

Treynor Community School

"COMMITTED TO EXCELLENCE"

NEWSLETTER



February, 2016

"District Details" ... a few notes from Superintendent Elwood

Strategic Plan Review & Input

A copy of the Treynor CSD Strategic Plan can be found on the school's website (www.treynorschools.org) by clicking on the "District" tab and then the tab labeled "Strategic Plan". This plan is used by the Board of Education to help identify projects, positions, and programs that the District may need to address in the next few years. When the Board of Education looks at allocating resources for various projects, the Strategic Plan is used as part of the process.



Review the district's Strategic Plan and provide suggestions and ideas!

Special points of interest:

- ✓ Treynor's District Strategic Plan is on the school website.
- ✓ Review the plan and provide suggestions and ideas to Mr. Elwood via email.
- ✓ Large group speech is sending eleven groups to state contest.
- ✓ Speech State Large Group Contest will be held on Feb. 6 at Waukee High School!

The Strategic Plan gets reviewed annually; however, every 3-4 years, as many of the tasks are accomplished, we go back and complete an in-depth review. We started the in-depth review process on December 3rd at a Board work session. During December and January, the faculty and staff were given an opportunity to review the plan and provide input. On January 20th, we held a Community Coffee and spent a few hours reviewing the plan with district patrons and collecting their input. Throughout the month of February, we are continuing to solicit input from parents, students, and community members that were unable to attend the Community Coffee.

The Strategic Plan includes items which are usually larger purchases that take a significant amount of revenue to accomplish. Minor projects (like painting a room or fixing one computer) can be dealt with in the annual budget and are typically not listed in the plan. Also, don't get hung up on whether an item is categorized as a 1-2 year goal, 3-5 year goal, or 5+ year goal as the list will be re-prioritized once it has been updated.

Please remember that this plan is intended to be a document that is continually changing. Goals will be accomplished, new items will arise that will be added to the plan, and time frames for goals will shift as the district's needs and resources continue to change.

Please take some time to review the plan and offer any suggestions of items the Board may want to include. Suggestions and ideas can be emailed to Mr. Elwood at kelwood@treynorcardinals.org

Thanks for taking time to participate in the review process. Your input is greatly appreciated!

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Another successful speech season underway....

The Treynor speech program continues to flourish under the direction of head speech coach Lori Burton. This year we have over 60 students participating in large group and individual speech. Due to the continued growth and hard work of our students and coaches the expectations are once again set high for our thespians. District Large Group was held at Shenandoah High School on January 23. After a day of outstanding performances, 11 groups (over 50 students) qualified for State Large Group. The State event will be held on February 6 at Waukee High School. Congratulations to Coach Burton, our dedicated assistant coaches, and all the speech students on their success thus far. As Large Group starts to wind down Individual speech will be kicking off soon. When you get a chance, stop by one of the upcoming contests to support our speech students.

February 6	State Large Group	Waukee High School
February 20	Large Group All-State	Iowa State University
February 27	District Individual Events	Logan-Magnolia High School
March 12	State Individual Events	Des Moines North High School
April 4	Individual All-State	University of Northern Iowa

Thanks for your continued support of our students, staff and programs.

Go Cardinals!

Mr. Elwood

CAUTION: Changes in weather arriving soon...

As the weather begins to change, school cancellations and early dismissals can occur at anytime. If severe weather causes school to be cancelled prior to the start of the day, we will try to have information to the media by 6:30 a.m. In addition to our school website, the media outlets that will carry our announcements this year are: **KMA, WOWT, KMTV and KETV.**



If weather or unforeseen circumstances (loss of power or water) should occur during the day and school is dismissed early, **PLEASE HAVE A PLAN IN PLACE WITH YOUR CHILD.** When early dismissals occur during the day, we usually have limited time to get information out and many parents aren't aware that an early out has taken place. Also, we have over 750 students in the district and only a couple of phone lines in each building. Don't assume that your child will be able to call you if a decision is made to dismiss school during the regular day. Have a plan in place! The elementary has forms for each parent to keep updated outlining your family's specific plan to deal with this type of situation. Parents of middle school and high school students need to discuss with their child what plan of action they will take in the event of an early dismissal during the school day. Proper planning now will provide assurance to you and your child that all will be okay should we ever have an unforeseen early dismissal.

