

Treynor Community School

"COMMITTED TO EXCELLENCE"



November, 2013

"District Details" ... a few notes from Superintendent Elwood

◇ **Social Media**

The Treynor Community School District is making a focused effort this school year to increase our presence in the area of social media. Studies indicate that in order to connect with our consumers (students, parents and community), we need to improve our ability to communicate in "real time" with those interested in school topics.



Treynor Community School District is on Facebook and Twitter!

In this day of social media use, we recognize that many people get their news updates from a variety of sources. Therefore, to better connect with our consumers, the Treynor CSD has created a Facebook page and Twitter account. Please search for us on Facebook at <http://www.facebook.com/treynor.csd> and on Twitter at <http://www.twitter.com/treynorcscd>. You can also visit our [Social Media Links page](#) on the school website under the District/Social Media tab. This page includes some classroom and athletic social media links that you may enjoy following.

Special points of interest:

- ✓ Treynor Community School District increases its' presence in social media.
- ✓ Check us out on Facebook & Twitter.
- ✓ Department of Education site visit is scheduled for Jan. 21-23.
- ✓ Site visits occur once every five years.
- ✓ Approximately six weeks following the site visit, the final report will be posted on our website.

◇ **Department of Education Site Visit**

All accredited public school districts receive a school improvement site visit once every five years. The site visit is led by Iowa Department of Education (DE) staff and occurs over a three day period of time. The purpose of the site visit is: to assess progress with a district's comprehensive school improvement plan, to make recommendations with regard to improving educational practices, to determine that a school district is in compliance with the accreditation standards, and to provide a general assessment of educational practices.

The site visit for Treynor Community School District has been scheduled for January 21-23, 2014. Activities and processes that are part of all site visits include a document review, district overview presentation, interviews, building tours, a written report of findings, and site visit highlights shared at the conclusion of the visit. Approximately six weeks following the site visit, a final report is sent from the Department of Education staff. Once the district receives this report, the results will be posted on the school's website for public review.

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OPUS '13

Emma Heyen and Nik Johnson were selected for participation in the twenty-eighth annual Opus Honor Choir Festival. Over 3,300 students were nominated by their directors for 720 positions in the four Opus Honor Choirs. Selections were made by means of a recorded audition. Guest conductors of the choirs include Michelle Swanson, 5th & 6th Grade Elementary Honor Choir; Dean Beckman, 7th & 8th Grade Bass Clef Honor Choir; Jill Anderson, 7th & 8th Grade Treble Clef Honor Choir; and Adam Orban, 9th Grade Mixed Honor Choir. The 2013 Opus Honor Choirs performed at 4:00 p.m. November 21st in C.Y. Stephens Auditorium in the Iowa State Center in Ames. The Opus Honor Choir Festival is under the auspices of the Iowa Choral Directors Association, Inc.

CASH FOR STUDENTS



The “Cash for Students” program has begun. Hy-Vee cash register receipts dated from September 1 through December 31, 2013 will be collected in the Elementary, Middle School and High School offices. Hy-Vee gives back \$1.00 for every \$200 spent in any of the fourteen Omaha and Council Bluffs locations up to a maximum of \$2,000. Over 403,000 in much needed funds has been donated to area schools as a result of this program.

All of our proceeds go to the Athletic Booster Club. Remember to save your receipts and turn them in to any of the school offices!

CAUTION: Changes in weather arriving soon...

As the weather begins to change, school cancellations and early dismissals can occur at anytime. If severe weather causes school to be cancelled prior to the start of the day, we will try to have information to the media by 6:30 a.m. In addition to our school website, the media outlets that will carry our announcements this year are: **KMA, WOWT, KMTV and KETV.**



If weather or unforeseen circumstances (loss of power or water) should occur during the day and school is dismissed early, **PLEASE HAVE A PLAN IN PLACE WITH YOUR CHILD.** When early dismissals occur during the day, we usually have limited time to get information out and many parents aren't aware that an early out has taken place. Also, we have over 750 students in the district and only a couple of phone lines in each building. Don't assume that your child will be able to call you if a decision is made to dismiss school during the regular day. Have a plan in place! The elementary has forms for each parent to keep updated outlining your family's specific plan to deal with this type of situation. Parents of middle school and high school students need to discuss with their child what plan of action they will take in the event of an early dismissal during the school day. Proper planning now will provide assurance to you and your child that all will be okay should we ever have an unforeseen early dismissal.

A new Parent Notification system has been purchased to allow Treynor school officials to communicate school cancellations, early dismissals, emergency information, activity schedule changes and general notices or announcements to parents in a timely and efficient manner. Parents have the ability to sign up and select multiple methods for receiving notifications from the school (direct phone calls with recorded voice messages, text messages, emails, text-to-speech, TTY, Facebook, Twitter and RSS). Check the website for updates regarding this new service and sign up on the webpage by clicking on “Quick Links” and then “Notifications” .

