



TREYNOR COMMUNITY SCHOOL

May, 2013 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Juice or Fruit Choice of Cereal Toast	7 Juice or Fruit French Toast Sticks Syrup	8 Juice or Fruit Choice of Cereal Poptart	9 Juice or Fruit Breakfast Square	10 Juice or Fruit Choice of Cereal Muffin Square
Chicken Nuggets Two Potato Mash Steamed Peas Orange Wedges Roll w/Jelly 6-12 (6-12 Salad Bar)	Meatball Sub/Bun 4-12 Deli Turkey/Bun K-3 Lettuce/Tomato Tri-Tater Green Beans Fresh Kiwi (4-12 Salad Bar)	Beef & Noodles Whipped Potatoes Fresh Baby Carrots Blueberry Muffin Pineapple Chunks (4-12 Salad Bar)	SENIOR DAY Fiestada 6-12 Burrito K-5 Tossed Salad/Romaine Breadstick & Sauce 6-12 Fruit Slices Graduation Cake (4-12 Salad Bar)	Hamburger on Bun Lettuce/Tomato Mixed Veggies Fruit Mix Pudding (No 2nd Choice)
13 Juice or Fruit Choice of Cereal Granola Bar	14 Juice or Fruit Pancake Stick Syrup	15 Juice or Fruit Choice of Cereal Poptart	16 Juice or Fruit Cook's Choice	17 Juice or Fruit Choice of Cereal Cinnamon Toast
Mac & Cheese Corndog Seasoned Peas Fresh Carrots Whole Grain Bread & Jelly 9-12 Apple Wedges (6-12 Salad Bar)	Hot Ham & Cheese Potato Puffs Broccoli Cuts Chilled Fruit Choc. Chip Cookie 9-12 (4-12 Salad Bar)	Italian Pasta Bake Green Pepper Strips Fresh Baby Carrots Whole Grain Roll 9-12 Chilled Fruit (4-12 Salad Bar)	Grilled Chicken on Bun 6-12 Fish or Chicken Shapes K-5 Oven Fries Seasoned Veggies Applesauce (4-12 Salad Bar)	Pizza Slice Tossed Salad/Romaine Garlic Breadstick w/ Marinara Sauce Mixed Fruit (No 2nd Choice)
20 Juice or Fruit Choice of Cereal Yogurt	21 Juice or Fruit French Toast Sticks Syrup	22 Juice or Fruit Choice of Cereal Granola Bar	23 Juice or Fruit Breakfast Square	24 NO BREAKFAST
Beef Taco w/Salsa Shredded Lettuce & Cheese Refried Beans Sliced Pears (6-12 Salad Bar)	B-B-Q Pork on Bun Dark Green Lettuce & Tomato Tri Tater Green Beans Frozen Pudding Pie (4-12 Salad Bar)	Nachos/Beef Steamed Veggies Pineapple Chunks Cookie (No Salad Bar)	Chicken Patty on Bun Potato Puffs Baby Carrots Chilled Fruit (No Salad Bar)	NO LUNCH

Elementary: \$1.00 Breakfast—\$1.75 Lunch; Extra Milk \$0.50

MS-HS: \$1.00 Breakfast—\$1.90 Lunch; Extra Milk \$.050

Breakfast includes 100% juice and a milk choice. All lunches include a fruit choice available each day, whole grain bread and buns are served along with a daily milk choice.

