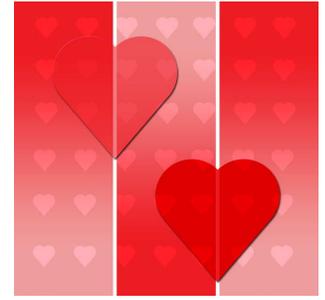


Treynor Community School

"COMMITTED TO EXCELLENCE"



NEWSLETTER

February, 2012

ANOTHER SUCCESSFUL SPEECH SEASON UNDERWAY!

The Treynor speech program continues to flourish year after year under the direction of head speech coach Marilyn Abbott. This year we have over 60 students participating in large group and individual speech. Due to the continued growth and hard work of our students and coaches, the expectations are once again set high for our thespians. District Large Group was held at Lewis Central on January 21. After a day of outstanding performances, 11 groups (over 30 students) qualified for State Large Group. The State event will be held on February 4 at Ankeny High School. Congratulations to Coach Abbott and all the speech students on their success thus far. As Large Group starts to wind down, Individual speech will be kicking off soon. When you get a chance, stop by one of the upcoming contests to support our speech students:



Eleven groups (over 30 students) qualify for State!

Special points of interest:

- ✓ Outstanding performances at District Large Group contest.
- ✓ Eleven groups (over 30 students) qualified for State Large Group.
- ✓ State Large Group will be held on Feb. 4th at Ankeny High School.
- ✓ Check out the winter concert schedule!
- ✓ 1:1 laptop initiative rollout was a success— all 9-12 students now are using laptops in and out of the classroom!

February 4	State Large Group	Ankeny High School
February 18	Large Group All-State	Iowa State University
TBD	WIC Individual Events	Tri-Center High School
February 25	District Individual Events	Logan-Magnolia High School
March 10	State Individual Events	Ames High School

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WINTER CONCERTS



The high school winter concert will be held on Thursday, February 9 at 7:30 p.m. in the auditorium. This concert will feature the high school choir, concert band, jazz choir and jazz band.

The Pops Concert is scheduled for Thursday, March 15 beginning at 5:30 in the west gym. This will include a meal along with small groups, jazz choir and jazz band.

ELEMENTARY VALENTINE'S DAY PARTIES



Elementary Valentine's Day parties will be held on Tuesday, February 14th beginning at 2:15 p.m.

LAST CHANCE FOR ELEMENTARY YEARBOOKS

Last chance to order a Treynor Elementary Yearbook! The deadline for ordering a Treynor Elementary Yearbook is January 31, 2012, if ordering online (www.jostens.com), or Friday, January 27, 2012 if paying by cash. Elementary yearbooks are soft-sided and in full color for only \$15.00. They will be delivered by the end of the school year. To place an order, complete the order form sent home with all elementary students and return or contact the yearbook advisor, Jennifer Anderson, at janderson@treynorcardinals.org.

THS

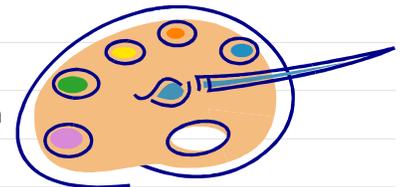
BUFFALO WILD WINGS SCHOOL NIGHT



Starting in February, Buffalo Wild Wings will be hosting a Community School night again with 10% of the profits going to Treynor Post Prom. Please set aside Monday evening, February 6th to take your family to Buffalo Wild Wings for dinner. Tell all your friends and family about this evening as the more people go, the more that gets donated to our school. Please be sure to tell your waitress you are there representing Treynor Schools. Thanks for all of your support!

ELEMENTARY NIGHT OF THE ARTS

On Tuesday night, March 6, from 6:30—8:00 p.m., Treynor Elementary School will host a Night of the Arts celebration. The halls will be lined with Kindergarten through 5th grade students' amazing artwork. Visitors are also invited to an ice cream social in the cafeteria where you can create your own work-of-art ice cream sundae. We hope that you are able to join us for this special event to celebrate our kids and their talent!