JUNIOR TREYNOR WOMEN HOLIDAY EVENTS



On Sunday, December 8th from 1:00—5:00, Junior Treynor Women will be sponsoring the Holiday Home Tour.

The annual Santa's visit will be held on Saturday, Dec. 14th from 9:00—11:00 a.m. Santa will be here to visit with the children as well as a cookie walk, crafts and cookie decorating. Parents are encouraged to bring their own camera for pictures with Santa.

FROM THE ELEMENTARY PRINCIPAL'S DESK



It's hard to believe that I am scheduling appointments into January and that Christmas vacation is in sight☺. Our students continue to perform well both in and outside of the classroom. Much of the credit goes to you as parents as you continue to provide the necessary support for them to achieve success. Thanks for all that you do!

Our students had a great month and were able to be involved in a multitude of activities. Included were Pottawattamie County Conservation programs, student deposits in Cardinal Branch Bank, Lunch with Mr. Larsen, Elementary Art Attack, 5th Grade Veteran's Day music program, 3rd Grade Cognitive Aptitude testing, Cards for Success drawings, and the 5-L Class of the Month pizza party. Our 4th and 5th graders also had the opportunity to watch the dress rehearsal of the high school musical, "Funky Winkerbean's Homecoming". December will provide more of the same, plus 5th Grade band concert, 4th Grade music concert and classroom parties.

December also ushers in the arrival of winter and the change in seasons so many of us dread☺. Please remind your children to dress warmly and make sure they are equipped with mittens, stocking caps, and boots on those treacherous days. Also, students are not allowed in the building until after 8:05 a.m., so please make an effort to see they are not here too early.

Finally, in an effort to increase communication to our parents, students and community, the Treynor Community School District now has a Facebook page and Twitter account. In this day of social media use, we recognize that many people get their news updates from these sources. Please search for us on Facebook at <http://www.facebook.com/treynor.csd> and on Twitter at <http://www.twitter.com/treynorcsl>. You can also visit our Social Media Links page on the school website under the District/Social Media tab. This page includes some classroom and athletic social media links as well. The link to the Social Media page can be found at <http://www.treynorschools.org>.

As always, please contact me if you have any questions, comments or concerns on happenings here at the elementary school!

Mr. Larsen
Treynor Elementary School

UPCOMING ELEMENTARY EVENTS

- December 4 School Board Meeting @ 6:30 p.m.
- December 5 & 6 GHAEA Hearing Screenings
- December 9 5th & 6th Band/6th Grade Vocal Concert @ 7:00 in High School Auditorium
- December 11 1:00 p.m. Early Dismissal—Teacher Inservice
- December 12 4th Grade Music Program @ 7:00 in High School Auditorium
- December 20 Elementary Christmas Parties @ 12:30 p.m.
End of 2nd Quarter—2:00 p.m. Early Dismissal
2:00 p.m. Early Dismissal—Christmas Vacation
- December 21—Jan. 5 No School—Christmas Vacation
- January 6 School Resumes



NOTES FROM THE MIDDLE SCHOOL PRINCIPAL MRS. BERENS



- Dec. 11** **Teacher Inservice—1:00 Dismissal**
- Dec. 18 & 19** **Semester Tests**
- Dec. 21** **End of 2nd Quarter—2:00 Dismissal**
- Dec. 23-Jan. 3** **Christmas Vacation**
- Jan. 6** **School Resumes & Start of 3rd Quarter**



The month of November is going by very quickly and Christmas vacation is just around the corner. This past week, students and staff members participated in a relief effort for the natural disaster that took place in the Philippines. Students could wear a hat to school and teachers could wear jeans if they donated a minimum of \$2.00. The money collected will be sent to the American Red Cross.

Penny War during the month of December - help reach our goal!

During the month of December, the middle school student council will be sponsoring a Penny War. All sixth through eighth graders are asked to bring pennies throughout the month to put in jars that will be located in the office area. The proceeds will be divided between national and local organizations. All of the students watched videos and learned more about these organizations during Cardinal Connections. The organizations that will receive the proceeds are: "Mary's Meals", "Open Door Mission", and the "Zion Food Pantry". The goal to be raised is \$500 with incentives if we reach the goal. Please help remind your children about this great service learning project.

On a final note, please mark your calendars for the upcoming concerts. The 5th grade band/6th grade band and chorus Christmas Concert is scheduled for Monday, December 9th at 7:00 p.m. in the auditorium. The following Monday, December 16th, will be the 7th & 8th grade band and chorus Christmas Concert set to start at 6:30 p.m.

Happy Holidays!

