

Treynor Community School

"COMMITTED TO EXCELLENCE"



NEWSLETTER

October, 2012

"District Details" ... a few notes from Superintendent Elwood

◆ **Athletic Complex Update...**

The Board of Education held a special meeting on September 19 to begin finalizing the details pertaining to the site plan for the athletic complex project. The engineers and architects will take the information provided and spend the next few months creating updated drawings and revised cost estimates. Once the updated drawings and new budget estimates are complete, the board will then spend some time finalizing all construction documents. The goal is to have detailed drawings ready for the bid process during the winter months so that the majority of the construction work can get started in early spring. If all goes well, especially the weather, there is a potential that the new football field will be ready by next fall.



Dirt work is anticipated to begin for the new athletic complex toward the end of October

Special points of interest:

- ✓ Site grading and storm sewer plans are out for review and bid.
- ✓ Bids will be opened on Oct. 8th and awarded on Oct. 10th.
- ✓ Dirt work may begin by the end of October.
- ✓ If all goes well, and weather permitting, the new football field may be ready next fall.
- ✓ Blackboard Connect, a parent notification system, is in place for your use.

At this time, the crops have been harvested from the project site and our first goal is to complete the grading work and installation of storm sewer yet this fall. Site grading and storm sewer plans are currently out for review and bid by contractors. Bids for this first phase of work will be collected and opened on October 8th and the school board will meet on October 10th to award contracts. Once the contractors for the fall work can get equipment mobilized, we anticipate dirt work will begin toward the end of October.

◆ **Parent Notification System is ready for use...**

Last school year the Treynor Board of Education approved a contract with Blackboard Connect to provide a Parent Notification System to our patrons. The Parent Notification System allows Treynor School officials to communicate school cancellations, early dismissals, emergency information, activity schedule changes and general notices or announcements to parents in a more efficient method. Fortunately, due to the unseasonable weather, we did not have to use the system very often last year.

Blackboard Connect will be in place again during the 2012-13 school year and offers the widest possible range of communication options to reach parents when it matters most. Parents can access their account through the school district website to sign up and select multiple methods for receiving notifications from the school (direct phone calls with recorded voice messages, text messages, emails, text-to-speech, TTY, Facebook, Twitter, and RSS). Directions for updating your family account can be found by going to the Treynor School District website (www.treynorschools.org), clicking on the TECH SUPPORT tab, the ARTICLES tab, and finally PHONE NOTIFICATION PORTAL INFO. We hope you find this service beneficial.

Inside this issue:

Cash for Students	2
Treynornation	2
Elementary	3
Middle School	4
Illegal Bus Passing	5
High School	6
Cardinal Counseling	7-9
Parent Portal Inst.	10
Calendars	11-12
Menus	13

"District Details" ...a few notes from Superintendent Elwood

◆ School Board Update...

Iowa public schools are recognized as among the best in the country. One foundation for that quality is the passion and commitment of community leaders serving on public school boards. These locally elected community volunteers personify the value Iowans place on excellence in education. When you get a chance, please thank your local school board members for the time and effort they contribute each year.

The Treynor school board members for 2012-13 are: Jerry Hempel, Sally Myers, Gary Funkhouser, Dave Paulsen and Randy Young. On September 10th the board conducted their organizational meeting and elected officers for the year. Mr. Paulsen was elected to serve as President and Mr. Hempel will serve as Vice-President.

School board meetings will be held on the second Monday of each month beginning at 6:30 p.m. Meetings are held at the high school and are open to the public. Courtesy agendas are posted on the Treynor Community School's webpage, in the Treynor Post Office and published in the *Gazette*. The official agenda for each meeting is posted in the Superintendent's office.

As always, THANK YOU for supporting the Treynor students and staff!

Go Cardinals!

Mr. Elwood

CASH FOR STUDENTS



The "Cash for Students" program has begun. Hy-Vee cash register receipts dated from September 1 through December 31, 2012 will be collected in the Elementary, Middle School and High School offices. Hy-Vee gives back \$1.00 for every \$200 spent in any of the fourteen Omaha and Council Bluffs locations up to a maximum of \$2,000. Over \$403,000 in much needed funds has been donated to area schools as a result of this program. All of our proceeds go to the Athletic Booster Club. Remember to save your receipts and turn them in to any of the school offices!