FROM THE ELEMENTARY PRINCIPAL'S DESK



Although the students may disagree, I am personally pleased with the weather we have been enjoying during the month of January. Our students continue to perform at very high levels and have enjoyed many different activities including the second round of DIBELS testing, Kindergarten Muffins for Moms, Cardinal Branch Bank, Lunch with Mr. Larsen, Art & Book Clubs, Junior Dance Camp, Invention Convention, Rock in Prevention assembly, 1-H Class of the Month pizza party, and our second Accelerated Reading Cardinal Cart of the year.

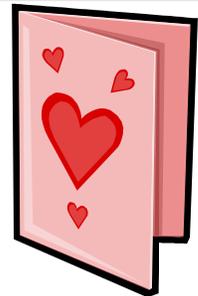
February proves to be very busy as well with our classroom Valentine's parties as the highlight. We also have our last Box Tops for Education submission on February 24th, so please send those to school with your children as soon as possible.

As always, please feel free to contact me if you have questions, comments or concerns on happenings here at the elementary school!

Mr. Larsen
Treynor Elementary School

UPCOMING ELEMENTARY EVENTS

February 1	Elementary Book Club @ 3:30 p.m.
February 8	Progress Reports sent home Elementary Art Attack @ 3:30 p.m.
February 14	Elementary Valentine's Day parties @ 2:15 p.m.
February 15	Elementary Book Club @ 3:30 p.m.
February 20	No School/Teacher Inservice
February 22	Elementary Art Attack @ 3:30 p.m.



2011 ELKS HOOP SHOOT WINNERS



Congratulations to the following place winners in the annual Elks Hoop Shoot Contest held in Mr. Van Winkle's PE classes during the month of December:

	<u>8-9 year olds</u>	<u>10-11 year olds</u>	<u>12-13 year olds</u>
1 st Place	Alyssa Kellar	Regan Harter	Madelyn Deitchler
2 nd Place	Livia White	Faith Juelsgaard	Lauren Bilek
1 st Place	Caden Waffle	Jack Stogdill	Seth Young
2 nd Place	Noah James	PJ Peatrowsky	Connor Wiggins

The first place winner in each age group advanced to the local Elks Hoop Shoot contest held at Wilson Junior High in Council Bluffs on Saturday, January 14th. We know these students will be great representatives of Treynor Elementary ~ Good Luck!

NOTES FROM THE MIDDLE SCHOOL/HIGH SCHOOL PRINCIPAL.....MRS. BERENS



February 8
February 20

Progress Reports Sent Home
No School—Teacher Inservice



1:1 laptop initiative—mission accomplished!

We had our 1:1 laptop rollout event for high school students and their parents on Monday, January 16th. I was unable to attend the event due to an unexpected death in the family; however, I have heard nothing but positive comments from those in attendance. The students spent the following school day learning about things that they will all be required to know how to use such as: Google docs, Gmail/calendar, school website navigation, program selection, file backup, DyKnow, finding/organizing server folders, personalizing desktop, password management and installing printers. Students also spent some time on exploratory classes that included: Picasa, Skype, One note, Windows live, Audacity, Microsoft math/equation editor, Google sketch up, and Google earth. The students were very engaged in their learning throughout the day and they all are looking forward to the learning that will come through the use of their laptops.

On a different note, I was reading an article and wanted to share its' content with you. As we all know, it is never too early to begin teaching children how to be caring, confident, self-aware and respectful of those around them. Of course, parents are a child's first teacher in teaching character lessons, but moms and dads should be pleased and confident in knowing that many schools across America, as well as pre-schools and daycare settings, are teaching and reinforcing these efforts as well.

La Petite Academy offers a curriculum called "*Kids of Character*" to teach children (from preschool on) the fundamentals of character building, including: teamwork, kindness, honesty, citizenship, responsibility and respect. Following are five tips La Petite Academy shares with parents on how to raise "Kids of Character."