Mrs. Berens
Middle School Principal



THOUGHTS FROM THE HIGH SCHOOL PRINCIPAL..... MR. NAVARA

The 2013-2014 school year is off to a fast start. We have almost completed the 1st semester. With one semester down and another on the way, the high school continues the vision that was set forth at the beginning of the school year through staff discussions and lesson planning. This year, the message for our high school is one that has been used often at Treynor: *Excellence is Expected, Excellence is Achieved*. This message not only applies to the students, it also applies to the staff and administration. Excellence is expected. Excellence is defined as the quality of being outstanding or extremely good. If we can hold ourselves to that definition every day, every hour, every minute, then we are the best person we can be and excellence has been achieved. We know that everyone hits bumps in the road and has some setbacks. We have to remember it is how we pick ourselves up, dust ourselves off and get back heading down the right road that shows the type of person we are.



Another goal which is continuing into the 2nd semester is the usage and implementation of the strategies which are encompassed in the Capturing Kids Hearts approach. If you remember, this was an off-site learning experience at the beginning of the school year that allowed administrators and teachers to build positive, productive, trusting relationships—among themselves and with students. This process will transform the classroom and campus environment, preparing the way for high performance. It is not a theoretical or a motivational lecture, but the beginning of an important transformational process. The teachers and administrators learned and practiced skills we will use and model back in our school. Some of the topics we learned about were:

- How to use the EXCEL Teaching Model in creating a safe, effective environment for learning.
- How to develop self-managing classrooms.
- Techniques for dealing with behavior and disrespect issues.
- How to build productive relationships with ALL students and colleagues.

As a staff, we are using multiple strategies and are going to expand on the strategies to empower our teachers and students within the classroom to make our classrooms and school a high functioning facility.

Tim Navara
High School Principal

HOLIDAY MUSIC CONCERTS



Fifth and sixth grade band students will be in concert on Monday, December 9th at 7:00 p.m. in the high school auditorium. Following their concert, sixth grade students will entertain parents, family and friends, also in the high school auditorium.

The 4th grade vocal concert will be held on Thursday, December 12th at 7:00 in the high school auditorium.

On Monday, December 16th, the junior high choir and concert band will have their concert at 6:30 p.m. in the high school auditorium. There will be a short break and the high school will present their concert at 8:00 p.m.

LIBRARY—DESTINYQUEST



DestinyQuest is now set up to keep parents in-the-know about long-overdue books checked out to their students. Elementary students get a verbal reminder from Mrs. Garaffa every library day. Middle school and high school students get an automatic e-mail reminder every Friday morning. Parents of all grade levels will receive an automatic e-mail on Friday morning if the book is **more than 20 days** overdue. This makes Mrs. Garaffa's job much easier, and should prevent end-of-the year panic searches for books!

THANK-YOU FROM THE LIBRARY!



The elementary library students are thrilled with the new child-size library furniture supplied and set up by Mrs. Orr, a long-time aide at the elementary. She worked all day Friday at the end of conferences and Book Fair week to fit it in and get it just right. The little kids feel like they have a library section just for them now. Thank you, Mrs. Orr!

A big thank you is also due to Mrs. Schnepel, our newest board member, for a very generous donation for the library program. THANK YOU!



INDUSTRIAL TECH HEX 1 & 2 STUDENT FEES



Eighth grade students who have completed an Industrial Tech class in Hex 1 and Hex 2 - please check the bulletin board in the Middle School Commons or in the office for your fee. Posting these fees as your class is completed gives students and parents the opportunity to pay before the end of the school year. This will help to alleviate the big rush when checking out the last day of school.

The fee lists are posted on the bulletin board in the Middle School Commons or call the office if you have any additional questions, 712-487-3414 or 712-487-3181.



Cardinal Financial Literacy Update

Spend Less and Save More this Holiday Season

Last year, the Consumer Federation of America (CFA) found that 12 percent of people said they were planning to **spend more during the holidays** than in the previous year. That number was up from 2011 where only 8 percent planned on spending more than in the previous year. This year, help reverse this trend and plan on **spending less and saving more**. Remember, it's the thought that counts not the amount you spend. Here are five ways to cut back on your holiday spending this year:

1. **Make a Budget, and a List:** Decide how much you can afford to spend and stay within that budget. Make a price list of all gifts and other holiday items you plan to purchase. Take the list with you shopping to avoid overspending and impulse buys.
2. **Comparison Shop:** You can easily save more than 10 percent on most items, sometimes considerably more, by comparing prices at different stores. The Internet and smart phones have made comparison shopping that much easier. But when shopping online, shop wisely. Be sure you are purchasing from a secure site and review emailed statements for accuracy as you receive them.
3. **Make Time Your Ally:** The reason to start sooner rather than later is that when you delay, you pay. At last minute, you have to settle for something, and it might cost more than you wanted or planned to pay. Another benefit to starting early: It gives you more time to find the "right" gift and avoid impulsive decisions, which too often leave you less happy with your purchase.
4. **See what's in your supply drawer:** You may have more wrapping paper, ribbons, unused cards and gift boxes stored away from last season than you realize. Use up those holiday supplies first to trim down the amount you'll have to buy this season.
5. **Find Some Low- or No-Cost Ways to Celebrate:** Adding a few changes can ease the strain on your spending budget. For example, draw names to limit the number of people you have to purchase gifts for; give homemade items; make your own gift wrap; organize a potluck rather than trying to make, and pay for, the entire holiday meal.