@ TREYNORNATION ON TWITTER



If you are unavailable and are unable to attend varsity events at Treynor High School, you can follow the highlights on @TreynorNation on Twitter.

FROM THE ELEMENTARY PRINCIPAL'S DESK



We have gotten off to a fantastic start here at the elementary! September gave our students the opportunity to experience many different activities which included: Cards for Success & Morning Math drawings, 1-V Class of the Month Pizza Party, GHAEA Hearing Screenings, Pottawattamie County Conservation programs, Art Attack meeting, Lunch with Mr. Larsen, 2nd grade field trip to Arbor Day Farm, TS Bank/Cardinal Branch opening, and our annual Homecoming parade. October has our students looking forward to our first Accelerated Reader Cardinal Cart, Scholastic Book Fair and the change in seasons that we as lowans have grown to appreciate ☺.

Thanks also to those of you that helped support our Accelerated Reading Cardinal Cart through the QSP magazine fundraiser. As our students are reading more and more each year, it presents a challenge to fund the purchases necessary to keep our Cardinal Cart fully stocked. We appreciate your assistance!

Just another reminder regarding Elementary Drive and parking along the fire lane. If you are going into the building for ANY length of time before 8:30 a.m. or after 3:00 p.m., please pull into a parking stall or park your vehicle down towards the east end of the building. Also, please pull over to the side of Elementary Drive when dropping off and picking up students. Remember, Elementary Drive is ONE WAY between 8:00—9:00 a.m. and 3:00—4:00 p.m. Thanks for your assistance in these matters and for helping us keep kids safe. NOTE—students are not allowed in the building prior to 8:00 a.m.!

Feel free to stop in and say hello anytime, or if you have concerns, please call or email: [487-3422 or tlarsen@treynorcardinals.org]

Thanks for all of your educational support!

Mr. Larsen

UPCOMING ELEMENTARY EVENTS

October 3	Kindergarten Doughnuts for Dads @ 8:30 a.m.
October 5	No School/Teacher Inservice
October 10	Elementary Art Attack @ 3:30 p.m. School Board Meeting @ 6:30
October 11	3rd Grade to Botna Bend Park Field Trip
October 12	Picture Retakes Fall Harvest Parties @ 2:15 p.m.
October 22—25	Scholastic Book Fair Week/Red Ribbon Week
October 22 & 25	2:00 Early Dismissal Parent-Teacher Conferences 4:00—8:00
October 24	Elementary Art Attack @ 3:30 p.m.
October 26	No School
October 31	1:00 p.m. Early Dismissal/Teacher Inservice



ELEMENTARY VOLUNTEERS NEEDED



NEEDED:

Volunteer or volunteers to assist with serving lunch at the elementary school. Hours would be from 10:45 to 12:30 each day.

If interested, please call Jnelle, 712-487-3804.

NOTES FROM THE MIDDLE SCHOOL PRINCIPAL MRS. BERENS



October 5	No School—Teacher Inservice
October 19	2:00 Dismissal—End of 1st Quarter
October 22	Start of 2nd Quarter
October 22 & 25	2:00 Dismissal—Parent-Teacher Conferences 4-8:00
October 26	No School



**Parent-Teacher
Conferences
October 22 & 25
4:00—8:00 p.m.!**

We are off to a busy start this year! We've already celebrated homecoming and reached the midterm point of the 1st quarter. As a reminder, the students receive a copy of their midterm report cards at school and midterm progress reports are mailed home to parents.

I'm sure that you are all aware, but just in case you had not heard yet, I am no longer the MS/HS principal. The district has hired a third administrator so I am now the middle school principal and curriculum director. I love being able to stay on one end of the building and focus my attention on the middle school needs. Please feel free to call or stop by my office with any questions.

As students get into the full swing of school, I wanted to pass along key points from an article that I have read. Please continue to encourage good study habits and responsibility with your children

Good Study Habits Begin at Home, *OneToughJob.org*

Homework is a good thing

At times, it can seem like your child's homework is endless and with all those other things to get done, helping your child complete this homework can seem like an impossible task. However, completing homework is an important part of your child's education; it not only helps children practice what they are learning in the classroom, but it also encourages self-discipline and a sense of responsibility.