1. **Volunteer with your child.** By making community service a regular part of your child's life, you reinforce the importance of giving to others/sharing and help him or her develop a greater awareness of the world and the diversity of people in it. Volunteer outings together also provide great opportunities to spend quality time together as a family. At La Petite, kids are asked to join with parents in two annual fundraising events per year for the Make-A-Wish Foundation. The events are not only fun family activities, but also raise considerable money for a worthy cause.
2. **Treat others as you'd like your child to treat them.** You are your child's first and most influential teacher and they are always watching you. "Modeling" your own kind and caring behavior towards friends and relatives is an effective way to teach your children how to be good to others. Show what being a good friend is about and tell your children how to treat people with kindness and respect.
3. **Be your child's problem "helper" versus problem solver.** Guide and support your children as they work through conflicts or struggles, but avoid doing for them what they have the skills to accomplish on their own. Rather than anticipating and dissolving potential struggles for your child before they happen, become a partner and join his/her efforts to work through them together.
4. **Encourage your child to be truthful, but focus on correcting behavior versus pressuring them into "confessing."** Children often stretch the truth or make up stories to avoid getting in trouble after misbehaving. By rationally focusing on a behavior problem rather than showing disappointment about you child's cover-up/lie, you send a direct message that he or she shouldn't fear being disciplined and thus telling a story is not necessary.
5. **Engage and involve your child in everyday tasks.** Asking for their help makes children feel useful and important. By regularly involving your child in age-appropriate jobs with you, you're helping him/her develop a sense of responsibility and familiarity working with others.

ST. PAUL LUTHERAN PRESCHOOL RATED



St. Paul Lutheran Preschool was notified on December 27, 2011 that their facility and staff have achieved the highest rating assigned to licensed child care centers by the Iowa Department of Human Services in the Department's Quality Rating System (QRS).

The Quality Rating System is a program that measures the quality of care provided by child care centers. The highest level that a center can achieve in the QRS is a 5 star rating. This is the level that St. Paul Lutheran Preschool has been awarded.

The application process to achieve the highest rating level is quite extensive and requires many hours of self-assessment that is validated by a QRS specialist. As a final component, St. Paul facility and staff were required to have a two day observation by an Iowa State University evaluator. The entire process indicates that the staff at St. Paul is truly dedicated and committed to providing quality care and a quality program.

If you have any comments or questions about the QRS or the Preschool, please give St. Paul Lutheran Preschool a call at (712) 487-3960 or checkout the information at www.stpaultreynor.org.



OPEN ENROLLMENT DEADLINE

Parents/guardians considering the use of the open enrollment option to enroll their child/children in another public school district in the State of Iowa should be aware of the following dates:

March 1, 2012: the last date for regular open enrollment requests for the 2012-2013 school year, except for "good cause" reasons or kindergarten applications.

Kindergarten applications must be filed on or before September 1 of the school year in which open enrollment is requested. (September 1, 2012 for the 2012-2013 school year).

For further details, contact the school superintendent's office at 712-487-3414.



Happy Valentine's Day!

The cheerleaders would like to help you encourage someone this Valentine's Day. Carnations or **milk chocolate candy bars** can be delivered to anyone working or attending school at Treynor.

(Single carnation orders will be red. Bunches will be red & white or multi-color (depending on availability))

Return one completed form for each recipient (with payment) to school office by Monday, February 6th.

The cost is \$2.00 for each carnation or candy bar if the order is placed by Feb. 6th

The cost is \$3.00 each for orders received after Feb. 6th.

Name of the person receiving the candy bar(s) or flower(s): _____
First & Last Name *Grade/Teacher*

Number of **carnations** _____ x 2.00 = _____

Number of **candy bars** _____ x 2.00 = _____

Message with Flower(s) ~ Mark One:

_____ I/We love you! From _____

_____ Happy Valentine's Day! From _____

_____ Friends Forever! From _____

_____ Write your own message: _____

Message on Candy Bar Wrapper(s):

_____ I/We love you! From _____

_____ Happy Val. Day! From _____

_____ Friends Forever! From _____

_____ Write your own message: _____



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_____ Happy Val. Day! From _____

_____ Friends Forever! From _____

_____ Write your own message: _____

Cardinal Counseling



Connections

Newsletter for HS/MS students and parents from the MS/HS counselor

Phone: 487-3181

Email: sirvin@treynor.k12.ia.us

February, 2012

Completing the FAFSA

February is a good month to get the FAFSA filed. If any students want to apply for financial aid, the FAFSA must be filed either electronically or on paper. FAFSA Day will be February 17 at Treynor High School. Seniors should have received a letter explaining the the FAFSA Day and how it will work. It is totally optional to participate in the FAFSA Day, but if a senior family does not participate, they are still responsible to file the FAFSA on their own.