With the money you save on gifts, you can give yourself the gift of financial freedom by paying down debt or building your emergency savings fund.

Santa Claus is Coming to Town!

TREYNOR ELEMENTARY SCHOOL
SATURDAY, DECEMBER 14TH 9-11AM



Come visit Santa Claus
And make presents for
Mom, Dad, Grandma & Grandpa

CRAFTS WILL BE AVAILABLE FOR KIDS TO MAKE
FOR EVERYONE ON THEIR SHOPPING LIST!

Get your
Sweets at the **Cookie Walk**

\$5 per Bucket

Don't forget your camera Mom & Dad!

EVENT SPONSORED BY: Junior Treynor Women 

Holiday Home TOUR 2013

Dec. 8th
1-5pm

Junior Treynor Women

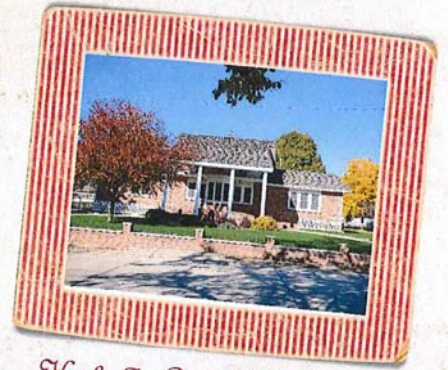
Tickets: \$10 | May be purchased at any location on the day of the tour.



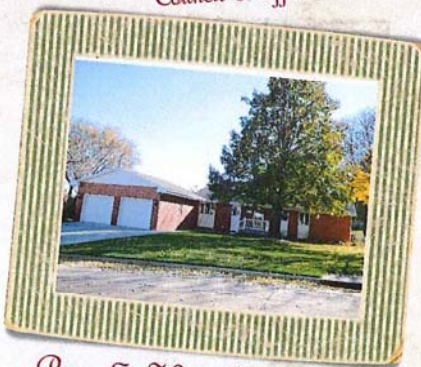
Dale & Sarah Sharp
17964 Bent Tree Ridge
Council Bluffs, Iowa



Eric & Heather Yochum
18565 290th St.
Treynor, Iowa



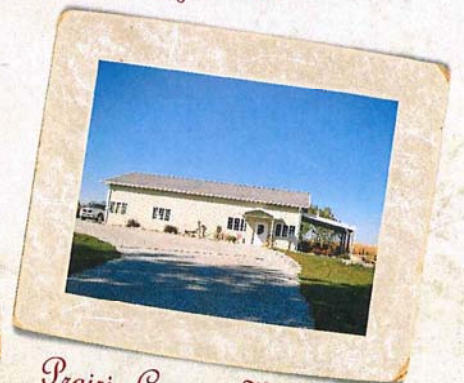
Kirk & Lynell Northmann
21 Park St.
Treynor, Iowa



Roy & Kim Gravett
206 Buck St.
Treynor, Iowa



Bob & Colleen Wilber
11753 370th St.
Macedonia, Iowa



Prairie Crossing Winery
31506 Pioneer Trail
Treynor, Iowa

Prairie Crossing Winery
Featuring: Wine Tasting and Craft Vendors

Brought to you by: Junior Treynor Women



Cardinal Counseling



Connections

Newsletter for MS/HS students and parents from the MS/HS school counselor

Phone: 487-3181 Email: sirvin@treynorcardinals.org Dec., 2013/Jan., 2014

Follow on Facebook: www.facebook.com/pages/Treynor-Cardinal-Counseling/

[262065760482060](https://www.facebook.com/pages/Treynor-Cardinal-Counseling/262065760482060) or on Twitter: @CardCounseling

The College Financial Aid Puzzle

January begins the financial aid season for prospective college students. The following article is to present students and parents with basic information to assist in understanding the financial aid process. The next two articles are a basic re-print from last year with current dates.