A new Parent Notification system has been purchased to allow Treynor school officials to communicate school cancellations, early dismissals, emergency information, activity schedule changes and general notices or announcements to parents in a timely and efficient manner. Parents have the ability to sign up and select multiple methods for receiving notifications from the school (direct phone calls with recorded voice messages, text messages, emails, text-to-speech, TTY, Facebook, Twitter and RSS). Check the website for updates regarding this new service and sign up on the webpage by clicking on "Quick Links" and then "Notifications".

FROM THE ELEMENTARY PRINCIPAL'S DESK



Another month in the books! Our students continue to perform at very high levels and have enjoyed many different activities including the second round of FAST testing, Kindergarten Muffins for Mom, Cardinal Branch Bank, Stock Market game, and our second Accelerated Reading Cardinal Cart.

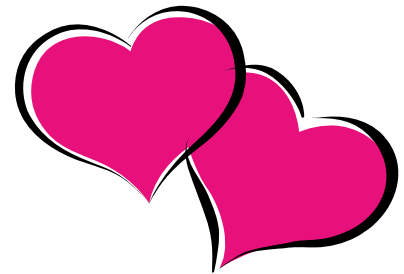
February proves to be very busy as well with our classroom Valentine's parties as the highlight. Finally, we have our last Box Tops for Education submission on February 29th, so please send those to school with your children as soon as possible.

As always, please feel free to contact me if you have questions, comments or concerns on happenings here at the elementary school!

Mrs. Kay, Principal
jkay@treynorcardinals.org

UPCOMING ELEMENTARY EVENTS

February 1-5	Junior Dance Camp
February 2	Invention Convention
	Cardinal Branch Bank (every Tuesday)
February 3	1:00 Early Dismissal—Teacher Inservice
February 12	Classroom Valentine's Parties @ 2:00 p.m.
February 15	No School/Teacher Inservice
February 17	Progress Reports Sent Home



BREAKFAST LOGIC!



Breakfast is a good thing! When students need to take achievement tests, schools strongly urge them to eat breakfast first on testing days. Why? Because we know that when students eat breakfast, they perform better and are better able to concentrate. Yet, on "normal" days, many students fail to eat breakfast; they're too busy, too tired, or just don't know what to eat.

Let's help students to perform better every day, by making sure they eat a healthy breakfast at home or at school.

OPEN ENROLLMENT DEADLINE

Parents/guardians considering the use of the open enrollment option to enroll their child/children in another public school district in the state of Iowa should be aware of the following dates:

March 1, 2016: the last date for regular open enrollment requests for the 2016-2017 school year, except for "good cause" reasons or kindergarten applications.

Kindergarten applications must be filed on or before September 1 of the school year in which open enrollment is requested. (September 1, 2016 for the 2016-2017 school year).

For further details, contact the school Superintendent's office at 712-487-3414.

NOTES FROM THE MIDDLE SCHOOL PRINCIPAL..... MRS. BERENS



- February 3** **Teacher Inservice—1:00 Dismissal**
- February 15** **Teacher Inservice—No School**
- February 17** **Progress Reports**
- February 26** **Middle School Red Hot Dance
8:00—10:00 p.m. MS Commons**



Middle School students encouraged to be “Kids of Character”!

As we all know, it is never too early to begin teaching children how to be caring, confident, self-aware and respectful of those around them. Parents are a child’s first teacher in teaching character lessons and those of us in the educational environment know exactly how important this job is and how much it pays off for all of us by the time these kids get to our building. Below are five tips *LaPetite Academy* shares with parents on how to raise “Kids of Character”.