Why complete the FAFSA?

1. To qualify for federal and state financial aid programs based on need.
2. To be eligible for a federal Stafford student loan regardless of need or income.
3. Some colleges want a FAFSA filed before they distribute their own institutional financial aid (scholarships and activity awards)
4. Some scholarships require page one of the Student Aid Report to be included with scholarship materials. The Student Aid Report is generated by completing the FAFSA.
5. The FAFSA is free and it can possibly yield positive benefits. With some assistance and organization, it is not difficult to complete.
6. If a parent employment status would change due to illness or loss of job, it is nice to have filed a FAFSA for financial aid assistance.
7. You never know for sure what your financial aid status is until you complete the FAFSA.

Financial Aid Priority Dates

Be sure to complete the FAFSA before the financial aid priority date of the colleges that your student is considering. Those dates are listed in the ICAN *Financial Aid Guide* distributed at the financial aid meeting in November. See the Financial Aid page under Counseling of the Treynor school website to access the ICAN *Financial Aid Guide*.

Financial Aid Award Letters

To receive a financial aid award letter from a college, a student must have applied and been accepted to the college. The college needs to be listed on the FAFSA to receive the FAFSA information.

Student Aid Reports

After completing the FAFSA, the Department of Education will send a Student Aid Report (SAR) in which all the information entered in the FAFSA will be listed. Keep the SAR for future reference. If any of the information is not correct, contact your college financial aid office(s) and they can correct the errors for you.

If your student becomes interested in a college that was not listed on your FAFSA, you may call the college financial aid office and give them the DRN code listed on the SAR and they will be able to download the information from the FAFSA for the student.

Verification

Some colleges may send you a letter requesting verification of the numbers on the FAFSA. This does not mean that you made a mistake or are being accused of providing false information. Colleges are required to verify a certain percent of their incoming students by random draw. Some colleges require all prospective students to verify information. Verification only involves in making a photo copy of the parent and student income tax return and completing the short verification form and mailing it to the college financial aid office.

Getting Help with the FAFSA

Here are some sources for help to file the FAFSA:

- Iowa College Access Network (ICAN) College Planning Center: www.icansucceed.org or call 877-CPC-IOWA (877-272-4692).
- Federal Department of Education 800-4-FED-AID (800-433-3243)
- Call your prospective college's financial aid office.
- Contact your school counselor
- To file the FAFSA on-line, go to www.fafsa.ed.gov.



Registering with the Selective Service

Most male students must be registered with the Selective Service to receive federal student aid. Students who register for the Selective Service may use the FAFSA to do so. One of the questions on the FAFSA asks a male applicant if he wants the Selective Service to register him. Students can call the Selective Service toll free at 888-655-1825 for general information about registering or access. It is required by law that all males that reach the age of 18 must register with the Selective Service. The web site for the Selective Service is www.sss.gov.

College 101 at THS

Treynor High School graduates from 2011 returned to THS on Thursday, December 22 to participate in "College 101". "College 101" was a panel discussion of graduates who met to discuss their experiences in the first year of college. Those graduates participating were: Kari Ticer, Grandview University; Taylor Clark, Creighton University; Morgan Jacobsen and Michael Bukelew, University of Iowa; Cole Rath, Kirkwood Community College; Taylor Sklenar and Tirzah Beam, Iowa State University.

The panel discussion was arranged by school counselor Steve Irvin. Students from the 8th, 10th, and 12th grade classes participated. The college panel shared the adjustments they had to make in college, academic courses that were important for college preparation, pieces of advice to prospective college students, getting along with roommates, and many other topics.

