


# TREYNOR COMMUNITY SCHOOL

## November 2021 Breakfast & Lunch Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Juice or Fruit WG Cereal Breakfast Bar	2 Juice or Fruit Grab & Go Pancakes	3 Juice or Fruit WG Cereal Breakfast Bar Biscuit & Gravy 6-12	4 Juice or Fruit Breakfast Combo K-5 Tornados 6-12	5 Juice or Fruit WG Cereal Donut
Chicken Wrap Savory Rice Steamed Carrots Pears  6-12 Salad Bar	Grilled Chicken /Bun Green Beans Fruit WG Cookie  4-12 Salad Bar	Chicken Noodle K-5 Chili 6-12 Crackers Carrots & Celery Applesauce Cinnamon Roll 4-12 Salad Bar	Ravioli Marinara Sauce Roasted Broccoli Peaches Garlic Bread  4-12 Salad Bar	Chicken Nuggets Corn Pineapple/Oranges WG Bread 6-12  No Salad Bar
8 Juice or Fruit WG Cereal Breakfast Bar	9 Juice or Fruit Yogurt Breakfast Bar	10 Juice or Fruit Biscuit & Gravy	11 Juice or Fruit Breakfast Pizza	12 Juice or Fruit WG Cereal Toast
Mac & Cheese Corn Dog Mixed vegetable Applesauce  6-12 Salad Bar	Taquitos Cheese Sauce Refried Beans Potato Coins Pears  4-12 Salad Bar	Hot Dog/Bun Peas Chips Spinach Garden Salad Fruit  4-12 Salad Bar	Turkey & Gravy Mashed Potatoes Green Beans Dressing Dessert  NO Salad Bar	Hamburger/Bun Oven Fries Peaches  No Salad Bar
15 Juice or Fruit WG Cereal Breakfast Bar	16 Juice or Fruit WG Pancakes Sausage	17 Juice or Fruit WG Cereal Breakfast Bar Biscuit & Gravy 6-12	18 Juice or Fruit WG Banana Muffin Fruit Cup	19 Juice or Fruit WG Cereal Breakfast Bar
Pizza Crunchers K-5 Fiestada 6-12 Mixed Vegetables Pineapple  6-12 Salad Bar	Chicken Patty Triangle Potato Carrots Fresh Fruit  4-12 Salad Bar	Popcorn Chicken Mashed Potatoes /Gravy Corn Applesauce WG Bread 6-12  4-12 Salad Bar	Nachos Black Bean Salsa Corn Lettuce, Tomato, Cheese Pears  4-12 Salad Bar	Grilled Ham & Cheese Green Beans Spinach Garden Salad Peaches  No Salad Bar
22 Juice or Fruit WG Cereal Breakfast Bar	23 Juice or Fruit French Toast Sausage	24 No School	25 No School	26 No School
Chicken Fried Steak Mashed Potatoes/Gravy Peas Peaches 6-12 WG Bread NO Salad Bar	Chicken Strips Corn Pears  NO Salad Bar	No School		No School
29 Juice or Fruit WG Cereal Breakfast Bar	30 Juice or Fruit Breakfast Combo			
Cheese Bites Marinara Sauce Green Beans Pears Bug Bites 9-12  6-12 Salad Bar	Beef & Gravy Over Mashed Potatoes Corn Applesauce WG Bread 6-12  4-12 Salad Bar	Fresh Vegetable Bar Monday-Friday	(We reserve the right to make changes or substitu- tions as necessary.)	

Extra Milk \$0.50

Breakfast includes 100% juice and or fruit and a milk choice. All lunches include a fruit and or vegetable choice available each day, whole grain bread and buns are served along with a daily milk choice. Treynor Community School is an equal opportunity provider.