Sportmetrics™ is the scientifically proven program designed by Cincinnati SportsMedicine and Orthopaedic Center that can reduce your risk of injury AND enhance your performance.

Sportmetrics™ is a comprehensive jump training program that combines plyometrics, strength training and flexibility. It is the only scientifically proven program that reduces the risk of knee injury, increases jump power and improves leg strength for sports like soccer, basketball and volleyball that involve pivoting, cutting or jumping. **This is an excellent program for both girls and boys!**

Location: Treynor High School- West Gym
Address: 102 East Main Street Treynor, Iowa 51575
For: 7th grade students and up

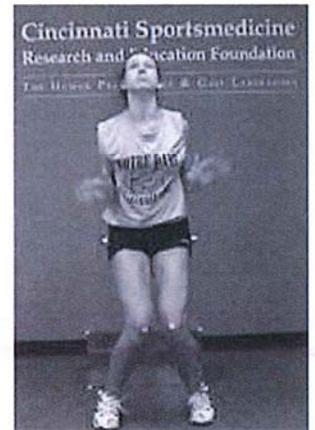
Dates:

- Pre-test: Friday June 3rd 2-3:30 pm
- Training: June 6th – July 15th ****The week of the 4th of July****

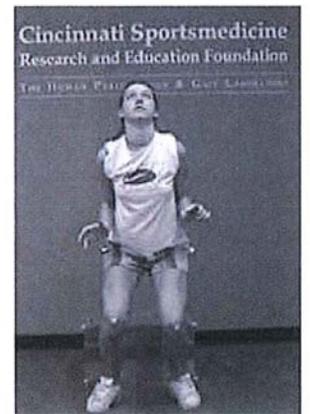
Mon, Wed, & Fri	Tues, Wed, & Fri
2:00 – 3:00 pm	2:00-3:00pm
- Post Test: Monday July 18th 2:00-3:30 pm

Cost: \$150 for all 20 sessions!

To Register e-mail: Your name, school, and the grade you will be entering to Stephanie Anderson at stephanie@flex-pt.com



Pre-Trained Landing



Post-Trained Landing

Don't Be Left On the Sidelines This Season!



Cardinal Financial Literacy Update

Financial Plans for the Ages



Pulled from the *Yes, You Can...* series of books, here are some thoughts on how you can help you and your children get on the path to financial independence and develop life-long habits that establish the basis for your financial plans during all stages of life.

For Younger Kids

"If you don't talk to your kids about money, who will?"

1. Develop your role as a Chief Financial Parent (CFP) by talking to your kids about the value of money.
2. Tell them family money stories about your earlier years and how their grandparents handled financial

hardships and successes.

3. Be a good role model by letting your kids see you manage the household budget and pay bills.
4. Give them an allowance, so you can teach them to manage their own money.
5. Hold family meetings and let your kids participate in spending decisions for everyday expenses.
6. Discuss the difference between needs and wants – and how to pay for them.
7. Take your kids to the bank and set up a savings account for each one.
8. Give them opportunities to earn extra money and let them decide how to use it.
9. Instead of always rewarding them with cash, express your family's values by offering a family outing or other type of reward.
10. Encourage your kids to give some of their money – and their time – to a charity or cause they choose.

For Teenagers

"If you are going to help your kids achieve financial independence, help them understand the need to control their wants."

1. Encourage your teens to earn money by starting a neighborhood service business.
2. If they run out of cash, don't give them more money or an advance.
3. Teach your kids how to comparison shop for brand names, price, quantity and size.
4. Take them to a flea market to see the savings from buying used items – and drive home the benefits of recycling.
5. Let your teens open a checking account and learn to balance the checkbook.
6. Allow them to use a debit card, so they can't spend more than they have in their account.
7. If your older teens get a credit card, have them set aside the money spent so they can pay the bill when it arrives.
8. Discuss whether they can handle a part-time job without neglecting their schoolwork.
9. Ask your older teens to serve as your money apprentice for a month, being responsible for writing out checks for every bill.
10. Help them set financial goals like saving money to buy a car. Ask them to plan for how they will pay for fuel, insurance and repairs.

For Young Adults and Newlyweds

"First, decide what you want most. Prioritize your wants, and then create a plan that meets your priorities."

1. Track your expenses so you can see where your money is going.
2. Set up a bill-payment system to avoid late fees.
3. Refinance your student loan and start paying it down.