**Tips for Filing the FAFSA
From the Iowa College Access Network® (ICAN)**

January marks the start of financial aid season for students planning to attend college this fall. Students need to fill out and file their Free Application for Federal Student Aid (FAFSA) form to qualify for federal financial aid. The FAFSA is a free form available from the U.S. Department of Education either online at www.fafsa.ed.gov or on paper by calling (800) 4-FED-AID. Although students and parents can fill out the form without professional assistance, the forms are often confusing. Use these tips to help ensure the FAFSA is correctly filled out.

Get PINs. Each student and at least one parent should request a personal identification number (PIN) from www.pin.ed.gov prior to filling out the FAFSA. The PIN allows parents and students to sign the online form electronically and make changes later.

Time it right. The FAFSA should be filed as soon after Jan. 1 as possible and before the priority filing deadlines at schools the student is applying to. Since students' and parents' most recent federal and state tax records are needed to fill out the form, the timing can be tricky. If necessary, tax and income information can be estimated to file the FAFSA in a timely manner; the FAFSA will need to be updated once taxes are filed.

Be prepared. Several pieces of information for the student and the parent are needed, including:

- Social Security numbers, dates of birth and driver's license numbers
- Most recent state and federal tax statements
- W-2s forms and records of all income from last year (taxed and untaxed)
- Bank and investment statements
- Farm and business records
- Alien registration numbers for those who aren't U.S. citizens

Be complete and accurate. Filers should read all the directions carefully and fill out the form completely and accurately. Students and parents with questions can visit www.fafsa.ed.gov or contact the Iowa College Access Network (ICAN) for free assistance. Call (877) 272-4692 to make an appointment for one-on-one help over the phone or in either the Cedar Rapids or West Des Moines College Planning Center.

File electronically. Filing electronically is quicker than completing a paper form. Electronic filing also reduces errors and speeds up processing time.

Repeat once a year. The FAFSA needs to be filled out each year students plan to attend college.

Important Upcoming Dates

FAFSA Day	Feb. 17, 2012	11:00 am to 8:00 pm
Deadline for Treynor Local Scholarships	March 12, 2012	3:30 pm
National Honor Society Induction Ceremony	March 19, 2012	7:00 p.m.
ITBS/ITED Testing (Grades K-11)	March 12-16, 2012	8:30-10:00 a.m. (at MS/HS)
Freshman Orientation for 8th Graders	March 26, 2012	7:00 p.m.
Graduation	May 13, 2012	2:00 p.m.

2010-11 ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
April 14, 2012	March 9, 2012	March 10 – 23, 2012
June 9, 2012	May 4, 2012	May 5 – 18, 2012

Treynor ACT School Code: 164-320

To register online for the ACT go to: www.actstudent.org

Check out Scholarship Central on the THS Website

Scholarship Central is your one-stop information page on scholarships. Access this page through at www.treynorschools.org and click on Counseling . This page is exclusively devoted to scholarship information. There are download links, updated scholarship information, and helpful links for scholarship information and searches.

The uniform application for all Treynor local scholarships may be downloaded from the page. The deadline to apply is March 12, 2012.

The Iowa College Access Network (ICAN) recommends the following steps for scholarship applications.

