

Treynor Community School

"COMMITTED TO EXCELLENCE"



NEWSLETTER

October, 2017

"District Details" ... a few notes from Lou Howell

Can you believe it is already October? Fall is here even though we haven't experienced many crisp evenings yet! (I will take "crisp" over "snow" anytime!) Homecoming is this week! The kids are all excited about the parade and game on Friday, not to mention the competitions going on this week with hall decorations and JV football, cross country, and volleyball keeping us busy on the other evenings!



Learning has been a priority—for all of us!

We had four great candidates run for the Treynor Board of Education – many thanks to Lisa Chambers, Greg Goos, Mickey Stogdill, and Brandon Vorthmann. The Treynor Education Association hosted a forum that many attended to learn the priorities of each of the candidates. Mickey Stogdill and Brandon Vorthmann will join the board on October 16. We are all excited to learn with and from them in order to make the best decisions for our students and the staff that supports them.

Learning has been a priority for me – learning about the district, about the staff, the students and their learning. A special highlight has been visiting the classrooms – seeing kids engaged in their learning. Another highlight was riding the bus, seeing how Treynor has changed since I taught here many (and I mean MANY) years ago. I was even invited by a second grader to come play after school. "I know my mom wouldn't care and I have lots of toys." So fun to see the kids in their world – on the bus, in the classrooms, and at the games!

Learning has also been a priority of our staff. They have been learning how to implement PLCs. PLC??, you ask. A PLC is a professional learning community; it is an opportunity for teachers to meet in content-alike or grade-alike teams to address the progress students are making with their learning. The teachers look at data, discuss reasons for the success or lack of it, and identify strategies to increase that success. We even have virtual PLCs, where our "singleton" teachers are connecting with other teachers in our conference. For example, our English 9 teacher is able to connect with other English 9 teachers to develop assessments, explore impacting learning strategies, and get feedback on units for learning.

The high school students and the entire K-12 staff had training in digital communication. A key phrase was "think twice, post once." This is a great area for all parents to take time with your children. How do I best protect my kids online? The answer – talk with them. While kids value the opinions of their peers, most tend to rely on you for help on the issues that matter most. A few tips include these:

- Initiate the conversation. Talk to them about the impact of cyberbullying or texting while driving. There are many real-life stories that you see in the news that can spur the conversation.
- Share your expectations. Communicate your values for online communications. Be specific about what's off limits and what you consider to be unacceptable behavior.

Special points of interest:

- ✓ Use Treynor Community School's website to access all school news, information and activities.
- ✓ New school board members.
- ✓ Teachers and high school students participate in digital communication training.
- ✓ All Homecoming information is available on the school website.
- ✓ Go Cardinals!

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“District Details” continued....

- Be patient and supportive. Most of us need to hear things seven times before it finally “sinks in.” Share expectations often and in small doses. Be open to helping them find viable solutions to on-line problems they encounter.
- For your younger kids, direct supervision is so important. Consider using tools that help filter and block incoming communications. Don’t allow your kids to share personal information online or via e-mail. Access kid-oriented search engines. Monitor the time they can be online.
- For “tweens” and teens, talk about credibility - not everything on line is true; not everyone on line is a good person. Talk about manners and your expectations. Remind them that online actions have consequences. Caution them to “think twice, post once,” as they cannot take it back.
- As a parent, explain what you expect and why, set an example, safeguard privacy, use secure networks and websites, and log out when you have finished using a site. And never text while driving!

Upcoming Events

October 6 – Homecoming! Join the fun!
 October 11 and 25 – Early Out focused on teacher learning
 October 27 – End of first quarter (Yes, one fourth of the school year is over!)
 October 30 – Parent-Teacher Conferences

. . . and I think to myself what a wonderful school!

HOMECOMING DINNER IN HS COMMONS



The Class of 2022 (8th grade) invites you to join them at the Treynor Homecoming Dinner on October 6th from 4:30—7:00 p.m. in the Treynor High School Commons.

Pulled pork or hot dog meals will be available for \$8.00. The meal includes a sandwich, cheesy potatoes or chips, beans, homemade desserts and a drink.

HOMECOMING LUNCH AVAILABLE

Zion Congregational Church will be serving lunch in their parking lot on Main Street from 11:00 a.m. to 1:00 p.m. on Homecoming, Friday, Oct. 6. Hamburgers, cheeseburgers, hot dogs, chips, cookies and drinks will be available for a free will donation. All funds raised will support mission projects.