1. **Volunteer with your child.** By making community service a regular part of your child’s life, you reinforce the importance of giving to others/sharing and help him or her develop a greater awareness of the world and the diversity of people in it. Volunteer outings together also provide great opportunities to spend quality time together as a family. At LaPetite , kids are asked to join with parents in two annual fundraising events per year for the Make-A-Wish Foundation. The events are not only fun family activities, but also raise considerable money for a worthy cause.
2. **Treat others as you’d like your child to treat them.** You are your child’s first and most influential teacher and they are always watching you. “Modeling” your own kind and caring behavior towards friends and relatives is an effective way to teach your children how to be good to others. Show what being a good friend is about and tell your children how to treat people with kindness and respect.
3. **Be your child’s problem “helper” versus problem solver.** Guide and support your children as they work through conflicts or struggles, but avoid doing for them what they have the skills to accomplish on their own. Rather than anticipating and dissolving potential struggles for your child before they happen, become a partner and join his/her efforts to work through them together.
4. **Encourage your child to be truthful, but focus on correcting behavior versus pressuring them into “confessing”.** Children often stretch the truth or make up stories to avoid getting in trouble after misbehaving. By rationally focusing on a behavior problem rather than showing disappointment about your child’s cover-up/lie, you send a direct message that he or she shouldn’t fear being disciplined and thus telling a story is not necessary.
5. **Engage and involve your child in everyday tasks.** Asking for their help makes children feel useful and important. By regularly involving your child in age-appropriate jobs with you, you’re helping him/her develop a sense of responsibility and familiarity working with others.

Middle School “Red Hot Dance”

The dance is on Friday, February 26th from 8-10:00 p.m. in the Middle School Commons area. The cost is \$3 and snacks will be provided for \$1 each. Students are to dress semi-formal (no jeans). This dance is sponsored by the Middle School Student Council and the music will be provided by the high school dance team. We hope that everyone will attend!

THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL..... MR. MCNEAL

As the month of January has passed and the cold days of winter are here, our students continue to excel. Congratulations to the Treynor Jazz Band and Jazz Choir for each earning 1st place at WIC Jazz Festival held at Iowa Western on Tuesday, January 14th. Also, congratulations to Wynn Keller on receiving an outstanding solo award.



Our extracurricular activities are having very good seasons. The Speech team has a large number of participants with great potential to qualify many for State competition. The Jazz Choir and Band are doing very well and I wish them good luck with their remaining competitions. As I write this article, the basketball teams are undefeated and continue to improve each game. The wrestling team is also doing very well and I encourage everyone to support them when we host Sectionals on Saturday, February 6th.

I also want to take this opportunity to inform everyone about tutoring that is available for High School students during Card Pride at the end of the day. Students have the opportunity to come to the Commons to get help with difficult work from several Junior and Senior tutors or they may also use this time to form "study groups" where students can help each other with challenging homework or study together for upcoming tests. This program began in the fall and has not developed as I thought it would. I hope this article will aid in developing this program to its potential.

We are very excited to have received notification in December that our application for the Teacher Leadership and Compensation Grant was accepted. The Teacher Leadership and Compensation (TLC) System rewards effective teachers with leadership opportunities, attracts promising new teachers with competitive starting salaries and more support, and fosters greater collaboration for all teachers to learn from each other.

The goals of the Teacher Leadership and Compensation System are to:

- Attract able and promising new teachers by offering competitive starting salaries and offering short-term and long-term professional development and leadership opportunities.
- Retain effective teachers by providing enhanced career opportunities.
- Promote collaboration by developing and supporting opportunities for teachers in schools and school districts statewide to learn from each other.
- Reward professional growth and effective teaching by providing pathways for career opportunities that come with increased leadership responsibilities and involve increased compensation.
- Improve student achievement by strengthening instruction.

Lastly, I want everyone to know that I have had and will always have an "open door" for all school stakeholders. I encourage anyone who has concerns or questions about anything that occurs at Treynor High School to please contact me. Unless it is an infringement of an individual's privacy, I would be more than happy to discuss what's happening at the High School.

Gary McNeal
High School Principal



FROM MR. NAVARA, ACTIVITIES DIRECTOR



What is the Treynor Athletic Booster organization? The Treynor Athletic Booster organization is an organization that generates support and funds for the 15 sports, the weight room, cheerleaders and dance teams at Treynor High School.

Who is a member of the Athletic Booster organization? If you have a son or daughter who participates on a sports, cheer and/or dance team, you are a member of the Athletic Booster organization.

How does the organization generate funds? The organization generates funds by having each grade (class) perform an activity during the year. The grade (class) will perform that activity until they graduate from high school. For instance, this year (2015-2016): 6th grade class was to learn the Kick-off Dinner from the Senior class, 7th grade class has the Booster Club Basketball Tourney, 8th grade class was in charge of the first half of the winter sports season concessions, 9th and 10th grade classes have the spring sports concessions and the Junior class is in charge of the Booster Club Golf Tourney. The organization itself is looking to start some new traditions, possibly hosting a steak dinner night with a comedian or speaker.