Cardinal Financial Literacy Update

4. Establish an emergency fund to cover major car repairs, medical bills and other unforeseen expenses.
5. Don't charge more on credit cards than you can pay back each month.
6. Get health and car insurance with the largest deductibles you can manage.
7. Take advantage of any matching funds your company offers in a 401(k).
8. Start saving for a down payment to buy a home.
9. Pay yourself first®* – start saving something every month. Even small amounts will add up over time.
10. Become a money expert, or enlist the help of a qualified professional, such as a certified financial planner, to help advise you on long-term goals.

For Families

"Each of us must understand our own values, so we can better understand our options for guiding and protecting our family."

1. Have dinner as a family and share other times together every week.
2. Gather your family for a meeting to talk about priorities and what money means to each member.
3. Consider whether your family could live on one income.
4. Develop a budget together and make each member accountable for money he or she spends.
5. Search for family activities, such as playing, exploring and learning, that can be enjoyed on a limited budget.
6. Involve your kids in buying decisions – everything from groceries to electronics (which they probably know more about than you do!).
7. Establish an emergency fund to cover living expenses for three to six months.
8. Investigate a 529 Plan or other account to pay for college education.
9. Make the most of raises, windfalls and other extra money that comes your way.
10. Continue investing money for retirement so you won't ever be dependent on your kids.

Reaching Retirement

"During your life, you will earn a sizable fortune. Regardless of how much you earn, only what you save is really yours."

1. Realize that you will not be able to rely solely on Social Security benefits if you want to retire comfortably.
2. Consult with a financial expert to estimate how much more you need to put in savings and investments.
3. Plan to have your home paid off before you retire.
4. Increase your emergency reserve to six months or more living expenses.
5. Determine how much of your assets you can allocate each month.
6. Get supplemental health care insurance in addition to Medicare.
7. Evaluate whether you still need life insurance.
8. Review your will every few years and update as needed.
9. Consider buying insurance to cover long-term care and nursing home expenses.
10. Fulfill your dreams! Have fun planning what you want to do in retirement – travel, volunteering or maybe learning a new language.



Trey Community Schools

2016-17 School Calendar

Summary of Calendar:

Days in First Semester: 90
 Days in Second Semester: 90

- Professional Development Day
- Holiday / Vacation Day
- Parent-Teacher Conference Day
- Quarter Begins
- Quarter Ends (2:00 p.m. dismissal)
- Last Day of School / End of 4th Qtr.
- Progress reports sent home

180 Student Days:
 178 Classroom days
 2 Parent-Teacher Conf. days

190 Teacher Days:
 178 Classroom days
 2 Parent-Teacher Conf. days
 6 In-service days (+1 optional)
 4 Holidays

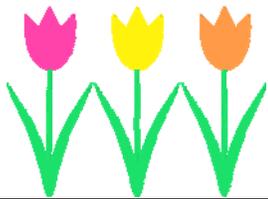
3 extra days are included within this calendar for snow days, unforeseen cancellations, state tournament days, etc... for students and staff. If we don't use all the built in days, school will be dismissed prior to June 1st. Cancellations beyond 3 days will be made up by all students and staff.

Days by Quarter:
 1st = 46 2nd = 44
 3rd = 43 4th = 47

* 1:00 Dismissal for Professional Development:
 Sept. 21 - Oct. 19 - Nov. 16 - Nov. 30
 Dec. 14 - Feb. 01 - Mar. 08 - Mar. 29
 Apr. 26 - May 10