How you can help your child

- **Take an interest in your child's homework.** The American Academy of Pediatrics issued a statement regarding a child's increased success in school when parents take an active interest in homework. Your interest sends the message that not only is education important to you, but also that your child's activities in general are important to you, and you are there to support your child.
- **How much is too much?** According to the U.S. Department of Education, children in first through third grade should not have more than about 20 minutes of homework each school day. The recommendation for children in fourth through sixth grades is about 20 to 40 minutes a school day, and for children in seventh through ninth grades the recommendation is up to 2 hours per school day. These are just recommendations and the amount of homework your child will have may vary greatly depending on the school and your child's teacher(s). The best way to know how much homework to expect is to speak with your child's teacher.
- **Get to know your child's teacher.** Attend parent-teacher conferences and ask the teacher about the homework policy and what your role should be in helping with your child's homework as this may vary from teacher to teacher. Building this relationship with the teacher initially will be helpful if you have any questions or concerns throughout the school year about your child's homework situation.
- **Schedule in homework time.** Although it can be difficult with your own and your child's busy schedules, make sure homework time is part of your child's daily routine. Try and find a regular study time each day that works the best for your child. By doing this, you are modeling good time management as well as sending the message that education is important.
- **Find a homework-friendly area at home.** This may differ depending on the age of your child or what type of homework he is doing. Ideally, this should be a relatively quiet place with plenty of light. In addition, help your child gather the necessary tools to complete his homework before he begins.

MIDDLE SCHOOL PRINCIPAL NOTES CONT'D.

- **Be available.** How much you help your child with homework will depend on your child's age, her teacher, and the assignment. You do not need to hover over your child as she completes her homework and this may even be a distraction for some children; however, assuring her that you are there if she needs you will let her know that you are there to support her.
- **Encourage learning.** Even when your child has free time, he can learn from his activities. Reading for pleasure, participating in an after school activity, visiting a museum, helping you with cooking or errands, or even watching an educational program on television are all things that help your child to learn outside the classroom and develop hobbies and interests.

Mrs. Berens, Principal

INCREASED SANCTIONS FOR ILLEGAL BUS PASSING

A new rule took effect in Iowa in August that increases the administrative driving privilege sanctions for illegally passing a stopped bus.

The rule was approved by the Iowa Transportation Commission, and the director of the Iowa Department of Transportation adopted the emergency administrative rule that is in keeping with the provisions of legislation signed into law earlier this year by Gov. Terry Branstad.



The Keep Aware Driving—Youth Need School Safety Act (commonly known as Kady's Law) signed by Branstad increased the criminal penalties for passing a stopped school bus, and it directed the Iowa Department of Transportation to enact rules that make illegally passing a stopped school bus a serious moving violation that triggers increasing periods of suspension for first, second and subsequent offenses.

Passed unanimously in the Iowa House and Senate, the law is aimed at preventing other tragic deaths and serious injuries to Iowa's school children while boarding and unloading from a school bus. On May 10, 2011, Kady Halverson, age 7, of Northwood, was struck by a pickup while trying to cross the road to board a school bus.

The new rule that took effect in August provides that a person's driving privileges in the state will be suspended 30 days for a first conviction, 90 days for a second conviction and 180 days for a third or subsequent conviction. This is in addition to the already existing fines and penalties.

According to the recently released Second Annual School Bus Illegal Passing Driver Survey sponsored by the National Association of State Directors of Public Transportation, there has been a marked increase in the number of motorists who blow past the school bus arm and flashing red lights.

"We hope that these increased penalties and sanctions will make drivers think twice before foolishly choosing to pass a stopped school bus," said Kim Snook, director of the Iowa Department of Transportation's Office of Driver Services. "More than thinking about their own penalty, however, we hope they will remember and recognize that passing a stopped school bus threatens the life of a child. The few seconds gained is not worth risking a child's life."