What happens to the funds once they are generated? Every sport is assigned a certain percentage of the funds to use for their particular sport. The percentages range from 2.5—9, largely due to the need and cost of the activity. An example of items that the funds are used for are: additional assistant coaches, ropes, kettlebell weights, team jackets and t-shirts, just to name a few items.

How do we know funds are being spent appropriately? Each sport has a parent representative that will sign off on purchases that a coach in that sport wants to purchase. The Activities Director must also sign off on the purchase. This assists with inappropriate purchases and duplicate purchases with the school.

The Athletic Booster organization is always wanting suggestions on how to become a better organization. I am hoping this article will give some clarity to the Treynor Athletic Booster organization. We will be holding an organizational meeting on Thursday, March 3, 2016 at 6:30 p.m. in the high school commons. Please attend and assist in creating an organization that will benefit Treynor Athletics for years to come.



Tim Navara
Activities Director

JOOI CLUB “SOUPER BOWL” FOOD DRIVE

The Treynor High School JOOI Club (Junior Optimist Service Club) members will be conducting the annual “Souper Bowl” food pantry drive on Super Bowl Sunday, February 7th, beginning at 1:00 p.m. Items to be donated to the Treynor Food Pantry are to be left outside the front door of Treynor homes by 1:00 p.m. Items needed are cereals, canned chili, canned chicken, pork & beans, canned fruit, fruit juice, cocoa mix, brownie mix, cake mix, soups, etc. as well as paper products, toilet paper and hand soap. The local pantry has had an increase in use by those in need even more than in the past years. For those who live in the country, the local churches collect pantry items on the first Sunday of the month which also goes to the local food pantry.





Happy Valentine's Day!

The cheerleaders would like to help you encourage someone this Valentine's Day. Carnations or milk chocolate candy bars can be delivered to any student, teacher or staff member at Treynor School on Feb. 12th.

Return one form for each recipient (with payment) to school office by Monday, February 8th. *Checks can be made payable to Treynor Cheer.*

The cost is \$2.00 for each carnation or candy bar if the order is placed by Feb. 8th
 The cost is \$3.00 each for orders received after Feb. 8th.

Name of the person receiving the candy bar(s) or flower(s): _____
First & Last Name *Grade/Teacher*

Number of **carnations** _____ x 2.00 = _____
 Number of **candy bars** _____ x 2.00 = _____

Message with Flower(s):

_____ I/We love you! From _____
 _____ Happy Valentine's Day! From _____
 _____ Friends Forever! From _____
 _____ Write your own message:

Message on Candy Bar Wrapper(s):

_____ I/We love you! From _____
 _____ Happy Val. Day! From _____
 _____ Friends Forever! From _____
 _____ Write your own message:



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Cardinal Financial Literacy Update

Apply in Early January for Federal Student Loans



High school seniors and their parents can slide on some New Year's resolutions, but one they should keep if they intend to go to college and apply for financial aid is to complete the **FAFSA form** (Free Application for Federal Student Aid) through the U.S. Department of Education (DOE).

For the upcoming academic year, FAFSA forms must be filed between Jan. 1 and June 30. And, since the amount of aid available is limited, the sooner you file, the better.

The FAFSA form is also used to apply for state and college-sponsored aid. On the FAFSA website you can find your state's application deadline. Filing deadlines also vary for colleges and universities, so it's important to confirm the date with the school's financial aid administrator.

State and college deadlines are often much earlier than the federal date, and funding is often first come, first served.

How to apply

The application form is free on the U.S. Department of Education website (fafsa.ed.gov). Note, that if you do a search for "FAFSA" you may find many sites that can help process the form. Be aware that these sites often charge a fee for this service. And while the form may appear complicated, there are free services that can help guide you through the process. These services are typically promoted through the high school counseling office and college admissions office.

The DOE provides free brochures so students can learn about the process before applying:

- Download "Federal Aid First," which explains the benefits of federal versus private loans, at federalstudentaid.ed.gov.
- Order "Funding Education Beyond High School: The Guide to Federal Student Aid" at fsapubs.org or by calling the DOE at 800-294-7084.