Steps for Filing the FAFSA

The major form to fill out is the Free Application for Federal Student Aid (FAFSA). This form cannot be completed until after January 1. It can be done two ways. The other and most recommended way is to fill out the FAFSA on-line. It is recommended to file on-line because the student's financial aid numbers get to the Department of Education and specific colleges within seven to ten days. The Department of Education is actually phasing out paper FAFSA applications. Here are the steps to follow to file the FAFSA:

- 1) In December register for a personal identification number (PIN). This is an electronic signature on the FAFSA on-line. Both the student and one parent should register for a PIN. To register for a PIN go on-line to www.pin.ed.gov. It is not required to have a PIN to file the FAFSA on-line, but it makes it more convenient and faster. If you as a parent already had a parent for another son/daughter, you can use that one. Each individual student needs their own PIN>
- 2) If possible after January 1, try to get income tax forms done as soon as possible. It makes it easier to do the FAFSA. If that is not possible, parents can do an estimate of income on the FAFSA. It is not required to have your income tax return finished before you do the FAFSA.
- 3) Pay close attention to the financial aid priority date for the particular college that a student is interested. The FAFSA needs to be done before that date to have the best chance for financial aid. Contact the college financial aid office or go to www.icansucceed.org on the Iowa College Access Network (ICAN) College Planning Center website to find out specific financial aid priority date.
- 4) When parents and students have their income information, fill out the FAFSA. To complete the FAFSA on-line go to www.fafsa.ed.gov. The website will have a number of links to give information. There will be a link to fill out a FAFSA for the first time.
- 5) After filing the FAFSA, the Department of Education will send students either by email or by postal mail a Student Aid Report (SAR). The SAR is a report of the financial aid information that has been filed on the FAFSA. It is a check of information. If any information is not correct, it can be corrected either on the FAFSA web site or on paper by postal mail. Important: Keep a copy of the Student Aid Report for future reference.

- 6) The major information that the FAFSA generates is an Expected Family Contribution (EFC). The EFC is an index based on the family/student income and assets that is used to determine eligibility for financial aid programs. College financial aid offices will receive the student's EFC and financial aid information from the Department of Education. The college will then generate a financial aid award package that will be sent to the student to accept or decline for any student who has been granted admission.

More Information on College Financial Aid

- 1) If you have questions about your particular financial aid situation, the three major sources of free information are Mr. Irvin, School Counselor, 487-3181; ICAN College Planning Center 877-272-4692 (a counselor is there Monday and Friday 8:00-4:30; Tues, Wed. Thurs. 8:00-5:30); your student's college financial aid office.
- 2) Several organizations contact families on financial aid. Many charge a fee for their services. Generally, any information that a family receives from an organization for a fee can be received for free from your guidance counselor, ICAN College Planning Center, or college financial aid offices. Anytime that a company contacts you and wants money to help with financial aid, ACT testing, or career guidance, more than likely they are charging for services that you already receive free through the school counselor. If you are not sure about a company or organization, please give Mr. Irvin a call.
- 3) Several Internet sites exist that will charge a family a fee for their service. One such site is www.fafsa.com. This is not the Department of Education site. This site will charge about \$80 to file a FAFSA. The correct Internet address for the Department of Education is www.fafsa.ed.gov. Be careful to go to the correct web site.
- 4) Many families who make higher incomes are tempted to not file the FAFSA. Most colleges will encourage all families to file the FAFSA. College financial aid offices want to make sure that as much federal and state aid can be used to fill student's financial need. To determine this, a FAFSA must be filed. Also for any federal based student loan, a FAFSA will be required.
- 5) What alternatives does a parent or student have if the family financial situation changes drastically after the FAFSA has been filed? A student can request from their college financial aid office to make a professional judgment. A professional judgment is a special adjustment in financial aid when an unexpected event occurs (ie. a job layoff or extended illness of a parent) that will negatively impact family income. If a family has filed their FAFSA and one of the parents loses their job or has a long illness and cannot work, the student can ask the college financial aid office to do a professional judgment and adjust financial aid because the reported parent income will be lower than expected. This is totally within the prerogative of the college financial aid office.
- 6) When the EFC is computed on the FAFSA, student income is given more weight than parent income. If a student has been saving money for college for a car or a computer, it is advisable to go ahead and purchase the item before filing the FAFSA. Then the money will not show up as student assets.
- 7) Many families will receive letters to participate in a verification process. Verification will occur either because a college will pick a FAFSA at random or because the information on the FAFSA is incomplete. (ie. Income was estimated) It will be necessary for the student to complete the verification process. Follow the directions sent by the college to complete verification. You are not being accused of doing anything wrong, a certain number of FAFSA applications are randomly targeted for verification.
- 8) The major rule of thumb involving questions of financial aid is to contact your student's prospective college financial aid office to have them interpret and rule on specific situations.

Scholarships

Scholarships come in all sizes and types. There are numerous criteria and whole number of various factors. Here is some information about helping seniors and senior parents apply for scholarships.

- 1) Types of Scholarships. Scholarships are designed with certain priorities in mind. Most are going to fall into one or several categories such as need based, academic, community service, career based.
- 2) It is best if seniors sit down and compile basic information into a portfolio to be used to complete scholarship applications. Seniors need to compile information such as activity participation, awards and honors, community service activities, references. Do not be

modest. Be sure to compile all awards, activity participation, and community service.

