

Homecoming Activities

Friday – September 30

- 8:15 Everyone reports to Card Pride.
- 8:25 After attendance and dress up participation are taken escort class to the football field.
- Powder Puff participants, Coaches and Cheerleaders will begin warm ups on the field. Everyone else should be in the bleachers.
- There will be a game on each end of the field.
- 8:45 Seniors vs Freshman (West end)
Sophomores vs Juniors (East end)
- 9:00 Break
- 9:15 Championship (West end)
Consolation (East end)
- 9:35 Places are announced
- 9:40 Students travel to the west gym
- 9:50 Seniors and Freshman warm up
- 10:00 Seniors vs Freshman
- 10:10 Juniors and Sophomores warm up.
- 10:20 Juniors vs Sophomores
- 10:30 Consolation game players warm up
- 10:40 Consolation game
- 10:50 Championship game players warm up
- 11:00 Championship game
- 11:30 Students who have returned their parent permission slip may leave.
- Pep Rally begins at 1:00 promptly.

7 on 7 Powder Puff Flag Football Information

The games are 7 on 7 flag football games. *Running and passing plays are allowed.*

The game is 20 minutes long with a running clock. Both games will start at the same time and end at the same time.

Up to 4 football players may coach on the field and be in the huddle during games. All others will be on the sideline.

Substitutions may be made between downs.

Everyone will play approximately the same length of time.

No time outs are allowed.

A coin toss decides who gets the ball first.

Teams start on the 30 yard line and have 4 plays to score.

There will be no punts, kicks or turnover returns.

If the ball is turned over to the other team on downs or a turnover the other team will begin on the 30 yard line like at the start of a game.

Penalties will be assessed and multiple personal fouls will result in an ejection for that player.

Touchdowns are 6 points and only plays for 2 points will occur from the 3 yard line.

Teams have 30 seconds to run the next play.

The center is the only player not eligible to catch a pass.

Defenders must wait 3 seconds or 3 Mississippi before they rush the passer. The defender may cross the line of scrimmage before the 3 seconds are up if the ball is handed off or passed to a receiver.

Powder Buff Volleyball Information

6 players will be on the court for each team.

VB coaches will officiate.

HS volleyball rules will be used.

Substitutions may be made before a serve. All players should play approximately the same amount of time.

Games are 10 minutes long.