FROM THE ELEMENTARY PRINCIPAL'S DESK



As I pull into the drive in front of the school every morning, I think to myself how incredibly lucky I am to be able to work with such amazing students. One of the characteristics that separates Treynor students from others is how respectful and kind they are to everyone in the building. It makes me proud to be part of something this special. It is clear that the words "Treynor Pride" are something that our students feel and spread throughout the building and their community.

So far, students have been busy with all the different activities going on at the school which includes: Number Talks, Guided Reading, Cards for Success drawings, TS Bank/Cardinal Branch opening, Girl/Boy Scouts, Class of the Month Pizza Parties and numerous other activities. We are looking forward to our big Homecoming week, Fall Harvest parties, and Parent-Teacher Conferences in October.

Just a quick reminder regarding Elementary Drive and parking along the fire lane. If you are going into the building for ANY length of time before 8:30 a.m. or after 3:00 p.m., please pull into a parking stall or park your vehicle down towards the east end of the building. Also, please pull over to the side of Elementary Drive when dropping off and picking up students. Remember, Elementary Drive is ONE WAY between 8:00—9:00 a.m. and 3:00—4:00 p.m. Thanks for your assistance in these matters and for helping us keep kids safe.

Feel free to stop in and say hello anytime or if you have concerns, please call or email me at 712-487-3422 or jkay@treynorcardinals.org. Thanks for all of your support!

Mrs. Jillian Kay
Treynor Elementary Principal

UPCOMING ELEMENTARY EVENTS

October 6	Homecoming
October 11	1:00 p.m. Early Dismissal—Teacher Inservice
October 12	Fundraiser Kickoff
October 16	School Board Meeting, 6:30 p.m.
October 23	Red Ribbon/Drug Free Week
October 25	1:00 p.m. Early Dismissal—Teacher Inservice
October 27	1:00 p.m. Early Dismissal—End of 1st Quarter
October 30	2:00 p.m. Early Dismissal—Parent-Teacher Conferences Parent—Teacher Conferences 4:00—8:00 p.m.



NOTES FROM THE MIDDLE SCHOOL PRINCIPAL MRS. BERENS



October 6 Homecoming Festivities
 October 11 Early Dismissal @ 1:00 for
 Teacher Inservice
 October 25 Early Dismissal @ 1:00 for
 Teacher Inservice
 October 28 Early Dismiss @ 1:00—End of
 1st Quarter



Homecoming activities on October 6th!

We are off to a busy, but great start this school year in the middle school! Earlier in September, our students selected two boys and two girls from each grade level to be student council members. These students have already met a couple of times to plan for the school year's activities, including our upcoming Homecoming activities on Oct. 6th. They will also plan for Red Ribbon Week, fundraising activities during half-time of basketball games and a couple of fun activities later in the year. Those students selected for student council are as follows: Chloe Pryor, Aubree James, Danny Kinsella, Charlie Schrage, Brooklyn Currin, Averi Jefferson, Samuel Burmeister, Carl Swalwell, Peyton Scott, Ashlyn Vorthmann, Brady Coffman and Gabe Travis.

I would like to include in my newsletter a new policy that we are implementing in the middle school this year pertaining to academics. If a student is failing a class, he/she should be staying after school to get extra help from his/her teacher until that student is no longer failing that class. Students should be checking their grades on a daily basis, and we suggest that parents check their child's grades at least once a week to stay up to date. Parents should speak with their child if failing and expect to pick him /her up at 4:00 p.m. It is our hope that parents/teachers/students communicate when a child is not doing well and work together to provide support for the benefit of the child.

The district's TAG teacher, Becky Thompson, will be working with our middle school teachers and students throughout the year. She has already started meeting with students interested in "Battle of the Books". This is a fun opportunity for seventh and eighth graders to experience a variety of books, test their knowledge and understanding of what they've read and compete with other readers from area schools in Southwest Iowa. Teams of students read books from a list of 20 award winning titles and then "battle" over questions pertaining to each book. In April, the top 20 area teams will compete in the Ultimate Battle for the victor's title. We feel that this will be a great way to promote reading, but also an outlet for those students who already love to read.