					Hrs / week	Date	Event
AUG.	1	2	3	4	5	Aug. 1	Registration: 8 a.m. - 1 p.m. & 4 p.m. - 7 p.m.
	8	9	10	11	12	Aug. 18	New Staff Orientation
	15	16	17	18	19	Aug. 19, 22 & 23	Teacher PD
	22	23	24	25	26	Aug. 22	K-5 "Meet Your Teacher" night 4-6 p.m.
	29	30	31			Aug. 22	6th Grade Orientation 6:00 p.m.
					17	Aug. 24	First day of school - 1:00 dismissal
SEPT.				1	2		
	5	6	7	8	9	Sept. 5	Labor Day - No School
	12	13	14	15	16	Sept. 21	1:00 Dismissal ~ Teacher PD
	19	20	*21	22	23	Sept. 28	Progress reports sent home
	26	27	28	29	30	Sept. 30	Homecoming (vs. Guthrie Center/Adair-Casey)
OCT.							
	3	4	5	6	7		
	10	11	12	13	14	Oct. 7	Teacher PD - No School
	17	18	*19	20	21	Oct. 19	1:00 Dismissal ~ Teacher PD
	24	25	26	27	28	Oct. 28	End of 1st Quarter - 1:00 dismissal
	31					Oct. 31	Begin 2nd Quarter
NOV.							
	7	8	9	10	11	Nov. 1 & 3	Parent - Teacher Conf. - 2:00 dismissal
	14	15	*16	17	18	Nov. 4	No School (PT Conf. Comp. Day)
	21	22	23	24	25	Nov. 16	1:00 Dismissal ~ Teacher PD
	28	29	*30			Nov. 23-25	Thanksgiving Vacation
						Nov. 30	Progress reports sent home
						Nov. 30	1:00 Dismissal ~ Teacher PD
DEC.							
	5	6	7	8	9		
	12	13	*14	15	16	Dec. 14	1:00 Dismissal ~ Teacher PD
	19	20	21	22	23	Dec. 22	1:00 Dismissal
	26	27	28	29	30	Dec. 23 - 31	Christmas Vacation
JAN.							
	2	3	4	5	6	Jan. 2-3	Vacation
	9	10	11	12	13	Jan. 4	School Resumes
	16	17	18	19	20	Jan. 13	End of 2nd Quarter - 1:00 dismissal
	23	24	25	26	27	Jan. 16	Teacher PD - No School
	30	31				Jan. 17	Begin 3rd Quarter
FEB.							
	6	7	*8	9	10	Feb. 1	1:00 Dismissal ~ Teacher PD
	13	14	15	16	17	Feb. 15	Progress reports sent home
	20	21	22	23	24	Feb. 20	Teacher PD - No School
	27	28					
MARCH							
	6	7	*8	9	10	Mar. 8	1:00 Dismissal ~ Teacher PD
	13	14	15	16	17	Mar. 17	End of 3rd Quarter - 1:00 dismissal
	20	21	22	23	24	Mar. 20	Begin 4th Quarter
	27	28	*29	30	31	Mar. 21 & 23	Parent - Teacher Conf. - 2:00 dismissal
						Mar. 24	No School (PT Conf. Comp. Day)
						Mar. 29	1:00 Dismissal ~ Teacher PD
APRIL							
	3	4	5	6	7	April 13	No School - Teacher PD (optional day)
	10	11	12	13	14	April 14 & 17	Easter Vacation
	17	18	19	20	21	April 26	1:00 Dismissal ~ Teacher PD
	24	25	*26	27	28	April 26	Progress reports sent home
MAY							
	1	2	3	4	5	TBD	Assessment Tests (K-11)
	8	9	*10	11	12	May 5	Elementary Field Day (K-3)
	15	16	17	18	19	May 10	1:00 Dismissal ~ Teacher PD
	22	23	24	25	26	May 12	Elementary Track Meet (4-6)
	29	30	31			May 17	Senior Awards Night / Baccalaureate
						May 19	Projected last day for Seniors
						May 21	Graduation - 2:00 p.m.
						May 29	Memorial Day
JUNE							
	5	6	7	8	9	June 1	Last day of school - 11:00 dismissal
	12	13	14	15	16		
	19	20	21	22	23		
	26	27	28	29	30		

April 2016



Happy Spring!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Girls Golf @ Sidney 9:30 9th & 10th B & G Track @ Glenwood 11:00
3	4 All State Individual Speech Boys Track Here 4:30 Boys & Girls Soccer @ AHST 4:30/6:15	5 Iowa Jazz Championships @ Des Moines JH Track @ Underwood 4:00; Girls Track @ Clarinda 4:30	6	7 1st & 2nd Grade Concert 7:00 West Gym Girls Track @ Harlan 4:30	8 G & B Golf Riverside Here 4:00 Boys Track @ Boyer Valley 4:30; G & B Soccer Underwood Here 4:30/6:00	9 State Solo & Ensemble Contest
10 Iowa Assessments	11 G & B Golf AHST Here 4:00 Boys Track @ Tri Center 4:30 Girls Soccer St. Albert Here 4:30	12 Girls Track @ Lewis Central 4:00 JH Track Here 4:00	13	14 JH Track @ F-M Girls Track @ Tri-Center 4:30 Boys Soccer N.V. Here 5:00	15 G & B Golf @ Audubon 4:00; Boys Track @ Underwood 5:00; G/B Soccer @ MV 4:30/6:30	16
17 Optimist Youth Appreciation @ Zion 3:00	18 Elem. Field Trip to Joslyn G & B Golf Griswold Here 4:00; Boys Track Here 4:30	19 Girls Track Here 4:30 Boys Soccer @ AHSTW 6:00	20 1:00 Early Dismissal—Teacher Inservice	21 3rd Grade Concert @ 7:00; WIC Art Show B & G Golf @ MV 4:00; G Var Soccer @ Riverside 5:00 B Track @ Gris-	22 WIC Art Show @ Lo-Ma Girls Track @ Underwood 5:00	23 WIC Art Show @ Lo-Ma; B Soccer @ Glenwood 8:30; B Golf @ Denison Prom
24 WIC Art Show @ Lo-Ma	25 G Track @ Harlan 4:30; G & B Golf IKM-M Here 4:00; G & B Soccer Glenwood Here 4:30/6:15 B Track @ Glenwood 4:30	26 Boys Golf @ St. Albert 3:30 Boys Track @ Audubon	27 Progress Reports Sent Home	28 JH Track @ Red Oak 4:00; G/B Golf @ Logan 4:00; G Track @ Woodbine 5:00; G /B Soccer AHST Here 4:30/6:15; 5/6 Band & 6 Vocal Concert	29 Kind. Roundup B Track @ Red Oak 5:00 JV B Soccer AHSTW Here 6:00	30 JH Band Contest @ Red Oak B Soccer @ Riverside 8:00 G Soccer @ Denison 9:00