- 3) Two good scholarship search websites are www.fastweb.com and www.collegeboard.com. On the FastWeb site, a student fills out a profile and FastWeb will send emails that will match their profile.
- 4) Many scholarships want essays written to address a topic of the scholarship. Students need to use good grammar and spelling along with creating a neat application.
- 5) Pay close attention to scholarship deadlines. If a scholarship requires a recommendation, please contact the person writing the recommendation well ahead of the deadline.
- 6) Mr. Irvin can assist students to look for scholarships, but most of the work will have to be assumed by the student. But do not hesitate to consult him for help.

Scholarship Central

Scholarship Central is your one stop information center for scholarship information on the Treynor website (www.treynorschools.org). Scholarship Central is found by moving your mouse to the Counseling Link on the Treynor website and then click on Scholarship Central There is a links box on Scholarship Central that will lead to helpful scholarship websites that include scholarship searches, scholarship hints, and links to two local scholarship websites.

FAFSA Assistance

The Iowa College Access Network (ICAN also known as the College Planning Center) has a regional office located on the IWC campus in Council Bluffs. If you would like assistance in filing the FAFSA, call ICAN at 877-272-4692 to schedule an appointment. They will file the FAFSA for you online.

See these Web Sites for Financial Aid Help

ICAN (College Planning Center)	www.icansucceed.org
Iowa College Student Aid Commission	www.iowacollegeaid.org
Federal Student Aid	federalstudentaid.ed.gov
FAFSA on the Web	www.fafsa.ed.gov
Federal PIN Site	www.pin.ed.gov
FinAidFacts	www.finaidfacts.org
Iowa College Goal Sunday (Free Financial Aid help)	www.iowacgs.org

Iowa Assessment Tests (Grades K-11)

Reminder that the Iowa Assessment Tests (formerly known as Iowa Tests of Basic Skills (grades K-8) and Iowa Tests of Educational Development (grades 9-11) will be given during the week of March 31 – April 4. We need great attendance that week to make the testing go more smoothly.

Scholarship Websites

Fast Web	www.fastweb.com
Fin Aid	www.finaid.com
College Board	www.collegeboard.com
Scholarship Help	www.scholarshiphelp.org
Merit Aid	www.meritaid.com
School Soup	www.schoolsoup.com
Southwest Iowa Education Foundation	http://www.swiowaeducationalfoundation.org/home.asp
Scholarships and Grants	http://www.scholarshipsandgrants.us/
I Have A Plan Iowa	www.ihaveaplaniowa.gov

Tips for Filing for Financial Aid From the Iowa College Access Network

January marks the start of financial aid season for students planning to attend college this fall. Students need to fill out and file their Free Application for Federal Student Aid (FAFSA) form to qualify for federal financial aid.

The FAFSA is a free form available from the U.S. Department of Education either online at www.fafsa.gov or on paper by calling (800) 4-FED-AID. Although students and parents can fill out the form without professional assistance, the forms are often confusing. Use these tips to help ensure the FAFSA is correctly filled out.

Get PINs. Each student and at least one parent should request a personal identification number (PIN) from www.pin.ed.gov prior to filling out the FAFSA. The PIN allows parents and students to sign the online form electronically and make changes later.

Time it right. The FAFSA should be filed as soon after Jan. 1 as possible and before the priority filing deadlines at schools the student is applying to. Since students' and parents' most recent federal and state tax records are needed to fill out the form, the timing can be tricky. If necessary, tax and income information can be estimated to file the FAFSA in a timely manner; the FAFSA will need to be updated once taxes are filed.

Be prepared. Several pieces of information for the student and the parent are needed, including:

- Social Security numbers, dates of birth and driver's license numbers.
- Most recent state and federal tax statements.
- W-2s forms and records of all income from last year (taxed and untaxed).
- Bank and investment statements.
- Farm and business records.
- Alien registration numbers for those who aren't U.S. citizens.

Using the FAFSA on the Web Worksheet from www.fafsa.gov helps families organize information and understand how to fill out the FAFSA. A free virtual presentation on filing the FAFSA found at www.ICANSucceed.org also shows the steps involved.

Be complete and accurate. Filers should read all the directions carefully and fill out the form completely and accurately. Students and parents with questions can visit www.fafsa.gov or contact the Iowa College Access Network® (ICAN) for free assistance. Call (877) 272-4692 to make an appointment for one-on-one help over the phone or in person at the Council Bluffs regional ICAN office on the IWCC campus.

File electronically. Filing electronically is quicker than completing a paper form. Electronic filing also reduces errors and speeds up processing time.

Repeat once a year. The FAFSA needs to be filled out each year students plan to attend college.

About ICAN


ICAN is the College Access Network for Iowa, as designated by the National College Access Network (NCAN). The ICAN College Planning Centers provide free information and support to students and their families as they plan their postsecondary education and apply for financial aid. For more information about ICAN, call (877) 272-4692 or visit www.ICANSucceed.org.