In closing, we are looking forward to homecoming week and an all around great year. Please know that if you ever have any concerns or questions, please feel free to call or stop by my office. Thanks for all of your support!

Mrs. Berens
Middle School Principal



THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL.....

MR. McNEAL

The 2017-2018 school year has gotten off to a great start. It's hard to believe that we are already about halfway through the first nine weeks.

The Junior Optimist Club held their annual cookie baking event with 53 club members baking and wrapping 954 sugar cookies that will be sent to troops overseas as part of the Iowa Cookie Crumbs project.

The fall athletic seasons are well underway with the volleyball team rated #10 in Class 2A, and Jerry Jorgenson rated #2 individually in Cross Country for Class 1A.

The marching band has been entertaining and continues to work hard in preparation for their upcoming competitions.

Student Council members and Class Representatives were recently elected. Those students are listed below:

	<u>Seniors</u>	<u>Juniors</u>	<u>Sophomores</u>	<u>Freshmen</u>
President	Mitchell Griffin	Kyle Christensen	Brock Fox	Duncan Clark
Vice-President	Kamryn Gillespie	Brendan Mass	Jack Stogdill	Anna Halverson
Secretary	Matt Dickerson	Allison Green	Clarissa Weitzel	Emma Ehmke
Treasurer	Klara Ticer	Jordan Finnegan	Kristian Martens	Haedyn Jorgensen
Student Council	Sienna Black Gabe Carolus	Noel James Jerry Jorgensen	Tori Castle Will Halverson	Mandy Stogdill Caden Waffle

Student Body President: Payton Livengood

Student Body Vice-President: Xavier Hunt

On September 6, Bank Iowa announced the results of the Bank Iowa Traveling Challenge Cup for the 2016-2017 school year. Treynor High School placed 8th out of the 96 schools in Class 2A in the state of Iowa. We also placed the the top 10% of all schools regardless of size.

The Bank Iowa Traveling Challenge Cup was introduced in 2007 and is a statewide competition designed to recognize Iowa high school students for academic excellence and outstanding achievement during state competitions. Points are assigned for every activity in which a school reaches a state competition, advances in a state competition, receives Division I ratings and earns academic recognition from either the IHSA, IGSAU, IHSSA and IHSMA. Standings are determined based on the best combined score.

Homecoming is on Friday, October 6. Please check out the school website for additional information.

<http://www.treynorschools.org>

I'm very much looking forward to a successful and eventful school year. Please don't hesitate to give me a call (712) 487-3804 or send me an email, gmeneal@treynorcardinals.org, if you have any questions or concerns.

Gary McNeal
High School Principal



SENIOR ADS FOR 17-18 YEARBOOK

Parents and Supporters of the Class of 2018

Yearbook ads are a great way to celebrate student success and milestones and to reflect on the person your student has become. Show your pride and support your school at the same time. Visit www.jostensadservice.com to order and create your recognition ad.

The last day to order and design ads is March 2, 2018.

Prices are as follows:

Full Page	\$200
1/2 Page	\$100
1/4 Page	\$ 50
1/8 Page	\$ 25

Tips for creating your best ad:

- Photos will look better and fit better if your photo is the same direction as the picture box (horizontal vs. vertical orientation)
- Use clear, high resolution photos. If your photo is blurry, it will be blurry in the ad.
- Create the ad around your student and write a personal message that will be meaningful.
- Use the cropping tools on the website to crop out unnecessary background and focus on your student.

Questions? Call Jostens at (800) 358-0800 or email Mrs. Coughlin at ecoughlin@treynorcardinals.org.

THIS YEARBOOK

BREAKFAST-GIVE YOUR CHILD A HEALTHY START

Give your child a healthy start!

Mornings can be rushed, but it is important to make time for breakfast. Children can benefit from the School Breakfast Program! Studies show that school breakfast can raise test scores while improving classroom attentiveness and behavior. Make sure your kids start the school day with a healthy meal!



TREYNOR CAN KENNEL



After 18 years of funding Treynor youth groups, the popular Optimist Club Can Kennel has reached the collection of \$150,000 from 5-cent cans and bottles. This is all thanks to the wonderful contribution of the people of Treynor and surrounding areas. A wide variety of youth groups have received funds. Twelve groups per year get can collection funding. Those youth have to sort the redeemable nickel cans and bottles twice in a four week period.