May 2016



Happy Mother's Day!
Congrats Grads!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Baseball Practice Begins G & B Golf @ Underwood 4:00 G & B Soccer @ West Central Valley 5:30/7:00	3 WIC G & B Track @ Tri-Center 4:00	4 1:00 EARLY DISMISSAL TEACHER INSERVICE WIC G & B Golf @ Atlantic 9:00 am	5 Fine Arts Night 7:30 JH Track @ Underwood 4:00	6 K-3 Field Day G & B Golf @ T-C 4:00; G & B Track @ Underwood 5:00 B Soccer A.L. Here 4:30	7 State Large Group Music Festival @ Abraham Lincoln, C.B.
8 Mothers Day 	9 Softball Practice Begins JH Track @ M.V. 4:00 Girls Track @ T-C 4:30	10 G & B Soccer T-C Here 4:30/6:00 Girls Golf @ Glenwood 4:30 JH Spring Concert 7:00	11	12 Girls & Boys District Track Here 5:00	13 Grades 4—6 Track Day G Soccer A.L. Here 4:30 B Soccer @ WCV 5:30 B Sect. Golf	14
15	16 JH Track @ Shenandoah 4:00 G Regional Golf G & B Soccer @ Underwood 4:30/6:00	17 Kindergarten Spring Concert 7:00 G Soccer T.J. Here 4:30	18 Senior Awards Night @ 6:30 Baccalaureate @ St. Paul Lutheran Church 8:00	19 G & B State Track in Des Moines	20 G & B State Track in Des Moines B Soccer @ Riverside 6:00 B District Golf	21 Girls Soccer @ T.J. 8:00 Girls & Boys State Track in Des Moines
22 Graduation 2:00 	23 G Regional Golf B SubState Soccer Multi-cultural Night 6-8:00 @ MS/HS	24 JV/V SB/BB Riverside Here 5:30/7:30	25 G Var Soccer Riverside Here 4:30 Boys Sub-State Soccer	26 JV/V SB/BB @ Mo Valley 5:30/7:30 Girls Regional Soccer	27 JV/V SB/BB Underwood Here 5:30/7:30 Boys State Golf	28 Baseball A.L. Here 1:00 Boys SubState Soccer Boys State Golf
29	30 Memorial Day 	31 Girls Regional Soccer Girls State Golf 9th BB @ T-C 3:30; JV/V SB/BB @ T-C 5:30/7:30				