- **Start early and don't stop.** If you're in high school, begin searching for scholarships early in your junior year. Many opportunities exist for college students as well, so you should continue looking for them into your final year of college.
- **Look locally first.** Ask your school counselor or college financial aid office about opportunities they're aware of. Then contact community and religious organizations, your and your parents' employers, professional organizations and area businesses.
- **Expand your search.** Check with the college you plan to attend and any student organizations you are or plan to be involved with. Don't pay for scholarship services; free online search services can match your unique background and qualifications against a database of scholarship opportunities.
- **Get organized.** Keep applications, deadlines and requirements for each scholarship together, and make a plan for submitting everything on time. Remember to give people plenty of time to write letters of recommendation for you.
- **Understand the mission.** Take the time to understand the goal of the organization awarding the scholarship. You can then demonstrate how your qualifications promote or meet that goal.
- **Complete the form neatly and accurately.** If you're submitting a paper application, make a copy of it first. You can use the copy as a rough draft and use the original for your final answers. Make sure you fill in every line legibly and accurately.
- **Show your best side.** Remember that your scholarship application is likely the only impression the judges will have of you, so offer the best picture you can by being professional, using vivid examples and expressing your excitement about and gratitude for the opportunity.
- **Write a winning essay.** Address the topic completely while including details about yourself and your ideas. Develop a theme around your main topic. Your essay should follow a logical order and conclude smoothly. Have others read it for errors and proofread it carefully.
- **Include a resume or profile.** List your memberships, participation, honors and awards, employment, and future plans and goals.
- **Mind the little things.** When you submit your application, pay attention to the details: Include materials in the order requested, don't include extra materials and don't use special packaging or folders unless you're asked to do so.

The outreach representatives at ICAN's College Planning Centers in Cedar Rapids and West Des Moines can help students with scholarship applications and searches, as well as other college planning needs. All ICAN services are free and available in person or over the phone. Spanish-speaking representatives are available. Call (877) 272-4692 for an appointment.

February 2012



Happy Valentine's Day!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Elem. Book Club @ 3:30	2 JH Girls BB @ Underwood 4:15; JH Wrestling Here 4:15 SWI Honor Choir @ IWCC 7:00	3 9th Boys BB @ Riverside 4:30 G & B Varsity BB @ Riverside 6:00/7:30	4 Sectional Wrestling @ Riverside G & B Var BB @ Clarinda 6:00/7:30
5	6 State Jazz Choir Contes JH Girls BB @ AHST 4:15	7	8 Progress Reports Sent Home Elem. Art Attack @ 3:30	9 JH Girls BB Mo Valley Here 4:15 JH Wrestling @ Griswold 4:15 HS Winter Concert @ 7:30 in Auditorium	10 Boys JV/V BB @ Fremont-Mills 6:00/7:30	11 Bluffs Jazz Festival @ A.L. District Wrestling @ Underwood Girls Regional BB Tri-Center Here 7:00
12	13 Jazz Choir Contest @ A.L. JH Girls BB @ Audubon 4:15 JH Wrestling @ Mo Valley 4:15 Boys Dist. BB	14  Elem. Parties @ 2:15 JH Wrestling @ Mo Valley 4:15 Girls Regional BB Here 7:00	15 State Wrestling in Des Moines Elem. Book Club @ 3:30	16 State Wrestling in Des Moines JH Girls BB AHST Here 4:15 Boys District Basketball	17 State Wrestling in Des Moines Girls Regional Basketball @ Denison 7:00	18 State Wrestling in Des Moines
19	20 NO SCHOOL IN SERVICE JH Girls BB T-C Here 4:15 JH Wrestling @ Riverside 4:15 Girls Regional Final @ Mapleton	21 Jazz Choir Contest Boys District Basketball WIC Speech @ Minden	22 Elem. Art Attack @ 3:30	23 SWIBA District Jazz Festival @ Audubon JH Girls BB Riverside Here 4:15 Boys Dist. BB	24	25 Boys SubState Basketball
26	27 JH Girls BB Griswold Here 4:15 Girls State Basketball	28 JH Wrestling @ Lo-Ma 3:45	29			

