

2018 GRAND VIEW UNIVERSITY

“PRESENTS”

**“CHAMPIONSHIP LIFESTYLE
WRESTLING TECHNIQUE CLINIC”**

FOR



Tuesday June 12th & Wednesday June 13th

Tuesday June 26th & Wednesday June 27th

10:00 a.m. to Noon.

These 4 – 2 hour technique clinic sessions will concentrate on all three positions: neutral, top and bottom. As well as top drills that Grand View has used to become a perennial power.

CLINIC STAFF

Coach Nick Mitchell is the Head Coach of the Grand View Wrestling team. He has coached 7 NAIA National Championship Teams, 7 Cliff Keen National Dual Teams Champions, 26 Individual National Champions and 82 All- Americans.

Coach Paul Reedy is the Associate Head Coach at Grand View University. He was an assistant coach at Perry High School and Wartburg College before joining GVU in 2010.



IMPORTANT DETAILS:

The 4- Clinics are open to Trey nor Wrestlers in Grade 4 to Grade 12.

Cost is \$20.00 due to Sponsorship by Trey nor Wrestling Booster Club.

Limited to the first 50 wrestlers registered.

3 full mats in the East Gym.

Please bring wrestling and running shoes, head gear and workout clothes.