December 2013



Merry Christmas!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 JH Boys BB @ Riverside 4:15 9th G & B BB @ ISD 6:00/7:30	3 Wrestling @ F-M 6:00 JV & Var B BB A.L. Here 6:00/7:30 JV & Var G BB @ Harlan 6:00/7:30	4 School Board Meeting @ 6:30	5 JH Boys BB Griswold Here 4:15; G & B JV BB @ Glenwood 6:00/7:30 GHAEA Hearing	6 G & B JV/Var BB Lo-Ma Here 6:00/7:45 Screenings	7 SWIBA HS Auditions @ Red Oak Treynor Wrestling Tourney 10:00 JV & Var G BB @ A.L. 4:00/5:30
8 JTW Home Tours 1:00-5:00	9 JH Boys BB @ AHST 4:15 5/6 Band & 6th Grade Vocal Concert @ 7:00 in Auditorium	10 JH Boys BB ISD Here 4:00 9th G BB @ IKM -Manning 4:30; G & B JV/Var BB @ IKM-Manning 6:00/7:30	11 1:00 Early Dismissal Teacher Inservice	12 JH Boys BB Audubon Here 4:15 Wrestling @ Tri-Center 6:00 4th Grade Concert @ 7:00	13 Girls JV BB @ Underwood 4:30 G & B Varsity BB @ Underwood 6:00/7:30	14 Wrestling Tournament @ Lenox 10:00
15	16 JH Christmas Concert @ 6:30 HS Christmas Concert @ 8:00	17 JH Boys BB @ Underwood 4:15; 9th Boys BB T-C Here 4:30; Wrestling @ EH-K 6:00; G & B JV/Var BB T-C Here 6:00/7:30	18	19 Boys JV BB @ Riverside 4:30 G & B Varsity BB @ Riverside 6:00/7:30	20 Elem. Parties @ 12:30 2:00 Dismissal End of 2nd Quarter; 9th B BB Griswold Here 4:30; G & B JV/Var BB Griswold Here	21 Wrestling WIC Tournament @ Underwood 9:00
22	23 Christmas Vacation	24 Christmas Vacation	25 	26 Christmas Vacation	27 Christmas Vacation	28
29	30 Christmas Vacation	31 Christmas Vacation				

January 2014



Happy New Year!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 	2 VACATION	3 VACATION	4 Wrestling @ Shenandoah 10:00 G JV/Var BB Red Oak Here 6:00/7:30
5	6 School Resumes	7 G & B JV/Var BB @ AHST 6:00/7:30	8 Elementary Art Attack @ 3:30	9	10 G & B JV/Var BB Audubon Here 6:00/7:30	11 Boosters BB Tournament Here Wrestling @ Tri-Center 10:00 Wrestling @ Lo-Ma 9:30
12	13 SWIBA HS Honor Band @ Red Oak Wrestling Here @ 5:30 DIBELS Testing Week	14 9th Girls BB Mo Valley Here 4:30 G & B JV/Var BB Mo Valley Here 6:00/7:30	15	16	17 G & B Varsity BB @ Lo-Ma 6:00/7:30	18 Snowball Dance Wrestling @ Griswold 10:00
19	20 NO SCHOOL TEACHER INSERVICE 9th G & B BB T.J. Here 6:00/7:30	21 JH Girls BB @ ISD 4:00 BB IKM-Manning Here 9th Boys 4:30 B/GJV 6:00/7:30 G & B Varsity 6:00/7:30	22 Elementary Art Attack @ 3:30 Department of Education Site Visit	23 JH Girls BB Underwood Here 4:15 9th G & B BB @ Glenwood 6:00/7:30 Wrestling @ St. Albert 6:00	24 Omaha Storm Chasers Assembly 9th Boys BB Here Underwood 4:30 G & B JV/Var BB Underwood Here 6:00/7:30	25 District Large Group Speech
26	27 Jazz Band & Jazz Choir @ IWCC JH Wrestling @ AHST 4:00 Girls JH BB MO Valley Here 4:15	28 9th Boys BB @ Tri-Center 4:30 G & B JV/Var BB @ Tri-Center 6:00/7:30	29	30 JH Wrestling Here 4:00 JH Girls BB @ Lo-Ma 4:15 Wrestling @ Griswold 6:00 SWI Honor Choir @ IWCC	31 G & B JV/Var BB Riverside Here 6:00/7:30	