For some low-income students there are **Pell Grants**, which do not have to be repaid.

Why apply for federal loans

"Federal loans are subject to income-based payback, fixed interest rates, and take nine months to default on, making them a much safer loan for students to take," explained Lauren Asher, president of The Institute for College Access and Success, in *Forbes* magazine.

While many private loans may no longer have late fees, there may be a big catch in the fine print including a clause which could allow issuers to declare the loan in default after one missed payment. Defaulting on a loan could damage the borrower's credit rating and, in some cases, their employment prospects.

Rising student loan debt

In a recent survey, the College Board reported the cost to attend an in-state public college for the 2013-2014 academic year averaged nearly \$23,000. For a private college the cost nearly doubled: \$44,750. With college costs continuing to rise, more and more students are turning to loans to help fund their education. That's why students should be thorough in evaluating their loan options.

Now estimated at \$1.2 trillion, the cumulative amount of student loan debt is viewed as a national crisis holding back the financial prospects of recent graduates who are entering the job market. With careful planning, your student can increase their chance of graduating with as little debt as possible.

COACHES VS CANCER®



FRIDAY, FEBRUARY 5TH

Recognition of survivors before varsity games. Silent auction (some items include: (2) 2016-2017 Creighton Men's & Women's Basketball Reserved Season Tickets; Jerry Graber's Homemade Pie of the Month; Movie Theme Basket; Signed Treynor HS Boys & Girls Basketball by the Team; Treynor Activity Passes; and other baskets. There will also be a "Pass the Bucket" during the varsity games.

Thank you to the following youth organizations for their participation: Girls and Boys Basketball Teams, National Honor Society, Middle School Student Council, JOOI, Cheerleaders, and the sponsors of the following groups.

We would also like to thank the Treynor Community School District in all their support to make this event great.



Coaches vs. Cancer at Treynor/IKM-Manning BB games

Help us find a cure so no one has to hear those words "you have cancer."

All proceeds will benefit the American Cancer Society Relay For Life

Silent Auction (Some items include: 2 Reserved Season Tickets 2016-2017 Creighton Men's & Women's Basketball games)

IF ANY QUESTIONS, CONTACT AMY GRABER AT AMYGRABER.RFL@GMAIL.COM

February 2016



Happy Valentine's Day!





Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 JH GBB IKM-M Here 4:15 JH Wrestling @ MV 4:15	2 9th Boys BB T-C Here 4:30 JV/V G & B BB Tri-Center Here 6:00/7:30	3 1:00 EARLY DISMISSAL TEACHER INSERVICE	4 JH G BB @ T-C 4:15 JH Wrestling Here 4:15 G/B JV/Var BB @ Griswold 6:00/7:30	5 9th B BB IKM-M Here 4:30 JV/V G & B BB IKM-M Here 6:00/7:30	6 State Large Group Speech @ Waukee Sectional Wrestling Tournament Here 12:00
7	8 State Jazz Choir @ L.C.; JH G BB @ Riverside 4:15; JH Wrestling Here 4:15	9 Elem. Field Trip to IWCC JV/V G & B BB Riverside Here 6:00/7:30	10	11 JH Girls BB @ Griswold 4:15 JH Wrestling @ Griswold 4:15 HS Winter Concert 7:30	12 Elem. Valentine Parties @ 2:15 9th B BB Atlantic Here 4:30; JV/Var Boys BB Atlantic Here 6:00/7:30	13 District Wrestling @ Underwood 12:00
14 <i>Happy Valentine's Day</i>	15 NO SCHOOL INSERVICE JH G BB AHST Here 4:15; JH Wrestling @ T-C 4:15; HS Track Practice Begins Board Mtg. 6:30	16 District Jazz Band @ Audubon Girls Regional BB Here 7:00	17 Progress Reports Sent Home	18 JH Girls BB @ Audubon 4:15 State Wrestling in Des Moines Boys District Basketball	19 State Wrestling in Des Moines Girls Regional Basketball Here 7:00	20 Large Group All State Speech @ Ames State Wrestling in Des Moines
21	22 Jazz Choir Contest @ Morningside College Girls Regional Basketball @ Mapleton 7:00	23 JH Girls BB @ Wilson 4:00 Boys District Basketball Contest Speech Community Night in Aud.	24	25	26 JH Girls BB @ Wilson MS 4:00 MS "Red Hot" Dance 8-10:00	27 District Individual Speech @ Lo-Ma Boys Sub-State Basketball
28	29 Girls State Basketball in Des Moines					