TREYNOR COMMUNITY SCHOOL

April, 2016 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Juice or Fruit Cereal WG Toast
(We reserve the right to make changes or substitutions as necessary.)				Chicken Shapes K-5 Stir Fry 6-12 Green Beans K-5 Rice Pineapple/Oranges (No 2nd Choice)
4 Juice or Fruit (1/2 c. required) Cereal Breakfast Bar	5 Juice or Fruit WG Pancake Stick Syrup	6 Juice or Fruit Eggs Hash Browns 6-12 WG Toast	7 Juice or Fruit Breakfast Pizza	8 Juice or Fruit Cereal WG Toast
WG Calzone Pizza Sauce Spinach Salad Peas/Carrots Pears (6-12 Salad Bar)	Pork Fritter Steak Mashed Potatoes/Gravy Green Beans WG Bread 6-12 Peaches Jello Cake (4-12 Salad Bar)	Chicken Noodle Soup Grilled Cheese Peas Carrots/Celery Applesauce (4-12 Salad Bar)	Chicken Parmesan Steamed Broccoli Marinara Sauce WG Bread Stick Fresh Fruit (4-12 Salad Bar)	Pizza K-5 Fiestada 6-12 Relish Tray 9-12 Fresh Veggies K-8 Corn Pineapple & Cookie (No 2nd Choice)
11 Juice or Fruit Cereal Granola Bar	12 Juice or Fruit WG Pancake Syrup	13 Juice or Fruit Eggs WG Cinnamon Roll	14 Juice or Fruit WG Egg Bagel K-5 Biscuits/Gravy 6-12	15 Juice or Fruit Choice of Cereal WG Toast
Chicken Wrap Savory Rice Steamed Carrots Pepper/Onion 9-12 Peaches (6-12 Salad Bar)	French Toast Sausage Triangles Fruit (4-12 Salad Bar)	Sloppy Joe K-5 BBQ Pork 6-12 Potato Wedges Carrots & Cucumbers Side-kicks 6-12 Pineapple (4-12 Salad Bar)	Hot Dog Baked Beans Fresh Veggies Sun Chips Orange Smiles (4-12 Salad Bar)	Chicken Nuggets Broccoli/Cheese Potato Coins Pineapple & Mandarin Oranges (No 2nd Choice)
18 Juice or Fruit (1/2 c. required) Cereal NutriGrain Bar	19 Juice or Fruit WG French Toast Sticks Syrup	20 Juice or Fruit Cereal Breakfast Bar K-5 Egg Biscuit 6-12	21 Juice or Fruit Omelet WG Toast	22 Juice or Fruit Cereal WG Donut
Chicken on Bun Potato Wedges Buttered Beets Applesauce Apple Crisp (6-12 Salad Bar)	Beefy Taco Refried Beans Green Beans Peaches Graham Cookie (4-12 Salad Bar)	Pasta & Sauce K-5 Pasta Bar 6-12 Garlic Toast Peas Pineapple (4-12 Salad Bar)	Hot Ham & Cheese K-5 Grilled Ham & Cheese 6-12 Potato Triangles Mixed Vegetables Kiwi (4-12 Salad Bar)	Hamburger on Bun Oven Fries Garden Salad Pears (No 2nd Choice)
25 Juice or Fruit Cereal Breakfast Bar	26 Juice or Fruit Pancakes Sausage	27 Juice or Fruit WG Egg Bagel K-5 Biscuits/Gravy 6-12	28 Juice or Fruit Breakfast Pizza	29 Juice or Fruit Cereal WG Toast
Corn Dog Mac & Cheese Peas Carrots Applesauce (6-12 Salad Bar)	Mr. Ribb Oven Fries Fresh Veggies Pears Cookie (4-12 Salad Bar)	Beef & Noodles 6-12 Mashed Potatoes Chicken Noodles K-5 Green Beans Fresh Broccoli Pineapple (4-12 Salad Bar)	Walking Taco Refried Beans Corn Fresh Fruit (4-12 Salad Bar)	Chicken Strips Potato Puffs Mixed Vegetables Peaches (No 2nd Choice)

Elementary: \$1.25 Breakfast—\$2.05 Lunch; Extra Milk \$0.50

MS-HS: \$1.25 Breakfast—\$2.20 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice. Treynor Community School is an equal opportunity provider.



Trey nor Community School

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We're on the Web!

www.treynorschools.org

POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED

Trey nor Community School does not discriminate in its' policies or programs on the basis of race, color, creed, religion, age, sex, handicap, national origin, marital status, sexual orientation, gender identity, socio-economic status or ancestry. Trey nor Schools supports Affirmative Action and Equal Opportunity Employment.

LUNCH ACCOUNTS & IND. TECH FEES



Just a reminder with the end of the school year approaching—all lunch accounts must have a positive balance on the last day of school. Students who have a negative lunch balance will not be able to sign out for the year.

Fees will also be due for Industrial Tech. classes and projects. Please check the bulletin board in the Middle School Commons. Lists are posted through Hex 3. Payment can be made in the Middle School or Superintendent's Office.

CHECK OUR WEBSITE DAILY

So many articles of information regarding upcoming and past events are posted to the school website that we'd like to encourage you to make www.treynorschools.org a daily stop during your web browsing. We try to reserve email notices to items that are important or that have deadlines, so we ask that you visit the website regularly to stay up to date on the happenings at Trey nor CSD. If you have Facebook or Twitter, you can also visit the District/Social Media page to follow Trey nor CSD.