NOTES FROM THE HIGH SCHOOL PRINCIPAL..... MR. NAVARA

Upcoming Events in October

October 5	No School for Teacher In-Service
October 12	Picture Retakes
October 19	End of First Quarter—2:00 p.m. Dismissal
October 22	Begin Second Quarter 2:00 p.m. Early Dismissal Parent—Teacher Conferences 4:00—8:00 p.m.
October 25	2:00 p.m. Early Dismissal Parent—Teacher Conferences 4:00—8:00 p.m.
October 26	No School
October 31	1:00 p.m. Early Dismissal for Teacher In-Service



Welcome to Treynor High School

As the principal, I welcome all to Treynor High School. As a father and former high school teacher, I know and appreciate the value of a good education. A good education begins when a child's school experience is a positive one. At Treynor High School, we strive to provide a positive experience. The enjoyment of learning is a top priority at Treynor. I pledge myself to providing a rewarding, positive and successful school year for all children attending Treynor. I want your child to realize that learning is a natural process and that the key to a happy and productive life is found in a successful education. At Treynor High School, we believe and practice our motto: "Excellence is Expected and Excellence is Achieved".

Vision of Education

My vision as a principal is: motivated students collaboratively work through tasks; gathering information, analyzing, evaluating and discovering multiple solutions to a problem. Students will be active participants immersed in their learning. The role of the teacher evolves from a dispenser of information to a lead learner who passionately facilitates the learning. When collaborative PLC teams (Professional Learning Communities) of teachers and administrators both facilitate and share responsibility associated with creating action steps focused on student tasks and evaluated so teachers can differentiate their daily and weekly instruction. Then, students and teachers alike will be motivated to learn as they collaboratively solve real world problems.

"THE NIFTY FIFTIES" - NOVEMBER 2 & 3



Take an exciting trip back in time with the Treynor Music Department. Our destination: *The Nifty Fifties* on November 2 and 3, 2012. Shows will be Friday night at 7:30, Saturday afternoon at 3:30 and Saturday night at 7:30. Join the gang to see if Gracie can organize the Sock Hop in time and if everything will go according to plan! More information will be available at a later date .

Cardinal Counseling



Connections

Newsletter for students and parents from the MS/HS counselor

Phone: 487-3181 Email: sirvin@treynorcardinals.org October, 2012

Treynor High School Initiates Project Lead the Way Curriculum

A new learning opportunity is now available to Treynor High School students for the 2012-13 school year. Project Lead the Way is a pre-engineering curriculum that will give an opportunity to Treynor students to explore an academic area that has tremendous career opportunities. Project Lead the Way (PLTW) is a nationally recognized STEM curricular program (science, technology, engineering, and mathematics) that seeks to involve students in hands on activities to apply their skills of inquiry in the subject area of STEM. The first course of the sequence in PLTW is Intro to Engineering Design in which students learn to use a powerful computer design program to create engineering design projects. The computers to be used for this class are powerful in their graphics and memory and utilize 2-D and 3-D design. Instructor for the IED class is Gary Schuler who spent two weeks in the summer to go through PLTW training for the class at Iowa State University. Currently 19 students are enrolled in the class in two sections.

Future classes in the PLTW curriculum will be Principles of Engineering and Digital Electronics. Both of the will utilize hands on learning in the STEM area. Eventually as the Treynor H.S. program develops, the possibility of college credit is possible. The Treynor program would have to become certified as a PLTW program and it would provide an opportunity for college credit to be earned.

To find out more information about PLTW go to these websites: www.pltw.org or www.pltwiowa.org.

Music Appreciation Added to THS Curriculum

Another addition to the high school curriculum for the 2012-13 school year is Music Appreciation. The class is divided into two different semesters. Music Appreciation I will cover the topics of the experience of music as pleasure and culture, understanding beat, rhythm and dance. Other topics covered are approaching vocal music, decisions made by composers, directors and performers, then to creating music. In Music Appreciation II the topics covered are jazz, songs of love and romance, sacred music, celebration/ceremony music, opera, musical theater and film. The final topics will be the eras of medieval, renaissance, baroque, classical and romantic periods. Currently 32 students are enrolled in the course in two sections. Instructor for music appreciation is Roger Jensen.