March 2016



Happy St. Patrick's Day!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Girls State Basketball in Des Moines Elementary Night of the Arts 6:30—8:00	2 1:00 Early Dismissal— Teacher Inservice Girls State Basketball	3 Elem. Field Trip to Holland Center Girls State Basketball in Des Moines	4 Girls State Basketball in Des Moines	5 Girls State Basketball in Des Moines
6	7 Boys State Basketball in Des Moines	8 Elem/JH Honor Choir Here Boys State Basketball in Des Moines	9	10 Boys State Basketball in Des Moines Pops Concert @ 5:30	11 N.W. Music Concert 8:20 am Weightlifting Championships @ M.V. 4:30 Boys State Basketball	12 Individual State Speech @ Des Moines North
13	14 Bloodmobile Here East Gym @ 8:00—2:00 G & B Golf & Boys Soccer Practices Begin Board Meeting	15 National Honor Society Induction Ceremony 7:00	16 1:00 Early Dismissal— Teacher Service Quiz Bowl @ Lo-Ma 1:00	17  Jazz Choir Contest @ IWCC	18 2:00 Early Dismissal— End of Quarter	19 Dance Team Show @ 7:00
20	21 JH Honor Band & HS Inst. Fest @ T-C 12:30 Girls Soccer Practice Begins Begin 4th Quarter	22 2:00 Dismissal Parent-Teacher Conferences 4:00—8:00	23	24 2:00 Dismissal Parent-Teacher Conferences 4:00—8:00	25 NO SCHOOL	26
27 	28 NO SCHOOL EASTER VACATION	29 NO SCHOOL Jazz Choir Championships @ W Des Moines Valley Boys Track @ Audubon	30 NO SCHOOL TEACHER IN-SERVICE	31 Girls Track @ Audubon		



TREYNOR COMMUNITY SCHOOL

February, 2016 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Juice or Fruit (1/2 c. required) Cereal Nutrigrain Bar	2 Juice or Fruit French Toast Sticks	3 Juice or Fruit Cereal Poptart	4 Juice or Fruit Breakfast Bagel K-5 Biscuits/Gravy 6-12	5 Juice or Fruit Cereal WG Toast
Corn Dog Mac & Cheese Peas Applesauce (6-12 Salad Bar)	Mr. Ribb on Bun Green Beans Fresh Veggies Pears Cake (4-12 Salad Bar)	Chicken Parmesan Steamed Carrots Garden Salad Marinara Sauce WG Bread Stick Peaches (4-12 Salad Bar)	Beefy Taco Refried Beans Corn Kiwi (4-12 Salad Bar)	Chicken Strips Potato Puffs Fresh Vegetables Pineapple (No 2nd Choice)
8 Juice or Fruit (1/2 c. required) Cereal Granola Bar	9 Juice or Fruit WG Pancakes Sausage Links	10 Juice or Fruit Cereal Breakfast Bar	11 Juice or Fruit Eggs WG Toast 6-12 WG Bagel K-5	12 Juice or Fruit Cereal Long John
Pizza Garden Salad Peas Pears Pudding (6-12 Salad Bar)	Chicken Pattie on Bun Potato Wedges Buttered Beets Peaches (4-12 Salad Bar)	Pasta & Sauce Green Beans Spinach Salad Garlic Toast Applesauce (4-12 Salad Bar)	Deli Sub Sandwich Sun Chips Corn Orange Smiles (4-12 Salad Bar)	Heart Shaped Nuggets Broccoli/Cheese Fresh Veggies Pineapple/Mandarin Oranges (No 2nd Choice)
15 NO SCHOOL	16 Juice or Fruit WG Pancake Stick	17 Juice or Fruit Cereal Granola Bar	18 Juice or Fruit Egg Biscuit 6-12 Breakfast Bagel K-5	19 Juice or Fruit Cereal WG Toast
NO SCHOOL	Chicken Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Pears Rice Krispy Treat (4-12 Salad Bar)	Hamburger on Bun Oven Fries Seasoned Peas Pineapple (4-12 Salad Bar)	Chicken Nuggets Triangles Baked Beans WG Bread Applesauce (4-12 Salad Bar)	Super Nachos Bean Salsa 6-12 Corn Fresh Veggies K-5 Peaches/Cookie (No 2nd Choice)
22 Juice or Fruit (1/2 c. required) Cereal Breakfast Bar	23 Juice or Fruit French Toast Sticks	24 Juice or Fruit Cereal Nutrigrain Bar	25 Juice or Fruit WG Breakfast Pizza	26 Juice or Fruit Cereal WG Toast
Chicken Wrap Savory Rice Steamed Carrots Pepper Strips Peaches (6-12 Salad Bar)	Pork Fritter on Bun Corn Cole Slaw 6-12 Fresh Veggies K-5 Pineapple Cookie (4-12 Salad Bar)	Grilled Chicken on Bun Potato Wedges Peas & Carrots Pears (4-12 Salad Bar)	Walking Taco Refried Beans Green Beans Apple Wedges (4-12 Salad Bar)	Hamburger on Bun Fish/Bun Oven Fries Spinach Salad Pineapple/Mandarin Oranges (No 2nd Choice)
29 Juice or Fruit (1/2 c. required) Cereal Breakfast Bar				
Pizza Sticks w/Marinara Sauce K-5 Fiestada 6-12 Garden Salad Cheese Stick 6-12 Corn Pineapple (6-12 Salad Bar)				(We reserve the right to make changes or substitu- tions as necessary.)

