



TREYNOR COMMUNITY SCHOOL
 February 2023
 Breakfast & Lunch Menu
 Breakfast \$1.45 K-5 Lunch \$2.55 6-12 Lunch \$2.70
 Extra Milk \$0.50



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| (We reserve the right to make changes or substitu- | | 1 Juice or Fruit WG Cereal k-5 Breakfast Bar k-5 | 2 Juice or Fruit Eggs & Cheese WG Toast | 3 Juice or Fruit WG Cereal WG Banana Bread |
| Fresh Vegetable Bar Monday-Friday | | Hot Dog Baked Beans Chips Applesauce 4-12 Salad Bar | Pasta & Meatballs Mixed Vegetables Spinach Garden Salad Garlic Bread Pears 4-12 Salad Bar | Pizza K-5 School Made Pizza 6-12 Corn Peaches No Salad Bar |
| 6 Juice or Fruit WG Cereal WG Breakfast Bar | 7 Juice or Fruit Pancake Stick | 8 Juice or Fruit Biscuits & Gravy | 9 Juice or Fruit Breakfast Combo | 10 Juice or Fruit WG Cereal Donut |
| Pizza Crunchers Mixed Vegetables Pineapple/Oranges 6-12 Salad Bar | Chicken Drumstick Mashed Potatoes/ Gravy Peas Fruit Bread 6-12 4-12 Salad Bar | Hamburger/Bun Lettuce, Tomato, Onion Oven Fries Fresh Fruit Cookie 4-12 Salad Bar | Walking Taco Cheese, Lettuce, Tomato Refried Beans Potato Coins Pears 4-12 Salad Bar | Chicken Nuggets Broccoli & Cheese Peaches Bread 6-12 No Salad Bar |
| 13 Juice or Fruit WG Cereal WG Breakfast Bar | 14 Juice or Fruit WG Mini Cinni Sausage | 15 Juice or Fruit WG Cereal Breakfast Bar | 16 Juice or Fruit Breakfast Pizza | 17 Juice or Fruit WG Cereal Breakfast Bar |
| Chicken Wrap Savory Rice Steamed Carrots Applesauce 6-12 Salad bar | Nachos Lettuce, Tomato, Cheese Refried Beans Potato Rounds Pears 4-12 Salad Bar | Deli Sub Cheese, Lettuce, Tomato Chips Fresh Fruit Blond Brownie 4-12 Salad Bar | BBQ Pulled Pork Peas Cheesy Potatoes Applesauce Dinner Roll 4-12 Salad Bar | Chicken Patty/Bun Tomato Green Beans Peaches No Salad Bar |
| 20 No School | 21 Juice or Fruit French Toast Sausage | 22 Juice or Fruit WG Cereal Breakfast Bar Biscuit & Gravy 6-12 | 23 Juice or Fruit Egg, Sausage , Cheese ,Biscuit | 24 Juice or Fruit WG Cereal WG Breakfast Bar |
| No School | Chicken Strips Baked Beans Pears WG Bread 6-12 4-12 Salad Bar | Mac & Cheese Corn Dog Mixed Vegetable Applesauce 4-12 Salad Bar | Lasagna Rollups Marinara Sauce Spinach Salad Peaches Garlic Bread 4-12 Salad Bar | Cheese Pizza Corn Pineapple Bug Bites 9-12 No Salad Bar |
| 27 Juice or Fruit WG Cereal Breakfast Bar | 28 Juice or Fruit Pancakes & Sausage | | | |
| Popcorn Chicken Mashed Potatoes/ Gravy Corn Peaches 6-12 Salad Bar | Quesadilla Tater Tots Applesauce Cookie 4-12 Salad Bar | | | |

Breakfast Includes 100% juice or fruit and a milk choice. All lunches include a fruit and or vegetable choice each day.
 Treynor Community School is an equal opportunity provider.