



TREYNOR COMMUNITY SCHOOL

May 2023

Breakfast & Lunch Menus

Breakfast \$1.45 Lunch K-5 \$2.55, 6-12 \$2.70

Extra Milk \$0.50



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Juice or Fruit 1/2 cup WG Cereal Breakfast Bar	2 Juice or Fruit French Toast Sticks Sausage	3 Juice or Fruit WG Cereal Breakfast Bar	4 Juice or Fruit Breakfast Pizza	5 Juice or Fruit WG Cereal Long John
Corn Dog Mac & Cheese Mixed Vegetables Applesauce No Salad Bar	Hamburger/Bun Oven Fries Tomato, Onion Peaches Cookie 4-5 Salad Bar	Pork Fritter/Bun Tri Tater Mixed Vegetable Peaches 4-5 Salad Bar	Chicken Alfredo Roasted Broccoli Garlic Bread Peaches 4-5 Salad Bar	Chicken Strips Carrots Pears Bread 6-12 No Salad Bar
8 Juice or Fruit WG Cereal Breakfast Bar	9 Juice or Fruit WG Mini Cinni Sausage	10 Juice or Fruit WG Cereal Breakfast Bar	11 Juice or Fruit Eggs, Sausage & Toast	12 Juice or Fruit WG Cereal Breakfast Bar
Popcorn Chicken Mashed Potatoes/Gravy Corn Pears WG Bread 6-12 No Salad Bar	BBQ Pulled Pork Cheesy Potatoes Green Beans Fruit Dinner Roll 4-5 Salad Bar	Hot Dog /Bun Broccoli & Cheese Fresh Fruit 4-5 Salad Bar	Chicken Noodle Soup Grilled Cheese Peas Applesauce 4-5 Salad Bar	Cheese Bites Corn Fruit Cake No Salad Bar
15 Juice or Fruit WG Cereal Breakfast Bar	16 Juice or Fruit Pancakes & Sausage	17 Juice or Fruit Biscuit & Gravy	18 Juice or Fruit Breakfast Pizza	19 Juice or Fruit WG Cereal Breakfast Bar
Stir Fry Seasoned Rice Vegetables Pineapple/Oranges No Salad Bar	Beef Taco Black Beans & Rice Lettuce, Tomato, Cheese Potato Coins Fruit No Salad Bar	Sloppy Joe Baked Beans Chips Fresh Fruit No Salad Bar	Pretzel/Cheese Sauce Little Smokies Green Beans Pears No Salad Bar	Pizza Corn Pears No Salad Bar
22 Juice or Fruit WG Cereal Breakfast Bar	23 Juice or Fruit Eggs & Muffin	24 Juice or Fruit WG Cereal Breakfast Bar	25 Juice or Fruit Cooks Choice	26 Juice or Fruit WG Cereal Breakfast Bar
Chicken Wrap Savory Rice Steamed Carrots Applesauce No Salad Bar	Fiestada/Pizza Mixed Vegetables Pineapple No Salad Bar	Chicken Shapes Peas Peaches Cookie No Salad Bar	Hot Sandwich/Bun Vegetable Fruit No Salad Bar	Sandwich Chips Fresh Veggies Fruit No Salad Bar
29  Memorial Day	30	31 		Fresh Vegetable Bar Monday-Friday (We reserve the right to make changes or substitutions as necessary.)

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit and or Vegetable choice available each day, whole grain bread and buns are served along with a daily milk choice.

Treynor Community School is an equal opportunity provider.