Elementary: \$1.25 Breakfast—\$2.05 Lunch; Extra Milk \$0.50
MS-HS: \$1.25 Breakfast—\$2.20 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice.

It is the policy of Treynor Community School not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, gender, disability, religion, age, political party affiliation, or actual or potential parental, family or marital status in its' programs, activities or employment practices as required by the Iowa Code Sections 216.9 and 256.10(2), Titles VI and VII of the Civil Rights Act of 1964, the Equal Pay Act of 1973, Title IX, Section 504 (Rehabilitation Act of 1973), and the Americans with Disabilities Act. If you have questions or grievances related to compliance with this policy by Treynor Community School, please contact the legal counsel for the Iowa Department of Education, Grimes State Office Building, Des Moines, IA 50319-0146; telephone number 515-281-5295; or the Director of the Office for Civil Rights, U.S. Department of Education, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 61661, telephone number 312/730-1560, fax 312/730-15767, or email: OCR.Chicago@ed.gov.



ELEMENTARY NIGHT OF THE ARTS



Plan to visit the Treynor Elementary School on March 1 for Elementary Night of the Arts. Help us celebrate the artistic talents of our youth! The event will be held from 6:30—8:00 p.m. at the Elementary School.



Trey nor Community School

PO Box 369

Trey nor, IA 51575

Phone: 712-487-3414

Fax: 712-487-3332

We're on the Web!

www.treynorschools.org

POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED

Trey nor Community School does not discriminate in its' policies or programs on the basis of race, color, creed, religion, age, sex, handicap, national origin, marital status, sexual orientation, gender identity, socio-economic status or ancestry. Trey nor Schools supports Affirmative Action and Equal Opportunity Employment.

CABIN FEVER? CATCH A CONCERT!



If you are feeling the winter blues, get out of the house and catch a concert! The high school winter concert will be held on Thursday, February 11 at 7:30 p.m. in the auditorium. This concert will feature the high school choir, concert band, jazz choir and jazz band.

The Pops Concert is scheduled for Thursday, March 10th beginning at 5:30 p.m. in the west gym. This will include a meal along with small groups, jazz choir and jazz band. Get out of the house and support the arts!

PARENTS—CHECK LUNCH BALANCES!

Low lunch balance notices are given to students and also emailed to parents. Please make sure your email address in our database is correct in order for you to receive these notices. Students need to maintain a positive balance in their lunch account. If at any time you would like to complete a free and reduced price lunch application, contact the Superintendent's office. If you have any questions regarding your student's lunch account, please contact any of the school offices.