Background Information on the ACT

ACT as an organization is (quoted from their web site at www.act.org) "ACT is an independent, not-for-profit organization that provides a broad array of assessment, research, information, and program management solutions in the areas of [education](#) and [workforce development](#)." ACT the test is a college entrance test that gives colleges an objective evaluation of a prospective college student's abilities to be successful in college. Most four year colleges in the Midwest rely on the ACT to admit students into their college or university. It also serves as a partial basis for many colleges to award academic scholarships and grants. Colleges and universities have an ethical responsibility to admit students that have the necessary academic abilities that will enable them to earn a degree and complete an academic program. The ACT serves as a vital tool for admission of students.

There are four major subtests on the ACT: English, mathematics, reading, and science reasoning. Most people are very aware that the ACT has a composite score based on a scale of 1-36 that is a type of average for all four subtests. Colleges commonly use cumulative grade point average (GPA), class rank, and the ACT composite score to make admission decisions. The three state universities in Iowa use the Regents Admissions Index (RAI) as to make admissions decisions. We will visit what the RAI is all about in a future edition of Cardinal Counseling Connections (CCC).

The ACT is primarily a four year college entrance test. Not all students need to take the ACT. If a student wants to attend a community college in a career and technical program of study, taking the ACT may not be necessary. If a student would like to attend cosmetology school or enter the military, the ACT is not necessary. Primarily, the ACT should be taken by students who are intending to enter a four year college directly from high school. The ACT can be taken any time in high school. I usually recommend the ACT be taken either some time during the junior year or while a student is taking algebra II in either the sophomore or junior year. The ACT can be taken up to twelve times. Most students will take the ACT one to two times. ACT reports that 55% of students who take the ACT the second time will raise their composite score. Colleges will take the highest score of a student. It is important for seniors to have taken the ACT at least once before their senior year so that they will have a score available for colleges to use to make an admissions decision. The senior may take the ACT during their senior year to raise their score and this is most effective if done in September, October, or December. Over the past ten years, 85% of Treynor graduating senior classes have voluntarily taken the ACT.

Remaining ACT Test Dates for 2012-13 School Year

Test Date	Registration Deadline	Late Fee Required
October 27, 2012	September 21, 2012	September 22 – October 5, 2012
December 8, 2012	November 2, 2012	November 3 – 16, 2012
February 9, 2013*	January 11, 2013	January 12 – 18, 2013
April 13, 2013	March 8, 2013	March 9 – 22, 2013
June 8, 2013	May 3, 2013	May 4 – 17, 2013

Treynor ACT School Code: 164-320

To register online for the ACT go to: www.actstudent.org

The ACT Writing Test is optional. Check with prospective colleges to see if the college requires the writing exam for admission. You may check the counseling page of the THS web site and click on a link that will allow you to look up your prospective college, and if it requires the ACT writing exam.

ACT Online Prep is an online prep program that you can purchase for \$19.95 for a one year access. To purchase or see more information go to:
<http://www.actstudent.org/onlineprep/index.html>

College Visits

The single most important factor in making a college decision is visiting the college. Getting on the campus gives a student a sense of whether the atmosphere fits their personality and what the college has to offer. Following are some thoughts about college visits:

1. Visit during a regular day of classes. This gives you a sense of what it would really be like to attend the college. Saturdays, summers, and finals week are not good times to visit a campus and base a decision completely on that visit.
2. Be sure to schedule an official visit with the office of admissions. The admissions staff is very busy and will normally not be able to accommodate walk-in visits. Mr. Irvin is very glad to schedule campus visits and students should fill out the College Visit Request Form.
3. Go with parents. Parents can give good feedback to students about a college and can ask good questions. Offices of admission prefer not to have "packs" of students come on campus. Students are generally more serious if they go with their parents.
4. Consider group visit days. Many colleges sponsor days when several prospective freshmen come and visit. An entire schedule for the day is set up involving tours, student or faculty panel discussions, eating in the cafeteria, sitting in on a class, or meeting with specific instructors in programs or activities. All colleges will do individual visits and many will do group visits.
5. THS allows three days in the senior year to be used for college visits that do not count against a student's attendance.