If all the cans and bottles from the Can Kennel were five inch cans, and then were laid end to end, the 3,000,000 can row would travel 237 miles, or from Treynor to Muscatine, Iowa on the Mississippi River.

The Can Kennel is only for nickel deposit beverage containers. It is not for water bottles, juice bottles or milk jugs. Thanks goes to the volunteer Optimist Club members that help the youth groups at each sorting, and to the City of Treynor for allowing the Can Kennel to be on the east end of the Community Center parking lot.

Every Treynor student has benefited from the proceeds. Music groups, athletics, scouts, church youth, 4-H clubs, After-Prom, and elementary school activities have all received funding. Your continued support is appreciated!

OPEN ENROLLMENT FOR 2018-2019

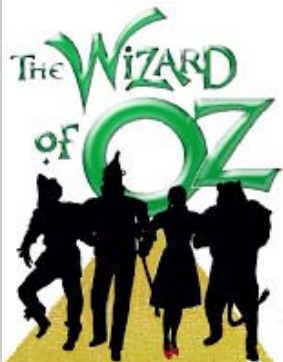
Parents/guardians considering the use of the open enrollment option to enroll their child/children in another public school district in the state of Iowa should be aware of the following dates:

March 1, 2018: the last date for regular open enrollment requests for the 2018-2019 school year, except for "good cause" reasons or kindergarten applications.

Kindergarten applications must be filed on or before September 1 of the school year in which open enrollment is requested. (September 1, 2018 for the 2018-2019 school year).

For further details, contact the school Superintendent's office at 712-487-3414.

TREYNOR TO PRESENT "THE WIZARD OF OZ"



Treynor Music Department has announced the fall musical for 2017, The Wizard of Oz. Dorothy Gale is a young girl from Kansas who wishes she could go somewhere over the rainbow. When a tornado rips through her family farm, Dorothy and her dog Toto are whipped away to the magical land of Oz. She follows the Yellow Brick Road into Emerald City to meet the great and powerful Oz. On her journey to find her way home, she meets Scarecrow who needs a brain, Tin Man who's missing a heart, and Cowardly Lion who searches for courage. Will the Wizard help them? Will Dorothy ever make it back to Kansas?

Ticket prices are students \$5 and adults \$10. Show dates and times are: Friday, November 3rd at 7:30pm, and Saturday, November 4th at 2:30 and 7:30pm. Ticket reservations begin Friday, Oct 13th. Call Natalie Sudden, Treynor Elementary Secretary, 712-487-3422 to reserve your seats.

COMMIT TO BE FIT!



If we are reaching for a can of pop when we're thirsty, we may want to reconsider the impact on our body and our teeth. We are consuming a surprising amount of sugar and empty calories.

Here are a few suggestions to help us reduce the number of sugary drinks we consume:

1. Keep track of how many sugary beverages we drink in a day and how many our kids are drinking. Can we replace just one each day with milk or water?
2. Buy a refillable water bottle.
3. Show our kids how much sugar is actually in one soda. A 20-ounce can of cola has 17.6 teaspoons of sugar! Drinking one 20-ounce soda every day can contribute enough extra calories to equal 27 pounds per year!
4. Explain how long it takes to burn off the calories from drinking a single sugary beverage. To offset the calories in one 20-ounce soda, we'd have to walk at a moderate pace for two hours.
5. If we do have a soda, opt for the smallest size.
6. Set a good example. Kids are more likely to do what we do, not what we say. It's important to demonstrate that changes are possible and the results are positive.

RELAY FOR LIFE CRAFT & VENDOR FAIR

Get started on your holiday shopping early!!

Plan to attend the

1st Annual Pottawattamie County Relay For Life Craft/Vendor Fair

Saturday November 11th 9am-4pm

Treynor Middle School

Admission: \$2.00 entry fee

Kids 10 and under Free

Proceeds will benefit the American Cancer Society Pottawattamie County
Relay For Life

If interested in being a vendor/crafter, please contact Amy Graber at

amygraber.rfl@gmail.com



\$25,000 GRANT AWARDED TO JOI/KKAD25



The Junior Optimist and Treynor Keep Kids Alive Drive 25 Committee members have been waiting patiently since August 25th when voting closed on the [State Farm Neighborhood Assist](#) website. Before the last day of voting, the committee's project, Tristan's Trail, was in 5th place. On the last day, voting was still open but the places were removed from the website so that votes could be counted and verified, so final placement wasn't really known until last evening, September 27th. At 11:00 pm CST (Midnight EST), the results were posted and Tristan's Trail was revealed as 1 of 40 recipients of a \$25,000 grant. The original proposals were selected from 2,000 submissions and narrowed down to 200. Of those 200, the top 40 were selected by public voting via email.