March 2012



Happy St. Patrick's Day!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 Boys State Basketball in Des Moines	6	7 Elem. Book Club @ 3:30	8 Jazz Choir Contest @ IWCC Boys State Basketball in Des Moines	9 Boys State Basketball in Des Moines	10
11	12 ITBS/ITED Tests JH/HS WIC Honor Band @ Griswold School Board Meeting 6:30	13 JH Honor Choir @ Atlantic	14 Blood Mobile in East Gym Quiz Bowl @ Griswold 1:00 Elem Art Attack @ 3:30	15 Pops Concert in West Gym @ 5:30	16 → 1:30 Early Dismissal—End of 3rd Quarter	17 
18	19 Begin 4th Quarter NHS Induction Ceremony in Auditorium @ 7:00 Elem. Scholastic Book Fair	20 2:00 Dismissal Parent-Teacher Conferences 4:00—8:00	21 Elem. Book Club @ 3:30	22 2:00 Dismissal Parent-Teacher Conferences 4:00—8:00 →	23 NO SCHOOL	24 WIC Weight Lifting at Missouri Valley
25	26 Freshmen Orientation in Auditorium @ 7:00 DIBELS Testing Week	27 State Jazz Choir Contest @ Wartburg Boys Track @ Audubon 4:30	28 Elem. Art Attack @ 3:30	29 Girls Golf @ 9:00 C.B. A.L. Girls Track @ Audubon 4:30	30 Dance Team Show in West Gym @ 7:00 →	31 State Solo/Ensemble Contest

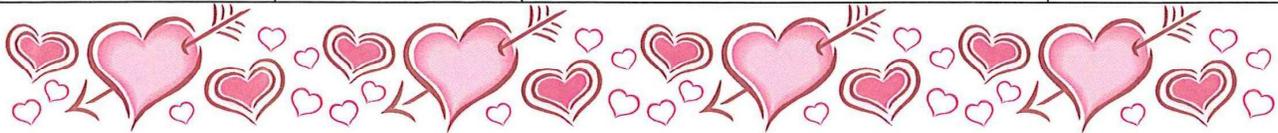
February Breakfast Menu

Treynor Community School

ELEMENTARY BUILDING
\$20.00-20 Day Breakfast
\$ 5.00- 5 Day Breakfast
\$10.00-20 Day Milk

MS/HS HIGH BUILDING
\$20.00-20 Day Breakfast
\$ 5.00- 5 Day Breakfast
\$10.00-20 Day Milk

Monday	Tuesday	Wednesday	Thursday	Friday
February 6, 2012 Juice or Fruit Choice of Cereal Poptart Milk	February 7, 2012 Juice or Fruit Pancake Stick Syrup Milk	February 8, 2012 Juice or Fruit Choice of Cereal Toast Milk	February 9, 2012 Juice or Fruit Sausage Links Egg Omelet Milk	February 10, 2012 Juice or Fruit Choice of Cereal Muffin Milk
February 13, 2012 Juice or Fruit Choice of Cereal Cinnamon Toast Milk	February 14, 2012 Juice or Fruit French Toast Sticks Syrup Milk	February 15, 2012 Juice or Fruit Choice of Cereal Donut Milk	February 16, 2012 Juice or Fruit Breakfast Square Milk	February 17, 2012 Juice or Fruit Choice of Cereal Muffin Milk
February 20, 2012 NO SCHOOL TEACHER INSERVICE	February 21, 2012 Juice or Fruit Pancakes Syrup Milk	February 22, 2012 Juice or Fruit Choice of Cereal Poptart Milk	February 23, 2012 Juice or Fruit Sausage Links Egg Omelet Milk	February 24, 2012 Juice or Fruit Choice of Cereal Toast/Jelly Milk
February 27, 2012 Juice or Fruit Choice of Cereal Poptart Milk	February 28, 2012 Juice or Fruit French Toast Sticks Syrup Milk	February 29, 2012 Juice or Fruit Choice of Cereal Cinnamon Roll Milk	March 1, 2012 Juice or Fruit Breakfast Square Milk	March 2, 2012 Juice or Fruit Choice of Cereal Cinnamon Toast Milk
NOTE: MENUS SUBJECT TO CHANGE				



February Lunch Menu

Treynor Community School

ELEMENTARY BUILDING
\$34.00-20 Day Lunch
\$ 8.50- 5 Day Lunch
\$10.00-20 Day Juice

MS/HS HIGH BUILDING
\$37.00-20 Day Lunch
\$ 9.25- 5 Day Lunch
\$10.00-20 Day Juice