Good Questions to Ask on a College Visit

1. What are the test score requirements for admission or scholarships?
2. Is there an application fee? If so, is it refundable?
3. What are the application deadlines for admission and scholarships?
4. What scholarships are available for freshmen students?
5. What is the cost of attendance both in direct costs (tuition, room and board) and indirect costs (books, transportation, personal spending)?
6. What types of payment plans are available?
7. What types of meal plans are available? Are there alternatives to the dining halls?
8. Are computers available in residence halls and are rooms equipped for computer network access? Is wireless access available? Is there a computer technical service available to help students with the computer problems?
9. What does the college do for freshman student orientation? What does the college do for incoming freshmen to help them to get to know other students?
10. What type of academic calendar does the college use?
11. What is the retention rate for students?
12. What is the job placement rate? Does the college help students apply and be admitted to graduate school or to find employment in their field of training?
13. How long does the average student take to graduate?
14. Are academic support services and tutors available for students who need academic help?
15. What is the average class size?
16. How does the academic advising system work? How can students change advisors if they wish?
17. What are the various housing options on campus? How much is the housing deposit? What is the deadline date to receive a refund on the housing deposit?
18. What does the college offer for student health services? What is done for campus security?
19. What are the clubs and organizations that are available on campus?
20. What is the student body like? What is the male/female ratio? What is the racial and ethnic diversity on campus?
21. What internship and co-op programs available?
22. What study abroad programs are available?

Choosing a college is an important decision. Make sure to give it a lot of thought and don't be afraid to investigate and ask questions. See the Iowa College Access Network website (www.icansucceed.org) for other college visit information and helpful suggestions.

PHONE NOTIFICATION PARENT PORTAL INSTRUCTIONS:

The new Blackboard Connect Parent Portal is now active! Blackboard Connect hosts Treynor Community School District's notification system. This system can call, email or text you in the event of a school-generated notification regarding weather delays, cancellations or general announcements.

Steps to setup & associate your account are listed below:

1. Visit the school webpage and go to the QuickLinks menu on the right (under the Weather and next to Highlights). Find the link that says **NOTIFICATIONS**, or go directly to <https://083111966.bbcportal.com>.
2. Click on the SIGN ME UP link and type in the requested information. You will be instructed to check and verify your email before proceeding. (Subsequent visits, you will need to just log in).
3. Once you have verified your email and logged in, there will be a link to manage your contact information (or you can go to the FIND CONTACTS link from the left navigation menu).
 - a. At this step, you will need to know your child's identification code. **This code is their JMC student number**, which can be found in a couple of places: (1) A copy of their report card or (2) in the Attendance or Report Card menu of the JMC Parent Access module. This reference code is usually a 2 to 4 digit number. If you do not have access to either of these, you may call one of the building secretaries to get your student's number.
 - b. The next step will ask you to type in a phone number that already exists in your record, such as your home phone number. This is the same data that we have in our JMC database.
 - c. The final step will ask you to verify each of the numbers already found in the record.
 - d. Now, you have the option to modify your data and what method is used (i.e. voice, text).
4. The FIND CONTACTS MENU on the left is where you will go to associate an additional child to your account. Repeat items in Step 3a above.
5. The SUBSCRIPTIONS MENU is where you can select which numbers or emails gets called/texted during a notification. There are 3 types of notifications.
 - a. Emergency: This might be used in the event of a last-minute school cancellation or late start and all phone numbers & emails in your contact database would be notified. You are not allowed to change this area.
 - b. Attendance: This would be used at a time when your child is not at school and the building secretary has not received a phone call notifying them why your child is absent. In most cases, the secretary's call directly, but this could be used in the future.
 - c. Outreach: This subscription is used in the event of a non-emergency announcement, such as a notification about school cancellations when there is plenty of time to get the message out, or reminders about upcoming parent-teacher conferences, school registration, etc.
 - d. When you highlight and click each area, this will bring up a sub-menu where you can select which numbers get notifications.
 - e. Clicking on the *Edit* next to the SUBSCRIPTION header will allow you to select if you get District or School-based notifications. We highly advise you select all, so that you do not miss any important notifications.