Tristan's Trail is not only a dream to keep Tristan White's memory alive, but will allow a place for Treynor Cardinal Athletes and community members to walk, run or bike. The \$25,000 grant will go a long way for the planning and design of the trail. More funds will be needed to make the trail a reality, but with the outpouring of support for this project, the committee feels confident this will happen.

The committee thanks each and every person that took the time to vote during the process. Check the Treynor KKAD25 Facebook and Twitter accounts for future updates.

EXPECTATIONS AT SPECTATOR EVENTS

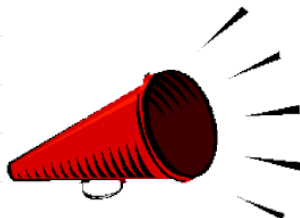
Parents, we are asking for your help in discussing with your child expectations we have when they attend extra-curricular activities. For elementary students, we ask that your child sit with you or another adult to cheer on the Cardinals. We understand that our students like to hang out with friends and in our opinion, there is no reason they still can't do this in the stands while cheering on our team!

When events are within the building, we ask that your child stay in the gym, either sitting in the designated student section for middle/high School students or with you for elementary students.

When attending football games, we again ask that you talk to your children about sitting in the stands to cheer on our team, particularly any of our kids in middle/high school. There are some parents who like to stand at football games and we simply ask that your children stay in close proximity to you so that they are supervised and safe.

Finally, please do not bring any extra items to games, such as balls of any type, Frisbees, skateboards, rip sticks, etc.

Our hope is that we all work together in promoting school spirit and positive sportsmanship during all of our extra-curricular activities. Thank you, in advance, for your support and help in making sure all of our kids are properly supervised and involved in cheering on our team.



GO CARDINALS!!!

Treynor Community Schools

102 East Main Street
Treynor, Iowa 51575
712-487-3414 Office



Home of the Cardinals

Dear Parents/Guardians:

Treynor Community Schools has adopted a new strategy for lockdown procedures known as the A.L.I.C.E. plan. A.L.I.C.E. is an acronym for Alert, Lockdown, Inform, Counter, and Evacuate. Prior to the A.L.I.C.E. plan, lockdown procedures involved the staff locking their doors, moving the students to a part of the room where they could not be seen, and quietly remaining there until an "all clear" announcement was given. The A.L.I.C.E. plan offers a different philosophy in light of case studies completed by law enforcement around school violence. The philosophy of A.L.I.C.E. is to use technology and information in a way so that staff and students can make informed decisions in a crisis, remove as many people as possible from the danger zone, and provide realistic training so that those involved in a crisis have a better chance of surviving.

The A.L.I.C.E. plan will be implemented at all buildings; however, the middle school and high school will drill in phases, with the first drill being executed by the end of October. Teachers will provide direction to the students on what action needs to be taken, so it is very important that students listen and follow the directions given, as this drill is not predictable like a fire drill or tornado drill. Before the first drill is performed, the individual classroom teachers will use a common set of guidelines to address this topic and teach their class the A.L.I.C.E. plan.

The first drill performed by the end of October will include an ALERT in the form of an announcement from the principal notifying everyone in the building of the location of the "danger zone." Those areas of the building within the "danger zone" will practice LOCKDOWN and discuss alternate exits from the classroom, such as a window, but will not physically exit their classroom during the first drill. The principal will continue to INFORM the building of any changes in the "danger zone." Those classrooms not in the "danger zone" will practice the EVACUATE portion of the plan if hallways and exits are safe. The COUNTER portion of the plan will be taught simultaneously, but will not be practiced. Teachers will not know the location of the "danger zone" prior to the drill so that they can practice developing a strategy that provides the safest outcome for their students. Therefore, it is **very important for the students to listen to the directions given by their teacher** as the course of action during these drills will not always be the same.

