

TREYNOR COMMUNITY SCHOOL

October, 2020 Breakfast & Lunch Menus

Elementary: \$1.35 Breakfast—\$2.45 Lunch; Extra Milk \$0.50

MS-HS: \$1.35 Breakfast—\$2.60 Lunch; Extra Milk \$0.50



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Juice or Fruit Egg Wrap	2 Juice or Fruit WG Cereal WG Banana Bread
Fresh Vegetable Bar Monday-Friday	(We reserve the right to make changes or substitutions as necessary.)		Hot Dog Baked Beans Chips Pineapple (4-5 Chef salad) (4-12 Salad Bar)	Chicken Nuggets Potato Fruit WG Bread 9-12 (No Salad Bar)
5 Juice or Fruit (1/2 c.) WG Cereal WG Breakfast Bar	6 Juice or Fruit French Toast Sausage	7 Juice or Fruit Biscuits & Gravy	8 WG Banana Muffin Fruit Cup	9 Juice or Fruit WG Cereal Donut
Pizza Peas & Carrots Peaches Cookie (6-12 Salad Bar)	Popcorn Chicken Mashed Potatoes/Gravy Corn Pears WG Bread 6-12 (4-5 Chef Salad) (6-12 Salad Bar)	Hot Ham & Cheese Potato Wedges Pasta Salad 6-12 Fruit (4-5 Chef salad) (6-12 Salad Bar)	Chicken Noodle Soup (K-5) Chili 6-12 Crackers Carrots & Celery Applesauce Cinnamon Rolls (4-5 Chef Salad) (6-12 Salad Bar)	Stir Fry Seasoned Rice Vegetables Pineapple/Oranges (No Salad Bar)
12 Juice or Fruit (1/2 c.) WG Cereal Breakfast Bar	13 WG Mini Cinni Fruit Cup	14 Fruit or Juice WG Cereal Breakfast Bar	15 Fruit or Juice Breakfast Pizza	16 Fruit or Juice WG Cereal WG Toast OR Breakfast Bar
Mac & Cheese Corn Dog Mixed Vegetable Applesauce (6-12 Salad Bar)	Walking Taco Potato Coins Black Bean Salsa Lettuce, Tomato, Cheese Pears 4-5 Chef Salad) (6-12 Salad Bar)	Chicken Strips Broccoli & Cheese Pineapple WG Bread 6-12 (4-5 Chef Salad) (6-12 Salad Bar)	Chicken Parmesan Marinara Sauce Green Beans Garlic Bread Peaches (4-5 Chef Salad) (6-12 Salad bar)	Pizza Sticks K-5 School Made Pizza 6-12 Corn Garden Salad Fruit (No Salad Bar)
19 Fruit or Juice (1/2 c.) WG Cereal Breakfast Bar	20 Fruit or Juice Pancake Stick	21 Fruit or Juice WG Cereal Breakfast Bar	22 Fruit or Juice Egg, Sausage & Cheese Biscuit	23
Breakfast Pizza Sweet Potato Fries Veggie & Hummus Pears String Cheese 9-12 (6-12 Salad Bar)	Sloppy Joe Oven Fries Green Beans Applesauce (4-5 Chef Salad) (6-12 Salad Bar)	Crispito's Black Beans & Rice Potato Coins Cheese Sauce Peaches (4-5 Chef Salad) (6-12 Salad Bar)	Pork Fritter K-5 BBQ Pork Roast 6-12 Cheesy Potatoes Peas Dinner Roll 6-12 Applesauce (4-5 Chef Salad) (6-12 Salad Bar)	No School
26 Fruit or Juice (1/2 c.) WG Cereal Breakfast Bar	27 Fruit or Juice WG Pancakes	28 Fruit or Juice WG Cereal Breakfast Bar	29 Fruit or Juice Grab-N-Go K-5 Tornados 6-12	30 Fruit or Juice WG Cereal Breakfast Bar
Fiestada Corn Pineapple/Oranges (6-12 Salad Bar)	Pasta & Meatballs Green Beans Bread Sticks Spinach Salad Peaches (4-5 Chef Salad) 6-12 Salad Bar)	Mr. Ribb/Bun Peas Fresh Fruit (4-5 Chef Salad) (6-12 Salad Bar)	Hamburger on Bun Oven Fries Lettuce, Tomato, Onion Peaches Brownie (4-5 Chef Salad) (6-12 Salad Bar)	Spooky Nuggets Web Fries Fresh Carrots "EEK" Side Kicks (No Salad Bar)

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice. Treynor Community School is an equal opportunity provider.