NOTE: *If you do nothing with these instructions, your base data is still synchronized to the Blackboard Connect database with our student information database, JMC. This parent portal is another way to give you the power to change what phone numbers and/or email addresses get notifications.*

October 2012



Happy Halloween!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Cross Country @ Woodbine 5:00 JV Football @ Riverside 6:00	2 JH FB @ Underwood 4:15; JH VB @ Riverside 4:15; 9th/JV/Var VB @ Riverside 6:00/7:30	3 Kindergarten Doughnuts for Dad @ 8:30 a.m.	4 Cross Country @ Atlantic 4:00 JV VB @ Tri-Center 5:00	5 NO SCHOOL INSERVICE Varsity Football Noday Valley Here 7:00	6 Marching Band Contest @ Glenwood JV Volleyball @ CB Abraham Lincoln
7	8 WIC Cross Country @ Missouri Valley 4:00 WIC Volleyball Here JV FB Griswold Here 6:00	9 JH Football AHST Here 4:15 WIC Volleyball	10 Elementary Art Attack @ 3:30 p.m. School Board Meeting 6:30	11 3rd Grad to Botna Bend WIC Volleyball 9th Football Griswold Here 6:00	12 Picture Retakes Elem. Fall Harvest Parties @ 2:15 Varsity Football Missouri Valley Here 7:00	13 Marching Band Contest @ Lewis Central
14	15 JV Football @ Tri-Center 6:00	16	17	18 Cross Country District @ Atlantic 3:30	19 2:00 Dismissal End of 1st Quarter Varsity Football @ Panorama 7:00	20 All State Auditions @ Harlan
21 Red Ribbon Week Scholastic Book Fair Week	22 Early Dismissal @ 2:00 Parent-Teacher Conferences 4:00—8:00	23	24 Elementary Art Attack @ 3:30 p.m. Football Playoff	25 Early Dismissal @ 2:00 Parent-Teacher Conferences 4:00—8:00	26 No School	27 JH Honor Band Auditions @ Clarinda
28	29 Football Playoff	30	31 Early Dismissal @ 1:00 Inservice 			

November 2012



Happy Thanksgiving!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Musical 7:30 in Auditorium Football Playoff	3 Musical 3:30 & 7:30 in Auditorium
4	5 Girls Basketball Practice Begins JH Boys BB @ AHST 4:15	6 3rd Grade Cognitive Aptitude Testing	7	8 Boys JH BB Missouri Valley Here 4:15 State Volleyball	9 SWIBA JH Festival State Volleyball	10 State Volleyball Football Playoff
11	12 Boys BB & Wrestling Practices Begin Boys JH BB @ Riverside 4:15 School Board Meeting 6:30	13 Financial Aid Meeting @ 7:00 in HS Auditorium	14 Elementary Art Attack @ 3:30 p.m.	15 Boys JH BB Audubon Here 4:15 All State Festival in Ames	16 All State Festival in Ames State Football	17 All State Festival in Ames
18	19 Boys JH BB @ Griswold 4:15	20 Progress Reports Sent Home	21 NO SCHOOL TEACHER INSERVICE	22 	23 Thanksgiving Vacation	24
25	26 G & B 9th BB @ ISD 6:00/7:30	27	28 Elementary Art Attack @ 3:30	29	30	