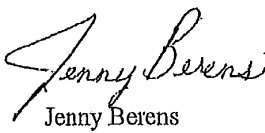
Elementary students will not be participating in the A.L.I.C.E. drills and will be relying on their trained classroom teacher's instructions should such a crisis occur. Younger students will benefit from constant reminders of safe practices in order for them to make good decisions related to their personal safety. Parents can prepare their child(ren) for the A.L.I.C.E. plan by helping them at home to understand the following objectives:

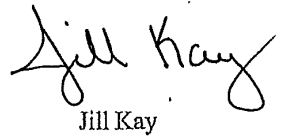
- Self-confidence comes from trying things that are hard and getting better each time.
- There are many solutions and options when faced with a problem.
- Your child is smart and capable if he/she has the knowledge.
- Discuss the importance of following the teacher's directions without hesitation.

Information regarding the A.L.I.C.E. plan can be found on Treynor School's website (www.treynorschools.org). Please contact the principal at your child's school with any questions or concerns.

Sincerely,


 Gary McNeal


 Jenny Berens


 Jill Kay

TREYNOR ATHLETIC BOOSTER CLUB

On the following page is a membership information page for the Treynor Athletic Booster Club. If you would like more information, about becoming a member, please visit their website, www.treynorboosterclub.com or email treynorboosterclub@gmail.com.



Welcome to your Athletic Booster Club.

The Treynor Community Athletic Booster Club is a 501(c)(3) organization that is member-run and operates under a Board of Directors. The mission is to support and improve our school, our coaches and our student athletes. Anyone who wishes to support Treynor's athletic programs is encouraged to join; a financial donation is not required for membership.

The 18 programs served by the Booster Club are: Baseball, Boys Basketball, Girls Basketball, Cheerleading, Boys Cross-Country, Girls Cross-Country, Dance Team, Football, Boys Golf, Girls Golf, Boys Soccer, Girls Soccer, Softball, Boys Track, Girls Track, Volleyball, Weight Room, and Wrestling.

**TREYNOR COMMUNITY
ATHLETIC BOOSTER CLUB
MEMBERSHIP DRIVE**

**TREYNOR COMMUNITY ATHLETIC BOOSTER CLUB
2017-18 MEMBERSHIP**

Name _____

Address _____

City, State, Zip _____

Cell Phone _____

Email _____

- Anonymous
- I am interested in volunteering or serving on a committee.

Please mail your completed form and check to:
Treynor Community Athletic Booster Club, P.O. Box 251, Treynor, IA 51575.

Sponsorship Levels

Member

Voting Rights, Email Communications,
Treynor Booster Club Window Cling

\$0 - \$49

Bronze

Member Status Benefits +
Treynor Athletic Booster Bag

\$50

Silver

Bronze Status Benefits +
4 Meal Vouchers for Concession Stand

\$100

Gold

Silver Status Benefits +
One Student Activity Pass OR
Treynor Athletic Booster Umbrella

\$250

Platinum

Silver Status Benefits +
One Student Activity Pass AND
Treynor Athletic Booster Umbrella

\$500

Cardinal Red

Window Cling, Bag, 4 Meal Vouchers,
Umbrella, 2 Adult Activity Passes

\$1,000

SPONSORSHIP LEVEL

Please indicate your sponsorship level:

- Member \$0 - \$49
- Bronze \$50
- Silver \$100
- Gold \$250
- Platinum \$500
- Cardinal Red \$1,000


Thank you for supporting your Treynor
Community Athletic Booster Club!