TREYNOR COMMUNITY SCHOOL

December, 2013 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Juice or Fruit Choice of Cereal Toast	3 Juice or Fruit French Toast Sticks Syrup	4 Juice or Fruit Choice of Cereal Granola Bar	5 Juice or Fruit Sausage Links Eggs & Toast	6 Juice or Fruit Choice of Cereal Muffin
Chicken Wrap Romaine Lettuce/Tomato Steamed Carrots Spanish Rice Fruit Mix (6-12 Salad Bar)	Fiestada Pizza Mexican Corn Salsa & Whole Grain Chips 9-12 Apple Wedges Pudding Fluff (4-12 Salad Bar)	Chicken Noodle Soup Grilled Cheese Sand. Green Beans Carrot Sticks Applesauce (4-12 Salad Bar)	Sloppy Joe on Bun Oven Fries Baked Beans Orange Smiles (4-12 Salad Bar)	Country Style Beef Patty Mash Potatoes/Gravy Mixed Vegetables Wheat Roll & Jelly Fruit (No 2nd Choice)
9 Juice or Fruit Choice of Cereal Toast & Jelly	10 Juice or Fruit Pancakes Syrup	11 Juice or Fruit Choice of Cereal WG Poptart	12 Juice or Fruit Breakfast Bagel	13 Juice or Fruit Choice of Cereal K-5 Breakfast Bar 6-12 Toast
Chicken Stir Fry 6-12 Chicken Shapes K-5 Green Beans Tropical Fruit Breadstick (6-12 Salad Bar)	Meatball Sub 6-12 Tony's Pizza K-5 Tri-Tater Chilled Fruit Brownie (4-12 Salad Bar)	Pasta & Sauce Garden Salad Seasoned Peas 9-12 Garlic Buns Peaches (4-12 Salad Bar)	Taco Salad Whole Grain Corn Chips Salsa Refried Beans Cinnamon Puff Fresh Kiwi (4-12 Salad Bar)	Hamburger on Bun Romaine/Tomato Broccoli w/Cheese Chilled Fruit Pumpkin Pie (No 2nd Choice)
16 Juice or Fruit Choice of Cereal Muffin	17 Juice or Fruit Pancake Stick Syrup	18 Juice or Fruit Choice of Cereal Granola Bar	19 Juice or Fruit Breakfast Square	20 Juice or Fruit Choice of Cereal Whole Grain Poptart
Beef Taco Shredded Lettuce/Cheese Refried Beans Chilled Pears Cookie (6-12 Salad Bar)	Stromboli Garden Spinach Salad Fresh Carrots Mixed Fruit (4-12 Salad Bar)	Corndog Steamed Peas Savory Rice Apple Wedges (4-12 Salad Bar)	Roast Pork Mashed Potato/Gravy Green Beans Strawberry Cake (4-12 Salad Bar)	Hot Dog on Bun Whole Grain Chips Baked Beans Applesauce (No 2nd Choice)
Jan. 6 Juice or Fruit Choice of Cereal Muffin	7 Juice or Fruit French Toast Sticks Syrup	8 Juice or Fruit Choice of Cereal Granola Bar	9 Juice or Fruit Sausage Links Eggs Toast	10 Juice or Fruit Choice of Cereal Cinnamon Toast
Beef Nachos Whole Grain Tortilla Chips & Salsa Green Beans Cucumber Slices Peaches (6-12 Salad Bar)	Sausage Pizza Tossed Salad/Romaine Garlic Breadstick w/Marinara Sauce Banana (4-12 Salad Bar)	Chili Soup 6-12 Chicken Noodle K-5 WG Corn Chips 6-12 Cucumbers & Celery Cinnamon Roll Orange Smiles (4-12 Salad Bar)	Turkey & Cheese Sub Romaine Lettuce Tomato Oven Fries Sliced Pears Graham Snack (4-12 Salad Bar)	Chicken Nuggets Mashed Potatoes/Gravy Fresh Veggies Wheat Roll/Jelly 6-12 Mixed Fruit (No 2nd Choice)

Elementary: \$1.10 Breakfast—\$1.85 Lunch; Extra Milk \$0.50

MS-HS: \$1.10 Breakfast—\$2.00 Lunch; Extra Milk \$0.50

Breakfast includes 100% juice and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice.

It is the policy of Treynor Community School not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, or religion in its' programs, activities or employment practices as required by the Iowa Code Section 216.7 and 216.9. If you have questions or grievances related to compliance with this policy by Treynor Community School, please contact the Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St., Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website; <http://www.state.ia.us/government/crc/index.html>.



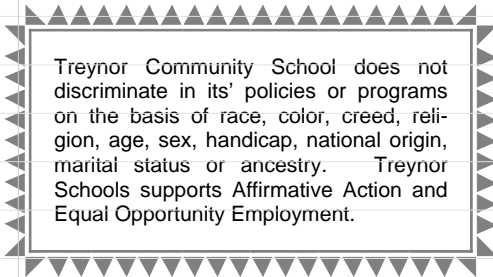
**Trey nor Community
School**

PO Box 369
Trey nor, IA 51575
Phone: 712-487-3414
Fax: 712-487-3332



POSTAL CUSTOMER

ADDRESS SERVICE REQUESTED



CHRISTMAS VACATION



School will be dismissed on Friday, December 20th at 2:00 p.m. School will resume on Monday, January 6, 2014.

From the administrators, teachers and staff, a very Merry Christmas and a Happy New Year to you and yours!