TREYNOR COMMUNITY SCHOOL

October, 2012 Breakfast & Lunch Menus



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Juice or Fruit Choice of Cereal Cinnamon Toast	2	Juice or Fruit French Toast Sticks w/syrup	3	Juice or Fruit Choice of Cereal Granola Bar	4	Juice or Fruit Breakfast Square	5	NO SCHOOL
Chicken Wrap Romaine, Lettuce, Tomato Steamed Carrots Tropical Fruit (6-12 Salad Bar)		Hot Dog on Whole Grain Bun Hot Potatoes Broccoli w/cheese Applesauce (4-12 Salad Bar)		Pasta/Meat Sauce Garden Spinach Salad Steamed Peas 9-12 Garlic Stick Fresh Fruit (4-12 Salad Bar)		Taco Salad Whole Grain Tortilla Chips & Salsa Refried Beans Cinnamon Puff Peaches (4-12 Salad Bar)		NO SCHOOL	
8	Juice or Fruit Choice of Cereal Toast/Jelly	9	Juice or Fruit Pancakes w/syrup	10	Juice or Fruit Choice of Cereal Whole Grain Poptart	11	Juice or Fruit Biscuits/Gravy 6-12 Breakfast Bagel K-5	12	Juice or Fruit Choice of Cereal Muffin Square
Mac & Cheese Meatballs Seasoned Peas Fresh Baby Carrots Whole Grain Bread/Jelly Apple Wedges 9-12 (6-12 Salad Bar)		Chicken Nuggets Mashed Potatoes/Gravy Fresh Broccoli Wheat Roll 6-12 Strawberries/Bananas (4-12 Salad Bar)		Chili Soup 6-12 Chicken Noodle K-5 Whole Grain Corn Chips Orange Smiles 6-12 Celery & Cucumbers Cinnamon Roll (4-12 Salad Bar)		Baked Ham Two Potato Mash Green Beans Angel Biscuit/Jelly Kiwi Fruit (4-12 Salad Bar)		Hamburger on Bun Romaine & Tomato Sweet Potato Fries Mixed Fruit Rice Krispie Bar (No 2nd Choice)	
15	Juice or Fruit Choice of Cereal 1/2 Bagel	16	Juice or Fruit French Toast Sticks/Syrup	17	Juice or Fruit Choice of Cereal Cinnamon Roll	18	Juice or Fruit Pork Sausage Eggs	19	Juice or Fruit Choice of Cereal Toast/Jelly
Hot Ham & Cheese/Bun Potato Wedges Fresh Broccoli Apples Chocolate Pudding (6-12 Salad Bar)		Sausage Pizza Tossed Salad/ Romaine Garlic Breadstick with Marinara Sauce Banana (4-12 Salad Bar)		Italian Pasta Bake Green Pepper Strips Baby Carrots Whole Wheat Bread/Jelly Applesauce Royal Brownie (4-12 Salad Bar)		Taco Burger on Bun Lettuce & Tomato Refried Beans Sliced Peas Choc. Chip Cookie 9-12 (4-12 Salad Bar)		Chicken Patty Mashed Potatoes/Gravy Green Beans Wheat Roll w/ Jelly Orange Wedges (No 2nd Choice)	
22	Juice or Fruit Choice of Cereal Muffin Square	23	Juice or Fruit Pancake Stick Syrup	24	Juice or Fruit Choice of Cereal Granola Bar	25	Juice or Fruit Breakfast Square K-5	26	NO SCHOOL
Beef & Bean Burrito Lettuce & Tomato Mexican Corn Salsa & Whole Grain Tortilla Chips Honey Apple Crisp (6-12 Salad Bar)		Meatball Sub 4-12 Turkey Dog/Bun K-3 Garden Spinach Salad Honey Glazed Carrots Pineapple Chunks (4-12 Salad Bar)		Chicken Noodle Soup Grilled Cheese on Whole Grain Bread Green Beans Carrot Sticks Applesauce (4-12 Salad Bar)		Turkey & Cheese Sub Romaine Lettuce & Tomato Oven Fries Sliced Peaches Graham Snacks (4-12 Salad Bar)		NO SCHOOL	
29	Juice or Fruit Choice of Cereal Toast w/Jelly	30	Juice or Fruit French Toast Sticks Syrup	31	Juice or Fruit Choice of Cereal Donut	1	Juice or Fruit Breakfast Bagel K-5 Biscuits/Gravy 6-12	2	Juice or Fruit Choice of Cereal Whole Grain Poptart
Taco Soup Whole Grain Tortilla Chips Fresh Broccoli Sliced Peas Snickerdoodle (6-12 Salad Bar)		Whole Grain Corndog Garden Spinach Salad Seasoned Peas Apple Wedges (4-12 Salad Bar)		Chicken Stir Fry 6-12 Tony's Pizza K-5 Mixed Veggies Green Pepper Strips Tropical Fruit Wheat Breadstick (4-12 Salad Bar)		Mostaccioli Tossed Salad /Romaine Green Beans Whole Wheat Roll 9-12 Fresh Banana (4-12 Salad Bar)		Quesadilla Whole Grain Tortilla Chips & Salsa Refried Beans Orange Wedges (No 2nd Choice)	

Elementary: \$1.00 Breakfast—\$1.75 Lunch; Extra Milk \$0.50

MS—HS: \$1.00 Breakfast—\$1.90 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice.



**Trey Community
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