October 2017



Happy Halloween!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 JV FB @ T-C 6:00 p.m.	3 JH FB @ Lo-Ma 4:15 JH VB T-C Here 4:15 9-10/JV/Var VB T-C Here 6:00/7:30	4	5 CC @ Atlantic 4:00 JH VB @ Underwood 4:15 9-10/JV/Var VB @ Underwood 6:00/7:30	6 HOMECOMING 1:00 Pep Rally 2:00 Parade 7:00 Varsity Football T-C Here	7 Marching Band Contest @ Glenwood 9/10 VB @ Red Oak 9:00 JV VB @ A.L. 9:00 Homecoming Dance 7:00-10:00
8	9 WIC CC Here 5:00 JV FB IKM-M Here 6:00 WIC VB Tourney	10 JH FB Riverside Here 4:15 WIC VB Tournament @ IKM-M	11 1:00 EARLY DISMISSAL TEACHER INSERVICE	12 WIC VB Tournament @ IKM-M	13 Varsity Football IKM-M Here 7:00	14 State Marching Band Contest Volleyball @ Winterset 9:00
15	16 School Board Meeting 6:30	17 Regional Volleyball	18	19 Regional District Cross Country @ 4:00	20 Varsity Football @ OA-BCIG 7:00	21 All State Music Festival @ Atlantic 8:00
22	23 Regional Volleyball	24 School Board Work Session 6:00	25 1:00 EARLY DISMISSAL TEACHER INSERVICE	26 Regional Volleyball	27 1:00 EARLY DISMISSAL End of 1st Quarter Football Playoff	28 State Cross Country @ Fort Dodge JH Honor Band @ Clarinda
29	30 Begin 2nd Quarter 2:00 DISMISS P-T CONF 4—8:00 p.m.	31 Regional Volleyball  Happy Halloween				

November 2017



Happy Thanksgiving!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 2:00 EARLY DISMISSAL PARENT- TEACHER CONF. 4:00—8:00	3 NO SCHOOL Musical 7:30 pm Football Playoff	4 Musical 3:30 pm & 7:30 p.m.
5	6 Girls BB Prac- tice Begins JH Boys BB @ IKM-M 4:15	7 8th Boys BB @ Glenwood 4:15 7th Boys BB Glenwood Here 4:15 State Volleyball	8 1:00 EARLY DISMISSAL TEACHER IN- SERVICE State Volley- ball	9 JH Boys BB @ Griswold 4:15 State Volley- ball 5th Gr. Vocal Concert 7:00	10 SWIBA JH Festival @ Lewis Central State Volleyball	11 Football Playoff Semi-Final @ UNI
12	13 Boys BB & Wrestling Prac- tices Begin JH Boys BB T-C Here 4:15 School Board Mtg. @ 6:30	14 WIC Speech Workshop @ AHST 3:30	15	16 OPUS Honor Choir in Ames JH Boys BB @ Riverside 4:15	17 All State Festi- val in Ames JH BB 7th @Kirn 3:45/8th Here 4:15 State Football	18 All State Festival in Ames
19	20 JH Boys BB Underwood Here 4:15	21	22 NO SCHOOL THANKS- GIVING VACATION	23 	24 NO SCHOOL THANKS- GIVING VACATION	25
26	27 JH Boys BB @ AHSTW 4:15 G BB JV/Var @ Harlan 6:00/7:30	28 Wrestling @ Sidney 5:30 G & B BB JV/V AHSTW Here 6:00/7:30	29 1:00 EARLY DISMISSAL TEACHER IN- SERVICE Progress Rpts.	30 G & B JV BB @ ISD 6:00/7:30		