Monday	Tuesday	Wednesday	Thursday	Friday
February 6, 2012 Treynor Taco Green Beans Chilled Fruit Spice Bar (6-12 Salad Bar)	February 7, 2012 McRib on Bun Pickle Spear Mixed Veggies Pineapple Chunks (4-12 Salad Bar)	February 8, 2012 Sausage Pizza Golden Corn Chilled Peaches/Pears Oatmeal Cookie (4-12 Salad Bar)	February 9, 2012 Hamburger on Bun Lettuce/Pickle Potato Puffs Orange Smiles (6-12 Salad Bar)	February 10, 2012 Chicken Strips w/Sauce Baked Beans Applesauce (No 2 nd Choice)
February 13, 2012 Chicken Fried Steak Mashed Potatoes/Gravy Chilled Peaches Wheat Roll (6-12 Salad Bar)	February 14, 2012 Heart Nuggets Sweetheart Puffs Cupid's Fruit Valentine Cake (4-12 Salad Bar)	February 15, 2012 Chicken Noodle Soup Crackers Green Beans Applesauce Cheese Sandwich (4-12 Salad Bar)	February 16, 2012 Walking Taco 6-12 Burrito K-5 Golden Corn Crisp Salad Strawberries/Bananas (6-12 Salad Bar)	February 17, 2012 Chicken Pattie on Bun Broccoli Cuts Apple Wedges Cookie (No 2 nd Choice)
February 20, 2012 NO SCHOOL TEACHER INSERVICE	February 21, 2012 Scalloped Potatoes With Ham Green Beans Mixed Fruit P.B. Sandwich (4-12 Salad Bar)	February 22, 2012 Cheese Pizza Crisp Salad Golden Corn Cherry Crisp (4-12 Salad Bar)	February 23, 2012 Grilled Chicken/Bun Oven Potatoes Pickle Spear Apple Wedges (6-12 Salad Bar)	February 24, 2012 Nachos/Beef Mixed Veggies Chilled Pears Brownie (No 2 nd Choice)
February 27, 2012 Turkey Fritter Mashed Potatoes/Gravy Chilled Peaches Breadstick (6-12 Salad Bar)	February 28, 2012 Sloppy Joe/Bun French Fries Pickle Spear Chilled Pears (4-12 Salad Bar)	February 29, 2012 Chili Soup 6-12 Chicken Noodle K-5 Celery/Carrots Chilled Applesauce Cinnamon Roll (4-12 Salad Bar)	March 1, 2012 Chicken Nuggets Mashed Potatoes/Gravy Celery/Carrots Mixed Fruit (6-12 Salad Bar)	March 2, 2012 Cheese Pizza Golden Corn Crisp Salad Pineapple Chunks (No 2 nd Choice)
Fresh fruit and vegetables served when available. Also whole grain bread and buns are offered.				
NOTE: MENUS SUBJECT TO CHANGE				
Milk Variety and	Bread and Butter	Sandwich Served	Daily	



Trey nor Community School

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Trey nor, IA 51575

Phone: 712-487-3414
Fax: 712-487-3332

We're on the Web!

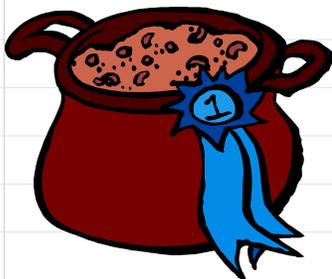
www.trey nor.k12.ia.us

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Trey nor Community School does not discriminate in its' policies or programs on the basis of race, color, creed, religion, age, sex, handicap, national origin, marital status or ancestry. Trey nor Schools supports Affirmative Action and Equal Opportunity Employment.

ANNUAL CHILI COOK-OFF



St. Paul Youth are having their 7th Annual Chili Cook-off! This event will be ehld on Sunday, February 19, from 11:30 a.m. to 1:00 p.m. in the Trey nor Middle School Commons. This is a fundraiser for the Youth Outreach Team and the free will offering helps fund our fun, fellowship events for all high school youth in our community. Anyone can join in the friendly competition as a chili maker or by attending to taste all the wonderful chilies and dessert bars. We will have an adult and a youth division again this year (high school & under is youth). Sign up or get more information by calling Denise at St. Paul Lutheran Church at 712-487-3880 or 402-680-8172.