TREYNOR COMMUNITY SCHOOL

October, 2017 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Fruit or Juice WG Cereal Breakfast Bar	3 Fruit or Juice WG Pancakes Sausage	4 Juice or Fruit WG Cereal or Biscuits & Gravy	5 Juice or Fruit Egg Pattie WG Toast	6 Juice or Fruit WG Cereal Long John
Pancake Stick Triangle Potatoes Fresh Veggies Orange Smiles (6-12 Salad Bar)	Hamburger on Bun Oven Fries Lettuce, Tomato, Onion 6-12 Carrots K-5 Applesauce & Cake (4-12 Salad Bar)	Super Nachos Fiesta Beans 6-12 Corn Pears (4-12 Salad Bar)	Chicken Parmesan Marinara Sauce Green Beans Garlic Bread Stick Peaches (4-12 Salad Bar)	Sack Lunch 6-12 Hot Dog K-5 WG Chips Relish Tray Pineapple Cookie (No Salad Bar)
9 Juice or Fruit (1/2 c.) WG Cereal WG Breakfast Bar	10 Juice or Fruit WG French Toast	11 Juice or Fruit WG Cereal Breakfast Bar	12 Juice or Fruit Egg, Sausage & Cheese Biscuit	13 Juice or Fruit WG Cereal WG Toast
WG Corn Dog Mac & Cheese Mixed Vegetables Applesauce (6-12 Salad Bar)	Walking Taco 6-12 Bean Salsa Potato Rounds Cherry Crisp (4-12 Salad Bar)	Chicken Sandwich Potato Wedges Fresh Vegetables K-8 Broccoli Slaw 9-12 Peaches (4-12 Salad Bar)	Italian Pasta Bake Green Beans Spinach Salad Garlic Bread Pears (4-12 Salad Bar)	Chicken Shapes K-5 Stir Fry 6-12 Seasoned Rice Green Beans K-5 Pineapple/Oranges (No Salad Bar)
16 Juice or Fruit WG Cereal Breakfast Bar	17 Fruit or Juice Pancake Stick	18 Fruit or Juice WG Cereal Donut	19 Fruit or Juice Breakfast Pizza	20 Fruit or Juice WG Cereal WG Toast
Breakfast Pizza Potato Puffs Broccoli & Dip Pears (6-12 Salad Bar)	Hot Dog on Bun Baked Beans WG Chips Carrots Strawberries/Bananas (4-12 Salad Bar)	Chicken Noodle Soup Grilled Cheese Sand. Peas Celery/Carrots Applesauce (4-12 Salad Bar)	Mr. Ribb Roasted Broccoli Pears Cake (4-12 Salad Bar)	Pizza Sticks K-5 Fiestada 6-12 Corn Garden Salad Pineapple (No Salad Bar)
23 Fruit or Juice WG Cereal Breakfast Bar	24 Fruit or Juice WG French Toast	25 Fruit or Juice WG Cereal Breakfast Bar K-5 Biscuits/Gravy 6-12	26 Fruit or Juice Egg Omelet WG Toast	27 Fruit or Juice WG Cereal Breakfast Bar K-5 Toast 6-12
Sloppy Joe Tater Tots Broccoli/Carrots Peaches (6-12 Salad Bar)	Chicken Wrap Savory Rice Steamed Carrots Peppers & Onion 9-12 Pineapple (4-12 Salad Bar)	Pork Fritter on Bun Potato Wedges Cole Slaw 6-12 Carrots K-5 Kiwi (4-12 Salad Bar)	Beef Taco 6-12 Bean Salsa Potato Coins Peas Pears (4-12 Salad Bar)	Hamburger on Bun Oven Fries Lettuce, Tomato, Onion Peaches Cookie (No Salad Bar)
30 Fruit or Juice WG Cereal Breakfast Bar	31 Fruit or Juice WG Pancakes Sausage			
Enchilada Refried Beans Lettuce, Tomato, Cheese Potato Peaches (6-12 Salad Bar)	Spooky Chicken Shapes Web Fries Frog Eye Salad Pears Monster Cookie (4-12 Salad Bar)			(We reserve the right to make changes or substitu- tions as necessary.)

Elementary: \$1.35 Breakfast—\$2.25 Lunch; Extra Milk \$0.50

MS-HS: \$1.35 Breakfast—\$2.40 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice. Treynor Community School is an equal opportunity provider.



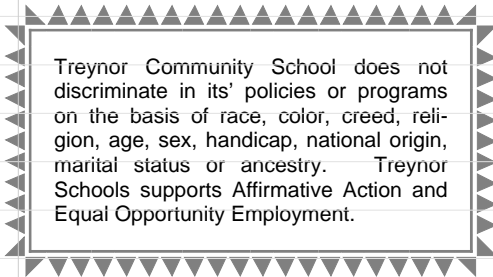
**Treyenor Community
School**

PO Box 369
Treyenor, IA 51575
Phone: 712-487-3414
Fax: 712-487-3332



POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED



MARK YOUR CALENDAR!

- Oct. 6 Lunch from 11:00—1:00 in Zion Church parking lot
 Early Dismissal at 1:00 p.m. for Homecoming
 1:00 Pep Rally
 2:00 Parade
 3:00—5:00 Carnival—NFL Combine
 4:30—7:00 Homecoming Supper in HS Commons
 7:00 Football game vs. Guthrie Center/Adair Casey
- Oct. 7 Homecoming Dance 8:00—11:00 in MS Commons
- Oct. 11 Early Dismissal at 1:00—Teacher Inservice
- Oct. 25 Early Dismissal at 1:00—Teacher Inservice
- Oct. 27 Early Dismissal at 1:00 p.m. for End of 1st Quarter
- Oct. 30 Early Dismissal at 2:00 p.m. for Parent-Teacher Conferences

